



## Milwaukee County Living Well with Chronic Conditions Workshops



Living Well with Chronic Conditions. Living Well is a six-week workshop for adults with one or more on-going health problems. The class is free with a \$20 deposit for the use of a textbook during the workshop.

### **Wisconsin Athletic Club**

Fridays 9:00 a.m. – 11:30 a.m.

March 1 – April 5

8700 W. Watertown Plank Rd.

800-272-3666



**Milwaukee County Department on Aging**

*Committed to the Independence and Dignity of Older Adults through Advocacy, Leadership and Service*