

DEMENTIA EDUCATION SERIES



CAREGIVING IN THE AGE OF COVID-19

TUESDAY, SEPTEMBER 15TH | 6:30-7:30 PM

Join this Zoom conversation for a discussion with a panel of local professionals about current caregiver concerns, what resources are available, and strategies for how to plan for the future amidst uncertainty.

PROVEN WAYS TO A HEALTHIER BRAIN

TUESDAY, NOVEMBER 10TH | 6:30-7:30 PM

Lifestyle changes have proven effective in reducing the likelihood of an individual developing diseases that cause dementia. Better tomorrows start by learning new things today!

Both sessions will be held via **ZOOM**. To register for one or both, contact **Vashti Lozier** at shorewoodconnects@gmail.com or **Elizabeth Price** at eprice@villageofshorewood.org or **414 847-2727**. Additional information will be provided at the time of registration.

