



Milwaukee County Healthy Living with Diabetes Workshops



Healthy Living with Diabetes. Healthy Living is a six-week workshop for adults who have type 2 diabetes, pre-diabetes, or who live with someone that does. The class is free with a \$20 deposit for the use of a textbook during the workshop.

Lapham Park Apartments

Mondays 1:00 – 3:30 p.m.
August 13 – September 24
1901 N. 6th St.
414-286-8574

Southeastern Oneida Tribal Services

Thursdays 1:30 – 3:30 p.m.
August 16 – September 20
5233 W. Morgan Ave.
414-329-4101

Aurora St. Luke's Medical Center

Tuesdays 5:00 – 7:30 p.m.
September 18 – October 30
2900 W. Oklahoma Ave.
414-649-5767

Froedtert Hospital

Wednesdays 9:30 a.m. – 12:00 p.m.
September 19 – October 31
8700 W. Watertown Plank Rd., Wauwatosa
800-272-3666

Aurora West Allis Medical Center

Tuesdays 1:30 – 4:00 p.m.
October 9 – November 13
8901 W. Lincoln Ave., West Allis
888-863-5502



Milwaukee County Department on Aging

Committed to the Independence and Dignity of Older Adults through Advocacy, Leadership and Service