

DINE OUT

SAMPLE MENUS



TUESDAY

DINNER



- Salmon
- Greens
- Croquettes
- Fresh Fruit
- Rice
- Milk
- Black-Eyed Peas

11:30 AM pick up at 2432 N. Teutonia Ave

WEDNESDAY

BREAKFAST



- Steel Cut Oatmeal (Maple Butter/ Brown Sugar)
- Greek Yogurt (Strawberries/ Chia Seeds)
- Fresh Fruit
- Milk

9:00 AM pick up at 1501 S. Layton Blvd.

LUNCH



- SoupCaldito (Xochitl/ Corn Chowder)
- Black Beans & Rice
- House Salad
- Fruit
- Milk

11:30 AM pick up at 6207 W. National Ave.

THURSDAY

DINNER



- Meatloaf
- Bread
- Mashed Potatoes
- Fruit
- Corn
- Milk

11:30 AM pick up at 2432 N. Teutonia Ave

OUR SENIOR DINING PROGRAM HAS EXPANDED!

You can now get free, delicious, culturally-diverse meals for curbside pick up from local favorites!

Get a delicious meal and support local minority-owned restaurants!

NOW PROUDLY SERVING:



PLEASE CONSIDER MAKING A CURBSIDE CONTRIBUTION!

Suggested donation is \$3.00



Reservations are Required! Call the Senior Dining office at 414-289-6995 for more information and details on how to make a reservation.