



MILWAUKEE COUNTY  
DEPARTMENT OF HEALTH  
& HUMAN SERVICES  
**AGING & DISABILITIES  
SERVICES**

# Meals on Wheels

The Meals on Wheels program promotes independent living for homebound older adults through the weekday delivery of a nutritious meal. We are committed to helping older adults live healthier and more nourished lives in their own homes. A suggested contribution is appreciated to offset the cost of the program. If you, or someone you know, could benefit from having meals delivered, please call the Aging & Disability Resource Center to request a referral: (414)289-6874.

## To be eligible you must be:

- 60 or older
- A Milwaukee County resident
- Homebound
- Unable physically or cognitively to prepare your own meals



**Request a Referral: (414) 289-6874**

