



APGAR

Appearance, Pulse, Grimace, Activity, Respiration



Assess a newborn at 1 minute and 5 minutes after delivery

APGAR Scoring Chart

SIGN	2	1	0
APPEARANCE	All pink	Blue extremities, pink torso	Blue
PULSE	≥100	<100	Absent
GRIMACE	Strong grimace	Some facial grimace	Absent
ACTIVITY	Good extremity flexion	Some extremity flexion	Limp
RESPIRATORY EFFORT	Strong cry	Weak cry	Absent

Total (10)

TOOLS

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