

MILWAUKEE COUNTY SENIOR DINING



MILWAUKEE COUNTY
Department on Aging

ELKS LODGE
5555 W. GOOD HOPE ROAD

FOR CURBSIDE PICKUP

OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RESERVATIONS REQUIRED 9:30-11:30 24-HOUR NOTICE 760-3195		HEALTHIER DESSERT OPTION 60+ Suggested Contribution \$3.00	Chicken Parmesan Angel Hair Pasta Steamed Spinach w/Garlic & Lemon Crusty Italian Bread Apple Crisp ♥ Apple	Open-Faced Meatloaf Sandwich Gravy on 7-Grain Bread Mashed Potatoes Honey-Glazed Carrots Sliced Pears
BBQ Pulled Pork Whole Wheat Bun Baked Beans Creamy Coleslaw Pickle Spear Sugar Cookie ♥ Fruit	Cranberry Meatballs Scalloped Potatoes Laguna Vegetable Blend Oat Bran Bread Tropical Fruit Cup	Vegetable Lasagna Green Beans Seasonal Fresh Fruit Garlic Bread Blueberry Yogurt	2 Soft Beef Tacos w/Corn Tortillas Shredded Lettuce, Cheese Sour Cream, Salsa Black Beans & Rice Southwest Corn Fresh Plum	A. Fried Fish B. Baked Fish French Fries Coleslaw Marble Rye Bread Snickerdoodle Cookie ♥ Fruit
Salisbury Steak Mashed Potatoes Gravy Sunshine Carrots Cheddar Biscuit Fruit Cocktail	Philly Chicken Sandwich on Whole Grain Bun w/Swiss Cheese Sautéed Onions, Peppers Baby Baker Potatoes Capri Vegetable Blend Fruit Cup	Spaghetti & Sauce Italian Meatballs Spaghetti Sauce Mixed Lettuce Salad Garlic Breadstick Grapes	Glazed Ham Scalloped Potatoes Peas & Carrots Dinner Roll Brownie ♥ Banana	Mediterranean Baked Cod Hashbrown Potatoes Wisconsin Vegetables Marble Rye Bread Peanut Butter Cookie ♥ Pineapple
BBQ Chicken Leg/Thigh Baked Potato Sour Cream Mixed Greens/Ranch Cornbread Muffin Chilled Peaches	Roast Turkey Sandwich with Gravy Whole Grain Bun American Fried Potatoes Country Style Vegetables Oatmeal Raisin Cookie ♥ Raisins	DINE@FIVE Sauerbraten German Potato Salad Red Cabbage & Sauerkraut Rye Dinner Roll Black Forest Cherry Cake ♥ Cherries	Chef's Salad <i>Ham, Cheese, Egg</i> <i>Croutons, Tomato</i> <i>Romaine, Ranch</i> Blueberry Muffin Fruited Yogurt Melon	Grilled Hot Dog w/Diced Onions Hot Dog Bun Macaroni & Cheese 3-Bean Salad Apple Slices
Sweet & Sour Pork w/Peppers & Pineapple Brown Rice w/ Stir-Fry Vegetables Asian Coleslaw Whole Grain Dinner Roll Mandarin Oranges	Stuffed Cabbage Roll Tomato Sauce Garlic Mashed Potatoes Whole Kernel Corn 7-Grain Bread Chocolate Chip Cookie ♥ Fresh Orange	Broasted Chicken Broasted Potatoes Collard Greens Black-Eyed Peas Dinner Roll Spice Cake ♥ Banana	French Dip Sandwich Coney Bun Tater Tots Calico Beans Chocolate Pudding ♥ Lo-Cal Pudding	Chicken Cordon Bleu Roasted Potatoes Squash Cinnamon Applesauce Split-Top Dinner Roll Pumpkin Pie ♥ Sliced Peaches

3 Things To Know



Upcoming: Medicare 101 Virtual Session

With Medicare Open Enrollment right around the corner, we invite you to learn more about the basics of Medicare at our virtual webinar on Wednesday, September 9 at 1:00pm. The session will include an objective overview of the options and benefits offered through Medicare as well as information about Medicare Savings Programs which can save you as much as \$5,000 a year! Complete details at: county.milwaukee.gov/aging/Medicare101.



Election Day Preparations

November 3 is the general and presidential election. Be sure to request your absentee ballot as soon as possible to ensure you receive it in time to complete and return. You can learn more about who is on your ballot, register to vote and also request an absentee ballot at myvote.wi.gov. For in person help, find your municipal clerk at: county.milwaukee.gov/EN/County-Clerk/Election-Commission or call the Aging Resource Center at (414) 289-6874.



ADRC Governing Board Survey

The Aging and Disability Resource Center Governing Board of Milwaukee County would like your feedback. We want to learn from you how well our services are meeting the needs of adults with disabilities, older adults and their care partners. Tell us how the Aging Resource Center, Disability Resource Center, IRIS, Family Care, Partnership, or PACE are working for you and if there are additional services that might be needed. The survey can be found online at county.milwaukee.gov/aging/adrcboardsurvey or request a paper version by calling (414) 289-6874.



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Committed to the Independence and Dignity of Older Adults Through Advocacy, Leadership and Service.