Dementia Friendly Waukesha County Newsletter

July 2025

Growing Connections Interview on WUWM 89.1 Milwaukee's NPR

Growing Connections Interview on WUWM 89.1 Milwaukee's NPR. This interview will be broadcast on August 4th at 8:30 AM. Listen to the interview here:

Boost Your Brain & Memory Program

Welcome to Boost Your Brain & Memory! Join us for a fun, interactive program designed to keep your mind sharp and your memory strong. Through brain-boosting games and exercises, you'll learn practical strategies to improve focus, recall, and overall cognitive health. The program is intended for people with memory concerns, but anyone looking to sharpen their mind is welcome to join. Each session includes a mix of learning and hands-on practice, so you'll walk away with tools you can use right at home.

Dates: Wednesdays, August 6 – September 17, 2025
Time: 1:00 pm – 2:30 pm
Location: Waukesha County Senior Center
Address: 1111 Delafield Street, Waukesha, WI 53188
Cost: Free
Registration: Limited to 20 participants. Register by calling 262-896-8300.