



# Long Spine Board

EMT-Basic

Advanced EMT

Paramedic

## PROCEDURE

- Gather supplies and explain procedure to patient
- Place appropriately sized c-collar on patient while maintaining neutral c-spine alignment
- Under the direction of the provider maintaining neutral c-spine alignment: move patient as a unit using the log roll method
- Stabilize patient with head blocks/rolls and tape and all belts
- Once head is secured to board, the rescuer that is holding manual stabilization may release
- Place patient onto the stretcher and remove the backboard if feasible to do so

## REFERENCE GRAPHICS



## KEY POINTS

- Children, less than 8 years of age- generally have very large heads. Pad under shoulders on back board with blankets/towels as needed
- A backboard is a transition tool, transporting a patient on a backboard is not recommended

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