

# MILWAUKEE COUNTY SENIOR DINING MUSLIM COMMUNITY & HEALTH CENTER

803 W. LAYTON AVENUE

For Curbside Pick-Up



MILWAUKEE COUNTY  
Department on Aging



# NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken Fajita Wrap w/Veggies Falafel Salad Raita Apple</p>	<p><b>ELECTION DAY</b> 3</p> <p>Macaroni w/Ground Beef Hummus Salad Pita Bread Banana</p>	<p>4</p> <p>Chicken Makhani Chana Masala Naan Bread Salad Pear</p>	<p>5</p> <p>Chicken Biryani Mixed Vegetables Naan Bread Salad Raita Fruit</p>	<p>6</p> <p>CLOSED</p>
<p>9</p> <p>Hamburger French Fries Green Beans Salad Dressing Orange</p>	<p>10</p> <p>Kebab w/Rice Hummus Salad Pita Bread Apple</p>	<p>11</p> <p>Frontier Rice Palak Paneer Naan Bread Salad Raita Grapes</p>	<p>12</p> <p>Afghani Kabab Bhindi Masala Naan Bread Salad Chatni Fruit</p>	<p>13</p> <p>CLOSED</p>
<p>16</p> <p>Shredded Chicken Rice &amp; Vegetables Falafel Salad Pita Bread Banana</p>	<p>17</p> <p>Ground Beef Rice Grilled Vegetables Hummus 2 Pita Bread Salad Orange</p>	<p>18</p> <p>Chicken Karahi Shahee Paneer Naan Bread Salad Melon</p>	<p>19</p> <p>Chicken Makhani Daal Channa Naan Bread Salad Fruit</p>	<p>20</p> <p>CLOSED</p>
<p>23</p> <p>Shredded Beef Potatoes Salad Raita 2 Pita Bread Fruit</p>	<p>24</p> <p>Grilled Chicken Rice Grilled Vegetables Baba Ghanouj Salad Pita Bread Apple</p>	<p>25</p> <p>Afghani Kabab Mixed Vegetables Naan Bread Salad Chatni Pear</p>	<p><b>THANKSGIVING DAY</b> 26</p>  <p>CLOSED</p>	<p>27</p> <p>CLOSED</p>
<p>30</p> <p>Chicken &amp; Potato w/Red Sauce Hummus Salad/Raita 2 Pita Bread Orange</p>	<p><b>1:30 LUNCH</b> RESERVATIONS REQUIRED  <b>CALL: 939-4411</b></p>			<p><b>\$3.00</b> <sup>60+</sup> Suggested Contribution</p>  <p>find us on facebook.</p>

# DEMENTIA



## A public health priority

### What are the symptoms?

Difficulties with everyday tasks

Confusion in familiar environments

Difficulty with words and numbers

Memory loss

Changes in mood and behaviour



### Who is affected?



Nearly 10 million new cases every year

One every 3 seconds

50 million people worldwide

Set to triple by 2050



Majority of people who will develop dementia will be in low- and middle-income countries

### What is the cause?

Conditions that affect the brain, such as Alzheimer's disease, stroke or head injury



### What does it cost?

2015

US\$818 billion: estimated costs to society in 2015

2030

US\$2 trillion



Families and friends provide most of the care

Carers experience physical, emotional and financial stress



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CONTACT YOUR MILWAUKEE COUNTY DEMENTIA CARE SPECIALISTS:  
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