



# Handy News & Notes

JUNE 2020

## Adaptive Equipment Available This Summer - FREE!



CREDIT: FOX 6 NOW

### COVID-19 Updates! OPD Office Update!



Empowering People | Strengthening Community



#OneCountyMKE

### OFFICE FOR PERSONS WITH DISABILITIES (OPD)

Milwaukee County Courthouse • 901 North 9th Street • Room 307-B • Milwaukee, WI 53233  
(414) 278-3932 • 711 (TRS) • fax: (414) 278-3939



[Office for Persons with Disabilities Website](#)

## BEACH WHEELCHAIRS FOR USE!

@BradfordBeach @abilitycenterwi

Beach wheelchairs will be back at Milwaukee County's Bradford Beach from when the beach opens until Labor Day. Persons with disabilities can use the beach wheelchairs for FREE. You can access a beach wheelchair by going to a Tiki Hut on the beach.



[Enjoy a video about the beach wheelchairs.](#)

## HAND-CYCLES FOR USE!

@wheelfunrentals @abilitycenterwi

Hand-cycles will be available for use or rent from Wheel Fun Rentals at Milwaukee County Veteran's Park from when they open until Labor Day. Persons with disabilities will be able to use the hand-



cycles for FREE. Head down to Veteran's Park and enjoy a bike ride along the lake. It's also a great way to get an upper-body workout. Everyone wins!

<http://wheelfunrentals.com/wi/milwaukee/veterans-park-south/>

[Enjoy a video about the hand-cycles.](#)

## ALL-TERRAIN POWER WHEELCHAIR FOR USE!

@CountyParks @wehrnature

An all-terrain power wheelchair will soon be available for use (FREE) at Milwaukee County's Wehr Nature Center (9701 W College Ave, Franklin WI) (from [Access Ability Wisconsin](#)).



Individuals with disabilities will be able to use for FREE while at the nature center, and/or they can borrow the equipment and use it at a different location of their choosing.

## 30<sup>TH</sup> ANNIVERSARY OF THE ADA!

July 26, 2020

Milwaukee County government will be celebrating the 30<sup>th</sup> Anniversary of the Americans with Disabilities Act (ADA) between now and the end of July 2020. Look for details of events and/or opportunities coming soon.



Attached to this issue you'll find the sixth of seven flyers that will be included in Handy News & Notes (one each month between now and July). Feel free to post these flyers and/or share them with others. If you'd like a pdf or a jpg of these flyers for your use (newsletters, social media, etc.) please contact Tim by email at [timothy.ochnikowski@milwaukeecountywi.gov](mailto:timothy.ochnikowski@milwaukeecountywi.gov)

## ACCESSIBLE ACTIVITIES, ADAPTIVE EQUIPMENT & MORE!



Get access to information about accessible activities (baseball, basketball, biking, fishing, skating, skiing, swimming, Etc.), adaptive equipment that you can use (beach wheelchairs, hand-cycles, golf carts, ice sleds), recreation program providers, and much more recreation information by going to the OPD [Recreation webpage](#).

## SAIL AWAY 2020 – CANCELED!

@MCSCSailing

The Summer Sailing 2020 program **HAS BEEN CANCELED** for this summer. For questions please call Tim at 414-278-3930 or email [timothy.ochnikowski@milwaukeecountywi.gov](mailto:timothy.ochnikowski@milwaukeecountywi.gov).



## CORONAVIRUS (COVID-19) UPDATES!

To stay in touch with updates on Coronavirus (COVID-19), including the number of cases in Milwaukee County, the latest news releases, information on testing, closures and services changes, and more, please visit the [Milwaukee County Coronavirus \(COVID-19\) webpage](#).



## CDC - CORONAVIRUS (COVID-19) & PEOPLE WITH DISABILITIES

@CDCgov

The Centers for Disease Control (CDC) has put together a resource for people with disabilities in how to deal with the Coronavirus (COVID-19). Things like the following.

Emergency Preparedness for Individuals with Disabilities

- Extra medications on hand (90-day supply if possible)
- Backup power for mobility devices, medical devices, etc.
- Backup caregivers (In case caregivers get sick)
- Transportation alternatives
- 30-day supply of groceries
- Extra supplies for pets

For more information visit:

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-disabilities.html>

## OPD OFFICE IS CLOSED UNTIL FURTHER NOTICE!

Due to COVID-19 precautions, the Milwaukee County Office for Persons with Disabilities (OPD) office in the Milwaukee County Courthouse (901 N. 9th Street, Milwaukee) is CLOSED until further notice. **PLEASE NOTE: The OPD staff are working remotely and can be reached using the same phone numbers and email addresses as always. The mailing address remains the same.**



Stay up to date by following the [Milwaukee County Coronavirus \(COVID-19\) webpage](#), [OPD Facebook](#) and [OPD Twitter](#).

## DISASTER DISTRESS HELPLINE

The Disaster Distress Helpline, [1-800-985-5990](tel:1-800-985-5990), is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster. Call **1-800-985-5990** or text **TalkWithUs to 66746** to connect with a trained crisis counselor.

## FREE DAYS!

**PLEASE NOTE: The FREE dates are subject to change. Please stay in touch with the website below for the latest updates.**

[Milwaukee County FREE Days](#)

**Boerner Botanical Gardens** @CountyParks

June 2, 8am-6pm

**Charles Allis Art Museum** @CharlesAllis

June 3, 1pm-5pm

**Villa Terrace Decorative Arts Museum** @VillaTerrace

June 3, 1pm-5pm

**Mitchell Park Domes** @CountyParks

June 4, 9am-5pm

**Milwaukee Public Museum** @MKEPublicMuseum

June 4, 9am-8pm

**Milwaukee Art Museum** @MilwaukeeArt

June 4, 10am-8pm

## FESTIVALS & EVENTS!

**PRIDEFEST** @MKEPride #LiveProud

**CANCELED FOR 2020**

For more information regarding the festival and services, call 414-272-3378, or visit [www.pridefest.com](http://www.pridefest.com).

**POLISH FEST** @MKEPolishFest

**CANCELED FOR 2020**

For more information call 414-529-2140 or visit [www.polishfest.org](http://www.polishfest.org) or e-mail at [info@polishfest.org](mailto:info@polishfest.org)

**LAKEFRONT FESTIVAL OF ARTS** @MilwaukeeArt

**CANCELED FOR 2020**

For more information call 414-224-3200 or visit <http://lfoa.mam.org/>

## FREE FUN WEEKEND!

@WDNR

### June 6-7

**Time:** 6:00am to 11:00pm

**Activities:** Free Fun Weekend, Outdoor activity

**Location:** [Statewide](#)



**Free Fun Weekend in Wisconsin:** No state park admission stickers or trail passes are required June 6-7, 2020. It is also Free Fishing Weekend when people may fish without fishing licenses or state trout stamps. Non-resident all-terrain vehicle operators do not need a non-resident trail pass to ride state ATV trails this weekend. Saturday, **June 6 is also National Trails Day**. Find more trail events across Wisconsin and the country on the [National Trails Day website](#)

### Discovery Day

**Date:** June 6

**Time:** 9:00am to 3:00pm

**Activities:** Archery, Astronomy, Birding, Canoeing/kayaking, Festivals, Fishing, Free Fun Weekend, Free Fishing Weekend, Hike, Outdoor activity, Outdoor skills

**Location:** [Kettle Moraine SF - Pike Lake Unit](#)

A fun event for the whole family! Activities for all ages including geocaching, archery, t-shirt painting, live music, kayak demos, telescope viewing, fishing and hiking. Big City Bluegrass "acoustic music with an old time feel" will be playing at the Amphitheatre. Sponsored by the Friends of Pike Lake.

### Free Kids Fishing Clinic

**Date:** June 6

**Time:** 10:00am to 2:00pm

**Activities:** Children's program, Fishing, Free Fun Weekend, Free Fishing Weekend, Outdoor activity, Outdoor skills

**Location:** [Kohler-Andrae SP](#)

Meet at Friends Fishing Pond on Old Park Road. Open to children 15 years and younger; children must be accompanied by an adult. Free admission. Some fishing equipment available; bring your own rod and reel if possible. Various classes will be taught from 10 a.m. to 1:30 p.m. Light refreshments will be offered. Bags of goodies for all children, plus chance to win more prizes as they leave.

For more information visit [DNR FREE Fun Weekend!](#)

## MCFI OFFERS REMOTE PROGRAMS

@MCFISocial

Physical distancing has changed the landscape for us all, but remote programs can bring us back together.



MCFI is now offering virtual programs for people with a developmental disability and those recovering from a brain injury.

These programs are not only for people who were previously in our programs, but for anyone who would like to join us now, no matter what their abilities or where they live.



Microsoft Teams will be used, and people who participate must have a device such as a tablet, computer or phone and Internet access. Some on-line assistance is available.

The programs will focus on enhancing socialization, discussion and movement, and give participants a sense of structure and comfort. Some of the topics are: Art, Brain Games, Meditation, Mindfulness, Music Therapy, Current Events, Book Club, Yoga and Movement to Music.

Programming will be offered between 9 a.m. and 11:30 a.m. and 12:30 p.m. to 2 p.m. Mondays through Fridays. Please contact us at [info@mcfi.net](mailto:info@mcfi.net) for a schedule, costs and more information!

## ADA INFORMATION ON YOUR SMARTPHONE!

Would you like easy access to the Americans with Disabilities Act Accessibility Guidelines, or ADA Resources, or ADA Checklists, or ADA Enforcement Agencies? If you said yes, you can get all that & more by bookmarking our website on your smartphone.

<https://county.milwaukee.gov/EN/Office-for-Persons-with-Disabilities/ADA>



## BEER GARDENS IN THE PARKS!

@CountyParks

[Watch for Openings by using the links below.](#)

### [BEER GARDENS IN THE MILWAUKEE COUNTY PARKS](#)

#### ESTABROOK PARK BEER GARDEN

The Beer Garden at Estabrook Park overlooks the Milwaukee River in Estabrook Park, operated by Old German Beer Hall. [Get details here.](#)



#### THE LANDING AT HOYT PARK!

@LandingatHoyt

The Landing beer garden at Hoyt Park offers views of the Menomonee River Parkway in Hoyt Park. [Get details here.](#)



#### THE VINE HUMBOLDT – WINE & BEER GARDEN!

The Vine Humboldt is a new wine and beer garden, with five wines and eight craft beers on tap at the historic Humboldt Park Pavilion. [Get details here.](#)



#### SOUTH SHORE TERRACE – HOME OF MILLER 1855 BAR AREA

@MolsonCoors

The South Shore Terrace beer garden – home of Miller 1855 Bar Area at South Shore Park Pavilion, operated by Milwaukee County Parks in partnership with Miller Coors. [Get details here.](#)



#### WHITNALL PARK BEER GARDEN

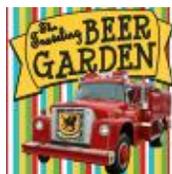
The Whitnall Park Beer Garden, operated by Milwaukee County Parks, nestled within Whitnall Park on the Root River Parkway. [Get details here.](#)



#### MILWAUKEE COUNTY PARKS TRAVELING BEER GARDEN

@SprecherBrewery

The Traveling Beer Garden is operated by Milwaukee County Parks in partnership with Sprecher Brewing. [Traveling Beer Garden Schedule](#)



## HAPPENING AT THE ZOO!

@MilwaukeeCoZoo

June 24 & July 1, 8, 15, 22, 29  
**Sunset Zoofari at the Zoo**  
Sponsored by Tri City National Bank



## EMPLOYMENT STATS!

@BLS\_gov

The April 2020 Bureau of Labor Statistics report:



#### Labor Force Participation Rate

Persons w/ disabilities = 32.7% (-1.8%) (33.3%, '19)

Persons w/ no disabilities = 73.6% (-4.2%) (76.8%, '19)

#### Employment – Population Ratio

Persons w/ disabilities = 26.3% (-14.9%) (30.9%, '19)

Persons w/ no disabilities = 63.2% (-14.9%) (74.3%, '19)

See the current report here:

<http://www.bls.gov/news.release/empsit.t06.htm>

## REPORT AN ACCESSIBILITY ISSUE

The Office for Persons with Disabilities (OPD) has an on-line form where you can submit a report of an accessibility issue within Milwaukee County government (buildings, grounds, employment, etc.). You can [submit a report](#) by going to the OPD [ADA webpage](#).



## 2020 WIL-O-WAY KEY CARD!

Don't forget to renew your Wil-O-Way Key Card membership. The 2020 application is attached to this newsletter or you can get the application on the [OPD Recreation webpage](#).



## FREE IEP & SPECIAL EDUCATION WEBINARS

@wifacets

WI FACETS offers several workshops for families of children with disabilities and those who support them. You can access these trainings from any location using your smart phone, laptop, or landline.

**Pre-registration is required.** Sign up online at [www.wifacets.org/events](http://www.wifacets.org/events), or call 877-374-0511.

*\*Requests for reasonable accommodations are needed 2 weeks prior the training.*



**BLACK-** webinars

**BLUE** – in person trainings

**RED**–telephone workshops

**PURPLE** – mini webinars (30 minutes)

- 6/2 IEP Checklist, 12-1 pm
- 6/11 **Preparing Your Child for Transitioning to Adult Life, 12-1 pm**
- 7/9 **Transition from Birth to 3 to School (Spanish), 12-1 pm**
- 8/12 Early Childhood Special Education Inclusive Practices & Related Services, 12-1 pm
- 8/19 Wisconsin Promising Practices and Resources, 12-1 pm

### POPULAR WEBINAR RECORDINGS:

[Special Education Discipline Requirements](#)

[Understanding & Managing Challenging Behaviors in Young Children](#)

## LIFE NAVIGATORS @LifeNavOrg

### Life Navigators Coffee Connections

Join us for a Futures Planning Roundtable

Are you a parent or family member of an adult with a developmental disability and looking for connections to other caregivers in the community?



This monthly group offers peer support for caregivers age 60 or older and explores topics related to futures planning and long-term care options.

**Who:** Aging Caregivers and Family

**Date & Time:** Tuesday, June 9, 10:00am–12:00pm

**Location:** This month's meeting will take place virtually through a Zoom video conference call.

**RSVP:** to Megan at [megan@lifnavigators.org](mailto:megan@lif navigators.org) or 414-774-6255.

More Information: Visit <http://LifeNavigators.org>

## MoMS CONNECTORS TABLE

Thursday, June 11, 4:00 - 5:00 PM

Saturday, June 27, 10:30 - 11:30 AM

Meet by computer or phone. Please register at least one week in advance to receive logon instructions.

Cost: Free

Mainstreaming on Main Street® (MoMS) is a learning community of and for persons with disabilities (PWD) who engage in professional/skilled settings. The MoMS Connectors Table is a forum for PWD to explore topics related to the dance of being a professional and having a disability.

Each connectors table starts with a brief introduction to frame the conversation. The conversation is directed by the experiences of the participants. Featured topics:

- Perspectives on disability
- Talking about disability: wholeness and brokenness
- Micro-aggressions and marginalization
- Fixing, helping, serving
- Disclosing disability/coming out as a person with a disability
- Disability archetypes: superheroes, victims, and saviors
- Building a team: consuming/collaborating

An underlying tenant of MoMS is: We are each of us broken, and yet, we are all whole persons."

### For more information or to sign up:

Dan Lococo, PhD

Barrier Kicker Downer

414.333.5846

[Dan.Lococo@gmail.com](mailto:Dan.Lococo@gmail.com)

<http://www.MainstreamingonMainStreet.com/>

## REC ON DECK NEWSLETTER, REC ROOM CALENDAR, DISCOUNTED TICKET OFFERS, WIL-O-WAY PROGRAMMING & MORE!!!

Get access to the latest Rec on Deck newsletter, Rec Room Calendar, discounted ticket offers, Wil-O-Way programming, and much more recreation information by going to the OPD [Recreation webpage](#).



## LOOKING FOR A HALL?

@MKECoOPD

Are you looking for a hall for your next function? Would you like to rent a beautiful hall in a woodsy setting near you? If you answered yes, please use the links below (or call the Office for Persons with Disabilities at 414-278-3930) to check out the [Wil-O-Way Grant](#) and [Wil-O-Way Underwood](#) facilities. These facilities may be just what you're looking for. You can even review the facilities, check the calendar, review the guidelines, and apply right on your smartphone.



### [Wil-O-Way Grant](#) (South Milwaukee)



### [Wil-O-Way Underwood](#) (Wauwatosa)



Check out the [Facility Guidelines](#) & [Facility Rentals Calendar](#).

### CONFERENCE ROOM – WIL-O-WAY UNDERWOOD

Need a meeting place during the day away from work? **FREE!** Contact us about our conference room at Wil-O-Way Underwood (Wauwatosa). The conference room seats 20, offers a 50" flat screen TV, a whiteboard & WiFi.



### OTHER RENTAL FACILITIES – COUNTY PARKS

For your special family gathering, community-group event, or business function, you'll find a Milwaukee County Parks site to complement your event. [Visit the Park Department "Rent a Venue" webpage here.](#)

## ENGINE AND TRANSMISSION EXCHANGE (ETE)

@etereman

Engine and Transmission Exchange (ETE) locations offer all types of mechanical repairs and vehicle maintenance on almost any type of mobility equipped vehicles.



### PERFORMANCE

Our talented and experienced technicians can check your vehicle's engine for defects that may be causing a reduction in performance.

### ELECTRICAL DIAGNOSIS

Electrical faults can result in performance issues or make your engine inoperable. Our team can diagnose electrical faults and recommend solutions.

### PREVENTATIVE MAINTENANCE

It is recommended that you have maintenance performed on your vehicle's engine every 30K miles to prevent damage and keep performance consistent.

### HEATING & COOLING

ETE can diagnose and service your vehicle's A/C and cooling systems, including belt, hose, and filter replacements.

### ENGINE REPLACEMENT

ETE's technicians can perform the work to replace a damaged or inoperative engine in your vehicle to restore its functionality.

### TRANSMISSION

ETE can provide transmission services including replacement, sales, or complete transmission service repairs.

**Milwaukee:** 2727 S 27th St, Milwaukee WI 53215  
414-645-7000

**Waukesha:** 1604 S West Ave, Waukesha WI 53189  
262-548-0000

For a FREE quote, email ETE at [vf@enginetrans.com](mailto:vf@enginetrans.com)

## ACCESSIBLE VANS / VEHICLES FOR SALE!



Are you looking for a new or used accessible van/vehicle near you? Check out <http://www.blvd.com/>. The world's largest selection of wheelchair vans for sale in one place.

# LET MCTS BE YOUR FREEDOM ON WHEELS IN 2020

@RideMCTS

MCTS believes nothing is more important than the health and safety of our customers and employees. As the COVID-19 situation evolves, MCTS policies and service will also adjust. Please continue to follow MCTS on social media and check [ridemcts.com](http://ridemcts.com) for the most current information.

## Summer 2020 Service Changes

Beginning on Sunday, June 28<sup>th</sup>, the following route changes will go into effect:

**Route 14: Making Service Faster:** Southbound Route 14 trips that currently turn south on S. 43rd Street, serve the bus stop on the island, then turn west on Oklahoma Avenue, then turn southwest back to Forest Home Avenue, will instead have a faster routing. Southbound Route 14 will now stay on Forest Home and serve a new bus stop south of Oklahoma, adjacent to Una Café, to allow for transfers to Route 51, then continue southwest on Forest Home.

**Route 21: Simplifying and Providing More Service:** Route 21 trips that currently provide service on Booth Street, Meinecke Avenue or Humboldt Boulevard will be straightened out and simplified to provide more service to all riders on this route. An upcoming City of Milwaukee construction project will prevent buses from using this routing. Route 21 will now stay on North Avenue and operate around Kilbourn Reservoir Park and serve new bus stops at North & Weil. The time saved via the shorter routing made it possible to provide more buses on the route throughout the day.

**Route 67: Simplifying Service:** Northbound trips on Route 67 that currently provide service on Servite Drive between N. 76th Street and Brown Deer Road will be permanently re-routed. Servite Drive is being reconstructed by the City of Milwaukee into two dead-end cul-de-sacs. As a result, northbound Route 67 will stay on N. 76th Street and serve a new far-side stop at 76th & Dean, then turn west on Brown Deer Road, serve the bus stop at Brown Deer & Servite and then continue northbound into the Northridge ring road-Granville Station Road and Northridge Lakes Road. Riders who typically use the northbound stop at 76th & Northridge Lakes (ID #271) will need to use the corresponding southbound stop (ID #6800) instead as the northbound stop will be eliminated.

## Rider Insider Program

Are you interested in:

- Being the first to get the latest MCTS news
- Weigh in on surveys and polls about bus service in Milwaukee County

Sign up for MCTS' Rider Insider program to receive periodic email updates with all of your MCTS news and the most current COVID-19 policies.



## Covid-19 Update

- Buses that run Mondays-Fridays have resumed using a regular weekday schedule.
- Buses are for essential trips only.
- **Starting June 1<sup>st</sup>, fare collection will resume aboard all buses and paratransit vehicles.**
- Riders should enter through the front door, pay the fare and then move away from the farebox and driver. The use of contactless fare forms, like the M-CARD and Ride MCTS app, is strongly encouraged.
- A maximum of 10 passengers are allowed on a bus at any given time.
- All buses undergo a daily disinfection process using EPA-approved and CDC-recommended cleaning products. That's in addition to the standard cleaning vehicles receive on a regular basis.
- The MCTS Administration Building, 1942 N. 17th Street, remains closed to visitors.

To learn more about how we can help make you become an independent transit user, give our travel trainer a call @ 414-343-1711. If you see any barriers that need the attention of the Bus Stop Barrier Remover, please contact Chris Fox at 414-937-3256, or [cfox@mcts.org](mailto:cfox@mcts.org).



## MILWAUKEE COUNTY ON SOCIAL MEDIA! #OneCountyMKE

Follow your Milwaukee County government on Social Media (Facebook, Twitter, YouTube, Instagram, Flickr, Pinterest, LinkedIn). [Get the lists here.](#)



## MILWAUKEE COUNTY HAS JOB OPENINGS

@MKECountyDHR

Would you like to work for Milwaukee County? The County is always looking for good people for the open positions. Click on the link below to see the list of current openings.



[Current Openings](#)

[DECA Program](#)

DON'T LET THE disABILITY DEFINE YOU!

30<sup>TH</sup>

ANNIVERSARY

AMERICANS WITH DISABILITIES ACT - JULY 26, 1990

**Stephen Hawking**, Award Winning Physicist (ALS)

**Marlee Matlin**, Academy Award Winning Actress (Deaf)

**Ralph Braun**, Manufacturer (Muscular Dystrophy)

**Leonardo Da Vinci**, Artist (Dyslexia)

**John Denver**, Singer Songwriter (Depression)

**Cher**, Academy Award Winning Actress, Singer (Dyslexia)

**Diana Frances**, Princess of Wales (Bulimia Nervosa)

**Jim Carrey**, Award Winning Actor, Comedian, Producer (Depression, ADHD)

**Michelangelo**, Artist (Obsessive Compulsive Disorder)

**Peyton Manning**, Pro Football Player (Cleft Palate)



#DISABLETHELABEL

#ADA30

#ADA30MKE





# Milwaukee County Transit System

## New Schedule Changes

**Starting Sunday, June 28, 2020**

**Routes 12, 14, 19, 21, 31,  
51, 52, 53, 56, 57, 60,  
67, 80, and PurpleLine**

Check buses for new schedules starting  
June 21 or see previews at  
[RideMCTS.com](http://RideMCTS.com) starting June 18.



**Plan your trips with the Ride MCTS App,  
at [RideMCTS.com](http://RideMCTS.com) or by calling the MCTS  
24-hour bus line at 414-344-6711.**



# Milwaukee County Transit System



**Visual information for riders who  
are blind or low vision**

Download the app for free today!

To learn more, visit  
[RideMCTS.com/aira](https://RideMCTS.com/aira)



**Plan your trips with the Ride MCTS App,  
at [RideMCTS.com](https://RideMCTS.com) or by calling the MCTS  
24-hour bus line at 414-344-6711.**

# Meals on Wheels

The Meals on Wheels program promotes independent living for homebound older adults through the delivery of a hot, nutritious meal Monday through Friday. We are committed to helping older adults live healthier and more nourished lives in their own homes. A suggested contribution of \$3 per meal is appreciated to offset the cost of the program. If you, or someone you know could benefit from having meals delivered, please call the Aging Resource Center at (414) 289-6874 to request an assessment.

## To be eligible you must be:

- 60 or older
- A Milwaukee County resident
- Homebound
- Unable physically or mentally to prepare your own meals



**To register call (414) 289-6874**



MILWAUKEE COUNTY  
**Department on Aging**





# iCare Medicare Plan

If you are on both Medicare and Medicaid, the *iCare* Medicare Plan (HMO D-SNP) gives you **FREE** added benefits — above what Original Medicare covers at no cost to you!

And the OTC benefit is even better for 2020 with our **NEW prepaid benefits card** and a **HUGE increase** in the monthly allowance **to \$120 a month/\$1,440 a year!**

You can purchase OTC items in a retail store or pharmacy. Or, using our product catalog, order through DrugSource, Inc. by phone or online with **FREE** shipping to your home. It's your choice!



**Call now to speak with a licensed Medicare Benefits Consultant!**

**1-888-241-9637**

**\$0 co-pays | \$0 premium | \$0 deductible**

You can also receive:

- » 90-day supply of Tier 1 & Tier 2 medications for a 1-month co-pay
- » SilverSneakers® Fitness Membership
- » WW® (Weight Watchers) with transportation to/from meetings
- » Additional Dental and Vision Benefits
- » And more!

Independent Care Health Plan (iCare), which insures iCare Medicare Plan (HMO D-SNP), is an HMO with a Medicare contract and a contract with the State Medicaid program. Enrollment in iCare Medicare Plan depends on iCare's contract renewal. Questions? Call 1-800-777-4376 (TTY: 711) for more information. Independent Care Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, gender identity, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-777-4376 (TTY: 1-800-947-3529). LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-777-4376 (TTY: 1-800-947-3529). H2237\_IC2266\_M 9/15/2019

Say “hello” to extra dental benefits that cover dentures.



**Original Medicare doesn't cover dental benefits. But an Allwell Medicare Advantage plan has all the benefits you need for a healthy smile:**

- \$0 copay for most preventive dental care
- Two exams/cleanings per year
- Diagnostic and restorative services at no additional cost
- One set of x-rays every year
- \$2,400 allowance that can be used for dentures and other preventive and comprehensive dental services every year

**Call today for more information.**

**414-551-6768 (TTY: 711)**

[allwell.mhswi.com](http://allwell.mhswi.com)

Allwell is contracted with Medicare for HMO, HMO SNP and PPO plans, and with some state Medicaid programs. Enrollment in Allwell depends on contract renewal. Allwell from MHS Health Wisconsin complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, health status, sex, sexual orientation, gender identity or disability and will not use any policy or practice that has the effect of discriminating on the basis of race, color, national origin, health status, sex, sexual orientation, gender identity or disability.

For Medicare: 1-833-981-0042 (HMO), 1-877-935-8024 (HMO SNP), (TTY: 711)

**Español (Spanish):** Servicios de asistencia de idiomas, ayudas y servicios auxiliares, y otros formatos alternativos están disponibles para usted sin ningún costo. Para obtener esto, llame al número de arriba.

**Ntawv Hmoob (Hmong):** Muaj kev pab txhais lus, khoom pab mloog txhais lus thiab lwm yam kev pab pub dawb rau koj. Xav tau tej no, thov hu rau tus nab npawb saum toj saud.

**ဗမာ (Burmese):** ဘာသာစကားအကူအညီ ဝန်ဆောင်မှုများ၊ ခန့်တာကိုယ်ချိတ်သူများအတွက် အကူအညီပေးသည့် ဝန်ဆောင်မှုများနှင့် အခြားရွေးချယ်စရာများကို သင်အခမဲ့ရရှိနိုင်ပါသည်။ ၎င်းကိုရယူရန်အတွက် အထက်ပါဖုန်းနံပါတ်ကို ဖုန်းခေါ်ပါ။

# Get your mammogram

## EARLY DETECTION IS THE BEST DEFENSE



Make sure you are up to date on your breast cancer screenings. Here are some facts about breast cancer detection:

- Breast cancer is the most common cancer among women.
- There is no way to tell who will get breast cancer. All women are at risk. One in 8 women will get breast cancer in their lifetime and in 80 percent of cases, there is no family history.
- Breast cancer can be treated. Survival rates are best with early detection.
- Mammograms can cause discomfort, but the breast compression only lasts a few seconds. Many beauty procedures cause much more pain, including hair plucking, waxing, tattooing, piercings and microdermabrasion.
- The American Cancer Society and many doctors recommend that women age 40 and older have a mammogram every year.
- Women in their 20s and 30s should have a breast exam as part of their regular physical at least once every three years.
- Breast self-exams are one way to detect changes in your breasts. Report any changes to your doctor right away.



**Lisa Blanchard, RN, MBA,** is a Quality Improvement Coordinator at MHS Health. She encourages women to follow their doctor's recommended schedule for mammograms.



# Call for a Free Tour

For Eligible Individuals

The entire adult day care program cost may be covered by  
a Medicaid Waiver Program, VA, or long term care  
insurances.

\*We accept IRIS and  
Community Care

\*Please call our center to discuss payment options at:

**414-988-2503**

**11010 West Hampton Ave.  
Milwaukee, WI 53225**

# Come Celebrate With Us... 30<sup>th</sup> Anniversary

**GREATER MILWAUKEE AREA**

**WHITNALL HIGH SCHOOL  
5000 SOUTH 116TH STREET  
GREENFIELD, WI 53288**

**AMERICANS WITH DISABILITIES ACT 1990-2020**

**JULY 25TH 10:00-3:00 PM**

**WHO SHOULD ATTEND? OPEN TO THE COMMUNITY | PROVIDERS | FAMILIES | KIDS | ADULTS | ADVOCATES**

**THE COMMUNITY RESOURCE NETWORK** is a collection of collaborative individuals and organizations that serve the special needs community. Our mission is to be a resource that helps bridge the gaps that exist between special needs providers, clients, and communities. The ADA marks a turning point for all Americans with Disabilities. Passed on July 26, 1990, the ADA represents a pivotal step toward inclusion. The entire community is welcome to come celebrate the anniversary of this monumental legislation.

## EVENT SCHEDULE

- 10-3 PM.....ALL DAY RESOURCE FAIR
- 11-12 PM.....NANCY GIANNI\*, FOUNDER OF GIGI'S PLAYHOUSE
- 1-2 PM.....TEMPLE GRANDIN\*, NATIONAL AUTISM ICON
- 2:30-3:00 PM.....BOB JOHNSTON, CLOSING REMARKS

**(QUIET SPACE WILL ALSO BE PROVIDED)**

\*Virtual Presentation



**NANCY GIANNI\***  
**FOUNDER OF GIGI'S PLAYHOUSE**

Named after her daughter, GiGi's Playhouse is a Down Syndrome Achievement Center. The Non-Profit has grown to 43 locations across the United States and now one location in Mexico. The Mission of GiGi's is "To change the way the world views Down Syndrome and to send a global message of acceptance for all! Come learn from this talented and passionate leader!



**TEMPLE GRANDIN\***  
**NATIONAL AUTISM ICON**

Temple is a prominent author & speaker on both autism and animal behavior/science. Her early work on autism spectrum disorder was universally and critically acclaimed as no other information had been produced by a person who was on the spectrum. Her TEDx talk has over 1 Million views on YouTube and she is universally recognized as one of the top authorities on the subject of Autism. Claire Danes starred in her documentary called "Temple Grandin" which tells her story.

**PROVIDER BOOTHS AND SPONSORSHIP INFORMATION: EMAIL BOB JOHNSTON FOR DETAILS**

**BOB JOHNSTON | FOUNDER**  
**PHONE: 414-659-2273**  
**EMAIL: BJOHNSTON@CRN.COMMUNITY**  
**WWW.CRN.COMMUNITY | FACEBOOK.COM/CRN.COMMUNITY | LIKE | SHARE | FOLLOW**

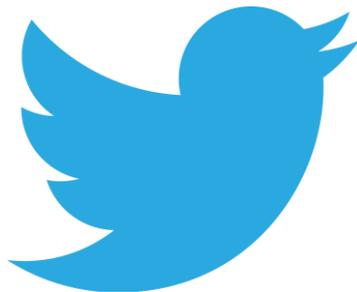
**COLLABORATION | AWARENESS | INCLUSION**



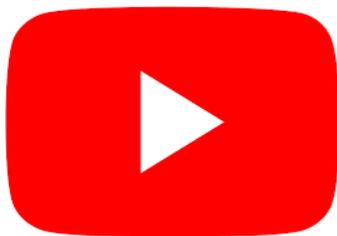
# Like & Follow Us



**MilwaukeeCountyOPD**



**@MKECoOPD**



**MilwaukeeCountyOPD**



# 2020 Wil-O-Way Key Card

The Wil-O-Way Key Card is a product of the Milwaukee County Office for Persons with Disabilities and the Wil-O-Way Recreation Program. Membership in the Wil-O-Way Key Card program expands recreational opportunities for persons with disabilities at a reduced or no cost.

**Yearly Membership runs from January 1<sup>st</sup> – December 31<sup>st</sup>**

**ALL communication by EMAIL ONLY!!!**

## MILWAUKEE COUNTY RESIDENTS

\_\_\_ KEY CARD MEMBERSHIP (\$25)

\*\*\* AFTER August 1, 2020 \*\*\* \_\_\_ (\$12)

## NON-MILWAUKEE COUNTY RESIDENTS

\_\_\_ KEY CARD MEMBERSHIP (\$35)

\*\*\* AFTER August 1, 2020 \*\*\* \_\_\_ (\$17)

## BENEFITS INCLUDED

- Discounted / free ticket offers to Admirals, Bucks, Brewers, Milkmen, & Wave games
- Wil-O-Way Recreation Program Discounts
- Discounted ticket offers to other local / special events
- Monthly emails regarding additional recreational opportunities

*Please Type or Print*

**EMAIL ADDRESS NEEDED!!!**

NAME: \_\_\_\_\_ **E-MAIL:** \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ EVENING PHONE: \_\_\_\_\_

DISABILITY: \_\_\_\_\_

FUNCTIONAL LIMITATIONS (i.e., limited walking, scared of heights, etc.): \_\_\_\_\_

MOBILITY DEVICES USED: \_\_\_\_\_ Wheelchair \_\_\_\_\_ Scooter \_\_\_\_\_ Walker \_\_\_\_\_ Cane

\_\_\_\_\_ Crutches \_\_\_\_\_ Long Leg Braces \_\_\_\_\_ Other \_\_\_\_\_

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

DOCTOR'S ADDRESS: \_\_\_\_\_

## Payment

**Checks:** Should be made payable to: **Milwaukee County Treasurer**

**Credit Cards:** (Please circle appropriate card)

MasterCard

VISA

**Name on Card:** \_\_\_\_\_

**Acct. #:** \_\_\_\_\_

**Charge Authorized:** \$ \_\_\_\_\_

**Exp. Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Sec. Code (3 digits):** \_\_\_\_\_

**Mail:** Office for Persons with Disabilities, Wil-O-Way Key Card, 901 N. 9<sup>th</sup> Street, Room 307-B, Milwaukee, WI 53233

**Fax:** 414-278-3939

**Email:** [michael.bonk@milwaukeecountywi.gov](mailto:michael.bonk@milwaukeecountywi.gov)

**Questions:** Call 414-278-3938

