



MILWAUKEE COUNTY
Department on Aging

MILWAUKEE COUNTY SENIOR DINING INDIAN COUNCIL OF THE ELDERLY

944 N. 33rd STREET

OCTOBER



MONDAY	THURSDAY	FRIDAY
<p>\$3.00 <small>60+ Suggested Contribution</small></p> <p> Like us on facebook</p> <p>11:30 LUNCH</p> <p>RESERVATIONS REQUIRED 9:30-11:30 24-HOUR NOTICE</p> <p>933-1401</p>	<p>1</p> <p>Italian Roast Beef Pasta Salad Pea & Cheese Salad Breadsticks 🍊 Orange Juice Apple Crisp</p>	<p>2</p> <p>Shaved Turkey & Cheese w/Mayo, Spinach & Tomato on Multi-Grain Bread Lentil Salad 🍷 Juice Sliced Pears</p>
<p>5</p> <p>Ham & Swiss Whole Wheat Bun Mustard Packet Creamy Coleslaw Pickle Spear Sugar Cookie</p>	<p>8</p> <p>Sub Sandwich Mayo Packet Kidney Bean Salad Sun Chips 🍷 Juice Fresh Plum</p>	<p>9</p> <p>Taco Pasta Salad on Shredded Lettuce Broccoli Tortilla Chips Marinated Carrot Salad Apple</p>
<p>12</p> <p>Shaved Roast Beef on Whole Wheat Bread Mayo Potato Salad Fruit Cocktail</p>	<p>15</p> <p>Big Mac Salad Sesame Seeded Bread Baby Carrots Brownie Banana</p>	<p>16</p> <p>Turkey Salad on 7-Grain Bread Marinated Vegetables Peanut Butter Cookie Pineapple</p>
<p>19</p> <p>Roast Turkey Sandwich on Whole Grain Bun w/Mayo Marinated Bean Salad Chilled Pears Oatmeal Raisin Cookie</p>	<p>22</p> <p>Shaved Ham on Kaiser Roll Mustard Packet Mixed Greens/Ranch Dressing Lorna Doone Cookies Chilled Peaches</p>	<p>23</p> <p>Tuna Salad on Croissant w/Lettuce & Tomato Pickled Beet Salad Crackers Apple Slices</p>
<p>26</p> <p>Ham Salad on Rye Bread Mustard Packet Asian Coleslaw Sun Chips Mandarin Oranges</p>	<p>29</p> <p>Roast Beef Sandwich w/Horseradish & Mayo Coney Bun Cauliflower Florets Pickle Spear Chocolate Pudding</p>	<p>30</p> <p>Chicken Fajita Chopped Salad Black Bean Salad Cinnamon Applesauce Split-Top Dinner Roll Sliced Peaches</p>

3 Things To Know



Upcoming: Medicare 101 Virtual Session

With Medicare Open Enrollment right around the corner, we invite you to learn more about the basics of Medicare at our virtual webinar on Wednesday, September 9 at 1:00pm. The session will include an objective overview of the options and benefits offered through Medicare as well as information about Medicare Savings Programs which can save you as much as \$5,000 a year! Complete details at: county.milwaukee.gov/aging/Medicare101.



Election Day Preparations

November 3 is the general and presidential election. Be sure to request your absentee ballot as soon as possible to ensure you receive it in time to complete and return. You can learn more about who is on your ballot, register to vote and also request an absentee ballot at myvote.wi.gov. For in person help, find your municipal clerk at: county.milwaukee.gov/EN/County-Clerk/Election-Commission or call the Aging Resource Center at (414) 289-6874.



ADRC Governing Board Survey

The Aging and Disability Resource Center Governing Board of Milwaukee County would like your feedback. We want to learn from you how well our services are meeting the needs of adults with disabilities, older adults and their care partners. Tell us how the Aging Resource Center, Disability Resource Center, IRIS, Family Care, Partnership, or PACE are working for you and if there are additional services that might be needed. The survey can be found online at county.milwaukee.gov/aging/adrcboardsurvey or request a paper version by calling (414) 289-6874.



MILWAUKEE COUNTY
Department on Aging



1220 West Vliet Street, Suite 300 | Milwaukee, WI 53205 | (414) 289-6874 | county.milwaukee.gov/aging

Committed to the Independence and Dignity of Older Adults Through Advocacy, Leadership and Service.