



## Milwaukee County Stepping On Workshops



Stepping on for falls preventions. Stepping On workshops meet for 2 hours, every week for 7 weeks. The class is free with a \$20 deposit for the use of a weight during the workshop.

### **Oak Creek City Hall**

Thursdays 9:00 – 11:00 a.m.  
September 13 – October 25  
8040 S. 6<sup>th</sup> St., Oak Creek  
414-766-7960

### **Aurora Sinai Medical Center**

Thursdays 1:30-3:30 p.m.  
October 4 – November 15  
945 N. 12<sup>th</sup> St.  
414-219-5241

### **The Community Learning Center**

Wednesdays 12:30 – 2:30 p.m.  
October 3 – November 14  
5650 Parking Street  
414-423-2110

### **Laurel Oaks**

Mondays 2:00 – 4:00 p.m.  
October 8 – November 19  
1700 W. Bender Ave, Glendale  
414-847-2413

### **Greenfield Health Department**

Wednesdays 1:30-3:30 p.m.  
October 3 – November 14  
7325 W. Forest Home Ave.  
414-329-5370

### **Wilson Park Senior Center**

Mondays 9:15 – 11:15 a.m.  
October 22 – December 3  
2601 W. Howard  
414-282-5566

### **Greenfield Health Department**

Wednesdays 1:30-3:30 p.m.  
October 3 – November 14  
7325 W. Forest Home Ave.  
414-329-5370

### **Brenwood Senior Apartments**

Wednesdays 9:00 a.m. – 11:00 a.m.  
October 3 – November 14  
9501 W. Loomis Rd., Franklin  
414-425-9101



**Milwaukee County Department on Aging**

*Committed to the Independence and Dignity of Older Adults through Advocacy, Leadership and Service*