MILWAUKEE COUNTY SENIOR DINING

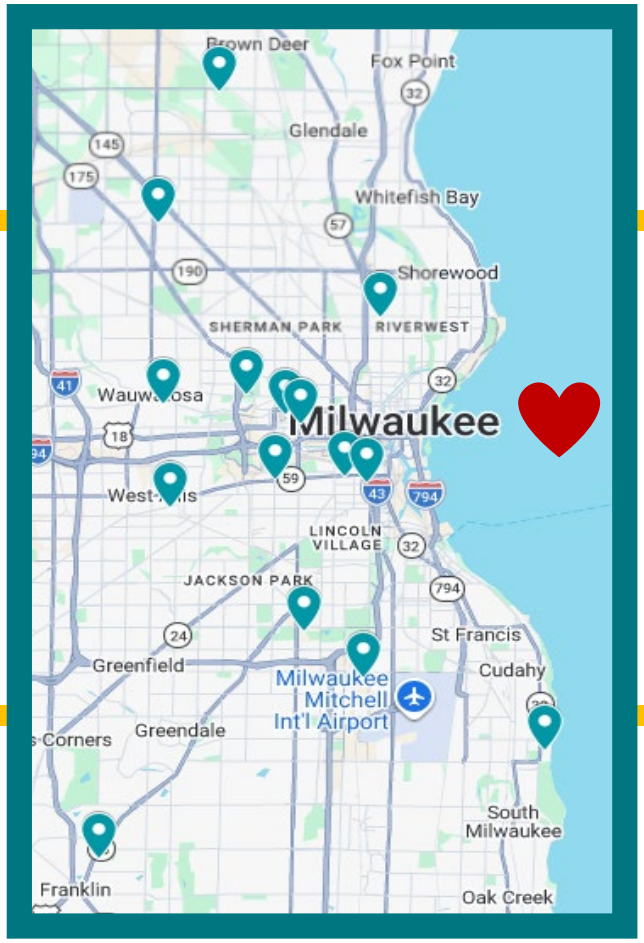
WHERE **SENIORS** **LOVE** TO **LUNCH**

Join Us!

- Adults 60+
- View Menus Online
- Reservation may be Required
- Convenient Locations
- Transportation Options

Call Today!

Senior Dining Office
(414) 289-6995



Suggested Contribution

60+

$3.00

MILWAUKEE COUNTY

ADRC
Aging and Disability Resource Center of Milwaukee County
414·289·6874

county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

We invite you to explore your options with our ever-changing lineup. Please Call your preferred site for critical updates, reservations and specific service information.

	Senior Dining Sites	Address	City	Zip	Phone
☑	Clinton Rose Senior Center	3045 N. Martin Luther King Drive	Milwaukee	53212	(414) 263-2255
☑	Elks Lodge	5555 W. Good Hope Road	Milwaukee	53223	(414) 760-3195
☑	Franklin City Hall	9229 W. Loomis Road	Franklin	53132	(414) 427-7696
☑	Hart Park Senior Center	7300 Chestnut Street	Wauwatosa	53213	(414) 257-3534
☑	Indian Council of the Elderly	944 N. 33rd Street	Milwaukee	53208	(414) 933-1401
☑	Kelly Senior Center	6100 S. Lake Drive	Cudahy	53110	(414) 481-9611
☑	Milwaukee Community Crossroads	807 S. 14th Street	Milwaukee	53204	(414) 902-5384
🚗	Muslim Community & Health Center	803 W. Layton Avenue	Milwaukee	53221	(414) 552-3337
☑	United Community Center	730 W. Washington Street	Milwaukee	53204	(414) 649-2807
☑	Washington Park Senior Center	4420 W. Vliet Street	Milwaukee	53208	(414) 933-2332
☑	West Allis Senior Center	7001 W. National Avenue	West Allis	53214	(414) 302-8703
☑	Wilson Park Senior Center	2601 W. Howard Avenue	Milwaukee	53221	(414) 282-3284

	Dine-Out Sites	Address	City	Zip	Phone
☑	An Ox Café	7411 W. Hampton Avenue	Milwaukee	53218	(414) 391-9009
☑	Daddy's Soul Food & Grille	754 N. 27th Street	Milwaukee	53208	(414) 391-9009
☑	Orenda Café	3514 W. National Avenue	Milwaukee	53215	(414) 391-9009
⊘	Rise & Grind Café	2737 N. MLK Drive	Milwaukee	53212	(414) 391-9009

KEY

- ☑ In-Person Dining
- 🚗 Grab & Go
- ⊘ Closed

Getting Started:

1. Choose Site
2. Make Reservation (If required)
3. Submit Registration Form

12/1/2026

MILWAUKEE COUNTY SENIOR DINING

EXPLORE



MILWAUKEE COUNTY

Become a **Senior Diner!**

View Menus Online! county.milwaukee.gov/aging Senior Dining Office:414.289.6995

MILWAUKEE COUNTY SENIOR DINING

Background

Primarily funded by Older Americans Act dollars, senior nutrition programs are designed to serve as gathering places for older adults (60+). There is tremendous value and opportunity in bringing people together to enjoy nutritious meals. Sharing food and engaging conversations with others is a powerful experience that encourages new connections, strengthens existing ones and ultimately improves our community.

Equally as beneficial can be the exposure to new information, awareness of relevant programs and attention to activities that promote health and well-being. While these popular services have been around for decades, excitement has been especially high around our award-winning Dine Out Restaurant partnership which adds convenience, flexibility and much needed diversity to the lineup.

We are committed to continuing these essential services while decreasing barriers to access, addressing gaps in service and introducing new & innovative solutions that keep us moving forward with satisfied customers.

WHO?

- Anyone 60+
- Spouse (of any Age)
- Dining Site Volunteer

- No income limits
- No residency restrictions

WHY?

- Reduce Hunger & Malnutrition
- Address Food Insecurity
- Combat Isolation thru Socialization
- Improve Health & Well-Being
- Delay Adverse Health Conditions

WHAT?

- Healthy Meals
- Nutrition Education
- Nutrition Assessment
- Nutrition Consultation

WHEN?

- Monday - Friday Options
- 15+ Locations
- Weekly Restaurant Dining
- Monthly Dinner Meal
- 1 Breakfast Option

WHERE?

- 6 Senior Centers
- 3 Community Centers
- 3 Restaurant Partners
- 3 Other
- Meals on Wheels

HOW?

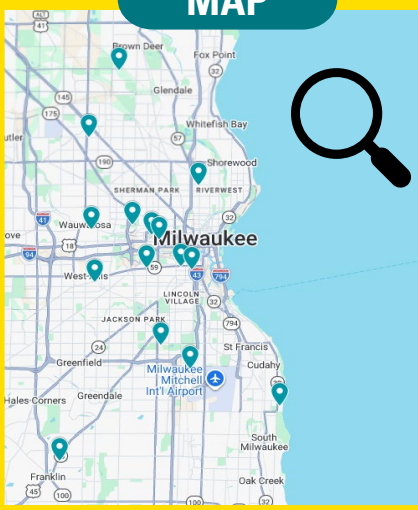
- Choose a Dining Site
- Call for a Reservation?
- Complete Registration Form
- Transportation may be available
- Homebound? → Meals on Wheels

COST?



There is not an actual charge for Seniors. Participants are given the opportunity to contribute as they are willing or able.

MAP



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MILWAUKEE COUNTY SENIOR DINING

Have you heard about this?

MILWAUKEE COUNTY DINE OUT

This exciting program expansion for those 60+ adds local restaurants to enhance our list of Senior Dining offerings. Diners choose from delicious and culturally-diverse options while supporting minority-owned restaurants.

Monday	Tuesday	Wednesday	Thursday
	Daddy's Soul Food & Grille **LUNCH** 754 N. 27th Street **11:00AM - 1:00PM**	ORENDA **BREAKFAST** 3514 W. National Avenue **8:00AM - 10:00AM**	AN OX CAFE **LUNCH** 7411 W. Hampton Avenue **11:00AM - 1:00PM**

Participation Details

1. For 60+. No Reservations. First Come-First Served.
   (Arrive during the scheduled time on the designated day)
2. Current Senior Dining Registration Required
   (For anyone 60 or older--Provide proof of age)
3. Select from Specific Menu Options
4. Enjoy Your Meal!
5. Please Consider Making a Contribution
   (Contribute what you can. Cash or Check accepted)



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MILWAUKEE COUNTY SENIOR DINING

¿Ya se enteró de esto?

MILWAUKEE COUNTY DINE OUT

Esta emocionante ampliación del programa para mayores de 60 años incorpora restaurantes locales para mejorar nuestra lista de ofertas de Comedor para Adultos Mayores. Los comesales eligen entre opciones deliciosas y culturalmente diversas, mientras que apoyan a restaurantes propiedad de minorías.

Lunes	Martes	Miércoles	Jueves
	Daddy's soul food & grille **ALMUERZO** 754 N. 27th Street **11:00AM - 1:00PM**	ORENDA **DESAYUNO** 3514 W. National Avenue **8:00AM - 10:00AM**	ANOX CAFE **ALMUERZO** 7411 W. Hampton Avenue **11:00AM - 1:00PM**

Información Para Participar

1. Para 60 años y más. Sin reservaciones. Servicio por orden de llegada.
   (Llegue durante el horario de servicio el día señalado)
2. Se requiere registro actual del Comedor para Adultos Mayores
   (Para mayores de 60 anós: presentar comprobante de edad)
3. Solo puede seleccionar opciones específicas del menú
4. ¡Disfrute su comida!
5. Considere realizar una contribución
   (Contribuya con lo que pueda. Se acepta efectivo o cheque)



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MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Upcoming Holiday Closures

AN OX CAFE

Sorry We Are
CLOSED

Thanksgiving Day 11/26
Christmas Eve 12/24
New Year's Eve 12/31

MILWAUKEE COUNTY

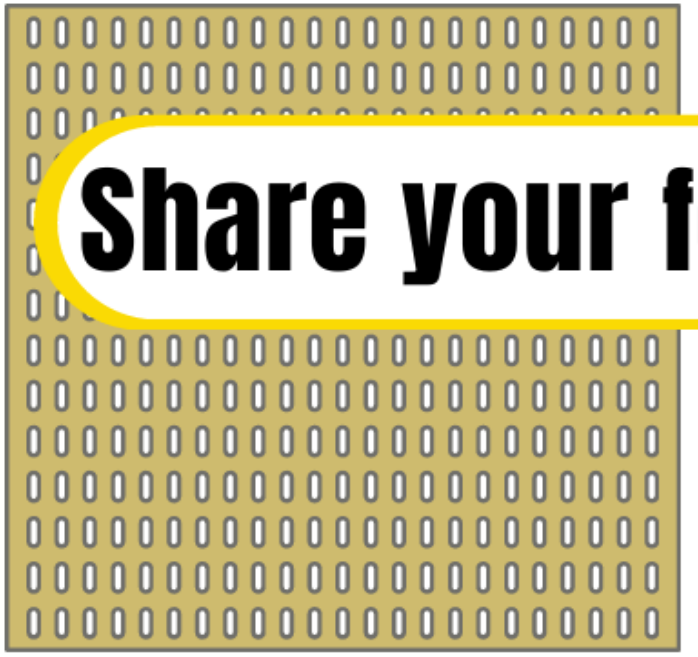
ADRC
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county.milwaukee.gov/aging @SeniorDining@milwaukeecountywi.gov ☎Senior Dining Office: 414.289.6995

MILWAUKEE COUNTY SENIOR DINING

2026 Senior Dining Survey

Let your voice be heard...



Share your feedback

SCAN ME

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MILWAUKEE COUNTY SENIOR DINING

Experiencing Food Insecurity?

Low/Fixed Income



Inflationary Prices



Cut in SNAP Benefits



How to stretch your food dollars...

You're Invited!

Join Milwaukee County Senior Dining:

- Open to those 60+
- Convenient locations
- Delicious & Nutritious
- Wide variety of menu options
- Transportation may be available
- Connect with others
- No Income Restrictions
- No Residency Requirements
- Potential Volunteer Opportunities
- Homebound? Ask about Meals on Wheels

With many different locations, we believe there is something for everyone and invite you to **explore your options**.

Reservations **may be** required in advance of your visit-- please plan ahead.

We encourage participants to consider making a contribution, but there is not an actual charge for those 60+.

county.milwaukee.gov/aging SeniorDining@milwaukeecountywi.gov Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.

AN OX CAFE

Open for Senior Dining

Thursdays 11:00 AM - 1:00 PM

7411 W. Hampton Avenue Milwaukee 53218

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose Entrée & One Side
*Other Menu Items for **Full Price***
Enjoy Meal!

ENTRÉE Select One:

- Beef & Broccoli
- Chicken Fried Rice
- Vegetable Lo Mein Noodles

SIDES Select One:

- Crab Rangoon
- Egg Roll

Each meal served with:
Broth/Soup, Fruit, Beverage

Suggested Contribution
60+
$3.00

MILWAUKEE COUNTY

ADRC Aging and Disability Resource Center of Milwaukee County

county.milwaukee.gov/aging | SeniorDining@milwaukeecountywi.gov | Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.

Daddy's soul food & grille

Open for Senior Dining
Tuesdays 11:00 AM - 1:00 PM
754 N. 27th Street Milwaukee 53208

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose Entrée & Two Sides
*Other Menu Items for **Full Price***
Enjoy Meal!

ENTRÉE
Select One:

- Baked Chicken
- Fried Chicken
- Catfish

(Each Entrée served with:
Dinner Roll, Fruit, Milk or Water)

SIDES
Select Two:

- Sweet Potatoes
- Mac & Cheese
- Black-Eyed Peas
- Smoked Turkey Greens
- Green Beans & Potatoes

Suggested Contribution
60+
$3.00

MILWAUKEE COUNTY

ADRC
Aging and Disability Resource Center of Milwaukee County

county.milwaukee.gov/aging SeniorDining@milwaukeecountywi.gov Senior Dining Office: 414·289·6995

MILWAUKEE COUNTY SENIOR DINING

DINE OUT

Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.

ORENDA

Open for Senior Dining
Wednesdays: 8:00 AM - 10:00 AM
3514 W. National Avenue Milwaukee 53215

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose One Breakfast Option
*Other Menu Items for **Full Price***
Enjoy Meal!

BREAKFAST OPTIONS

Select One:

(Each Breakfast Option served with Fruit & Milk)

- Veggie Bowl *(Scrambled Egg, Potatoes, Peppers, Onions, Spinach, Mushrooms, Cauliflower, Cheddar)*
- Chilaquiles *(Scrambled Eggs, Tortilla Chips, Salsa choice, Cotija Cheese, Onion, Cilantro, Avocado Crema)*
- Pancakes & Eggs *(Short stack of Pancakes (2) with Scrambled Eggs)*
- Avocado Toast *(Multigrain Toast, Avocado, Tomato, Red Onion, Chia Seeds, Scrambled Egg)*

Suggested Contribution
60+
$3.00

MILWAUKEE COUNTY

ADRC Aging and Disability Resource Center of Milwaukee County

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MEALS on WHEELS AMERICA

2026 Member

SUPPORT MEALS ON WHEELS

in Milwaukee County



For homebound older adults in Milwaukee County, Meals on Wheels is a valuable service designed to combat senior hunger and isolation.



DAILY NUTRITION

HUMAN CONNECTION

WELLNESS CHECK

NUTRITION EDUCATION

Consider $

$12.00 = 3 senior meals
$24.00 = 6 senior meals
$48.00 = 12 senior meals
$60.00 = 15 senior meals

***ANY** donation amount **makes a difference**.*

MILWAUKEE COUNTY

county.milwaukee.gov/aging

SeniorDining@milwaukeecountywi.gov

(414) 289-6995

Donate

Milwaukee County Senior Meals
1230 W. Cherry Street
Milwaukee, WI 53205

Milwaukee County Area Agency on Aging

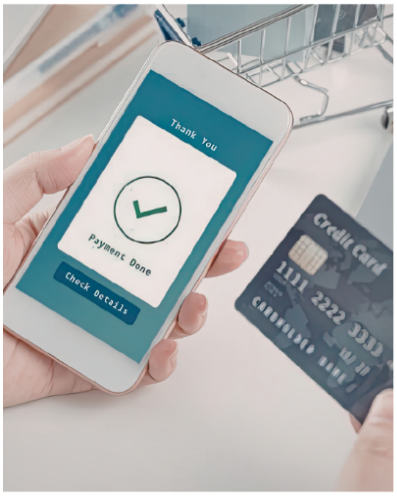
Now Accepting E-PAY

for your convenience

Making Contributions just got easier!
Use the QR Code, the Card Reader on-site,
or the Contribution Button on our website,
to make a one-time or recurring payment.



We appreciate your kind generosity in support of these essential services!



Contribute to:

- ✅ Senior Dining
- ✅ Home Delivered Meals
- ✅ Transportation
- ✅ Evidence-Based Wellness
- ✅ Senior Center Socialization

county.milwaukee.gov/aging

American Heart Association.
Healthy for Good™

Warm Up to Cool-Weather Workouts

Dress for Comfort

- Keep your feet cozy with warm socks, weatherproof shoes and supportive insoles
- Wear layers of clothing to wick away moisture, insulate and protect
- Don't forget hats, gloves and scarves if it's very cold

Look at the Bright Side

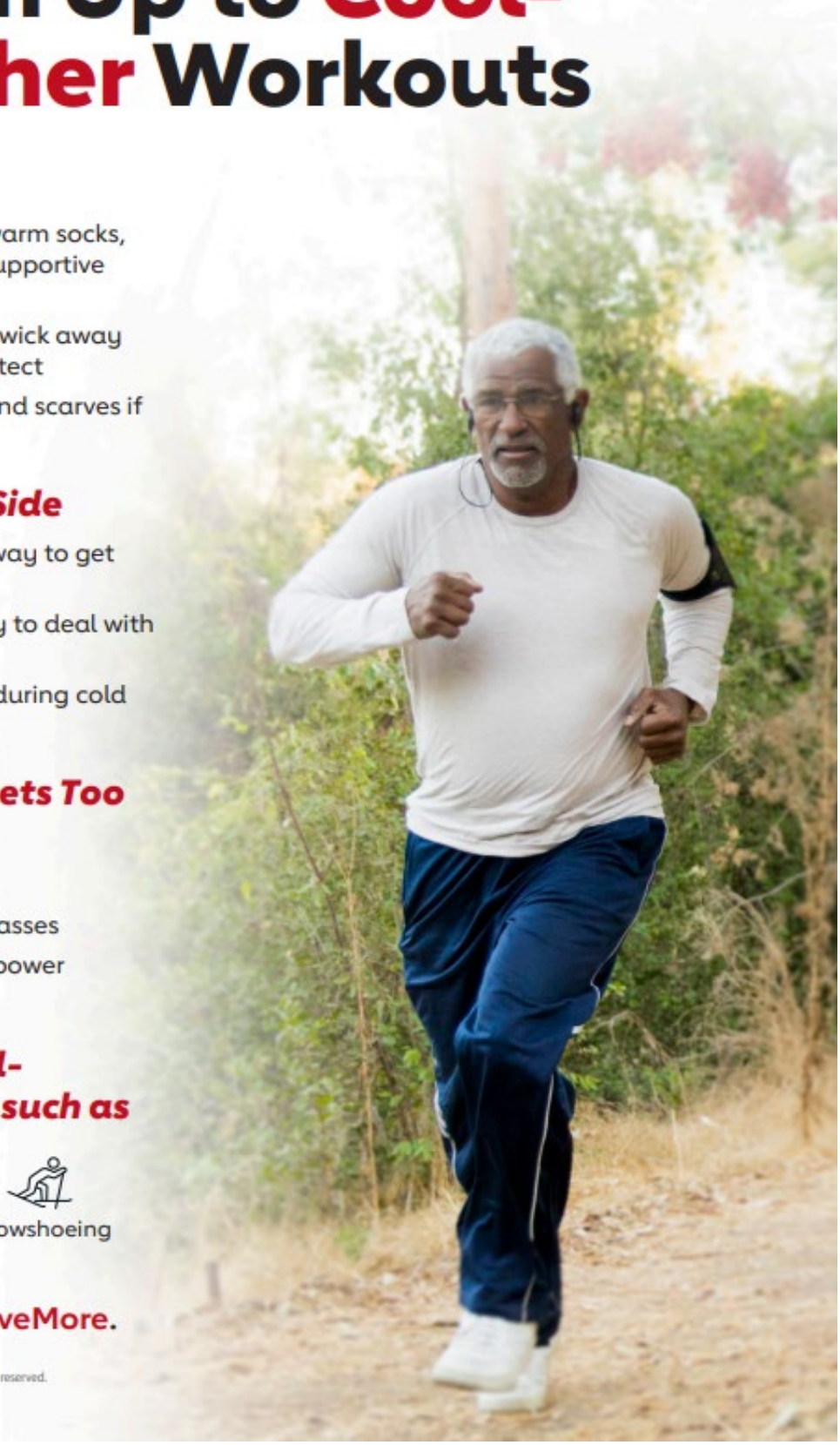
- Being outdoors is a great way to get some Vitamin D
- There's no heat or humidity to deal with – just cool, crisp air
- Exercise boosts immunity during cold and flu season

Take It Inside if It Gets Too Cold for Comfort

- Indoor circuit workouts
- Yoga or other fun group classes
- Active housework such as power vacuuming

Have Fun with Cool-Weather Activities such as

Jogging Hiking Snowshoeing



Find out how at heart.org/MoveMore.

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Milwaukee County Senior Dining: 2026 Survey

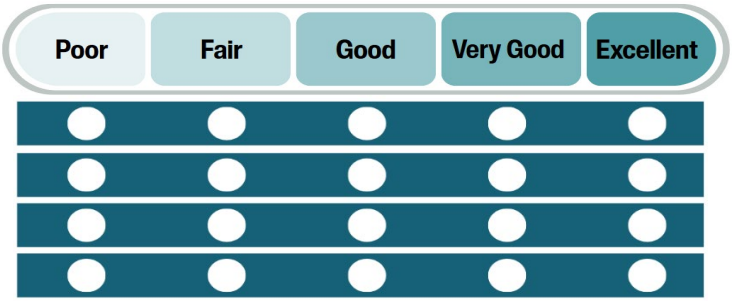
Tell us what you think….. Your Opinion Matters!

https://survey.alchemer.com/s3/8815098/Community-Dining-Survey-2026

SCAN ME

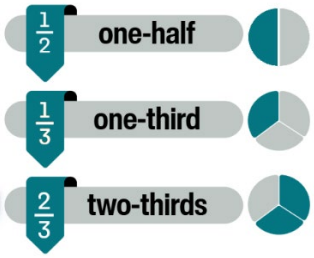
My preferred Dining Site(s): _____

① Please Rate:



② When you eat at the dining site, how much of your total daily food intake is from this meal?

- ☐ Less than one-third
- ☐ About one-third
- ☐ About half
- ☐ About two-thirds
- ☐ More than two-thirds



③ What usually drive your decision to attend the dining site

(Select all that apply)

- ☐ The menu for the day
- ☐ The friends or people in your community who will be there
- ☐ How well you feel that day
- ☐ The weather that day
- ☐ The activities or entertainment offered around mealtime
- ☐ Other *(please describe)*

④ How important is the social aspect of the dining program to you?

- ☐ Extremely important
- ☐ Very important
- ☐ Somewhat important/Neutral
- ☐ Slightly important/Low important
- ☐ Not at all important

⑤ What is the farthest you are willing and able to travel to attend a dining site?

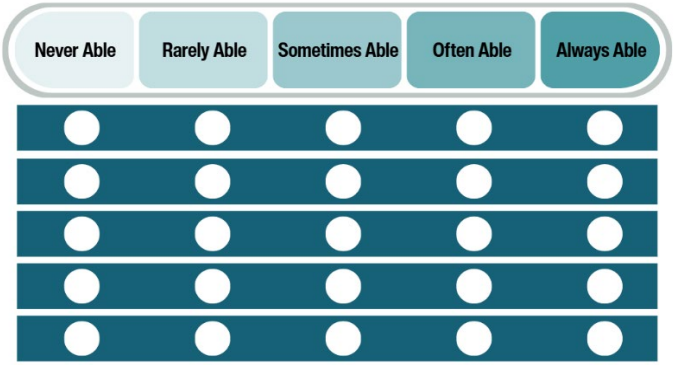
- ☐ Less than one mile
- ☐ One to five miles (1-5 miles)
- ☐ Six to 10 miles (6-10 miles)
- ☐ 11 to 20 miles (11-20 miles)
- ☐ More than 20 miles

NEXT

⑥ In your community, where do you usually gather with others to eat or socialize besides the dining site? (mark all that apply)

- ☐ Restaurant, coffee shop, grocery store, market
- ☐ Community, recreation or senior center
- ☐ Church or faith organization
- ☐ Library
- ☐ Community event spaces like fairs, festivals, music or sporting events
- ☐ Other *(please describe)* _____

⑦ Rate your ability to:



Shop for groceries

Get fresh food

Get enough food to eat

Prepare food *(washing, cutting, chopping)*

Cook meals *(using stove, microwave)*

⑧ Are there other food programs you participate in or food resources you use?

- ☐ QUEST Card, FoodShare Wisconsin
- ☐ Food Boxes *(Stockbox, Commodity Supplemental Food Program (CSFP), Tribal Elder Food Box)*
- ☐ In-Store grocery shopping assistance
- ☐ Grocery delivery services
- ☐ Restaurant delivery *(Door Dash, Uber Eats, Grubhub, EatStreet, etc.)*
- ☐ Bulk frozen or refrigerated meal delivery *(Mom's Meals, Magic Kitchen, HelloFresh, Factor, etc.)*
- ☐ Food pantries or Food Banks *The Emergency Food Assistance Program (TEFAP)*
- ☐ Mobile Food Pantries
- ☐ Farmers Market Vouchers *Senior Farmers Market Nutrition Program (SFMNP)*
- ☐ Community Meals *(churches, religious organizations, etc.)*
- ☐ Other *Please describe:* _____
- ☐ Don't Know

⑨ What recommendations do you have for improving the program?

_____

_____

⑩ How has the program helped you? _____

_____

_____

We appreciate your time and Thank You for your feedback!

MILWAUKEE COUNTY

MILWAUKEE COUNTY SENIOR DINING

Thank you for dining with us!

Did you enjoy your meal?

Please take a moment to let us know

(414) 207-5873

(414) 289-6995

SeniorDining@milwaukeecountywi.gov

MILWAUKEE COUNTY SENIOR DINING

MILWAUKEE COUNTY SENIOR DINING

REGISTRATION FORM

☐ New ☐ Annual Renewal Site _____ Date _____

Last Name	First Name	Middle Initial	Suffix JR SR I II III
Address	**City**	**State**	**Zip Code**

Birthdate (mm/dd/yyyy)	Age	Gender	Phone	Email

Marital Status
- ☐ Single
- ☐ Married
- ☐ Partnered
- ☐ Separated
- ☐ Divorced
- ☐ Widowed
- ☐ Other

Military/Veteran? ☐ No ☐ Yes

Household
- ☐ Lives Alone
- ☐ Lives in LTC Facility
- ☐ Lives with Others
- ☐ Unhoused/Unstable housing
- ☐ Unknown
- ☐ Other

Preferred Language
- ☐ English
- ☐ Hmong
- ☐ Spanish
- ☐ Other

Ethnicity
- ☐ Hispanic/Latino
- ☐ Not Hispanic/Latino

Race
- ☐ American Indian/Alaskan Native
- ☐ Asian or Asian American
- ☐ Black/African American
- ☐ Hispanic or Latino
- ☐ Middle Eastern or North African
- ☐ Native Hawaiian/Pacific Islander
- ☐ White
- ☐ Other:

$ 2026 INCOME

*Your response will not impact your eligibility. Service is **Age**-based, **NOT** income-based*

For one-person household, income is below $1,330/month ($15,960 annually) ☐ No ☐ Yes

For two-person household, income is below $1,803/month ($21,640 annually) ☐ No ☐ Yes

NUTRITION SCREEN *Circle the Corresponding Number*

		No	Yes
❶	A condition or illness changes the kind or amount of food I eat	0	2
❷	I eat fewer than 2 meals each day	0	3
❸	I eat few fruits, vegetables or milk products	0	2
❹	I have 3+ drinks of beer, wine or liquor almost every day	0	2
❺	Tooth or mouth problems make it hard to eat	0	2
❻	I don't always have enough money to buy the food I need	0	4
❼	I eat alone most of the time	0	1
❽	I take 3+ prescribed or over-the-counter medications a day	0	1
❾	Unintentionally, lost/gained 10 pounds in last 6 months	0	2
❿	Not always physically able to shop, cook or feed myself	0	2
	Scale: 0-2 = Low 3-5 = Moderate 6+ = High **Total Nutrition Risk:**		

How did you hear about us?
- ☐ Friend/Family
- ☐ Facebook
- ☐ Health Provider
- ☐ Newspaper
- ☐ Internet Search
- ☐ Radio/TV
- ☐ US Mail
- ☐ Church
- ☐ Senior Center
- ☐ Other

Under 60?

What makes you eligible?

→If under 60 Select One:
- ☐ Active Dining Volunteer
- ☐ Spouse of Active Diner
- ☐ Adult w/Disability lives & dines w/Active Diner

OFFICE USE
- ☐ Received _____
- ☐ Diner Card
- ☐ Diner Handbook
- Data Entry _____
- STAFF _____

Emergency Contact _____ Phone _____ Relationship _____

Privacy Statement: The information you are being asked to provide is needed to determine if you are eligible to receive Older Americans Act Services and to comply with federal and state reporting requirements. This information will be stored in a secure electronic database and will not be used for any other purpose. Your information will not be sold or shared with another agency without your permission. You have the right to review your record and request changes to ensure accuracy. You will not be denied most services if you refuse to provide this information. If you have questions regarding this, please ask the aging office staff.

NOTE: Registration Form continues on the back. Please complete both sides ⟶

MILWAUKEE COUNTY SENIOR DINING

REGISTRATION *(continued)*

Food Access ➔ 2 Questions:

For each statement, indicate if *Often True*, *Sometimes True* or *Never True* for you in the last 12 months.

1 "I worried whether my food would run out before I got money to buy more."

- ☐ Often True *
- ☐ Sometimes True *
- ☐ Never True

2 "The food that I bought just didn't last, and I didn't have money to get more."

- ☐ Often True *
- ☐ Sometimes True *
- ☐ Never True

Weight Loss and Appetite ➔ 2 Questions:

1 Have you recently lost weight without trying?

- ☐ No — *Score = 0*
- ☐ Not Sure — *Score = 2*
- ☐ Yes → If **YES**, how much weight have you lost?

☐	2-13 pounds	*Score*	1
☐	14-23 pounds	*Score*	2
☐	24-33 pounds	*Score*	3
☐	34 pounds or more	*Score*	4
☐	Unsure	*Score*	2

WEIGHT LOSS Score = ☐

2 Have you been eating poorly because of a decreased appetite?

- ☐ No
- ☐ Yes

No	*Score*	0
Yes	*Score*	1

APPETITE Score = ☐

Weight Loss Score + *Appetite Score* → **TOTAL MST Score** = ☐

☐ OK to refer to Dietitian for Follow-Up?

FOR OFFICE USE:

Final Determine Score:

Determine Nutrition Risk Level

- ☐ Low Risk (0-2)
- ☐ Moderate Risk (3-5)
- ☐ High Risk (6 or more)

MST Malnutrition Screen Score

- ☐ Not at Risk (= 0 to 1)
- ☐ At Risk (= 2 or more)

FOOD INSECURE?

Response of **Often True** or **Sometimes True** to either question = **Food Insecure**.

☐ NO ☐ YES

Next Steps:

- ☐ Refer to Dietitian
- ☐ EBS to complete Foodshare Application
- ☐ Provide food pantries & community meals info

MILWAUKEE COUNTY

☐ Recorded the MST Score and Food Insecurity Response in Peer Place.

Effective: 9.11.26