



Manual Stabilization

EMT-Basic

Advanced EMT

Paramedic

PROCEDURE

- Place hands on patient head/neck area
- Thumbs should extend to provide support to the front of patient's head
- Fingers should be spread out to cover a greater surface area
- Avoiding placing too much pressure on soft tissue areas, fingers should be placed on boney structures such as jaw
- Hold and maintain neutral, in-line position

REFERENCE GRAPHICS



KEY POINTS

- Once inline stabilization has been initiated, be sure not to stop until a c-collar is secure in place
- Provider can assist in maintaining/opening an airway while stabilizing the c-spine simultaneously

Medical Director: M. Riccardo Colella, DO, MPH, FACEP

Revision Date: September 2018