MILWAUKEE COUNTY SENIOR DINING

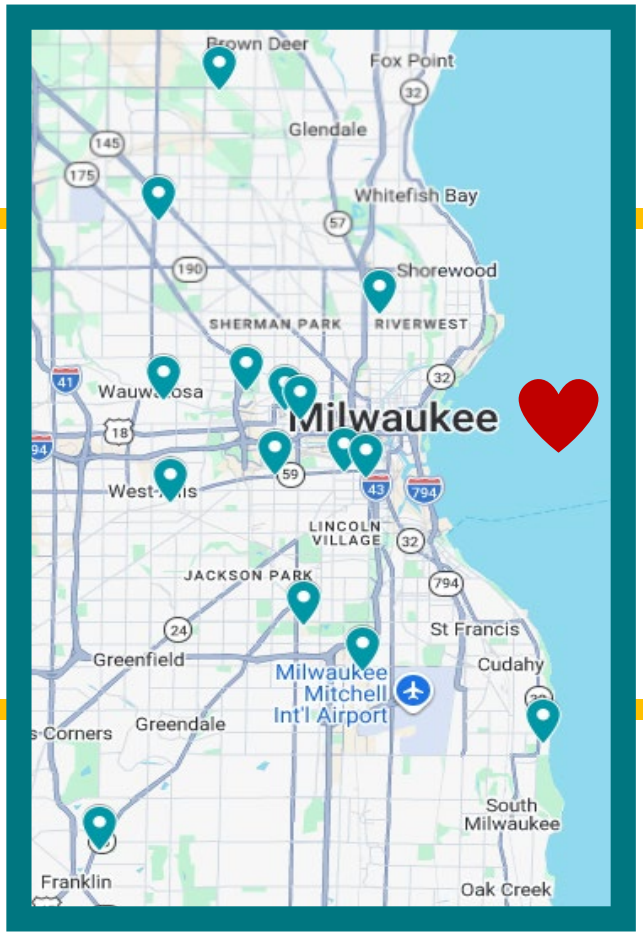
WHERE **SENIORS** **LOVE** TO **LUNCH**

Join Us!

- Adults 60+
- View Menus Online
- Reservation may be Required
- Convenient Locations
- Transportation Options

Call Today!

Senior Dining Office
(414) 289-6995



Suggested Contribution

60+

$3.00

MILWAUKEE COUNTY

ADRC
Aging and Disability Resource Center of Milwaukee County

414·289·6874

county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

We invite you to explore your options with our ever-changing lineup. Please Call your preferred site for critical updates, reservations and specific service information.

Senior Dining Sites	Address	City	Zip	Phone
☑ Clinton Rose Senior Center	3045 N. Martin Luther King Drive	Milwaukee	53212	(414) 263-2255
☑ Elks Lodge	5555 W. Good Hope Road	Milwaukee	53223	(414) 760-3195
☑ Franklin City Hall	9229 W. Loomis Road	Franklin	53132	(414) 427-7696
☑ Hart Park Senior Center	7300 Chestnut Street	Wauwatosa	53213	(414) 257-3534
☑ Indian Council of the Elderly	944 N. 33rd Street	Milwaukee	53208	(414) 933-1401
☑ Kelly Senior Center	6100 S. Lake Drive	Cudahy	53110	(414) 481-9611
☑ Milwaukee Community Crossroads	807 S. 14th Street	Milwaukee	53204	(414) 902-5384
🚗 Muslim Community & Health Center	803 W. Layton Avenue	Milwaukee	53221	(414) 552-3337
☑ United Community Center	730 W. Washington Street	Milwaukee	53204	(414) 649-2807
☑ Washington Park Senior Center	4420 W. Vliet Street	Milwaukee	53208	(414) 933-2332
☑ West Allis Senior Center	7001 W. National Avenue	West Allis	53214	(414) 302-8703
☑ Wilson Park Senior Center	2601 W. Howard Avenue	Milwaukee	53221	(414) 282-3284

Dine-Out Sites	Address	City	Zip	Phone
☑ An Ox Café	7411 W. Hampton Avenue	Milwaukee	53218	(414) 391-9009
☑ Daddy's Soul Food & Grille	754 N. 27th Street	Milwaukee	53208	(414) 391-9009
☑ Orenda Café	3514 W. National Avenue	Milwaukee	53215	(414) 391-9009
⊘ Rise & Grind Café	2737 N. MLK Drive	Milwaukee	53212	(414) 391-9009

KEY

- ☑ In-Person Dining
- 🚗 Grab & Go
- ⊘ Closed

Getting Started:

1. Choose Site
2. Make Reservation (If required)
3. Submit Registration Form

12/1/2026

MILWAUKEE COUNTY SENIOR DINING

EXPLORE



MILWAUKEE COUNTY

Become a **Senior Diner!**

View Menus Online! county.milwaukee.gov/aging Senior Dining Office:414.289.6995

MILWAUKEE COUNTY SENIOR DINING

Background

Primarily funded by Older Americans Act dollars, senior nutrition programs are designed to serve as gathering places for older adults (60+). There is tremendous value and opportunity in bringing people together to enjoy nutritious meals. Sharing food and engaging conversations with others is a powerful experience that encourages new connections, strengthens existing ones and ultimately improves our community.

Equally as beneficial can be the exposure to new information, awareness of relevant programs and attention to activities that promote health and well-being. While these popular services have been around for decades, excitement has been especially high around our award-winning Dine Out Restaurant partnership which adds convenience, flexibility and much needed diversity to the lineup.

We are committed to continuing these essential services while decreasing barriers to access, addressing gaps in service and introducing new & innovative solutions that keep us moving forward with satisfied customers.

WHO?

- Anyone 60+
- Spouse (of any Age)
- Dining Site Volunteer

- No income limits
- No residency restrictions

WHY?

- Reduce Hunger & Malnutrition
- Address Food Insecurity
- Combat Isolation thru Socialization
- Improve Health & Well-Being
- Delay Adverse Health Conditions

WHAT?

- Healthy Meals
- Nutrition Education
- Nutrition Assessment
- Nutrition Consultation

WHEN?

- Monday - Friday Options
- 15+ Locations
- Weekly Restaurant Dining
- Monthly Dinner Meal
- 1 Breakfast Option

WHERE?

- 6 Senior Centers
- 3 Community Centers
- 3 Restaurant Partners
- 3 Other
- Meals on Wheels

HOW?

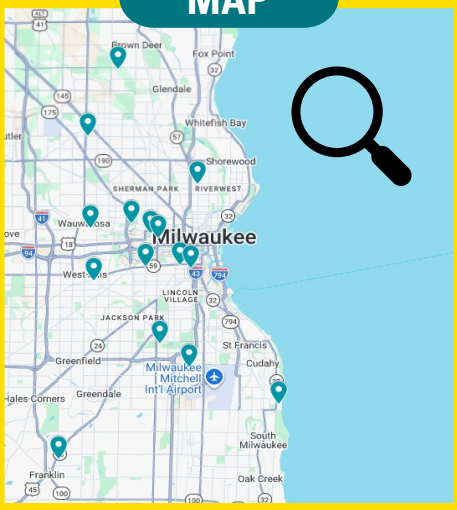
- Choose a Dining Site
- Call for a Reservation?
- Complete Registration Form
- Transportation may be available
- Homebound? → Meals on Wheels

COST?



There is not an actual charge for Seniors. Participants are given the opportunity to contribute as they are willing or able.

MAP



county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

Have you heard about this?

MILWAUKEE COUNTY DINE OUT

This exciting program expansion for those 60+ adds local restaurants to enhance our list of Senior Dining offerings. Diners choose from delicious and culturally-diverse options while supporting minority-owned restaurants.

Monday	Tuesday	Wednesday	Thursday
	Daddy's Soul Food & Grille **LUNCH** 754 N. 27th Street **11:00AM - 1:00PM**	ORENDA **BREAKFAST** 3514 W. National Avenue **8:00AM - 10:00AM**	ANOX CAFE **LUNCH** 7411 W. Hampton Avenue **11:00AM - 1:00PM**

Participation Details

1. For 60+. No Reservations. First Come-First Served.
   (Arrive during the scheduled time on the designated day)
2. Current Senior Dining Registration Required
   (For anyone 60 or older--Provide proof of age)
3. Select from Specific Menu Options
4. Enjoy Your Meal!
5. Please Consider Making a Contribution
   (Contribute what you can. Cash or Check accepted)



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MILWAUKEE COUNTY SENIOR DINING

¿Ya se enteró de esto?

MILWAUKEE COUNTY DINE OUT

Esta emocionante ampliación del programa para mayores de 60 años incorpora restaurantes locales para mejorar nuestra lista de ofertas de Comedor para Adultos Mayores. Los comesales eligen entre opciones deliciosas y culturalmente diversas, mientras que apoyan a restaurantes propiedad de minorías.

Lunes	Martes	Miércoles	Jueves
	Daddy's soul food & grille **ALMUERZO** 754 N. 27th Street **11:00AM - 1:00PM**	ORENDA **DESAYUNO** 3514 W. National Avenue **8:00AM - 10:00AM**	ANOX CAFE **ALMUERZO** 7411 W. Hampton Avenue **11:00AM - 1:00PM**

Información Para Participar

1. Para 60 años y más. Sin reservaciones. Servicio por orden de llegada.
   (Llegue durante el horario de servicio el día señalado)
2. Se requiere registro actual del Comedor para Adultos Mayores
   (Para mayores de 60 anós: presentar comprobante de edad)
3. Solo puede seleccionar opciones específicas del menú
4. ¡Disfrute su comida!
5. Considere realizar una contribución
   (Contribuya con lo que pueda. Se acepta efectivo o cheque)



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MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Upcoming Holiday Closures

AN OX CAFE

Sorry We Are
CLOSED

Thanksgiving Day 11/26
Christmas Eve 12/24
New Year's Eve 12/31

MILWAUKEE COUNTY

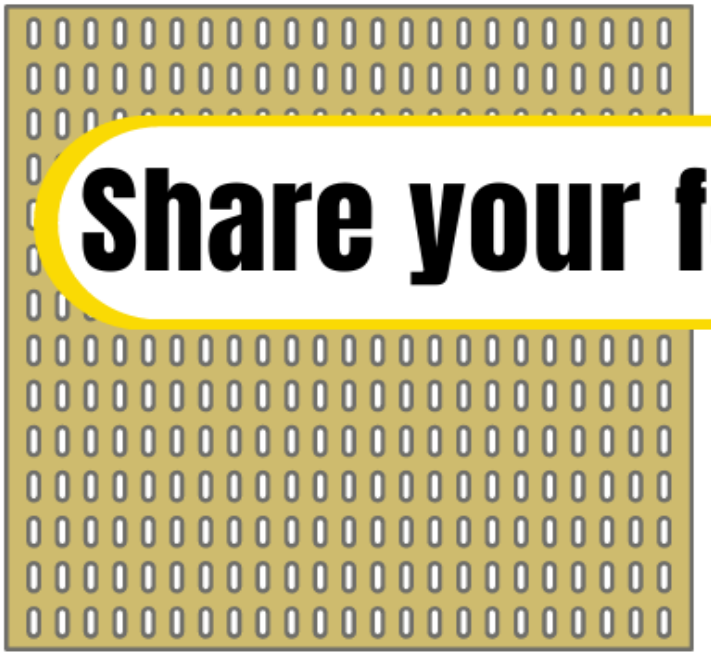
ADRC
Aging and Disability Resource Center
of Milwaukee County

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MILWAUKEE COUNTY SENIOR DINING

2026 Senior Dining Survey

Let your voice be heard...



Share your feedback

SCAN ME

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MILWAUKEE COUNTY SENIOR DINING

Experiencing Food Insecurity?

Low/Fixed Income



Inflationary Prices



Cut in SNAP Benefits



How to **stretch** your food dollars...

You're Invited!

Join Milwaukee County Senior Dining:

- Open to those **60+**
- Convenient locations
- Delicious & Nutritious
- Wide variety of menu options
- Transportation may be available
- Connect with others
- No Income Restrictions
- No Residency Requirements
- Potential Volunteer Opportunities
- Homebound? Ask about Meals on Wheels

With many different locations, we believe there is something for everyone and invite you to **explore your options**.

Reservations **may be** required in advance of your visit-- please plan ahead.

We encourage participants to consider making a contribution, but there is not an actual charge for those 60+.

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MILWAUKEE COUNTY SENIOR DINING

CLINTON ROSE

3045 N. Martin Luther King Drive

(414) 263-2255

11:00 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	2 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	3 Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	4 Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	8 Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	11 *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥ Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	17 Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	18 Dining Closed ADRC Winter Celebration & Lunch
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	22 Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	23 Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake ♥ Fruit	CLOSED 24 Christmas Eve	CLOSED 25 Christmas Day
28 Center Closed Plan Ahead	29	30	CLOSED 31 New Year's Eve	Suggested Contribution 60+ $3.00 ♥ = Healthier Dessert

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DINE@FIVE 2026 Schedule

March 18 *Wednesday*	**April** 15 *Wednesday*	**May** 20 *Wednesday*	**June** 17 *Wednesday*
July 15 *Wednesday*	**August** 19 *Wednesday*	**September** 16 *Wednesday*	**October** 21 *Wednesday*
November 18 *Wednesday*	**December** 16 *Wednesday*		



ELKS LODGE
5555 W. Good Hope Road
Reservations Required
(414) 760-3195
9:30 - Noon, Tuesday Prior
On-Site Registration available

MILWAUKEE COUNTY

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MILWAUKEE COUNTY SENIOR DINING

ELKS LODGE

5555 W. Good Hope Road

(414) 760-3195

11:30 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad w/Cucumber & Tomato Yellow Apple	2 Stuffed Pepper Tomato Sauce Sweet Corn Tossed Salad Whole Grain Bread Chilled Peaches	3 Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake ♥Fruit	4 Vegetable Omelet Country Vegetables Veggie Sausage Hashbrowns Fruited Yogurt
7 Chicken Caesar Wrap Soup du Jour Fresh Broccoli Chips Banana	8 Cheesy Rotini & Ham Steamed Cauliflower Stewed Tomatoes Cornbread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Tuscan Beans Carrot Raisin Salad Pineapple Tidbits	11 **A. Fried Fish** **B. Baked Fish** French Fries Chef's Vegetables Creamy Coleslaw Applesauce
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 DINE@FIVE Beef Pot Roast Roasted Potatoes Roasted Carrots Dinner Roll Chilled Pears	17 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Broccoli Soup French Bread Orange Sherbet	18 Pulled Pork on Bun Macaroni & Cheese Capri Vegetables Cabbage Slaw Banana Bread
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Grape Tomatoes Pistachio Fruit Fluff	22 Grilled Tuna & Cheese Soup du Jour Tater Tots Seasoned Black Beans Tropical Fruit	23 Broasted Chicken **A. Dark Meat** **B. Light Meat** Broasted Potatoes Mixed Vegetables Dinner Roll Holiday Cake	CLOSED 24 	CLOSED 25 
28 **A. Supreme Pizza** **B. Cheese Pizza** Pasta Salad Baby Carrots Cranberry Juice Grapes	29 Cheesy Baked Ziti Meat Sauce Chef's Vegetables Fruited Jello Fresh Orange	30 Roast Beef & Swiss/Bun Sweet Potato Wedges Calico Beans Grape Juice Peach Cobbler ♥Peaches	CLOSED 31 	 ♥ = Healthier Dessert

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MILWAUKEE COUNTY SENIOR DINING

FRANKLIN

9229 W. Loomis Road

(414) 427-7696

11:00 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	2 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	3 Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	4 Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	8 Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	11 *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥ Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	17 Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	18 Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	22 Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	23 Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake ♥ Fruit	CLOSED 24 	CLOSED 25 
28 Creamy Turkey & Gravy w/Veggies & Rice Beets Biscuit Chilled Apricots	29 Cheesy Baked Ziti Meat Sauce Chef's Vegetables Warm Fruit Compote Fresh Orange	30 Ham & Swiss Bun Sweet Potato Fries Calico Beans Peach Cobbler ♥ Peaches	CLOSED 31 	Suggested Contribution 60+ $3.00 ♥ = Healthier Dessert

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MILWAUKEE COUNTY SENIOR DINING

HART PARK

7300 Chestnut Street

(414) 257-3534

11:00 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	2 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	3 Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	4 Dining Room Closed Plan Ahead
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	8 Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	11 *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥ Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	17 Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	18 Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	22 Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	23 Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake ♥ Fruit	CLOSED 24  	CLOSED 25 
28 Creamy Turkey & Gravy w/Veggies & Rice Beets Biscuit Chilled Apricots	29 Cheesy Baked Ziti Meat Sauce Chef's Vegetables Warm Fruit Compote Fresh Orange	30 Ham & Swiss Bun Sweet Potato Fries Calico Beans Peach Cobbler ♥ Peaches	CLOSED 31  	Suggested Contribution 60+ $3.00 ♥ = Healthier Dessert

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MILWAUKEE COUNTY SENIOR DINING

INDIAN COUNCIL OF THE ELDERLY

944 N. 33rd Street

(414) 933-1401

No Reservations

11:00 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
First Come First Served Limited to 50	1	2	3 Breakfast Casserole Hashbrowns Sausage Juice Fruit	4 Beef & Tomatoes Macaroni Steamed Broccoli Dinner Roll Juice Fruit
7 Chicken Alfredo Steamed Carrots Garlic Bread Juice Fruit	8	9	10 Grilled Chicken Sandwich French Fries 3-Bean Salad Juice Fruit	11 Salisbury Steak Mashed Potatoes Mixed Vegetables Juice Fruit
14 BBQ Pulled Pork Tater Tots Coleslaw Juice Fruit	15	16	17 Mostaccioli & Meat Sauce Garlic Bread Green Beans Juice Fruit	18 Chicken Cordon Bleu Steamed Carrots Dinner Roll Juice Fruit
21 Bratwurst on Bun Steamed Broccoli Chips Juice Fruit	22	23	CLOSED 24 	CLOSED 25 
28 Chili Tater Tots Green Beans Juice Fruit	29	30	CLOSED 31 	Suggested Contribution  60+ $3.00

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MILWAUKEE COUNTY SENIOR DINING

KELLY

6100 S. Lake Drive

(414) 481-9611 x 4

11:00 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	2 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	3 Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	4 Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	8 Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	11 *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥ Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	17 Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	18 Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	22 Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	23 Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake ♥ Fruit	CLOSED 24  	CLOSED 25 
28 **Center Closed** **Plan Ahead**	29	30	CLOSED 31  	Suggested Contribution 60+ $3.00 ♥ = Healthier Dessert

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MILWAUKEE COUNTY SENIOR DINING

MILWAUKEE COMMUNITY CROSSROADS

807 S. 14th STREET

(414) 902-5384

11:30 FOR IN-PERSON DINING

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Preferred *Menu subject to change without notice*	1 Polish Sausage Stir-Fry Daikon Soup Rice Carrot Raisin Salad Mandarin Oranges	2 Fried Chicken Sandwich Pasta Salad Chips Grapes Oatmeal Cream Pie	3 Ginger Chicken Stir-Fry Rice Steamed Cauliflower Garden Salad/Garbanzos Creamy Fruit Cocktail	4 Lasagna Italian Vegetables Coleslaw Garlic Bread Pineapple Chunks
7 Crispy Butterfly Shrimp Rice Green Beans Spinach Salad Chocolate Cookie	8 Smoked Pork Chop Napa Cabbage Soup Scalloped Potatoes Rice Fresh Fruit	9 Beef Noodle Soup Rice Carrot Coins Garden Salad Mango Chunks	10 Fish Fry Potato Salad Sautéed Cabbage Carrot Slaw Applesauce	11 Italian Chicken Sandwich Onion Rings Caesar Salad Broccoli Banana
14 Asian Meatloaf Mashed Potatoes & Gravy Wisconsin Vegetables Dinner Roll Diced Peaches	Brunch for Lunch 15 Eggs & Spinach Sausage Patties Breakfast Potatoes French Toast Yogurt	16 Chicken Lettuce Wrap Mustard Green Soup Rice Yellow & Green Squash Mandarin Oranges	17 Chicken Enchilada Rice Corn Garden Salad Strawberry Churro	18 2 Pork Egg Rolls Wonton Soup Rice Salad Fresh Fruit
21 Southern Chicken Tenders Egg Drop Soup Rice Zucchini Medley Fruited Jello	22 Beef Stir-Fry Clear Noodle Soup Rice Chayote Vanilla Ice Cream	23 Hot Ham & Roll Au Gratin Potatoes Broccoli Florets Baked Beans Sliced Pears	CLOSED 24 	CLOSED 25 
28 Asian Sausage Rice Cauliflower Asian Slaw Tropical Fruit Cocktail	29 Fish Sandwich French Fries Green Beans Coleslaw Grapes	30 Grilled Chicken Breast Spinach & Garlic Noodles Peas and Carrots Side Salad Birthday Cake	CLOSED 31 	Suggested Contribution 60+ $3.00

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MILWAUKEE COUNTY SENIOR DINING

MUSLIM COMMUNITY & HEALTH CENTER

803 W. Layton Avenue

(414) 552-3337

For Curbside Pickup

DECEMBER



Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required **3-DAY NOTICE** *Menu subject to change without notice*	**1** Chicken 65 Rice Palak Butter Naan Juice Fruit	**2** Chicken Boti Rice Naan Juice Fruit	**3** Chicken Tacos Soft Tortillas Salad Juice Fruit	**4** Fish Fry Potato Wedges Coleslaw Bread Juice Fruit FISH FRY
7 Chicken Strips French Fries Salad Juice Fruit	**8** Chicken Tikka Rice Chana Masala Juice Fruit	**9** Butter Chicken Rice Naan Juice Fruit	**10** Cheese Quesadilla Fries Salad Juice Fruit	**11** Fish Fry Potato Wedges Coleslaw Bread Juice Fruit FISH FRY
14 Falafel Wrap Fries Salad Juice Fruit	**15** Chicken Karahi Rice Mixed Vegetables Naan Juice Fruit	**16** Chicken Biryani Dal Fry Butter Naan Juice Fruit	**17** Grilled Chicken Wrap Fries Salad Juice Fruit	**18** Fish Fry Potato Wedges Coleslaw Bread Juice Fruit FISH FRY
21 Shrimp Fries Salad Juice Fruit	**22** Nihari Rice Naan Juice Fruit	**23** Chicken 65 Rice Palak Naan Juice Fruit	**CLOSED 24**  	**CLOSED 25** 
28 Grilled Chicken Rice Salad Juice Fruit	**29** Butter Chicken Rice Naan Juice Fruit	**30** Chicken Tikka Rice Chana Masala Naan Juice Fruit	**CLOSED 31**  	find us on facebook Suggested Contribution 60+ **$3.00**

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MILWAUKEE COUNTY SENIOR DINING

UNITED COMMUNITY CENTER

730 W. Washington Street

(414) 649-2807

12:00 for In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required Para reservar su almuerzo favor de llamar	1 Mexican Chicken Soup Potatoes, Corn, Zucchini Brown Rice Corn Tortilla Mandarin Oranges	2 Meatballs Chipotle Sauce Arroz Verde Salad Dinner Roll Fresh Apple	3 Ham & Cheese Sub Broccoli Soup Lettuce & Tomato Sun Chips Pineapple Juice Chocolate Cookie	4 Spaghetti & Meat Sauce Chef's Vegetables Romaine Salad Breadstick Tropical Fruit
7 Mini Corn Dogs Vegetable Soup Fries Mayo, Ketchup, Mustard Fruited Jello	8 BBQ Chicken Steamed Broccoli Honey Beans Cornbread Pears	9 Lechon Asado Puerto Rican Rice Habichuelas Salad Fresh Orange	10 Cheeseburger Fries Lettuce, Tomato, Onion Ketchup, Mayo, Mustard Grape Juice Pudding	11 Cheese Enchilada Verde Mexican Rice Mexican Beans Lettuce & Tomato Sour Cream Mixed Fruit
14 Orange Chicken White Rice Oriental Vegetables Dinner Roll Apple Juice Ice Cream	15 Breakfast Sandwich *w/Egg, Ham & Cheese* Breakfast Potatoes Tomato Soup Applesauce	16 Steak Fajita Primavera Rice Mexican Beans Pico de Gallo Salad Flour Tortilla Chocolate Muffin	17 Tuna Sandwich w/Celery, Carrots, Mayo Potato Soup Sun Chips Apricots Birthday Cake	18 Mexican Beef Soup *Chayote, Carrots, Cabbage* Rice Corn Tortilla Orange Juice Pineapple Tidbits
21 Ground Beef Tostada Tortilla Soup Mexican Beans Lettuce & Tomato Blueberry Muffin	22 Chicken Patty Bun Pea Soup Lettuce & Tomato Cranberry Juice Peaches	23 Glazed Ham White Rice Green Beans Corn Hawaiian Roll Apple Salad	CLOSED 24 	CLOSED 25 
28 **Center Closed** **Plan Ahead**	29	30	CLOSED 31 	Suggested Contribution 60+ $3.00

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MILWAUKEE COUNTY SENIOR DINING

WASHINGTON PARK

4420 W. Vliet Street

(414) 933-2332

11:30 for In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	2 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	3 Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	4 Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	8 Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	11 *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	17 Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	18 Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	22 Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	23 Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake Fruit	CLOSED 24  	CLOSED 25 
28 **Center Closed** **Plan Ahead**	29	30	CLOSED 31  	Suggested Contribution 60+ $3.00 = Healthier Dessert

MILWAUKEE COUNTY SENIOR DINING

WEST ALLIS

7001 W. National Avenue

(414) 302-8703

11:00 For In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	1 Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	2 Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	3 Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	4 Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	8 Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	9 Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	10 Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	11 *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥ Apple	15 Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	16 Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	17 Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	18 Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
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28 Creamy Turkey & Gravy w/Veggies & Rice Beets Biscuit Chilled Apricots	29 Cheesy Baked Ziti Meat Sauce Chef's Vegetables Warm Fruit Compote Fresh Orange	30 Ham & Swiss Bun Sweet Potato Fries Calico Beans Peach Cobbler ♥ Peaches	CLOSED 31 	Suggested Contribution 60+ $3.00 ♥ = Healthier Dessert

county.milwaukee.gov/aging SeniorDining@milwaukeecountywi.gov Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

WILSON PARK

2601 W. Howard Avenue

(414) 282-3284

11:30 for In-Person Dining

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
Reservations Required *Menu subject to change without notice*	**1** Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	**2** Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	**3** Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	**4** Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	**8** Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	**9** Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	**10** Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	**11** *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar Apple	**15** Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	**16** Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	**17** Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	**18** Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	**22** Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	**23** Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake Fruit	**CLOSED 24**  	**CLOSED 25** 
28 **Center Closed** **Plan Ahead**	**29**	**30**	**CLOSED 31**  	Suggested Contribution 60+ $3.00 = Healthier Dessert

county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.

AN OX CAFE

Open for Senior Dining

Thursdays 11:00 AM - 1:00 PM

7411 W. Hampton Avenue Milwaukee 53218

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose Entrée & One Side
*Other Menu Items for **Full Price***
Enjoy Meal!

ENTRÉE Select One:

- Beef & Broccoli
- Chicken Fried Rice
- Vegetable Lo Mein Noodles

SIDES Select One:

- Crab Rangoon
- Egg Roll

Each meal served with:
Broth/Soup, Fruit, Beverage

Suggested Contribution
60+
$3.00

MILWAUKEE COUNTY

ADRC Aging and Disability Resource Center of Milwaukee County

county.milwaukee.gov/aging SeniorDining@milwaukeecountywi.gov Senior Dining Office: 414-289-6995

MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.

Daddy's soul food & grille

Open for Senior Dining
Tuesdays 11:00 AM - 1:00 PM
754 N. 27th Street Milwaukee 53208

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose Entrée & Two Sides
*Other Menu Items for **Full Price***
Enjoy Meal!

ENTRÉE

Select One:

- Baked Chicken
- Fried Chicken
- Catfish

(Each Entrée served with:
Dinner Roll, Fruit, Milk or Water)

SIDES

Select Two:

- Sweet Potatoes
- Mac & Cheese
- Black-Eyed Peas
- Smoked Turkey Greens
- Green Beans & Potatoes

Suggested Contribution
60+
$3.00

MILWAUKEE COUNTY

ADRC
Aging and Disability Resource Center of Milwaukee County

county.milwaukee.gov/aging SeniorDining@milwaukeecountywi.gov Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.

ORENDA

Open for Senior Dining
Wednesdays: 8:00 AM - 10:00 AM
3514 W. National Avenue Milwaukee 53215

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose One Breakfast Option
*Other Menu Items for **Full Price***
Enjoy Meal!

BREAKFAST OPTIONS

Select One:

(Each Breakfast Option served with Fruit & Milk)

- Veggie Bowl *(Scrambled Egg, Potatoes, Peppers, Onions, Spinach, Mushrooms, Cauliflower, Cheddar)*
- Chilaquiles *(Scrambled Eggs, Tortilla Chips, Salsa choice, Cotija Cheese, Onion, Cilantro, Avocado Crema)*
- Pancakes & Eggs *(Short stack of Pancakes (2) with Scrambled Eggs)*
- Avocado Toast *(Multigrain Toast, Avocado, Tomato, Red Onion, Chia Seeds, Scrambled Egg)*

Suggested Contribution
60+
$3.00

MILWAUKEE COUNTY

ADRC Aging and Disability Resource Center of Milwaukee County

county.milwaukee.gov/aging SeniorDining@milwaukeecountywi.gov Senior Dining Office:414·289·6995

MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
AGING & DISABILITIES SERVICES

Meals on Wheels

We are committed to helping older adults live healthier, more nourished lives, in their own homes.

The Meals on Wheels program supports and promotes independent living for homebound older adults through the delivery of a nutritious meal.

A suggested contribution is appreciated to offset the cost of the program.

Could you, or someone you know, benefit from having meals delivered? Call the Aging & Disability Resource Center to inquire: (414) 289-6874.

To be eligible you must be:

- 60 or older
- A Milwaukee County resident
- Homebound
- Unable physically or cognitively to prepare your own meals



Request a Referral: (414) 289-6874

ADRC Aging and Disability Resource Center of Milwaukee County

Goodwill Greater Milwaukee & Chicago

MEALS ON WHEELS AMERICA

MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES
AGING & DISABILITIES SERVICES

Meals on Wheels

El programa Meals on Wheels (Comidas sobre ruedas) promueve la vida independiente para adultos mayores confinados en casa mediante la entrega de una comida caliente y nutritiva de lunes a viernes. Nos comprometemos a ayudar a los adultos mayores a tener vidas más saludables y nutridas en sus propios hogares. Se aprecia que se realice una contribución para compensar el costo del programa. Si usted, o alguien que conoce, podría beneficiarse de que se le entreguen comidas, llame al Centro Recursos para Personas Mayores y Personas Descapacitadas al (414) 289-6874 para solicitar una evaluación.

Para ser elegible, debe:

- 60 o más
- Ser residente del condado de Milwaukee
- Estar confinado en casa
- No ser capaz física o cognitivamente para preparar sus propias comidas



Solicitar una referencia: (414) 289-6874

ADRC Aging and Disability Resource Center of Milwaukee County

Goodwill Greater Milwaukee & Chicago

MEALS on WHEELS AMERICA

MILWAUKEE COUNTY

MEALS ON WHEELS

(414) 358-6527

DECEMBER

MEALS on WHEELS AMERICA

Monday	Tuesday	Wednesday	Thursday	Friday
Goodwill Greater Milwaukee & Chicago MEALS ON WHEELS ♥ = DIABETIC DESSERT	**1** Philly Chicken on a Roll Potato Wedges Green Beans Seasonal Fruit	**2** Chicken Marsala Parmesan Noodles Garlic Spinach Tossed Salad Yellow Apple	**3** Stuffed Pepper & Sauce Corn Maple-Spiced Peaches Dinner Roll Fruit	**4** Cheese Omelet Hashbrowns Country Vegetables Applesauce Blueberry Muffin
7 Beef Stew Roasted Potatoes Brussels Sprouts French Bread Chilled Pears	**8** Cheesy Rotini & Ham Steamed Cauliflower Warm Glazed Pineapple Sourdough Bread Tangerine	**9** Turkey Burger on Bun Lettuce & Tomato Scalloped Potatoes Peas & Pearl Onions Chocolate Mousse	**10** Cranberry Meatballs Garlic Mashed Potatoes Carrot Coins Hawaiian Dinner Roll Tropical Fruit	**11** *Build Your Own* Chicken Caesar Wrap Soft Flour Tortilla Fresh Broccoli String Cheese Banana
14 Bratwurst on Bun Au Gratin Potatoes Baked Beans Sauerkraut Caramel Apple Bar ♥ Apple	**15** Meatloaf & Gravy Mashed Potatoes Sautéed Spinach 7-Grain Bread Creamy Fruit Salad	**16** Chef Salad *Turkey, Ham, Egg, Cheese* *Lettuce, Tomato, Dressing* Italian Bread Jello Fruit	**17** Pulled Pork Whole Grain Bun Warm Potato Salad Capri Vegetables Pineapple Tidbits	**18** Creole Baked Fish Wild Rice Blend Sweet Corn Beet Salad Clementine
21 Swedish Meatballs w/Mushrooms & Gravy Buttered Egg Noodles Succotash Whole Wheat Bread Pistachio Fruit Fluff	**22** Chicken Fajita w/Peppers & Onions Rice Seasoned Black Beans Tortilla Tropical Fruit	**23** Pineapple-Baked Ham Baby Baker Potatoes Green Beans Almondine Applesauce Spice Cake ♥ Fruit	**CLOSED 24** 	**CLOSED 25** 
28 Creamy Turkey & Gravy w/Veggies & Rice Beets Biscuit Chilled Apricots	**29** Cheesy Baked Ziti Meat Sauce Chef's Vegetables Warm Fruit Compote Fresh Orange	**30** Ham & Swiss Bun Sweet Potato Fries Calico Beans Peach Cobbler ♥ Peaches	**CLOSED 31** 	✻ *Menu subject to change without notice* 

county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY

MEALS ON WHEELS

(414) 358-6527

DICIEMBRE

MEALS on WHEELS AMERICA

Lunes	Martes	Miércoles	Jueves	Viernes
Goodwill Greater Milwaukee & Chicago MEALS ON WHEELS ♥ = Postre diabético	1 Pollo estilo Filadelfia en pan Cuñas de patata Judías verdes Fruta de temporada	2 Pollo Marsala Fideos al parmesano Espinacas de ajo Ensalada mixta Manzana Amarilla	3 Pimienta Rellena Maíz Melocotones especiados Panecillo Fruta	4 Tortilla de Queso Patatas hash Verduras rurales Compota de manzana Magdalena de arándanos
7 Estofado de ternera Patatas asadas Coles de Bruselas Pan Francés Peras Frías	8 Rotini con queso y jamón Coliflor al vapor Piña glaseada Pan de masa madre Tangerina	9 Hamburguesa de pavo Lechuga y Tomate Patatas Gratinadas Guisantes Chocolate Mousse	10 Albóndigas de arándanos Puré de patatas con ajo Monedas de Zanahoria Panecillo Hawaiano Fruta Tropical	11 *Construye el tuyo* Wrap César de Pollo Tortilla Brócoli fresco Queso en tiras Banana
14 Salchicha bratwurst Patatas gratinadas Alubias al horno Chucrut Barra de manzana ♥ Apple	15 Pastel de carne y salsa Pure de patatas Espinacas Pan de 7 granos Ensalada de frutas	16 Chef Salad Pavo, jamón, huevo, queso Lechuga, tomate Pan italiano Gelatina Fruta	17 Cerdo desmenuzado en Pan Ensalada de patata Verduras Capri Piña	18 Pescado criollo Arroz Maíz Ensalada de remolacha Clementine
21 Albóndigas suecas Salsa de setas Fideos Succotash Pan integral Pelusa de fruta	22 Fajita de pollo Pimientos y cebollas Arroz Frijoles Negros Tortilla Fruta tropical	23 Jamón al horno con piña Patatas Pequeñas Judías Verdes Almendra Compota de manzana Pastel de especias ♥ Fruta	CLOSED 24 	CLOSED 25 
28 Pavo cremoso con salsa Verduras y arroz Remolachas Biscuit Albaricoques fríos	29 Ziti horneado Salsa de carne Verduras del Chef Compota de frutas Naranja fresca	30 Jamón y suizo en panecillo Papas fritas de camote Frijoles de calicó Zapatero de melocotón ♥ Melocotones	CLOSED 31 	*Menú sujeto a cambrios* 

county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MEALS on WHEELS AMERICA

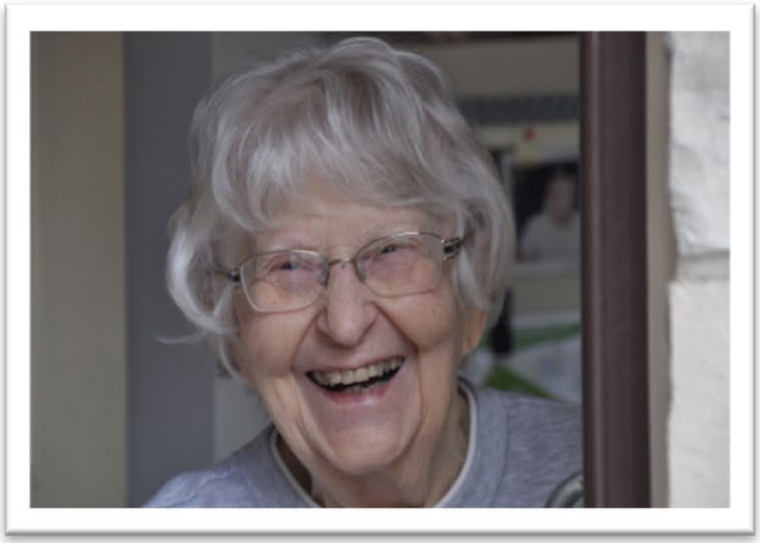
2026 Member

SUPPORT MEALS ON WHEELS

in Milwaukee County



For homebound older adults in Milwaukee County, Meals on Wheels is a valuable service designed to combat senior hunger and isolation.



DAILY NUTRITION

HUMAN CONNECTION

WELLNESS CHECK

NUTRITION EDUCATION

Consider $

$12.00 = 3 senior meals
$24.00 = 6 senior meals
$48.00 = 12 senior meals
$60.00 = 15 senior meals

***ANY** donation amount **makes a difference**.*

MILWAUKEE COUNTY

county.milwaukee.gov/aging

SeniorDining@milwaukeecountywi.gov

(414) 289-6995

Donate

Milwaukee County Senior Meals
1230 W. Cherry Street
Milwaukee, WI 53205

Milwaukee County Area Agency on Aging

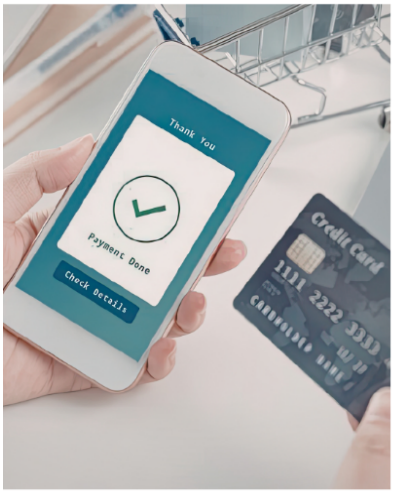
Now Accepting E-PAY

for your convenience

Making Contributions just got easier!
Use the QR Code, the Card Reader on-site,
or the Contribution Button on our website,
to make a one-time or recurring payment.



We appreciate your kind generosity in support of these essential services!



Contribute to:

- ✓ Senior Dining
- ✓ Home Delivered Meals
- ✓ Transportation
- ✓ Evidence-Based Wellness
- ✓ Senior Center Socialization

county.milwaukee.gov/aging

American Heart Association.
Healthy for Good™

Warm Up to Cool-Weather Workouts

Dress for Comfort

- Keep your feet cozy with warm socks, weatherproof shoes and supportive insoles
- Wear layers of clothing to wick away moisture, insulate and protect
- Don't forget hats, gloves and scarves if it's very cold

Look at the Bright Side

- Being outdoors is a great way to get some Vitamin D
- There's no heat or humidity to deal with – just cool, crisp air
- Exercise boosts immunity during cold and flu season

Take It Inside if It Gets Too Cold for Comfort

- Indoor circuit workouts
- Yoga or other fun group classes
- Active housework such as power vacuuming

Have Fun with Cool-Weather Activities such as

Jogging Hiking Snowshoeing



Find out how at heart.org/MoveMore.

© Copyright 2024 American Heart Association, Inc., a 501(c)(3) not-for-profit. All rights reserved.
Healthy for Good is a trademark. Unauthorized use prohibited. 10/24 DS17581

Milwaukee County Senior Dining: 2026 Survey

Tell us what you think….. Your Opinion Matters!

https://survey.alchemer.com/s3/8815098/Community-Dining-Survey-2026

SCAN ME

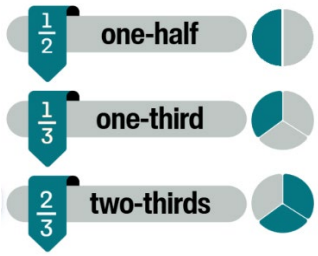
My preferred Dining Site(s): _____

① Please Rate:

	Poor	Fair	Good	Very Good	Excellent
The way the food tastes:	○	○	○	○	○
The way the food looks:	○	○	○	○	○
The variety of food offered:	○	○	○	○	○
The Dining site atmosphere	○	○	○	○	○

② When you eat at the dining site, how much of your total daily food intake is from this meal?

- ☐ Less than one-third
- ☐ About one-third
- ☐ About half
- ☐ About two-thirds
- ☐ More than two-thirds



③ What usually drive your decision to attend the dining site

(Select all that apply)

- ☐ The menu for the day
- ☐ The friends or people in your community who will be there
- ☐ How well you feel that day
- ☐ The weather that day
- ☐ The activities or entertainment offered around mealtime
- ☐ Other *(please describe)*

④ How important is the social aspect of the dining program to you?

- ☐ Extremely important
- ☐ Very important
- ☐ Somewhat important/Neutral
- ☐ Slightly important/Low important
- ☐ Not at all important

⑤ What is the farthest you are willing and able to travel to attend a dining site?

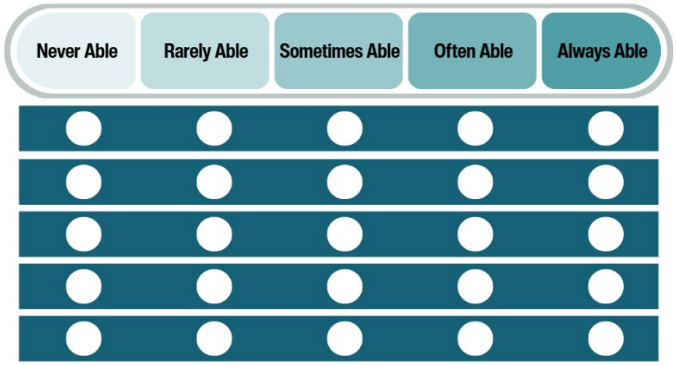
- ☐ Less than one mile
- ☐ One to five miles (1-5 miles)
- ☐ Six to 10 miles (6-10 miles)
- ☐ 11 to 20 miles (11-20 miles)
- ☐ More than 20 miles

NEXT

⑥ In your community, where do you usually gather with others to eat or socialize besides the dining site? (mark all that apply)

- ☐ Restaurant, coffee shop, grocery store, market
- ☐ Community, recreation or senior center
- ☐ Church or faith organization
- ☐ Library
- ☐ Community event spaces like fairs, festivals, music or sporting events
- ☐ Other *(please describe)* _____

⑦ Rate your ability to:



Shop for groceries

Get fresh food

Get enough food to eat

Prepare food *(washing, cutting, chopping)*

Cook meals *(using stove, microwave)*

⑧ Are there other food programs you participate in or food resources you use?

- ☐ QUEST Card, FoodShare Wisconsin
- ☐ Food Boxes *(Stockbox, Commodity Supplemental Food Program (CSFP), Tribal Elder Food Box)*
- ☐ In-Store grocery shopping assistance
- ☐ Grocery delivery services
- ☐ Restaurant delivery *(Door Dash, Uber Eats, Grubhub, EatStreet, etc.)*
- ☐ Bulk frozen or refrigerated meal delivery *(Mom's Meals, Magic Kitchen, HelloFresh, Factor, etc.)*
- ☐ Food pantries or Food Banks *The Emergency Food Assistance Program (TEFAP)*
- ☐ Mobile Food Pantries
- ☐ Farmers Market Vouchers *Senior Farmers Market Nutrition Program (SFMNP)*
- ☐ Community Meals *(churches, religious organizations, etc.)*
- ☐ Other *Please describe:* _____
- ☐ Don't Know

⑨ What recommendations do you have for improving the program?

_____

_____

⑩ How has the program helped you? _____

_____

_____

We appreciate your time and Thank You for your feedback!

Milwaukee County Senior Dining: 2026 MCHC Carryout Survey

Tell us what you think….. Your Opinion Matters!

https://survey.alchemer.com/s3/8815025/Carryout-Meal-Survey-2026

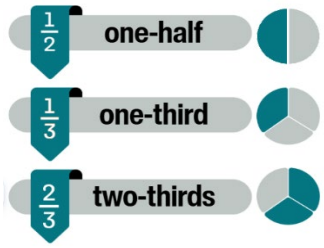
SCAN ME

① Please Rate:

	Poor	Fair	Good	Very Good	Excellent
The way the food tastes:	○	○	○	○	○
The way the food looks:	○	○	○	○	○
The variety of food offered:	○	○	○	○	○
Overall experience picking up meals:	○	○	○	○	○

② How much of your total daily food intake is from the meal you receive?

- ☐ Less than one-third
- ☐ About one-third
- ☐ About half
- ☐ About two-thirds
- ☐ More than two-thirds



③ What are the main reasons you pick up meals? *(mark all that apply)*

- ☐ I have an illness or health condition that prevents me from dining in.
- ☐ I do not have reliable transportation to get me home after dining in.
- ☐ I have other commitments and do not have time to dine in
- ☐ The dining site does not feel welcoming to me.
- ☐ I do not know the other people, so I am uncomfortable attending.
- ☐ Other *(please describe)*
- ☐ I did not know dining in was an option.

④ How important is it to you to see the program staff, volunteers or people in the community when you pick up a meal?

- ☐ Extremely important
- ☐ Very important
- ☐ Somewhat important/Neutral
- ☐ Slightly important/Low importance
- ☐ Not at all important

⑤ What is the farthest you are willing and able to travel to pick up a meal?

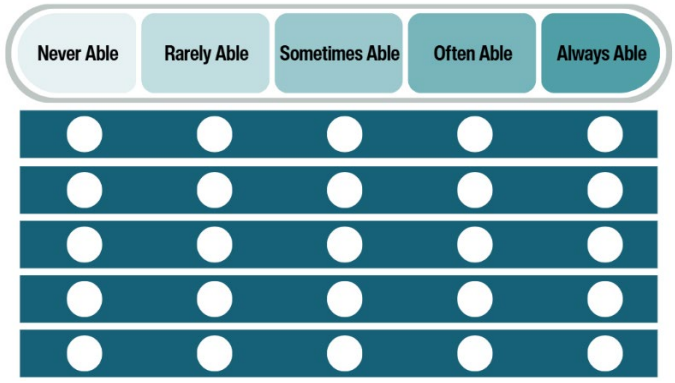
- ☐ Less than one mile
- ☐ One to five miles (1-5 miles)
- ☐ Six to 10 miles (6-10 miles)
- ☐ 11 to 20 miles
- ☐ More than 20 miles

NEXT

⑥ In your community, where do you usually gather with others to eat or socialize? *(mark all that apply)*

- ☐ Restaurant, coffee shop, grocery store, market, etc.
- ☐ Community, recreation or Senior Center
- ☐ Church or faith organization
- ☐ Library
- ☐ Community event spaces like fairs, festivals, music or sporting events
- ☐ Other *(please specify)* _____

⑦ Rate your ability to:



⑧ Are there other food programs you participate in or food resources you use?

- ☐ QUEST Card, FoodShare Wisconsin
- ☐ Food Boxes *(Stockbox, Commodity Supplemental Food Program (CSFP), Tribal Elder Food Box)*
- ☐ In-Store grocery shopping assistance
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- ☐ Farmers Market Vouchers *Senior Farmers Market Nutrition Program (SFMNP)*
- ☐ Community Meals *(churches, religious organizations, etc.)*
- ☐ Other *Please describe:* _____
- ☐ Don't Know

⑨ What recommendations do you have for improving the program?

_____

_____

⑩ How has the program helped you?

_____

_____

_____

We appreciate your time and Thank You for your feedback!

MILWAUKEE COUNTY

MILWAUKEE COUNTY SENIOR DINING

Thank you for dining with us!

Did you enjoy your meal?

Please take a moment to let us know

(414) 207-5873

(414) 289-6995

SeniorDining@milwaukeecountywi.gov

MILWAUKEE COUNTY SENIOR DINING

MILWAUKEE COUNTY SENIOR DINING

REGISTRATION FORM

☐ New ☐ Annual Renewal Site _____ Date _____

Last Name	First Name	Middle Initial	Suffix JR SR I II III
Address	**City**	**State**	**Zip Code**

Birthdate (mm/dd/yyyy)	Age	Gender	Phone	Email

Marital Status
- ☐ Single
- ☐ Married
- ☐ Partnered
- ☐ Separated
- ☐ Divorced
- ☐ Widowed
- ☐ Other

Military/Veteran? ☐ No ☐ Yes

Household
- ☐ Lives Alone
- ☐ Lives in LTC Facility
- ☐ Lives with Others
- ☐ Unhoused/Unstable housing
- ☐ Unknown
- ☐ Other

Preferred Language
- ☐ English
- ☐ Hmong
- ☐ Spanish
- ☐ Other

Ethnicity
- ☐ Hispanic/Latino
- ☐ Not Hispanic/Latino

Race
- ☐ American Indian/Alaskan Native
- ☐ Asian or Asian American
- ☐ Black/African American
- ☐ Hispanic or Latino
- ☐ Middle Eastern or North African
- ☐ Native Hawaiian/Pacific Islander
- ☐ White
- ☐ Other:

$ 2026 INCOME

*Your response will not impact your eligibility. Service is **Age**-based, **NOT** income-based*

For one-person household, income is below $1,330/month ($15,960 annually) ☐ No ☐ Yes

For two-person household, income is below $1,803/month ($21,640 annually) ☐ No ☐ Yes

NUTRITION SCREEN *Circle the Corresponding Number*		No	Yes
❶	A condition or illness changes the kind or amount of food I eat	0	2
❷	I eat fewer than 2 meals each day	0	3
❸	I eat few fruits, vegetables or milk products	0	2
❹	I have 3+ drinks of beer, wine or liquor almost every day	0	2
❺	Tooth or mouth problems make it hard to eat	0	2
❻	I don't always have enough money to buy the food I need	0	4
❼	I eat alone most of the time	0	1
❽	I take 3+ prescribed or over-the-counter medications a day	0	1
❾	Unintentionally, lost/gained 10 pounds in last 6 months	0	2
❿	Not always physically able to shop, cook or feed myself	0	2
	Scale: 0-2 = Low 3-5 = Moderate 6+ = High **Total Nutrition Risk:**		

How did you hear about us?
- ☐ Friend/Family
- ☐ Facebook
- ☐ Health Provider
- ☐ Newspaper
- ☐ Internet Search
- ☐ Radio/TV
- ☐ US Mail
- ☐ Church
- ☐ Senior Center
- ☐ Other

Under 60?

What makes you eligible?

→If under 60 Select One:
- ☐ Active Dining Volunteer
- ☐ Spouse of Active Diner
- ☐ Adult w/Disability lives & dines w/Active Diner

OFFICE USE
- ☐ Received _____
- ☐ Diner Card
- ☐ Diner Handbook
- Data Entry _____
- STAFF _____

Emergency Contact _____ Phone _____ Relationship _____

Privacy Statement: The information you are being asked to provide is needed to determine if you are eligible to receive Older Americans Act Services and to comply with federal and state reporting requirements. This information will be stored in a secure electronic database and will not be used for any other purpose. Your information will not be sold or shared with another agency without your permission. You have the right to review your record and request changes to ensure accuracy. You will not be denied most services if you refuse to provide this information. If you have questions regarding this, please ask the aging office staff.

NOTE: Registration Form continues on the back. Please complete both sides ⟶

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REGISTRATION *(continued)*

Food Access ➔ 2 Questions:

For each statement, indicate if *Often True*, *Sometimes True* or *Never True* for you in the last 12 months.

1 "I worried whether my food would run out before I got money to buy more."

- ☐ Often True *
- ☐ Sometimes True *
- ☐ Never True

2 "The food that I bought just didn't last, and I didn't have money to get more."

- ☐ Often True *
- ☐ Sometimes True *
- ☐ Never True

Weight Loss and Appetite ➔ 2 Questions:

1 Have you recently lost weight without trying?

- ☐ No — *Score = 0*
- ☐ Not Sure — *Score = 2*
- ☐ Yes → If **YES**, how much weight have you lost?

☐	2-13 pounds	*Score*	1
☐	14-23 pounds	*Score*	2
☐	24-33 pounds	*Score*	3
☐	34 pounds or more	*Score*	4
☐	Unsure	*Score*	2

WEIGHT LOSS Score = ____

2 Have you been eating poorly because of a decreased appetite?

- ☐ No
- ☐ Yes

No	*Score*	0
Yes	*Score*	1

APPETITE Score = ____

Weight Loss Score + *Appetite Score* → **TOTAL MST Score** = ____

☐ OK to refer to Dietitian for Follow-Up?

FOR OFFICE USE:

Final Determine Score:

Determine Nutrition Risk Level

- ☐ Low Risk (0-2)
- ☐ Moderate Risk (3-5)
- ☐ High Risk (6 or more)

MST Malnutrition Screen Score

- ☐ Not at Risk (= 0 to 1)
- ☐ At Risk (= 2 or more)

FOOD INSECURE?

Response of **Often True** or **Sometimes True** to either question = **Food Insecure**.

☐ NO ☐ YES

Next Steps:

- ☐ Refer to Dietitian
- ☐ EBS to complete Foodshare Application
- ☐ Provide food pantries & community meals info

MILWAUKEE COUNTY

☐ Recorded the MST Score and Food Insecurity Response in Peer Place.

Effective: 9.11.26

MILWAUKEE COUNTY SENIOR DINING

CARRYOUT REGISTRATION

☐ NEW ☐ Annual Renewal Site: MCHC Date

Last Name	First Name	Middle	Suffix JR SR I II III

Address	City	State	Zip Code

Birthdate mm/dd/yyyy	Age	Gender	Phone	Email

Marital Status
- ☐ Single
- ☐ Married
- ☐ Partnered
- ☐ Separated
- ☐ Divorced
- ☐ Widowed
- ☐ Other

Military/Veteran? ☐ No ☐ Yes

Household
- ☐ Lives Alone
- ☐ Lives in LTC Facility
- ☐ Lives with Others
- ☐ Unhoused/Unstable housing
- ☐ Unknown
- ☐ Other

Preferred Language
- ☐ English
- ☐ Hmong
- ☐ Spanish
- ☐ Other:

Ethnicity
- ☐ Hispanic/Latino
- ☐ Not Hispanic/Latino

Race
- ☐ American Indian/Alaskan Native
- ☐ Asian or Asian American
- ☐ Black/African American
- ☐ Hispanic or Latino
- ☐ Middle Eastern or North African
- ☐ Native Hawaiian/Pacific Islander
- ☐ White
- ☐ Other:

$ 2026 INCOME

For **one-person household**, income is below **$1,330/month** *($15,960 annually)* ☐ No ☐ Yes

For **two-person household**, income is below **$1,803/month** *($21,640 annually)* ☐ No ☐ Yes

FUNCTIONAL SCREEN

✓ *Select if client needs substantial assistance, verbal reminders, physical prompts or supervision. If none, enter 0 for Total*

Activities of Daily Living (ADL's)

- ☐ **Bathing**: Gets in/out of Bath/Shower; Safely washes/dries self
- ☐ **Dressing**: Dresses & undresses safely
- ☐ **Toileting**: Uses toilet & cleans self
- ☐ **Transferring**: Moves in and out of bed or chair
- ☐ **Feeding**: Uses utensils & eats independently
- ☐ **Continence**: Exercises complete self-control

☐ **ADL TOTAL**

Instrumental Activities of Daily Living (IADLs)

- ☐ Plans, prepares & eats adequate meals independently
- ☐ Takes care of shopping needs independently
- ☐ Takes medications in correct dosages at proper times
- ☐ Handles financial matters & day-to-day purchases
- ☐ Participates in housekeeping tasks
- ☐ Launders items independently
- ☐ Travels unassisted via personal vehicle, bus, taxi
- ☐ Dials and answers the telephone

☐ **IADL TOTAL**

NUTRITION SCREEN

Circle the corresponding number

		No	Yes
1	A condition or illness changes the kind/amount of food I eat	0	2
2	Eats fewer than 2 meals each day	0	3
3	Eats few fruits, vegetables or milk products	0	2
4	Has 3+ drinks of beer, wine or liquor almost every day	0	2
5	Tooth or mouth problems make it hard to eat	0	2
6	Doesn't always have enough money to buy the food I need	0	4
7	Eats alone most of the time	0	1
8	Takes 3+ prescribed/over-the-counter medications a day	0	1
9	Has lost/gained 10 pounds in last 6 months *(not on purpose)*	0	2
10	Not always physically able to shop, cook or feed self	0	2

Scale: 0-2 = Low 3-5 = Moderate 6+ = High **Total Nutrition Risk** ☐

How did you hear about us?
- ☐ Friend/Family
- ☐ Facebook
- ☐ Health Provider
- ☐ Newspaper
- ☐ Internet Search
- ☐ Radio/TV
- ☐ US Mail
- ☐ Church
- ☐ Senior Center
- ☐ Other

Under 60?

What makes you eligible?

→If under 60 Select One:
- ☐ Dedicated Dining Volunteer
- ☐ Spouse of Active Diner
- ☐ Adult w/Disability lives & dines w/Active Diner

OFFICE USE
- ☐ Received_____
- ☐ Diner Card
- ☐ Diner Handbook
- ☐ Data Entry_____
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CARRYOUT REGISTRATION *(continued)*

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- ☐ Never True

Weight Loss and Appetite ➔ 2 Questions:

1 Have you recently lost weight without trying?

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WEIGHT LOSS Score = ____

2 Have you been eating poorly because of a decreased appetite?

- ☐ No
- ☐ Yes

No	*Score*	0
Yes	*Score*	1

APPETITE Score = ____

Weight Loss Score + *Appetite Score* → **TOTAL MST Score =** ____

☐ OK to refer to Dietitian for Follow-Up?

FOR OFFICE USE:

Final Determine Score:

Determine Nutrition Risk Level

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Response of **Often True** or **Sometimes True** to either question = **Food Insecure**.

☐ NO ☐ YES

Next Steps:

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