

MILWAUKEE COUNTY SENIOR DINING



MILWAUKEE COUNTY
Department on Aging

LUNCH MENU FOR CURBSIDE PICK-UP

OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RESERVATIONS REQUIRED  CALL SITE 9:30-11:30 24-HOUR NOTICE		60+ Suggested Contribution \$3.00 	Italian Roast Beef Pasta Salad Pea & Cheese Salad Breadsticks 🍊 Orange Juice Apple Crisp	Shaved Turkey & Cheese w/Spinach & Tomato on Multi-Grain Bread Mayo Lentil Salad 🍷 Juice Sliced Pears
Ham & Swiss ⁵ Whole Wheat Bun Mustard Packet Creamy Coleslaw Pickle Spear Sugar Cookie	Chicken Salad ⁶ on Oat Bran Bread Vegetable Pasta Salad Pretzels 🍷 Juice Tropical Fruit Cup	7-Layer Salad ⁷ String Cheese Seasonal Fresh Fruit Garlic Bread Blueberry Yogurt	Sub Sandwich ⁸ Mayo Packet Kidney Bean Salad Sun Chips 🍷 Juice Fresh Plum	Taco Pasta Salad on ⁹ Shredded Lettuce Broccoli Tortilla Chips Marinated Carrot Salad Apple
Shaved Roast Beef ¹² on Whole Wheat Bread Mayo Potato Salad Fruit Cocktail	Egg Salad ¹³ on Whole Grain Bun 3-Bean Salad Red Cabbage Slaw Fruit Cup	Turkey BLT Salad ¹⁴ Ranch Dressing Garlic Breadstick Cottage Cheese Grapes	Big Mac Salad ¹⁵ Sesame Seeded Bread Baby Carrots Brownie Banana	Turkey Salad ¹⁶ on 7-Grain Bread Marinated Vegetables Peanut Butter Cookie Pineapple
Roast Turkey Sandwich ¹⁹ on Whole Grain Bun w/Mayo Marinated Bean Salad Chilled Pears Oatmeal Raisin Cookie	Seafood Salad ²⁰ on Leaf Lettuce Tri Colored Pasta Salad Carrot & Celery Sticks 🍷 Fruit Punch Split Top Dinner Roll Fresh Fruit Cup	Chicken Caesar Salad ²¹ <i>Romaine, Tomatoes</i> <i>Croutons, Parmesan</i> <i>Caesar Dressing</i> Rye Bread Applesauce Black Forest Cherry Cake	Shaved Ham ²² on Kaiser Roll Mustard Packet Mixed Greens Ranch Dressing Lorna Doone Cookies Chilled Peaches	Tuna Salad ²³ on Croissant w/Lettuce & Tomato Pickled Beet Salad Crackers Apple Slices
Ham Salad ²⁶ on Rye Bread Mustard Packet Asian Coleslaw Sun Chips Mandarin Oranges	Tuscan Tortellini Salad ²⁷ Dinner Roll Broccoli Slaw 🍷 Juice Chocolate Chip Cookie Fresh Fruit	Chef's Salad ²⁸ <i>Ham, Cheese, Egg</i> <i>Croutons, Tomato</i> <i>Romaine, Ranch</i> Blueberry Muffin Fruited Yogurt Melon	Roast Beef Sandwich ²⁹ w/Horseradish & Mayo Coney Bun Cauliflower Florets Pickle Spear Chocolate Pudding	Chicken Fajita ³⁰ Chopped Salad Black Bean Salad Cinnamon Applesauce Split-Top Dinner Roll Sliced Peaches

3 Things To Know



Upcoming: Medicare 101 Virtual Session

With Medicare Open Enrollment right around the corner, we invite you to learn more about the basics of Medicare at our virtual webinar on Wednesday, September 9 at 1:00pm. The session will include an objective overview of the options and benefits offered through Medicare as well as information about Medicare Savings Programs which can save you as much as \$5,000 a year! Complete details at: county.milwaukee.gov/aging/Medicare101.



Election Day Preparations

November 3 is the general and presidential election. Be sure to request your absentee ballot as soon as possible to ensure you receive it in time to complete and return. You can learn more about who is on your ballot, register to vote and also request an absentee ballot at myvote.wi.gov. For in person help, find your municipal clerk at: county.milwaukee.gov/EN/County-Clerk/Election-Commission or call the Aging Resource Center at (414) 289-6874.



ADRC Governing Board Survey

The Aging and Disability Resource Center Governing Board of Milwaukee County would like your feedback. We want to learn from you how well our services are meeting the needs of adults with disabilities, older adults and their care partners. Tell us how the Aging Resource Center, Disability Resource Center, IRIS, Family Care, Partnership, or PACE are working for you and if there are additional services that might be needed. The survey can be found online at county.milwaukee.gov/aging/adrcboardsurvey or request a paper version by calling (414) 289-6874.



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Committed to the Independence and Dignity of Older Adults Through Advocacy, Leadership and Service.