

MILWAUKEE COUNTY SENIOR DINING MILWAUKEE CHRISTIAN CENTER

807 S. 14th STREET
FOR CURBSIDE PICKUP OR DELIVERY



MILWAUKEE COUNTY
Department on Aging

NOVEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Turkey Ham & Cheese Sub Sandwich Mayo Veggie Pasta Salad Kidney Bean Salad Baker's Choice Cookie Raisins	ELECTION DAY 3 <small>MULTIPLE SITE CLOSURES</small> Tuna Pasta Salad on Leaf Lettuce Whole Wheat Bread 🍊 Orange Juice Chocolate Chip Cookie Red Delicious Apple	4 Roast Beef Salad w/Horseradish on Bed of Lettuce Broccoli Spears Buttermilk Biscuit Lorna Doone Cookies Banana	5 Sliced Ham & Cheese w/Lettuce & Mustard on Croissant Red Cabbage Slaw Pickle Spear Peaches	6 Chicken Salad on Whole Grain Bread Grape Tomatoes Cottage Cheese 🍏 Apple Juice Sugar Cookie Mandarin Oranges
9 Roast Beef on Italian Bread Mayo Marinated Carrot Salad Potato Salad Blushing Pears Lemon Bar	10 Turkey Salad on Multi-Grain Bread Cucumber Salad Sun Chips Rice Krispie Treat Fresh Fruit	VETERAN'S DAY 11 Chicken Caesar Salad <i>Romaine, Tomatoes, Croutons, Parmesan, Caesar Dressing</i> 🍇 Grape Juice Wheat Bread Dutch Apple Pie	12 Sliced Turkey on Whole Grain Bun w/Mayo 3-Bean Salad 🍏 Apple Juice Snickerdoodle Cookie Orange	13 Tuscan Tortellini Salad Spinach, Salami, Pepperoni, Black Olives, Mozzarella Red Wine Vinegar Dressing Served over Lettuce Crusty Bread Applesauce Brownie
16 Egg Salad on 7-Grain Bread Broccoli Slaw Marinated Bean Salad Pretzels Cinnamon Apple Slices	17 Sliced Ham on Rye w/Mustard Asian Coleslaw Tossed Mixed Greens w/Dressing Mandarin Oranges	18 Big Mac Salad 1,000 Island Dressing Sesame Bread 🍏 Apple Juice Pineapple Chocolate Pudding	19 Chicken Fajita Chopped Salad Tortilla Chips Fruit Cup 🍊 Orange Juice Coffee Cake	20 Tuna Salad on Wheat Bread Baby Carrots 🍷 Fruit Punch Peach Crisp Banana
23 Shaved Ham on Kaiser Roll w/Mustard Pea & Cheese Salad Sun Chips Spice Cake Granny Smith Apple	24 Shaved Roast Beef on Whole Wheat Bread w/Mayo Spinach Salad with Vinaigrette Dressing Sesame Egg Bread Fresh Fruit Cup	25 Turkey BLT Salad Ranch Dressing Cranberry Relish Dinner Roll Pumpkin Bar Mandarin Oranges	26 THANKSGIVING DAY  CLOSED	
30 Chicken Salad on Bed of Lettuce Pickled Beet Salad Breadsticks Fruited Yogurt Grapes	 MILWAUKEE COUNTY SENIOR DINING 60+ Suggested Contribution \$3.00  			

RESERVATIONS REQUIRED
 9:30-11:30 24-HOUR NOTICE

902-5384

DEMENTIA



A public health priority

What are the symptoms?

Difficulties with everyday tasks

Confusion in familiar environments

Difficulty with words and numbers

Memory loss

Changes in mood and behaviour



Who is affected?



Nearly 10 million new cases every year

One every 3 seconds

50 million people worldwide

Set to triple by 2050



Majority of people who will develop dementia will be in low- and middle-income countries

What is the cause?

Conditions that affect the brain, such as Alzheimer's disease, stroke or head injury



What does it cost?

2015



US\$818 billion: estimated costs to society in 2015

2030



US\$2 trillion



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CONTACT YOUR MILWAUKEE COUNTY DEMENTIA CARE SPECIALISTS:
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