

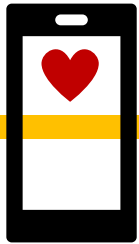
MILWAUKEE COUNTY SENIOR DINING

WHERE SENIORS LOVE TO LUNCH



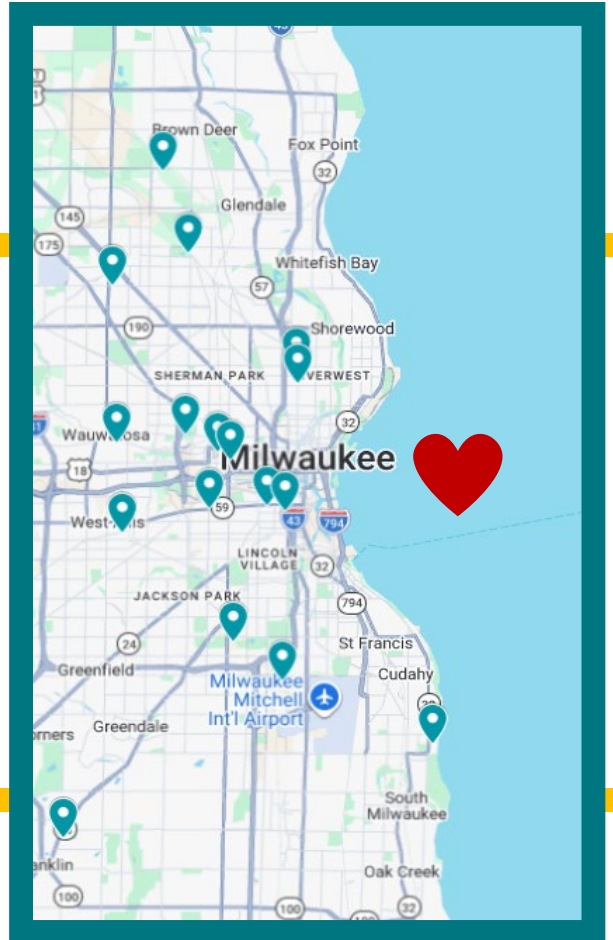
Join Us!

- Adults 60+
- View Menus Online
- Reservation may be Required
- Convenient Locations
- Transportation Options



Call Today!

Senior Dining Office
(414) 289-6995



Suggested
Contribution



60+

\$3.00





**MILWAUKEE
COUNTY**

ADRC
Aging and Disability Resource Center
of Milwaukee County

414-289-6874


MILWAUKEE COUNTY SENIOR DINING

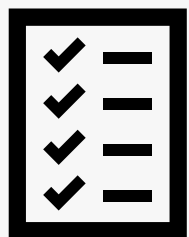
We invite you to explore your options with our ever-changing lineup.
Please Call your preferred site for critical updates, reservations
and specific service information.

Senior Dining Sites	Address	City	Zip	Phone
<input checked="" type="checkbox"/> Clinton Rose Senior Center	3045 N. Martin Luther King Drive	Milwaukee	53212	(414) 263-2255
<input checked="" type="checkbox"/> Elks Lodge	5555 W. Good Hope Road	Milwaukee	53223	(414) 760-3195
<input checked="" type="checkbox"/> Franklin City Hall	9229 W. Loomis Road	Franklin	53132	(414) 427-7696
<input checked="" type="checkbox"/> Hart Park Senior Center	7300 Chestnut Street	Wauwatosa	53213	(414) 257-3534
<input checked="" type="checkbox"/> Indian Council of the Elderly	944 N. 33 rd Street	Milwaukee	53208	(414) 933-1401
<input checked="" type="checkbox"/> Kelly Senior Center	6100 S. Lake Drive	Cudahy	53110	(414) 481-9611
<input type="checkbox"/> McGovern Park Senior Center 	4500 W. Custer Avenue	Milwaukee	53218	(414) 527-0990
<input checked="" type="checkbox"/> Milwaukee Community Crossroads	807 S. 14 th Street	Milwaukee	53204	(414) 902-5384
 Muslim Community & Health Center	803 W. Layton Avenue	Milwaukee	53221	(414) 552-3337
<input checked="" type="checkbox"/> United Community Center	730 W. Washington Street	Milwaukee	53204	(414) 649-2807
<input checked="" type="checkbox"/> Washington Park Senior Center	4420 W. Vliet Street	Milwaukee	53208	(414) 933-2332
<input checked="" type="checkbox"/> West Allis Senior Center	7001 W. National Avenue	West Allis	53214	(414) 302-8703
<input checked="" type="checkbox"/> Wilson Park Senior Center	2601 W. Howard Avenue	Milwaukee	53221	(414) 282-3284

Dine-Out Sites	Address	City	Zip	Phone
<input checked="" type="checkbox"/> An Ox Café	7411 W. Hampton Avenue	Milwaukee	53218	(414) 391-9009
<input checked="" type="checkbox"/> Daddy's Soul Food & Grille	754 N. 27 th Street	Milwaukee	53208	(414) 391-9009
<input checked="" type="checkbox"/> Orenda Café	3514 W. National Avenue	Milwaukee	53215	(414) 391-9009
<input checked="" type="checkbox"/> Rise & Grind Café	2737 N. MLK Drive	Milwaukee	53212	(414) 391-9009

KEY

- In-Person Dining
-  Grab & Go
- Closed



Getting Started:

- 1 Choose Site
- 2 Make Reservation (If required)
- 3 Submit Registration Form



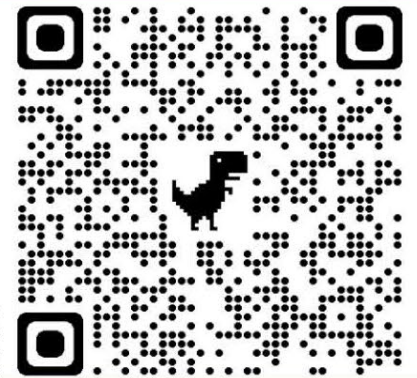
7/1/2026

MILWAUKEE COUNTY SENIOR DINING

EXPLORE



Become a **Senior Diner!**



View Menus Online! county.milwaukee.gov/aging Senior Dining Office: 414.289.6995

MILWAUKEE COUNTY SENIOR DINING

Background

Primarily funded by Older Americans Act dollars, senior nutrition programs are designed to serve as gathering places for older adults (60+). There is tremendous value and opportunity in bringing people together to enjoy nutritious meals. Sharing food and engaging conversations with others is a powerful experience that encourages new connections, strengthens existing ones and ultimately improves our community.

Equally as beneficial can be the exposure to new information, awareness of relevant programs and attention to activities that promote health and well-being. While these popular services have been around for decades, excitement has been especially high around our award-winning Dine Out Restaurant partnership which adds convenience, flexibility and much needed diversity to the lineup.

We are committed to continuing these essential services while decreasing barriers to access, addressing gaps in service and introducing new & innovative solutions that keep us moving forward with satisfied customers.

WHO?



- Anyone 60+
- Spouse (of any Age)
- Dining Site Volunteer

- No income limits
- No residency restrictions

WHY?



- Reduce Hunger & Malnutrition
- Address Food Insecurity
- Combat Isolation thru Socialization
- Improve Health & Well-Being
- Delay Adverse Health Conditions

WHAT?



- Healthy Meals
- Nutrition Education
- Nutrition Assessment
- Nutrition Consultation

WHEN?



- Monday - Friday Options
- 15+ Locations
- Weekly Restaurant Dining
- Monthly Dinner Meal
- 2 Breakfast Options

WHERE?



- 7 Senior Centers
- 3 Community Centers
- 4 Restaurant Partners
- 3 Other
- Meals on Wheels

HOW?



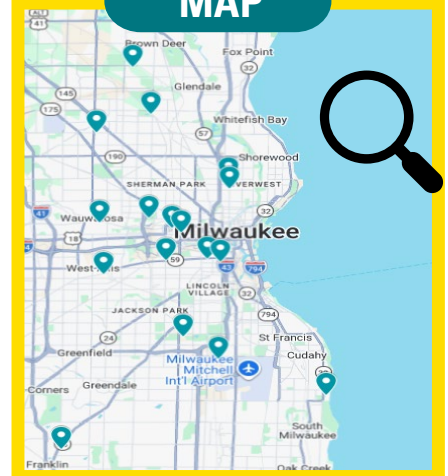
- Choose a Dining Site
- Call for a Reservation?
- Complete Registration Form
- Transportation may be available
- Homebound? → Meals on Wheels

COST?



There is not an actual charge for Seniors. Participants are given the opportunity to contribute as they are willing or able.

MAP







MILWAUKEE COUNTY SENIOR DINING

Have you heard about this?



This exciting program expansion for those 60+ adds local restaurants to enhance our list of Senior Dining offerings. Diners choose from delicious and culturally-diverse options while supporting minority-owned restaurants.

Monday	Tuesday	Wednesday	Thursday
 BREAKFAST 2737 N. MLK Drive 9:00AM - 11:00AM	 LUNCH 754 N. 27 th Street 11:00AM - 1:00PM	 BREAKFAST 3514 W. National Avenue 8:00AM - 10:00AM	 LUNCH 7411 W. Hampton Avenue 11:00AM - 2:00PM

Participation Details

- 1** For 60+. No Reservations. First Come-First Served.
(Arrive during the scheduled time on the designated day)
- 2** Current Senior Dining Registration Required
(For anyone 60 or older--Provide proof of age)
- 3** Select from Specific Menu Options
- 4** Enjoy Your Meal!
- 5** Please Consider Making a Contribution
(Contribute what you can. Cash or Check accepted)



MILWAUKEE COUNTY SENIOR DINING

¿Ya se enteró de esto?



Esta emocionante ampliación del programa para mayores de 60 años incorpora restaurantes locales para mejorar nuestra lista de ofertas de Comedor para Adultos Mayores. Los comensales eligen entre opciones deliciosas y culturalmente diversas, mientras que apoyan a restaurantes propiedad de minorías.

Lunes



DESAYUNO

2737 N. MLK Drive

9:00AM - 11:00AM

Martes



ALMUERZO

754 N. 27th Street

11:00AM - 1:00PM

Miércoles



DESAYUNO

3514 W. National Avenue

8:00AM - 10:00AM

Jueves



ALMUERZO

7411 W. Hampton Avenue

11:00AM - 1:00PM

Información Para Participar

- 1 Para 60 años y más. Sin reservaciones. Servicio por orden de llegada. *(Llegue durante el horario de servicio el día señalado)*
- 2 Se requiere registro actual del Comedor para Adultos Mayores *(Para mayores de 60 años: presentar comprobante de edad)*
- 3 Solo puede seleccionar opciones específicas del menú
- 4 ¡Disfrute su comida!
- 5 Considere realizar una contribución *(Contribuya con lo que pueda. Se acepta efectivo o cheque)*



MILWAUKEE COUNTY SENIOR DINING



Last Day of Service
Monday
July 27, 2026



Experiencing Food Insecurity?

Low/Fixed Income



Inflationary Prices



Cut in SNAP Benefits



How to **stretch** your food dollars...

You're Invited!

Join Milwaukee County Senior Dining:

- Open to those 60+
- Convenient locations
- Delicious & Nutritious
- Wide variety of menu options
- Transportation may be available
- Connect with others
- No Income Restrictions
- No Residency Requirements
- Potential Volunteer Opportunities
- Homebound? Ask about Meals on Wheels



With many different locations, we believe there is something for everyone and invite you to **explore your options**.



Reservations **may be** required in advance of your visit-- please plan ahead.



We encourage participants to consider making a contribution, but there is not an actual charge for those 60+.

DINE@FIVE

2026 Schedule

March

18

Wednesday

April

15

Wednesday

May

20

Wednesday

June

17

Wednesday

July

15

Wednesday

August

19

Wednesday

September

16

Wednesday

October

21

Wednesday

November

18

Wednesday

December

16

Wednesday



ELKS LODGE

5555 W. Good Hope Road

Reservations Required

(414)760-3195

9:30 - Noon, Monday Prior

On-Site Registration available.



**MILWAUKEE
COUNTY**

MILWAUKEE COUNTY SENIOR DINING

CLINTON ROSE

3045 N. Martin Luther King Drive



(414) 263-2255

11:00 For In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>* Menu subject to change without notice</p> <p>find us on facebook</p> <p>Suggested Contribution</p> <p>\$3.00</p> <p>60+</p> <p>♥ = Healthier Dessert</p>	<p>Turkey BLT Salad 1</p> <p><i>Turkey, Bacon, Cheese</i></p> <p><i>Romaine, Tomato, Ranch</i></p> <p>Crusty Roll</p> <p>Jello</p> <p>Fresh Pear</p>	<p>Bratwurst 2</p> <p>Bun</p> <p>Broccoli & Cheese</p> <p>Baked Beans</p> <p>Caramel Apple Bar</p> <p>♥ Apple</p>	<p>CLOSED 3</p>
<p>Brunch for Lunch 6</p> <p>Cheesy Denver Omelet</p> <p>Breakfast Potatoes</p> <p>Sautéed Spinach</p> <p>🍊 Orange Juice</p> <p>Banana Bread/Muffin</p>	<p>Grilled Chicken 7</p> <p>Bun</p> <p>Smashed Red Potatoes</p> <p>Southwest Vegetables</p> <p>Ambrosia</p> <p>Lorna Doone Cookies</p>	<p>Chef's Salad 8</p> <p><i>Turkey, Ham, Cheese</i></p> <p><i>Egg, Tomato, Dressing</i></p> <p>French Bread</p> <p>Fruited Yogurt</p> <p>Mixed Melon Cup</p>	<p>Smothered Chicken 9</p> <p>Rice Pilaf</p> <p>Roasted Vegetables</p> <p>🍇 Grape Juice</p> <p>Chilled Apricots</p>	<p>Spaghetti & Sauce 10</p> <p>Meatballs</p> <p>Garden Vegetables</p> <p>Tossed Salad</p> <p>Clementine</p>
<p>BBQ Pork/Kaiser Roll 13</p> <p>German Potato Salad</p> <p>Rainbow Slaw</p> <p>Apple</p> <p>Baker's Choice Cookie</p> <p>♥ Fruit</p>	<p>Baked Ziti 14</p> <p>w/Meat Sauce</p> <p>Brussels Sprouts</p> <p>Roasted Beets</p> <p>Grapes</p>	<p>Asian Chicken Salad 15</p> <p><i>Chicken, Greens, Almonds</i></p> <p><i>Mandarins, Crispy Noodles</i></p> <p>Hawaiian Dinner Roll</p> <p>🍹 Fruit Punch</p> <p>Cantaloupe</p>	<p>Filet-o-Fish 16</p> <p>Sesame Bun</p> <p>Au Gratin Potatoes</p> <p>Sautéed Vegetables</p> <p>Fruited Jello</p> <p>Graham Crackers</p>	<p>Pizza Casserole 17</p> <p>Country Vegetables</p> <p>Spinach Salad</p> <p>Warm Spiced Apples</p> <p>Yogurt</p>
<p>Chicken Tetrazzini 20</p> <p>Buttered Corn</p> <p>Carrot Raisin Salad</p> <p>Biscuit</p> <p>Seasonal Fruit</p>	<p>Enchilada Casserole 21</p> <p>Rice & Beans</p> <p>Mexi-Corn</p> <p>Mandarin Oranges</p> <p>Oreos</p> <p>♥ Fresh Fruit</p>	<p>Chicken Caesar Salad 22</p> <p><i>Chicken, Romaine, Croutons</i></p> <p><i>Tomato, Parmesan, Dressing</i></p> <p>Italian Bread</p> <p>🍇 Grape Juice</p> <p>Fruit Cocktail</p>	<p>Stuffed Pepper Casserole 23</p> <p>Tomato Sauce</p> <p>Mashed Potatoes</p> <p>Chef's Vegetables</p> <p>🍏 Apple Juice</p> <p>Pineapple</p>	<p>Roast Pork Loin 24</p> <p>Parsley Potatoes</p> <p>Braised Cabbage</p> <p>Marble Rye Bread</p> <p>German Chocolate Cake</p> <p>♥ Fruit</p>
<p>Roast Turkey/Gravy 27</p> <p>Wild Rice Blend</p> <p>Green Bean Casserole</p> <p>Cranberry Sauce</p> <p>Peach Cobbler</p> <p>♥ Peaches</p>	<p>Honey Baked Ham 28</p> <p>Baked Potato Casserole</p> <p>Capri Vegetables</p> <p>Dinner Roll</p> <p>Strawberry Applesauce</p>	<p>Taco Salad 29</p> <p><i>Meat, Cheese, Lettuce</i></p> <p><i>Tomato, Onion, Peppers</i></p> <p>Tortilla Chips</p> <p>🍷 Cran-Apple Juice</p> <p>Plum</p>	<p>Grilled Burger 30</p> <p>w/Mushrooms & Swiss</p> <p>Baby Bakers</p> <p>Peas & Pearl Onions</p> <p>🍊 Orange Juice</p> <p>Granola Bar</p>	<p>Tuna Pasta Bake 31</p> <p>Steamed Broccoli</p> <p>Cucumber Salad</p> <p>🍹 Juice</p> <p>Fresh Pear</p>

MILWAUKEE COUNTY SENIOR DINING

ELKS LODGE

5555 W. Good Hope Road



(414) 760-3195

11:30 For In-Person Dining



JULY

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Reservations Required</p> <p>find us on facebook</p>	<p>Suggested Contribution</p> <p>60+</p> <p>\$3.00</p>	<p>Turkey BLT Salad 1</p> <p><i>Turkey, Bacon, Cheese</i></p> <p><i>Romaine, Tomato, Ranch</i></p> <p>Crusty Roll</p> <p>Jello</p> <p>Fresh Peach</p>	<p>Chili Dog 2</p> <p>Potato Wedges</p> <p>Broccoli Salad</p> <p>Watermelon</p> <p>Caramel Apple Bar</p> <p> Apple</p>	<p>CLOSED 3</p>
<p>* Menu subject to change without notice = Healthier Dessert</p> <p>Brunch for Lunch 6</p> <p>Cheesy Denver Omelet</p> <p>Breakfast Potatoes</p> <p>Sausage</p> <p> Tomato Juice</p> <p>Banana Bread/Muffin</p>	<p>Grilled Chicken 7</p> <p>Bun</p> <p>Smashed Red Potatoes</p> <p>Southwest Vegetables</p> <p>Pea & Cheese Salad</p> <p>Ambrosia</p>	<p>Chef's Salad 8</p> <p><i>Turkey, Ham, Cheese</i></p> <p><i>Egg, Tomato, Dressing</i></p> <p>French Bread</p> <p>Fruited Yogurt</p> <p>Clementine</p>	<p>Spaghetti & Sauce 9</p> <p>Meatballs</p> <p>Garden Vegetables</p> <p>Arugula Salad</p> <p>Garlic Knot</p> <p>Mixed Melon Cup</p>	<p>A. Fried Fish 10</p> <p>B. Baked Fish</p> <p>French Fries</p> <p>Chef's Vegetables</p> <p>Creamy Coleslaw</p> <p>Pineapple</p>
<p>13</p> <p>BBQ Pork/Kaiser Roll</p> <p>German Potato Salad</p> <p>Rainbow Slaw</p> <p>Berry Compote</p> <p>Angel Food Cake</p>	<p>14</p> <p>Lasagna</p> <p>Brussels Sprouts</p> <p>Roasted Beets</p> <p>Garlic Bread</p> <p>Grapes</p>	<p>DINE@FIVE 15</p> <p>Smothered Chicken</p> <p>Rice Pilaf</p> <p>Roasted Vegetables</p> <p>Cornbread</p> <p>Sherbet</p>	<p>16</p> <p>Turkey Salad Wrap</p> <p>Vegetable Soup</p> <p>Chips</p> <p>Grape Tomatoes</p> <p>Fresh Pear</p>	<p>17</p> <p>Honey Baked Ham</p> <p>Twice Baked Potatoes</p> <p>Asparagus</p> <p>Hawaiian Dinner Roll</p> <p>Strawberry Applesauce</p>
<p>Chicken Tetrazzini 20</p> <p>Buttered Corn</p> <p>Carrot Raisin Salad</p> <p>Biscuit</p> <p>Seasonal Fruit</p>	<p>A. Supreme Pizza 21</p> <p>B. Cheese Pizza</p> <p>Garden Salad</p> <p>Baby Carrots</p> <p> Cran-Apple Juice</p> <p>Cantaloupe</p>	<p>Chicken Caesar Salad 22</p> <p><i>Chicken, Romaine, Croutons</i></p> <p><i>Tomato, Parmesan, Dressing</i></p> <p>Italian Bread</p> <p> Apple Juice</p> <p>Fruit Cocktail</p>	<p>Swiss Cheeseburger 23</p> <p>Lettuce & Tomato</p> <p>Baby Bakers</p> <p>Peas & Pearl Onions</p> <p> Juice</p> <p>Granola Bar</p>	<p>Bratwurst 24</p> <p>French Fries</p> <p>Baked Beans</p> <p>Cabbage Slaw</p> <p>German Chocolate Cake</p> <p> Fruit</p>
<p>Grilled Tuna Melt 27</p> <p>Tomato Soup</p> <p>Pasta Salad</p> <p>Broccoli & Cauliflower</p> <p>Peanut Butter Cookie</p> <p> Fruit</p>	<p>Roast Turkey 28</p> <p>Gravy</p> <p>Wild Rice Blend</p> <p>Green Bean Casserole</p> <p>Cranberry Sauce</p> <p>Peach Cobbler</p> <p> Peaches</p>	<p>Taco Salad 29</p> <p><i>Meat, Cheese, Lettuce</i></p> <p><i>Tomato, Onion, Peppers</i></p> <p>Tortilla Chips</p> <p> Fruit Punch</p> <p>Plum</p>	<p>Broasted Chicken 30</p> <p>A. Dark Meat</p> <p>B. Light Meat</p> <p>Broasted Potatoes</p> <p>Wisconsin Vegetables</p> <p>Dinner Roll</p> <p>Mandarin Oranges</p>	<p>Stuffed Pepper 31</p> <p>Tomato Sauce</p> <p>Mashed Potatoes</p> <p>Vegetables du Jour</p> <p> Orange Juice</p> <p>Ice Cream Cup</p> <p> Banana</p>

MILWAUKEE COUNTY SENIOR DINING

FRANKLIN

9229 W. Loomis Road




(414) 427-7696

11:00 For In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Reservations Required</p> <p><small>find us on facebook</small></p>	 <p>Suggested Contribution</p> <p>60+</p> <p>\$3.00</p>	<p>Turkey BLT Salad 1</p> <p><i>Turkey, Bacon, Cheese</i></p> <p><i>Romaine, Tomato, Ranch</i></p> <p>Crusty Roll</p> <p>Jello</p> <p>Fresh Pear</p>	 <p>Site Closure Plan Ahead</p>	<p>CLOSED 3</p> 
<p>* Menu subject to change without notice</p> <p>♥ = Healthier Dessert</p>				
<p>Brunch for Lunch 6</p> <p>Cheesy Denver Omelet</p> <p>Breakfast Potatoes</p> <p>Sautéed Spinach</p> <p>🍊 Orange Juice</p> <p>Banana Bread/Muffin</p>	<p>Grilled Chicken 7</p> <p>Bun</p> <p>Smashed Red Potatoes</p> <p>Southwest Vegetables</p> <p>Ambrosia</p> <p>Lorna Doone Cookies</p>	<p>Chef's Salad 8</p> <p><i>Turkey, Ham, Cheese</i></p> <p><i>Egg, Tomato, Dressing</i></p> <p>French Bread</p> <p>Fruited Yogurt</p> <p>Mixed Melon Cup</p>	<p>Smothered Chicken 9</p> <p>Rice Pilaf</p> <p>Roasted Vegetables</p> <p>🍇 Grape Juice</p> <p>Chilled Apricots</p>	<p>Spaghetti & Sauce 10</p> <p>Meatballs</p> <p>Garden Vegetables</p> <p>Tossed Salad</p> <p>Clementine</p>
<p>BBQ Pork/Kaiser Roll 13</p> <p>German Potato Salad</p> <p>Rainbow Slaw</p> <p>Apple</p> <p>Baker's Choice Cookie</p> <p>♥ Fruit</p>	<p>Baked Ziti 14</p> <p>w/Meat Sauce</p> <p>Brussels Sprouts</p> <p>Roasted Beets</p> <p>Grapes</p>	<p>Asian Chicken Salad 15</p> <p><i>Chicken, Greens, Almonds</i></p> <p><i>Mandarins, Crispy Noodles</i></p> <p>Hawaiian Dinner Roll</p> <p>🍹 Fruit Punch</p> <p>Cantaloupe</p>	<p>Filet-o-Fish 16</p> <p>Sesame Bun</p> <p>Au Gratin Potatoes</p> <p>Sautéed Vegetables</p> <p>Fruited Jello</p> <p>Graham Crackers</p>	<p>Pizza Casserole 17</p> <p>Country Vegetables</p> <p>Spinach Salad</p> <p>Warm Spiced Apples</p> <p>Yogurt</p>
<p>Chicken Tetrazzini 20</p> <p>Buttered Corn</p> <p>Carrot Raisin Salad</p> <p>Biscuit</p> <p>Seasonal Fruit</p>	<p>Enchilada Casserole 21</p> <p>Rice & Beans</p> <p>Mexi-Corn</p> <p>Mandarin Oranges</p> <p>Oreos</p> <p>♥ Fresh Fruit</p>	<p>Chicken Caesar Salad 22</p> <p><i>Chicken, Romaine, Croutons</i></p> <p><i>Tomato, Parmesan, Dressing</i></p> <p>Italian Bread</p> <p>🍇 Grape Juice</p> <p>Fruit Cocktail</p>	<p>Stuffed Pepper Casserole 23</p> <p>Tomato Sauce</p> <p>Mashed Potatoes</p> <p>Chef's Vegetables</p> <p>🍏 Apple Juice</p> <p>Pineapple</p>	<p>Roast Pork Loin 24</p> <p>Parsley Potatoes</p> <p>Braised Cabbage</p> <p>Marble Rye Bread</p> <p>German Chocolate Cake</p> <p>♥ Fruit</p>
<p>Roast Turkey/Gravy 27</p> <p>Wild Rice Blend</p> <p>Green Bean Casserole</p> <p>Cranberry Sauce</p> <p>Peach Cobbler</p> <p>♥ Peaches</p>	<p>Honey Baked Ham 28</p> <p>Baked Potato Casserole</p> <p>Capri Vegetables</p> <p>Dinner Roll</p> <p>Strawberry Applesauce</p>	<p>Taco Salad 29</p> <p><i>Meat, Cheese, Lettuce</i></p> <p><i>Tomato, Onion, Peppers</i></p> <p>Tortilla Chips</p> <p>🍷 Cran-Apple Juice</p> <p>Plum</p>	<p>Grilled Burger 30</p> <p>w/Mushrooms & Swiss</p> <p>Baby Bakers</p> <p>Peas & Pearl Onions</p> <p>🍊 Orange Juice</p> <p>Granola Bar</p>	<p>Tuna Pasta Bake 31</p> <p>Steamed Broccoli</p> <p>Cucumber Salad</p> <p>🍹 Juice</p> <p>Fresh Pear</p>

MILWAUKEE COUNTY SENIOR DINING

HART PARK 7300 Chestnut Street



(414) 257-3534

11:00 For In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Reservations Required</p> <p>find us on Facebook</p>	<p>Suggested Contribution</p> <p> 60+</p> <p>\$3.00</p>	<p>Turkey BLT Salad 1 <i>Turkey, Bacon, Cheese</i> <i>Romaine, Tomato, Ranch</i></p> <p>Crusty Roll</p> <p>Jello</p> <p>Fresh Pear</p>	<p>Bratwurst 2 Bun</p> <p>Broccoli & Cheese</p> <p>Baked Beans</p> <p>Caramel Apple Bar</p> <p> Apple</p>	<p>CLOSED 3</p>
<p>* Menu subject to change without notice</p> <p> = Healthier Dessert</p>				
<p>Brunch for Lunch 6</p> <p>Cheesy Denver Omelet</p> <p>Breakfast Potatoes</p> <p>Sautéed Spinach</p> <p> Orange Juice</p> <p>Banana Bread/Muffin</p>	<p>Grilled Chicken 7 Bun</p> <p>Smashed Red Potatoes</p> <p>Southwest Vegetables</p> <p>Ambrosia</p> <p>Lorna Doone Cookies</p>	<p>Chef's Salad 8 <i>Turkey, Ham, Cheese</i> <i>Egg, Tomato, Dressing</i></p> <p>French Bread</p> <p>Fruited Yogurt</p> <p>Mixed Melon Cup</p>	<p>Smothered Chicken 9</p> <p>Rice Pilaf</p> <p>Roasted Vegetables</p> <p> Grape Juice</p> <p>Chilled Apricots</p>	<p>Spaghetti & Sauce 10</p> <p>Meatballs</p> <p>Garden Vegetables</p> <p>Tossed Salad</p> <p>Clementine</p>
<p>BBQ Pork/Kaiser Roll 13</p> <p>German Potato Salad</p> <p>Rainbow Slaw</p> <p>Apple</p> <p>Baker's Choice Cookie</p> <p> Fruit</p>	<p>Baked Ziti 14 w/Meat Sauce</p> <p>Brussels Sprouts</p> <p>Roasted Beets</p> <p>Grapes</p>	<p>Asian Chicken Salad 15 <i>Chicken, Greens, Almonds</i> <i>Mandarins, Crispy Noodles</i></p> <p>Hawaiian Dinner Roll</p> <p> Fruit Punch</p> <p>Cantaloupe</p>	<p>Filet-o-Fish 16</p> <p>Sesame Bun</p> <p>Au Gratin Potatoes</p> <p>Sautéed Vegetables</p> <p>Fruited Jello</p> <p>Graham Crackers</p>	<p>Pizza Casserole 17</p> <p>Country Vegetables</p> <p>Spinach Salad</p> <p>Warm Spiced Apples</p> <p>Yogurt</p>
<p>Chicken Tetrizzini 20</p> <p>Buttered Corn</p> <p>Carrot Raisin Salad</p> <p>Biscuit</p> <p>Seasonal Fruit</p>	<p>Enchilada Casserole 21</p> <p>Rice & Beans</p> <p>Mexi-Corn</p> <p>Mandarin Oranges</p> <p>Oreos</p> <p> Fresh Fruit</p>	<p>Chicken Caesar Salad 22 <i>Chicken, Romaine, Croutons</i> <i>Tomato, Parmesan, Dressing</i></p> <p>Italian Bread</p> <p> Grape Juice</p> <p>Fruit Cocktail</p>	<p>Stuffed Pepper Casserole 23</p> <p>Tomato Sauce</p> <p>Mashed Potatoes</p> <p>Chef's Vegetables</p> <p> Apple Juice</p> <p>Pineapple</p>	<p>Roast Pork Loin 24</p> <p>Parsley Potatoes</p> <p>Braised Cabbage</p> <p>Marble Rye Bread</p> <p>German Chocolate Cake</p> <p> Fruit</p>
<p>Roast Turkey/Gravy 27</p> <p>Wild Rice Blend</p> <p>Green Bean Casserole</p> <p>Cranberry Sauce</p> <p>Peach Cobbler</p> <p> Peaches</p>	<p>Honey Baked Ham 28</p> <p>Baked Potato Casserole</p> <p>Capri Vegetables</p> <p>Dinner Roll</p> <p>Strawberry Applesauce</p>	<p>Taco Salad 29 <i>Meat, Cheese, Lettuce</i> <i>Tomato, Onion, Peppers</i></p> <p>Tortilla Chips</p> <p> Cran-Apple Juice</p> <p>Plum</p>	<p>Grilled Burger 30 w/Mushrooms & Swiss</p> <p>Baby Bakers</p> <p>Peas & Pearl Onions</p> <p> Orange Juice</p> <p>Granola Bar</p>	<p>Tuna Pasta Bake 31</p> <p>Steamed Broccoli</p> <p>Cucumber Salad</p> <p> Juice</p> <p>Fresh Pear</p>

MILWAUKEE COUNTY SENIOR DINING

INDIAN COUNCIL OF THE ELDERLY

944 N. 33rd Street

No Reservations



(414) 933-1401

11:00 for In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
<p>First Come First Served</p> <p><i>Limited to 50</i></p>	<p>Suggested Contribution</p> <p>60+</p> <p>\$3.00</p> <p><i>* Menu subject to change without notice</i></p>	1	2	<p>CLOSED</p> <p>3</p>
<p>6</p> <p>Turkey Bacon Ranch on Sourdough w/Chips Tomato Salad Juice Fruit</p>	7	8	9	10
<p>13</p> <p>Scrambled Egg Bake Bacon Hashbrowns Juice Fruit</p>	14	15	16	17
<p>20</p> <p>Turkey & Swiss on Sourdough w/Chips Broccoli Salad Juice Fruit</p>	21	22	23	24
<p>27</p> <p>Chicken Fajita Bowl Cilantro Lime Rice Corn & Black Beans Juice Fruit</p>	28	29	30	31
			<p>Brat on a Bun Potato Salad Broccoli/Cauliflower Salad Fruit</p>	<p>BBQ Pulled Pork Onion Rings Coleslaw Juice Fruit</p>
			<p>Cheeseburger Crinkle Cut Fries Cucumber Salad Juice Fruit</p>	<p>Turkey & Gravy Mashed Potatoes Green Beans Juice Fruit</p>
			<p>Meatloaf Mashed Potatoes Mixed Veggies Juice Fruit</p>	<p>Sloppy Joe Tater Tots Coleslaw Juice Fruit</p>
			<p>Mostaccioli Green Beans Garlic Bread Juice Fruit</p>	<p>Pork Fritter w/Gravy Mashed Potatoes Mixed Veggies Juice Fruit</p>

MILWAUKEE COUNTY SENIOR DINING

KELLY

6100 S. Lake Drive







(414) 481-9611 x 4

11:00 For In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
 	 \$3.00	Turkey BLT Salad 1 <i>Turkey, Bacon, Cheese</i> <i>Romaine, Tomato, Ranch</i> Crusty Roll Jello Fresh Pear	Bratwurst 2 Bun Broccoli & Cheese Baked Beans Caramel Apple Bar 🍏 Apple	CLOSED 3 
* Menu subject to change without notice	🍷 = Healthier Dessert	Chef's Salad 8 <i>Turkey, Ham, Cheese</i> <i>Egg, Tomato, Dressing</i> French Bread Fruited Yogurt Mixed Melon Cup	Smothered Chicken 9 Rice Pilaf Roasted Vegetables 🍇 Grape Juice Chilled Apricots	Spaghetti & Sauce 10 Meatballs Garden Vegetables Tossed Salad Clementine
Brunch for Lunch 6 Cheesy Denver Omelet Breakfast Potatoes Sautéed Spinach 🍊 Orange Juice Banana Bread/Muffin	Grilled Chicken 7 Bun Smashed Red Potatoes Southwest Vegetables Ambrosia Lorna Doone Cookies	Asian Chicken Salad 15 <i>Chicken, Greens, Almonds</i> <i>Mandarins, Crispy Noodles</i> Hawaiian Dinner Roll 🍹 Fruit Punch Cantaloupe	Filet-o-Fish 16 Sesame Bun Au Gratin Potatoes Sautéed Vegetables Fruited Jello Graham Crackers	Pizza Casserole 17 Country Vegetables Spinach Salad Warm Spiced Apples Yogurt
BBQ Pork/Kaiser Roll 13 German Potato Salad Rainbow Slaw Apple Baker's Choice Cookie 🍷 Fruit	Baked Ziti 14 w/Meat Sauce Brussels Sprouts Roasted Beets Grapes	Chicken Caesar Salad 22 <i>Chicken, Romaine, Croutons</i> Tomato, Parmesan, Dressing Italian Bread 🍇 Grape Juice Fruit Cocktail	Stuffed Pepper Casserole 23 Tomato Sauce Mashed Potatoes Chef's Vegetables 🍏 Apple Juice Pineapple	Roast Pork Loin 24 Parsley Potatoes Braised Cabbage Marble Rye Bread German Chocolate Cake 🍷 Fruit
Roast Turkey/Gravy 27 Wild Rice Blend Green Bean Casserole Cranberry Sauce Peach Cobbler 🍷 Peaches	Honey Baked Ham 28 Baked Potato Casserole Capri Vegetables Dinner Roll Strawberry Applesauce	Taco Salad 29 <i>Meat, Cheese, Lettuce</i> <i>Tomato, Onion, Peppers</i> Tortilla Chips 🍷 Cran-Apple Juice Plum	Grilled Burger 30 w/Mushrooms & Swiss Baby Bakers Peas & Pearl Onions 🍊 Orange Juice Granola Bar	Tuna Pasta Bake 31 Steamed Broccoli Cucumber Salad 🍹 Juice Fresh Pear

MILWAUKEE COUNTY SENIOR DINING

MILWAUKEE COMMUNITY CROSSROADS

807 S. 14th Street






(414) 902-5384



11:30 for In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Reservations Required</p> <p>find us on facebook</p> <p><i>* Menu subject to change without notice</i></p>	<p>Suggested Contribution</p>  <p>60+</p> <p>\$3.00</p>	1	2	<p>CLOSED</p> <p>3</p> 
		6	7	8

COMING SOON

PLEASE STAND BY

27	28	29	30	31
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FLOOD IMPACT CLOSURE

UNTIL FURTHER NOTICE

MCGOVERN PARK

Milwaukee County Senior Dining at McGovern Park has been suspended for mold mitigation. In the meantime, please consider joining us at an alternate location.



SUGGESTIONS

Elks Lodge	←.....→	3.4 Miles
Clinton Rose Senior Center	←.....→	5.1 Miles
Washington Park Senior Center	←.....→	5.4 Miles
Rise & Grind Café	←.....→	5.7 Miles



MILWAUKEE COUNTY SENIOR DINING

MUSLIM COMMUNITY & HEALTH CENTER

803 W. Layton Avenue



(414) 552-3337



For Curbside Pick-up

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Reservations Required</p> <p>find us on facebook</p> <p>* Menu subject to change without notice</p>	<p>Suggested Contribution</p> <p>60+</p> <p>\$3.00</p> <p>3-DAY NOTICE</p>	<p>1</p> <p>Chicken Boti Rice Shahi Paneer Butter Naan Raita Fruit</p>	<p>2</p> <p>FOOD TRUCK THURSDAY</p> <p><i>No Reservations</i></p>	<p>3</p> <p>CLOSED</p>
<p>6</p> <p>Shrimp Fries Salad Juice Fruit</p>	<p>7</p> <p>Butter Chicken Rice Butter Naan Juice Apple</p>	<p>8</p> <p>Chicken Biryani Rice Daal Fry Butter Naan Juice Banana</p>	<p>9</p> <p>FOOD TRUCK THURSDAY</p> <p><i>No Reservations</i></p>	<p>10</p> <p>Fish Fry Potato Wedges Coleslaw Bread Juice Fruit</p>
<p>13</p> <p>Grilled Chicken Wrap Fries Salad Juice Fruit</p>	<p>14</p> <p>Chicken Boti Rice Shahi Paneer Butter Naan Raita Fruit</p>	<p>15</p> <p>Chicken Karahi Rice Mixed Vegetables Butter Naan Juice Fruit</p>	<p>16</p> <p>Cheese Quesadilla Fries Salad Juice Fruit</p>	<p>17</p> <p>Fish Fry Potato Wedges Coleslaw Bread Juice Fruit</p>
<p>20</p> <p>Fried Chicken Potato Wedges Salad Bread Juice Fruit</p>	<p>21</p> <p>Chicken Karahi Rice Mixed Vegetables Butter Naan Juice Fruit</p>	<p>22</p> <p>Chicken Tikka Chana Masala Rice Butter Naan Juice Fruit</p>	<p>23</p> <p>Grilled Chicken Rice Salad Juice Fruit</p>	<p>24</p> <p>Fish Fry Potato Wedges Coleslaw Bread Juice Fruit</p>
<p>27</p> <p>Shawarma Wrap Fries Salad Juice Fruit</p>	<p>28</p> <p>Chicken Biryani Daal Fry Butter Naan Raita Juice Fruit</p>	<p>29</p> <p>Butter Chicken Rice Butter Naan Raita Juice Fruit</p>	<p>30</p> <p>3 Chicken Tacos on Tortillas Salad Juice Fruit</p>	<p>31</p> <p>Fish Fry Potato Wedges Coleslaw Bread Juice Fruit</p>

MILWAUKEE COUNTY SENIOR DINING

UNITED COMMUNITY CENTER

730 W. Washington Street



(414) 649-2807



12:00 for In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Reservations Required</p> <p>find us on  facebook</p> <p>Para reservar su almuerzo favor de llamar</p>	 <p>Contribución Sugerida 60+ \$3.00</p>	<p>1</p> <p>BBQ Chicken Mashed Potatoes Green Salad Dinner Roll Fruited Jello</p>	<p>2</p> <p>Cheeseburger Lettuce, Tomato, Onion Potato Soup Apple Juice Chocolate Cookie</p>	<p>3</p> <p>CLOSED</p> 
		<p>6</p> <p>Chicken Patty Spaghetti & Marinara Carrot Coins Garlic Bread Peaches</p>	<p>7</p> <p>Cheese Enchilada w/Onion & Green Sauce Mexican Rice Mexican Beans Watermelon</p>	<p>8</p> <p>Chicken Soup Rice Carrot, Zucchini, Potato Corn Tortilla Mixed Fruit</p>
<p>13</p> <p>Turkey Chunks/Gravy Mashed Potatoes Green Beans Corn Muffin Pears</p>	<p>14</p> <p>Grilled Chicken Breast Chef's Potatoes Mixed Vegetables Green Salad/French Fruited Yogurt</p>	<p>15</p> <p>Ground Beef Taco Mexican Rice Mexican Beans Vegetables du Jour Mandarin Oranges</p>	<p>16</p> <p>Breakfast Sandwich <i>egg, cheese, ham, english muffin</i> Hashbrowns Tomato Juice Banana</p>	<p>17</p> <p>Beef Stew Brown Rice Salad Corn Tortilla Fruit Cocktail</p>
<p>20</p> <p>Tuna Sub Broccoli Soup Peas & Carrots Juice Cinnamon Cookie</p>	<p>21</p> <p>Steak Fajita/Tortilla Mexican Rice Mexican Beans Green Salad Pineapple Tidbits</p>	<p>22</p> <p>Chicken Patty/Bun Lettuce, Tomato, Chipotle Oven Fries Chef's Vegetables Grapes</p>	<p>23</p> <p>Ground Beef Nachos Chili Beans Lettuce, Tomato, Jalapeño Pineapple Juice Birthday Cake</p>	<p>24</p> <p>Mini Turkey Corn Dogs French Fries Corn Jello Apricots</p>
<p>27</p> <p>Beefy Mac & Cheese Steamed Broccoli Garlic Bread Grape Juice Mixed Fruit</p>	<p>28</p> <p>Pork in Red Sauce Brown Rice Habichuelas Salad Fresh Apple</p>	<p>29</p> <p>Chicken Quesadilla Pea Soup Lettuce, Tomato, Salsa Orange Juice Sugar Cookie</p>	<p>30</p> <p>Turkey Ham Wrap <i>Lettuce, Tomato, Cheese, Ranch</i> Vegetable Soup Sun Chips Sherbet</p>	<p>31</p> <p>Cheese Enchilada Mexican Rice Black Beans Lettuce & Tomato Ice Cream</p>

MILWAUKEE COUNTY SENIOR DINING

WASHINGTON PARK

4420 W. Vliet Street






(414) 933-2332

11:30 for In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday	
	* Menu subject to change without notice 		Turkey BLT Salad 1 <i>Turkey, Bacon, Cheese</i> <i>Romaine, Tomato, Ranch</i> Crusty Roll Jello Fresh Pear	Bratwurst 2 Bun Broccoli & Cheese Baked Beans Caramel Apple Bar 🍏 Apple	CLOSED 3 
	Brunch for Lunch 6 Cheesy Denver Omelet Breakfast Potatoes Sautéed Spinach 🍊 Orange Juice Banana Bread/Muffin	Grilled Chicken 7 Bun Smashed Red Potatoes Southwest Vegetables Ambrosia Lorna Doone Cookies	Chef's Salad 8 <i>Turkey, Ham, Cheese</i> <i>Egg, Tomato, Dressing</i> French Bread Fruited Yogurt Mixed Melon Cup	Smothered Chicken 9 Rice Pilaf Roasted Vegetables 🍇 Grape Juice Chilled Apricots	Spaghetti & Sauce 10 Meatballs Garden Vegetables Tossed Salad Clementine
BBQ Pork/Kaiser Roll 13 German Potato Salad Rainbow Slaw Apple Baker's Choice Cookie 🍏 Fruit	Baked Ziti 14 w/Meat Sauce Brussels Sprouts Roasted Beets Grapes	Asian Chicken Salad 15 <i>Chicken, Greens, Almonds</i> <i>Mandarins, Crispy Noodles</i> Hawaiian Dinner Roll 🍹 Fruit Punch Cantaloupe	Filet-o-Fish 16 Sesame Bun Au Gratin Potatoes Sautéed Vegetables Fruited Jello Graham Crackers	Pizza Casserole 17 Country Vegetables Spinach Salad Warm Spiced Apples Yogurt	
Chicken Tetrizzini 20 Buttered Corn Carrot Raisin Salad Biscuit Seasonal Fruit	Enchilada Casserole 21 Rice & Beans Mexi-Corn Mandarin Oranges Oreos 🍏 Fresh Fruit	Chicken Caesar Salad 22 <i>Chicken, Romaine, Croutons</i> Tomato, Parmesan, Dressing Italian Bread 🍇 Grape Juice Fruit Cocktail	Stuffed Pepper Casserole 23 Tomato Sauce Mashed Potatoes Chef's Vegetables 🍏 Apple Juice Pineapple	Roast Pork Loin 24 Parsley Potatoes Braised Cabbage Marble Rye Bread German Chocolate Cake 🍏 Fruit	
Roast Turkey/Gravy 27 Wild Rice Blend Green Bean Casserole Cranberry Sauce Peach Cobbler 🍏 Peaches	Honey Baked Ham 28 Baked Potato Casserole Capri Vegetables Dinner Roll Strawberry Applesauce	Taco Salad 29 <i>Meat, Cheese, Lettuce</i> <i>Tomato, Onion, Peppers</i> Tortilla Chips 🍇 Cran-Apple Juice Plum	Grilled Burger 30 w/Mushrooms & Swiss Baby Bakers Peas & Pearl Onions 🍊 Orange Juice Granola Bar	Tuna Pasta Bake 31 Steamed Broccoli Cucumber Salad 🍹 Juice Fresh Pear	

MILWAUKEE COUNTY SENIOR DINING

WEST ALLIS

7001 W. National Avenue







(414) 302-8703

11:00 for In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Reservations Required</p> <p>find us on  facebook</p>  <p>Suggested Contribution 60+ \$3.00</p> <p>* Menu subject to change without notice ♥ = Healthier Dessert</p>	<p>1</p> <p>Turkey BLT Salad <i>Turkey, Bacon, Cheese</i> <i>Romaine, Tomato, Ranch</i></p> <p>Crusty Roll</p> <p>Jello</p> <p>Fresh Pear</p>	<p>2</p> <p>Bratwurst</p> <p>Bun</p> <p>Broccoli & Cheese</p> <p>Baked Beans</p> <p>Caramel Apple Bar</p> <p>♥ Apple</p>	<p>3</p> <p>CLOSED</p> 	
<p>Brunch for Lunch 6</p> <p>Cheesy Denver Omelet</p> <p>Breakfast Potatoes</p> <p>Sautéed Spinach</p> <p>🍊 Orange Juice</p> <p>Banana Bread/Muffin</p>	<p>7</p> <p>Grilled Chicken</p> <p>Bun</p> <p>Smashed Red Potatoes</p> <p>Southwest Vegetables</p> <p>Ambrosia</p> <p>Lorna Doone Cookies</p>	<p>8</p> <p>Chef's Salad <i>Turkey, Ham, Cheese</i> <i>Egg, Tomato, Dressing</i></p> <p>French Bread</p> <p>Fruited Yogurt</p> <p>Mixed Melon Cup</p>	<p>9</p> <p>Smothered Chicken</p> <p>Rice Pilaf</p> <p>Roasted Vegetables</p> <p>🍇 Grape Juice</p> <p>Chilled Apricots</p>	<p>10</p> <p>Spaghetti & Sauce</p> <p>Meatballs</p> <p>Garden Vegetables</p> <p>Tossed Salad</p> <p>Clementine</p>
<p>13</p> <p>BBQ Pork/Kaiser Roll</p> <p>German Potato Salad</p> <p>Rainbow Slaw</p> <p>Apple</p> <p>Baker's Choice Cookie</p> <p>♥ Fruit</p>	<p>14</p> <p>Baked Ziti w/Meat Sauce</p> <p>Brussels Sprouts</p> <p>Roasted Beets</p> <p>Grapes</p>	<p>15</p> <p>Asian Chicken Salad <i>Chicken, Greens, Almonds</i> <i>Mandarins, Crispy Noodles</i></p> <p>Hawaiian Dinner Roll</p> <p>🍹 Fruit Punch</p> <p>Cantaloupe</p>	<p>16</p> <p>Filet-o-Fish</p> <p>Sesame Bun</p> <p>Au Gratin Potatoes</p> <p>Sautéed Vegetables</p> <p>Fruited Jello</p> <p>Graham Crackers</p>	<p>17</p> <p>Pizza Casserole</p> <p>Country Vegetables</p> <p>Spinach Salad</p> <p>Warm Spiced Apples</p> <p>Yogurt</p>
<p>20</p> <p>Chicken Tetrazzini</p> <p>Buttered Corn</p> <p>Carrot Raisin Salad</p> <p>Biscuit</p> <p>Seasonal Fruit</p>	<p>21</p> <p>Enchilada Casserole</p> <p>Rice & Beans</p> <p>Mexi-Corn</p> <p>Mandarin Oranges</p> <p>Oreos</p> <p>♥ Fresh Fruit</p>	<p>22</p> <p>Chicken Caesar Salad <i>Chicken, Romaine, Croutons</i> <i>Tomato, Parmesan, Dressing</i></p> <p>Italian Bread</p> <p>🍇 Grape Juice</p> <p>Fruit Cocktail</p>	<p>23</p> <p>Stuffed Pepper Casserole</p> <p>Tomato Sauce</p> <p>Mashed Potatoes</p> <p>Chef's Vegetables</p> <p>🍏 Apple Juice</p> <p>Pineapple</p>	<p>24</p> <p>Roast Pork Loin</p> <p>Parsley Potatoes</p> <p>Braised Cabbage</p> <p>Marble Rye Bread</p> <p>German Chocolate Cake</p> <p>♥ Fruit</p>
<p>27</p> <p>Roast Turkey/Gravy</p> <p>Wild Rice Blend</p> <p>Green Bean Casserole</p> <p>Cranberry Sauce</p> <p>Peach Cobbler</p> <p>♥ Peaches</p>	<p>28</p> <p>Honey Baked Ham</p> <p>Baked Potato Casserole</p> <p>Capri Vegetables</p> <p>Dinner Roll</p> <p>Strawberry Applesauce</p>	<p>29</p> <p>Taco Salad <i>Meat, Cheese, Lettuce</i> <i>Tomato, Onion, Peppers</i></p> <p>Tortilla Chips</p> <p>🍷 Cran-Apple Juice</p> <p>Plum</p>	<p>30</p> <p>Grilled Burger w/Mushrooms & Swiss</p> <p>Baby Bakers</p> <p>Peas & Pearl Onions</p> <p>🍊 Orange Juice</p> <p>Granola Bar</p>	<p>31</p> <p>Tuna Pasta Bake</p> <p>Steamed Broccoli</p> <p>Cucumber Salad</p> <p>🍹 Juice</p> <p>Fresh Pear</p>

MILWAUKEE COUNTY SENIOR DINING

WILSON PARK

2601 W. Howard Avenue



(414) 282-3284

11:30 for In-Person Dining

JULY



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Reservations Required</p> <p>find us on facebook</p> <p>* Menu subject to change without notice</p>	<p>Suggested Contribution</p> <p>60+</p> <p>\$3.00</p> <p>♥ = Healthier Dessert</p>	<p>Turkey BLT Salad 1 <i>Turkey, Bacon, Cheese</i> <i>Romaine, Tomato, Ranch</i></p> <p>Crusty Roll</p> <p>Jello</p> <p>Fresh Pear</p>	<p>Bratwurst 2 Bun Broccoli & Cheese Baked Beans Caramel Apple Bar ♥ Apple</p>	<p>CLOSED 3</p>
<p>Brunch for Lunch 6</p> <p>Cheesy Denver Omelet Breakfast Potatoes Sautéed Spinach 🍊 Orange Juice Banana Bread/Muffin</p>	<p>Grilled Chicken 7 Bun Smashed Red Potatoes Southwest Vegetables Ambrosia Lorna Doone Cookies</p>	<p>Chef's Salad 8 <i>Turkey, Ham, Cheese</i> <i>Egg, Tomato, Dressing</i></p> <p>French Bread</p> <p>Fruited Yogurt</p> <p>Mixed Melon Cup</p>	<p>Smothered Chicken 9 Rice Pilaf Roasted Vegetables 🍇 Grape Juice Chilled Apricots</p>	<p>Spaghetti & Sauce 10 Meatballs Garden Vegetables Tossed Salad Clementine</p>
<p>BBQ Pork/Kaiser Roll 13 German Potato Salad Rainbow Slaw Apple Baker's Choice Cookie ♥ Fruit</p>	<p>Baked Ziti 14 w/Meat Sauce Brussels Sprouts Roasted Beets Grapes</p>	<p>Asian Chicken Salad 15 <i>Chicken, Greens, Almonds</i> <i>Mandarins, Crispy Noodles</i></p> <p>Hawaiian Dinner Roll</p> <p>🍷 Fruit Punch Cantaloupe</p>	<p>Filet-o-Fish 16 Sesame Bun Au Gratin Potatoes Sautéed Vegetables Fruited Jello Graham Crackers</p>	<p>Pizza Casserole 17 Country Vegetables Spinach Salad Warm Spiced Apples Yogurt</p>
<p>Chicken Tetraxini 20 Buttered Corn Carrot Raisin Salad Biscuit Seasonal Fruit</p>	<p>Enchilada Casserole 21 Rice & Beans Mexi-Corn Mandarin Oranges Oreos ♥ Fresh Fruit</p>	<p>Chicken Caesar Salad 22 <i>Chicken, Romaine, Croutons</i> <i>Tomato, Parmesan, Dressing</i></p> <p>Italian Bread</p> <p>🍇 Grape Juice Fruit Cocktail</p>	<p>Stuffed Pepper Casserole 23 Tomato Sauce Mashed Potatoes Chef's Vegetables 🍏 Apple Juice Pineapple</p>	<p>Roast Pork Loin 24 Parsley Potatoes Braised Cabbage Marble Rye Bread German Chocolate Cake ♥ Fruit</p>
27	28	29	30	31

CENTER CLOSED: Cleaning Week

MILWAUKEE COUNTY SENIOR DINING



*Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.*



Now Open for Senior Dining

Thursdays 11:00 AM - 2:00 PM

7411 W. Hampton Avenue Milwaukee 53218

For Anyone 60+ (verified w/photo ID)

No Reservations

Check-in with Dining Staff

Complete Registration Form?

Choose Entrée & One Side

*Other Menu Items for **Full Price***

Enjoy Meal!

ENTRÉE

Select One:



- Chicken Fried Rice
- Chicken Pad Thai (*Rice Noodles*)
- Pepper Steak & Rice

SIDES

Select One:



- Crab Rangoon
- Egg Roll

*Each meal served with:
Broth/Soup, Veggies, Fruit, Beverage*



MILWAUKEE COUNTY SENIOR DINING



*Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.*



Open for Senior Dining
Tuesdays 11:00 AM - 1:00 PM
754 N. 27th Street Milwaukee 53208

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose Entrée & Two Sides
Other Menu Items for Full Price
Enjoy Meal!

ENTRÉE

Select One:



- Baked Chicken
- Fried Chicken
- Catfish

*(Each Entrée served with:
Dinner Roll, Fruit, Milk or Water)*

SIDES

Select Two:



- Sweet Potatoes
- Mac & Cheese
- Black-Eyed Peas
- Smoked Turkey Greens
- Green Beans & Potatoes

Suggested
Contribution



60+

\$3.00



MILWAUKEE COUNTY SENIOR DINING



*Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.*



Open for Senior Dining
Wednesdays: 8:00 AM - 10:00 AM
3514 W. National Avenue Milwaukee 53215

For Anyone 60+ (verified w/photo ID)
No Reservations
Check-in with Dining Staff
Complete Registration Form?
Choose One Breakfast Option
*Other Menu Items for **Full Price***
Enjoy Meal!

BREAKFAST OPTIONS

Select One:



(Each Breakfast Option served with Fruit & Milk)

- Veggie Bowl (*Scrambled Egg, Potatoes, Peppers, Onions, Spinach, Mushrooms, Cauliflower, Cheddar*)
- Chilaquiles (*Scrambled Eggs, Tortilla Chips, Salsa choice, Cotija Cheese, Onion, Cilantro, Avocado Crema*)
- Pancakes & Eggs (*Short stack of Pancakes (2) with Scrambled Eggs*)
- Avocado Toast (*Multigrain Toast, Avocado, Tomato, Red Onion, Chia Seeds, Scrambled Egg*)

Suggested
Contribution



60+

\$3.00



MILWAUKEE COUNTY SENIOR DINING



*Because good nutrition improves quality of life.
Because it is important to have culturally diverse options.
Because supporting small business strengthens the community.*



Only Open for Senior Dining Through July

Mondays: 9:00 AM - 11:00 AM
2737 N. Dr Martin Luther King Drive Milwaukee 53212

For Anyone 60+ (verified w/photo ID)

No Reservations

Check-in with Dining Staff

Complete Registration Form?

Choose One Breakfast Option

*Other Menu Items for **Full Price***

Enjoy Meal!

BREAKFAST OPTIONS

Select One:



■ Potato Hash with Peppers & Onions

Choose: **Bacon** or **Sausage** (Pork or Turkey)

Choose: **Toast Triangle** (French or Regular)

■ Breakfast Grits

Choose: **Bacon** or **Sausage** (Pork or Turkey)

Choose: **Toast Triangle** (French or Regular)

*(Each Breakfast Option served with Cheesy Scrambled Eggs, Fruit, Juice and Choice of **Coffee** or **Milk**)*

Suggested
Contribution



60+

\$3.00





MILWAUKEE COUNTY
DEPARTMENT OF HEALTH
& HUMAN SERVICES

**AGING & DISABILITIES
SERVICES**

Meals on Wheels

We are committed to helping older adults live healthier, more nourished lives, in their own homes.

The Meals on Wheels program supports and promotes independent living for homebound older adults through the delivery of a nutritious meal.

A suggested contribution is appreciated to offset the cost of the program.

Could you, or someone you know, benefit from having meals delivered? Call the Aging & Disability Resource Center to inquire: (414) 289-6874.

To be eligible you must be:

- 60 or older
- A Milwaukee County resident
- Homebound
- Unable physically or cognitively to prepare your own meals



Request a Referral: (414) 289-6874



MILWAUKEE COUNTY

MEALS ON WHEELS



(414) 358-6527

JULY



MEALS ON WHEELS
AMERICA

Monday	Tuesday	Wednesday	Thursday	Friday
Goodwill Greater Milwaukee & Chicago MEALS ON WHEELS * Menu subject to change without notice ☺ = Diabetic Dessert find us on facebook	\$4.00 SUGGESTED CONTRIBUTION	Turkey BLT Salad 1 <i>Turkey, Bacon, Cheese</i> <i>Romaine, Tomato, Ranch</i> Crusty Roll Jello Fresh Pear	Bratwurst 2 Bun Broccoli & Cheese Baked Beans Caramel Apple Bar ☺ Apple	CLOSED 3
Brunch for Lunch 6 Cheesy Denver Omelet Breakfast Potatoes Sautéed Spinach ☺ Orange Juice Banana Bread/Muffin	Grilled Chicken 7 Bun Smashed Red Potatoes Southwest Vegetables Ambrosia Lorna Doone Cookies	Chef's Salad 8 <i>Turkey, Ham, Cheese</i> <i>Egg, Tomato, Dressing</i> French Bread Fruited Yogurt Mixed Melon Cup	Smothered Chicken 9 Rice Pilaf Roasted Vegetables ☺ Grape Juice Chilled Apricots	Spaghetti & Sauce 10 Meatballs Garden Vegetables Tossed Salad Clementine
BBQ Pork/Kaiser Roll 13 German Potato Salad Rainbow Slaw Apple Baker's Choice Cookie ☺ Fruit	Baked Ziti 14 w/Meat Sauce Brussels Sprouts Roasted Beets Grapes	Asian Chicken Salad 15 <i>Chicken, Greens, Almonds</i> <i>Mandarins, Crispy Noodles</i> Hawaiian Dinner Roll ☺ Fruit Punch Cantaloupe	Filet-o-Fish 16 Sesame Bun Au Gratin Potatoes Sautéed Vegetables Fruited Jello Graham Crackers	Pizza Casserole 17 Country Vegetables Spinach Salad Warm Spiced Apples Yogurt
Chicken Tetrizzini 20 Buttered Corn Carrot Raisin Salad Biscuit Seasonal Fruit	Enchilada Casserole 21 Rice & Beans Mexi-Corn Mandarin Oranges Oreos ☺ Fresh Fruit	Chicken Caesar Salad 22 <i>Chicken, Romaine, Croutons</i> Tomato, Parmesan, Dressing Italian Bread ☺ Grape Juice Fruit Cocktail	Stuffed Pepper Casserole 23 Tomato Sauce Mashed Potatoes Chef's Vegetables 🍏 Apple Juice Pineapple	Roast Pork Loin 24 Parsley Potatoes Braised Cabbage Marble Rye Bread German Chocolate Cake ☺ Fruit
Roast Turkey/Gravy 27 Wild Rice Blend Green Bean Casserole Cranberry Sauce Peach Cobbler ☺ Peaches	Honey Baked Ham 28 Baked Potato Casserole Capri Vegetables Dinner Roll Strawberry Applesauce	Taco Salad 29 <i>Meat, Cheese, Lettuce</i> <i>Tomato, Onion, Peppers</i> Tortilla Chips ☺ Cran-Apple Juice Plum	Grilled Burger 30 w/Mushrooms & Swiss Baby Bakers Peas & Pearl Onions ☺ Orange Juice Granola Bar	Tuna Pasta Bake 31 Steamed Broccoli Cucumber Salad ☺ Juice Fresh Pear

MILWAUKEE COUNTY

MEALS ON WHEELS



(414) 358-6527

JULIO



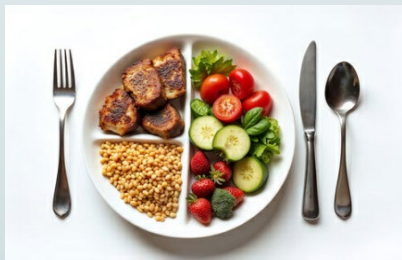
MEALS ON WHEELS
AMERICA

Lunes	Martes	Miércoles	Jueves	Viernes
Goodwill Greater Milwaukee & Chicago MEALS ON WHEELS ♥ = Postre diabético ✳ Menú sujeto a cambios find us on facebook	\$4.00 Contribución Sugerida	Ensalada BLT de pavo 1 <i>Pavo, Bacon, queso</i> <i>Romana, Tomate, Rancho</i> Rollo Gelatina Pera Fresca	Bratwurst 2 Bollo Brócoli y queso Alubias al horno Bara de manzana ♥ Manzana	CERRADO 3
Desalmuerzo 6 Omelet Denver Patatas para el desayuno Espinacas salteadas 🍊 Zumo de naranja Pan/Muffin de plátano	7 Pollo a la parrilla Bun Papas rojas Verduras del Suroeste Ambrosia Galletas Lorna Doone	8 Ensalada del chef <i>pavo, jam ón, queso</i> <i>huevo, tomate, ali ño</i> Pan francés Yogur frutal Copa de Melón Mixta	9 Pollo Ahogado Rice Pilaf Verduras asadas 🍇 Zumo de uva Albaricoques fríos	10 Espaguetis y salsa Albóndigas Hortalas del huerto Ensalada mixta Clementine
13 Cerdo a la barbacoa Ensalada de papa Ensalada Arcoiris Manzana Galleta ♥ Fruta	14 Ziti horneado con salsa de carne Coles de Bruselas Remolachas asadas Uvas	15 Ensalada asiática de pollo <i>pollo, verduras, almendras</i> <i>mandarins, fideos crujientes</i> Panecillo hawaiano 🍹 Ponche de frutas Melón	16 Filete de pescado Panecillo de sésamo patatas gratinadas Verduras salteadas Gelatina frutada Graham Crackers	17 Cazuela de pizza Verduras rurales Ensalada de espinacas Manzanas calientes Yogur
20 Tetrazzini de pollo Maíz con mantequilla Zanahoria y pasas Biscuit Fruta de temporada	21 Cazuela de enchilada Arroz y judías Mexi-Corn Mandarinas Oreos ♥ Fruta fresca	22 Ensalada César de pollo <i>pollo, Romaine, Crotones</i> <i>Tomate, Parmesano, Aliño</i> Pan italiano 🍇 Zumo de uva Cóctel de frutas	23 Cazuela de pimientos Salsa de tomate Puré de patatas Verduras del Chef 🍏 Zumo de manzana Piña	24 Cerdo Asado Patatas con perejil Col estofada Pan de centeno mármol Pastel de chocolate alemán ♥ Fruta
27 Pavo asado Mezcla de arroz Cazuela de judías verdes Salsa de arándanos Zapatero de melocotón ♥ Melocotones	28 Jamón horneado Cazuela de patata al horno Verduras Capri Panecillo Compota de manzana	29 Ensalada de tacos <i>carne, queso, lechuga</i> <i>tomate, cebolla, pimientos</i> Tortilla Chips 🍷 Zumo de Cran-Apple Plum	30 Hamburguesa con setas y suizos Bebés Panaderos Guisantes 🍊 Zumo de naranja Barra de granola	31 Cazuela de atún Brócoli al vapor Ensalada de pepino 🍷 Zumo Pera fresca

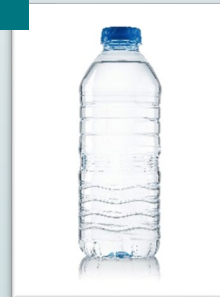
Tips for Health and Longevity



Balanced Diet



Stay Hydrated



Regular Exercise



Manage Stress



Limit Alcohol



Quit Smoking



Regular Checkups



Healthy Weight








MILWAUKEE COUNTY SENIOR DINING

Thank you for dining with us!
Did you enjoy your meal?

Please take a moment to let us know

 **(414) 207-5873**

 **(414) 289-6995**

 SeniorDining@milwaukeecountywi.gov

MILWAUKEE COUNTY SENIOR
DINING





MILWAUKEE COUNTY SENIOR DINING

REGISTRATION FORM

NEW ANNUAL RENEWAL SITE _____ DATE _____

LAST NAME		FIRST NAME		MI	SUFFIX JR SR I II III		
ADDRESS			CITY		ZIP CODE		
BIRTHDATE (MM/DD/YYYY)		AGE	PHONE		EMAIL		
MARITAL STATUS		GENDER		RACE		ETHNICITY	
<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Partnered <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <input type="checkbox"/> Other _____		<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Transgender Female <input type="checkbox"/> Transgender Male <input type="checkbox"/> Transgender Unspecified <input type="checkbox"/> Gender Fluid <input type="checkbox"/> Gender Nonconforming <input type="checkbox"/> Self-Describe		<input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> White <input type="checkbox"/> Other: _____		<input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Not Hispanic/Latino HOUSEHOLD <input type="checkbox"/> Lives Alone <input type="checkbox"/> Lives With Others MILITARY/VETERAN? <input type="checkbox"/> NO <input type="checkbox"/> YES	

2026 INCOME LEVEL (Your response will not impact your eligibility. Age-based, NOT income-based)

For **one-person household**, income is below **\$1,330/month** (\$15,960 annually) NO YES

For **two-person household**, income is below **\$1,803/month** (\$21,640 annually) NO YES

NUTRITION SCREEN <i>Circle the Corresponding Number</i>		YES	NO	How did you hear about us	Under 60?
①	A condition or illness changes the kind/amount of food I eat	2	0	<input type="checkbox"/> Friend/Family	How are you eligible? → <i>If under 60 Select One:</i> <input type="checkbox"/> Active Dining Volunteer <input type="checkbox"/> Spouse of Active Diner <input type="checkbox"/> Disabled: Live w/Elder Relative
②	I eat fewer than 2 meals each day	3	0	<input type="checkbox"/> Facebook	
③	I eat few fruits, vegetables or milk products	2	0	<input type="checkbox"/> Health Provider	
④	I have 3+ drinks of beer, wine or liquor each day	2	0	<input type="checkbox"/> Newspaper	
⑤	Tooth or mouth problems make it hard to eat	2	0	<input type="checkbox"/> Internet	
⑥	I don't always have enough money to buy food	4	0	<input type="checkbox"/> Email	
⑦	I eat alone most of the time	1	0	<input type="checkbox"/> US Mail	
⑧	I take 3+ prescribed/over-the-counter medications	1	0	<input type="checkbox"/> Church	
⑨	Unintentionally, lost/gained 10 pounds in 6 months	2	0	<input type="checkbox"/> Senior Center	
⑩	Not always physically able to cook or feed myself	2	0	<input type="checkbox"/> Other _____	
NUTRITION RISK LEVEL: 0-2 LOW 3-5 MODERATE 6+ HIGH				OFFICE USE <input type="checkbox"/> Received _____ <input type="checkbox"/> Diner Card <input type="checkbox"/> Diner Handbook <input type="checkbox"/> Data Entry _____ <input type="checkbox"/> STAFF _____	

EMERGENCY CONTACT _____ PHONE _____ RELATIONSHIP _____

Privacy Statement: "The information you are being asked to provide is needed to determine eligibility to receive Older Americans Act Services and to comply with federal reporting requirements. This information will be stored in a secure electronic database and will not be used for any other purpose. Your information will not be shared without your permission. If you have questions regarding this, please ask the aging unit staff."

★ NOTE: Registration Form continues on the back. Please complete both sides

EFFECTIVE: February 1, 2026

MILWAUKEE COUNTY SENIOR DINING

REGISTRATION *(continued)*

FOOD INSECURITY → 2 Questions:

Read these statements people have made about their food situation. For each statement, please indicate whether the statement was **OFTEN TRUE**, **SOMETIMES TRUE** or **NEVER TRUE** for you or your household in the last 12 months.

1 "I worried whether my food would run out before I got money to buy more."

- Often True
- Sometimes True
- Never True

2 "The food that I bought just didn't last, and I didn't have money to get more."

- Often True
- Sometimes True
- Never True

MALNUTRITION SCREENING TOOL (MST) → 2 Questions:

1 Have you recently lost weight without trying?

- NO YES →

If **YES**, how much weight have you lost?

<input type="checkbox"/> 2-13 pounds	Score	1
<input type="checkbox"/> 14-23 pounds	Score	2
<input type="checkbox"/> 24-33 pounds	Score	3
<input type="checkbox"/> 34 pounds or more	Score	4
<input type="checkbox"/> Unsure	Score	1

WEIGHT LOSS SCORE =

2 Have you been eating poorly because of a decreased appetite?

- NO YES

NO	Score	0
YES	Score	1

APPETITE SCORE =

WEIGHT LOSS SCORE + *APPETITE SCORE* → **TOTAL MST SCORE** =

OK to refer to Dietitian for Follow-Up?

FOR OFFICE USE:

FINAL DETERMINE SCORE:

Determine Nutrition Risk Level

- Low Risk (0-2)
- Moderate Risk (3-5)
- High Risk (6 or more)

MST MALNUTRITION Screen Score

- Not at Risk (= 0 to 1)
- At Risk (= 2 or more)

FOOD INSECURE?

Response of **Oftentimes True** or **Sometimes True** to either question = **Food Insecure**.

- NO YES



- Refer to Dietitian
- EBS to complete Foodshare Application
- Provide list of food pantries & community meals



Recorded the MST Score and Food Insecurity Response in Peer Place.