



Handy News & Notes

AUGUST 2020



RampUp MKE – Bradford Beach

Bradford Beach is Now Open to EveryBODY!



Empowering People | Strengthening Community



#OneCountyMKE

OFFICE FOR PERSONS WITH DISABILITIES (OPD)

Milwaukee County Courthouse • 901 North 9th Street • Room 307-B • Milwaukee, WI 53233
(414) 278-3932 • 711 (TRS) • fax: (414) 278-3939



[Office for Persons with Disabilities Website](#)

RAMPUP MKE – BRADFORD BEACH!

@abilitycenterwi @CountyParks @BradfordBeach
@ChrisSAbele @GrMKEFdn @ReeveFoudation

Welcome to Bradford Beach – the country's most accessible beach! The Beach is now open to everyBODY thanks to the collaborative effort between [The Ability Center](#) and the [Milwaukee County Parks](#) and funded by the generosity of the [Milwaukee County Parks](#), [Chris Abele](#), the [Greater Milwaukee Foundation](#), the [Christopher and Dana Reeve Foundation](#), the [Milwaukee County Commission for Persons with Disabilities](#), [Miron Construction](#), [raSmith](#), and over a **hundred individual donors**.

The Ability Center's plan to RampUp: Bradford Beach began in 2015, as the first of several RampUp: Universal Community Projects



**THE
ABILITY
CENTER**

Play together.

undertaken between The Ability Center and Milwaukee County Parks. At that time, The Ability Center purchased and placed three accessible beach wheelchairs at Bradford Beach. We left Bradford Beach on that hot August day in 2015 promising to create an accessible beach path between the Oak Leaf Trail and the water's edge. Thanks to YOU we've finally delivered on our promise. In June of 2019, Damian Buchman, Executive Director of The Ability Center, shook hands with Guy Smith, Executive Director of the Milwaukee County Parks, to kick-off a \$100,000 fundraising effort to make the RampUp: Bradford Beach project a reality. The Parks made a generous donation to start the fundraising effort along with a personal donation by Chris Abele, Milwaukee County Executive at the time. Other significant donations were made to the project by the Greater Milwaukee Foundation and the Milwaukee County Commission for Persons with Disabilities. Many thanks to Tim Ochnikowski, Director of the Milwaukee County Office of Persons with Disabilities, for all his tireless efforts supporting the RampUp: Universal Community Projects. The Ability Center also applied for a Quality of Life Grant from the Christopher and Dana Reeve Foundation, to fund the purchase of the Mobi-Mats and additional beach wheelchairs, and the organization was excited to be awarded the grant in May.

Construction on the project started on July 9 and pictures of the construction progress were posted on The Ability Center's Facebook page. Many people viewed the pages and posted wonderful comments about what it will mean when the beach is accessible. Here are some of those comments:

"I can't wait to take my kiddo to the beach. This was never really possible for her due to her wheelchair! So excited!"

"Can't wait to take our son down to the beach! He loves the beach but can't go because he's in a wheelchair. This is awesome. Can't even begin to express how much this means to him. I don't think most people understand the importance of people with disabilities to be able to do things they used to love before becoming disabled. THANK YOU!"

"This is amazing and I'm so excited. My elderly father grew up going to Bradford beach. He's now in a wheelchair and only able to be wheeled around on the sidewalk by the beach. He will be so happy when I'm able to take him all the way down to the water. Thank you so much for this!"

The dream to create a fully accessible beach became reality on July 24, 2020 when the ribbon was cut to open the beach for everyBODY! The ribbon cutting was just in time to celebrate the 30th Anniversary of the signing of the American's with Disabilities Act on July 26, 2020.

The accessible path starts with a concrete plaza right off the concrete plaza and pathway right off the Oak Leaf Trail and just south of the crosswalk at Lincoln Memorial Drive. Mobi-Mats (seasonal beach access mats) are attached to the end of the pathway allowing visitors to go right to beautiful Lake Michigan's water's edge. AnyBODY can use the pathway and Mobi-Mats and if visitors do not need a smooth and gently sloping surface to get to the water, they can use the stairs that will be on the opposite end of the plaza. Visitors can also check out one of the accessible beach wheelchairs to further explore the beach or even take the chairs right into the water!

Later in the season the landscaping will be completed around the plaza and pathway to protect and stabilize the sand. The final touch will be the placement of the plaque commemorating the event that will read as follows:

**In recognition of the 30th Anniversary of the
American's With Disabilities Act,
The Ability Center and the Milwaukee County Parks
are proud to provide the nation's most inclusive
beach.**

**This unique and universal beach entrance was made
possible through the generosity of:**

Milwaukee County Parks
Chris Abele

Greater Milwaukee Foundation

Christopher and Dana Reeve Foundation

Milwaukee County Commission for Persons with
Disabilities

Miron Construction
raSmith

and hundreds of individual donors

**Thank you to the Greater Milwaukee Community for
providing the opportunity for everyBODY to Play
Together!**

July 26, 2020

BEACH WHEELCHAIRS FOR USE!

@BradfordBeach @abilitycenterwi

Beach wheelchairs are back at Milwaukee County's Bradford Beach from now until Labor Day. Persons with disabilities can use the beach wheelchairs for FREE. You can access a beach wheelchair by going to a Tiki Hut on the beach or by calling 414-215-9830.



[Enjoy a video about the beach wheelchairs.](#)

HAND-CYCLES FOR USE!

@wheelfunrentals @abilitycenterwi

Hand-cycles are available for use or rent from Wheel Fun Rentals at Milwaukee County Veteran's Park from now until Labor Day. Persons with disabilities can use the hand-cycles for FREE. Head down to Veteran's Park and enjoy a bike ride along the lake. It's also a great way to get an upper-body workout. Everyone wins!



<http://wheelfunrentals.com/wi/milwaukee/veterans-park-south/>

[Enjoy a video about the hand-cycles.](#)

ACCESSIBLE ACTIVITIES, ADAPTIVE EQUIPMENT & MORE!

Get access to information about accessible activities (baseball, basketball, biking, fishing, skating, skiing, swimming, Etc.), adaptive equipment that you can use (beach wheelchairs, hand-cycles, golf carts, ice sleds), recreation program providers, and much more recreation information by going to the OPD [Recreation webpage](#).



NEW ACCESSIBLE PIER AT WEHR NATURE CENTER

@wehrnature

There might be a pandemic happening but that hasn't stopped progress at Wehr. Over the last five months our new pier was installed, and it is beautiful! Thanks to the generous donation from the Estate of Richard Nason, a long time Camera Club member, Wehr has a new, much improved "Forever Pier." It provides twice the space, more seating, and storage space when needed. Forever Piers has worked with us for over a year to get a design and to complete construction. Installing a permanent pier is quite a process. First, the old pier came out in February while the lake was still frozen. The always frugal and recycling conscious boardwalk team, headed by Rich Sterle, re-purposed all of the old pier into new boardwalk sections on the golf course side of the creek below the waterfall. While the lake was still frozen, the metal bases were installed. Then came the spring rains and flooding so we had to wait for the water to recede before it could be finished.



Finally, after Memorial Day the decking was installed. Then a week later the benches and corner table were put in. Two parts remain but these pieces do not impact general population usage. A special bench system is being designed to allow wheelchair access to dipping in the water for students on field trips. We hope to have them ready to go by the end of July. A unique design part will be the creation of a shade awning system that can be used when shade is required. This covering would not be left up but rather put up, kind of like a pop-up tent, to provide shade during a specific program. This special part is being funded by a Helen Bader Foundation SPARK grant as part of our new series of program for people with memory loss that hopefully will begin this fall.

Come and enjoy sitting at the new pier. It is the perfect spot to sit and relax, meditate, or just watch wildlife.

Wehr Nature Center, 9701 W. College Ave, Franklin WI 53132.

MILWAUKEE COUNTY EXECUTIVE DAVID CROWLEY

2021 Budget Hearing's

@DavidCrowleyWI



The County Executive's 2021 Budget Hearing sessions will be scheduled soon.

Please follow the OPD Twitter account and/or Facebook page (below) to receive the details when available.

@MKECoOPD

[facebook.com/MilwaukeeCountyOPD](https://www.facebook.com/MilwaukeeCountyOPD)

ELECTION DAY!

August 11

Tuesday, August 11 is the Partisan Primary election. Exercise your right and vote.



MILWAUKEE COUNTY OFFERS AIRA! First County in the Country!

@airaio @MKECoOPD

Milwaukee County is the first county in the country to offer FREE [Aira](#) technology services (to Aira users) at the airport, on public transportation & in destination locations (see list).



GENERAL GOVERNMENT

Coggs Human Service Building
Criminal Justice Facility
Milwaukee County Courthouse, + Grounds
Milwaukee County Transit System
Mitchell International Airport
Safety Building
Vel Phillips Youth & Family Justice Center

PARKS & RECREATION

Art Museum
Boerner Botanical Gardens, + Grounds
Bradford Beach, Beach, Bathhouse, Tiki Huts, North Point Snack Bar
Cathedral Square Park, Grounds
Estabrook Park, Beer Garden, + Grounds
Forest Exploration Center
Grant Park, Grounds
Greenfield Park, Cool Waters, + Grounds
Hoyt Park, Beer Garden, Pool, + Grounds
Humboldt Park, Beer/Wine Garden, Band Shell, + Grounds

Kelly Senior Center, + Grounds
Lake Park, Stage, Lighthouse, + Grounds
Lincoln Park, Schulz Aquatic Park, + Grounds
McKinley Marina, Yacht Club, + Grounds
Milwaukee Community Sailing Center
Milwaukee County Historical Society
Milwaukee County Zoo
Milwaukee Public Museum
Mitchell Park, The Domes, + Grounds
Pere Marquette Park, Gazebo, + Grounds
Sheridan Park, Grounds
South Shore Park, Beer Garden, + Grounds
Veterans Park, Grounds
War Memorial
Warnimont Park, Grounds
Washington Park, Band Shell, Senior Center, Urban Ecology Center, + Grounds
Wehr Nature Center, + Grounds
Whitnall Park, Beer Garden, + Grounds
Wil-O-Way Grant, + Grounds
Wil-O-Way Underwood, + Grounds
Wilson Park, Senior Center, Ice Rink, Pool
Wisconsin Avenue Park, Ability Center Offices, + Grounds
Zoofari Conference Center

Get the list of Milwaukee County building / facilities offering free Aira services by [visiting the OPD website](#).

What is Aira?

Aira is today's fastest growing assistive community. One tap of a button instantly connects you with a sighted professional agent who delivers visual assistance anytime and anywhere. Using augmented reality, Aira connects people who are blind or low vision to a trained professional agent who is dedicated to further enhancing their everyday experience – completely hands-free assistance at the touch of a button. To find out more information, including individual pricing plans, equipment, services, etc., contact Aira at 800-835-1934 or visit <https://aira.io/>.

MARCUS CENTER MC ACCESS

@MarcusCenter



Marcus Center
for the Performing Arts

The Office for Persons with Disabilities (OPD) and the Marcus Center for the Performing Arts have teamed up to offer

discounted tickets to selected shows for county employees and their families and friends, as well as readers and followers of Handy News & Notes. To access this opportunity, please visit www.marcuscenter.org/mcaccess and enter group code "countyitix."

LOOKING FOR A HALL?

@MKECoOPD

Are you looking for a hall for your next function? Would you like to rent a beautiful hall in a woodsy setting near you? If you answered yes, please use the links below (or call the Office for Persons with Disabilities at 414-278-3930) to check out the [Wil-O-Way Grant](#) and [Wil-O-Way Underwood](#) facilities. These facilities may be just what you're looking for. You can even review the facilities, check the calendar, review the guidelines, and apply right on your smartphone.



Wil-O-Way Grant (South Milwaukee)



Wil-O-Way Underwood (Wauwatosa)



Check out the [Facility Guidelines](#) & [Facility Rentals Calendar](#).

CONFERENCE ROOM – WIL-O-WAY UNDERWOOD

Need a meeting place during the day away from work? **FREE!** Contact us about our conference room at Wil-O-Way Underwood (Wauwatosa). The conference room seats 20, offers a 50" flat screen TV, a whiteboard & WiFi.



OTHER RENTAL FACILITIES – COUNTY PARKS

For your special family gathering, community-group event, or business function, you'll find a Milwaukee County Parks site to complement your event. [Visit the Park Department "Rent a Venue" webpage here.](#)

FREE DAYS!

PLEASE NOTE: The FREE dates are subject to change. Please stay in touch with the website below for the latest updates.

Milwaukee County FREE Days

Charles Allis Art Museum @CharlesAllis

August 5, 1pm-5pm

Villa Terrace Decorative Arts Museum @VillaTerrace

August 5, 1pm-5pm

Milwaukee Public Museum @MKEPublicMuseum

August 6, 9am-8pm

Milwaukee Art Museum @MilwaukeeArt

August 6, 10am-8pm

THIS IS A REMINDER!

You are **ILLEGALLY** PARKED!

@MKECoOPD

The Milwaukee County Office for Persons with Disabilities (OPD) has a supply of these cards. If you'd like some, please contact Mike at 414-278-3938 or [email Mike](#) with your complete name and mailing address.



FREE CONCERTS IN THE PARKS

@CountyParks

"Jazz in the Park," Cathedral Square Park

POSTPONED: check website for future dates

"Chill on the Hill," Humboldt Park

CANCELED FOR 2020

"Washington Park Wednesday's," Washington Park

CANCELED FOR 2020

"Wonderful Wednesday's," Lake Park

CANCELED FOR 2020

"Musical Monday's," Lake Park

CANCELED FOR 2020

"River Rhythms," Pere Marquette Park

CANCELED FOR 2020

"Concerts in the Gardens," Boerner Botanical Gardens

CANCELED FOR 2020

[For more information, click here.](#)



LIFE NAVIGATORS @LifeNavOrg Life Navigators Coffee Connections

Join us for a Futures Planning Roundtable. Are you a parent or family member of an adult with a developmental disability and looking for connections to other caregivers in the community?



This monthly group will offer peer support for caregivers age 60 or older and explore topics related to futures planning and long-term care options.

Who: Aging Caregivers and Family

Date & Time: Tuesday, August 11, 10am – 11:30am

Location: This month's meeting will take place virtually through a Zoom video conference call.

RSVP: To learn more information and to RSVP, call Megan at 414-774-6255 or email her at [megan@lifnavigators.org](mailto:megan@lif navigators.org).

EMPLOYMENT STATS!

@BLS_gov

The June 2020 Bureau of Labor Statistics report:



Labor Force Participation Rate

Persons w/ disabilities = 34.4% (+1.5%) (33.9%, '19)
Persons w/ no disabilities = 76.2% (-2.1%) (77.8%, '19)

Employment – Population Ratio

Persons w/ disabilities = 28.4% (-8.8%) (31.0%, '19)
Persons w/ no disabilities = 67.7% (-9.6%) (74.9%, '19)

See the current report here:

<http://www.bls.gov/news.release/empsit.t06.htm>

2020 WIL-O-WAY KEY CARD!

Don't forget to renew your Wil-O-Way Key Card membership. The 2020 application is attached to this newsletter or you can get the application on the [OPD Recreation webpage](#).



ENGINE AND TRANSMISSION EXCHANGE (ETE)

@etereman

Engine and Transmission Exchange (ETE) locations offer all types of mechanical repairs and vehicle maintenance on almost any type of mobility equipped vehicles.



PERFORMANCE

Our talented and experienced technicians can check your vehicle's engine for defects that may be causing a reduction in performance.

ELECTRICAL DIAGNOSIS

Electrical faults can result in performance issues or make your engine inoperable. Our team can diagnose electrical faults and recommend solutions.

PREVENTATIVE MAINTENANCE

It is recommended that you have maintenance performed on your vehicle's engine every 30K miles to prevent damage and keep performance consistent.

HEATING & COOLING

ETE can diagnose and service your vehicle's A/C and cooling systems, including belt, hose, and filter replacements.

ENGINE REPLACEMENT

ETE's technicians can perform the work to replace a damaged or inoperative engine in your vehicle to restore its functionality.

TRANSMISSION

ETE can provide transmission services including replacement, sales, or complete transmission service repairs.

Milwaukee: 2727 S 27th St, Milwaukee WI 53215
414-645-7000

Waukesha: 1604 S West Ave, Waukesha WI 53189
262-548-0000

For a FREE quote, email ETE at vf@enginetrans.com

ACCESSIBLE VANS / VEHICLES FOR SALE!

Are you looking for a new or used accessible van/vehicle near you? Check out <http://www.blvd.com/>. The world's largest selection of wheelchair vans for sale in one place.



WELLS STREET ACADEMY IS NOW ENROLLING!

@MCFISocial

Offering education, medical care, and full inclusion

MCFI's Wells Street Academy is now accepting children for the fall school year. A private school, WSA offers children ages 4 to 21 with complex medical needs:



- Nursing care for eight or more hours a day
- A curriculum that integrates instruction and medical interventions
- Full classroom inclusion so children can interact with peers
- Individualized instruction and small classroom sizes, especially critical as COVID-19 persists
- Stringent adherence to local, state and federal guidelines to reduce the risk of transmission of COVID-19 and other infections. All staff wear N95 masks and appropriate PPE.

Additionally, WSA students have easy access to MCFI's medical day program, Pediatric Skilled Nursing (PSN), located in the same building. PSN, accredited by the Joint Commission, is the only skilled nursing center in Wisconsin and provides tracheotomy cares, respiratory therapies, medication management, and monitoring of medical conditions.

If you are interested in learning more, please contact Meghann Redford, principal, at 414-937-3975 or Meghann.Redford@mcfi.net.

REC ON DECK NEWSLETTER, REC ROOM CALENDAR, DISCOUNTED TICKET OFFERS, WIL-O-WAY PROGRAMMING & MORE!!!

Get access to the latest Rec on Deck newsletter, Rec Room Calendar, discounted ticket offers, Wil-O-Way programming, and much more recreation information by going to the OPD [Recreation webpage](#).



MCFI BRAIN HEALTH PROGRAM OPENS AUGUST 11

LIFE Day program coming late summer!

@MCFISocial

MCFI's Brain Health program is excited to announce the re-opening of in-person services Aug. 11! Be assured that MCFI's response to COVID-19 has been thorough and stringent, and aligned with recommendations from local, state and national health organizations.

To ensure the safety of clients and staff, returning and new clients will be asked to wear face masks or coverings, and social distancing practices will be in place. Upon entering the program at MCFI's Bay View campus, 3333 S. Howell Ave., all clients will have their temperatures taken and complete a wellness check.

Clients will enjoy the same activities they have in the past, including art activities, music therapy, exercise and mindfulness experiences!

While so many are eager to return, we know some are reluctant right now to fully engage with others because of concerns over COVID.

For that reason, MCFI created remote programming to keep clients engaged and active and is ideal for existing and new clients who have underlying health conditions or prefer to participate in the program at their home.

LIFE Services day programs for people with developmental disabilities is expected to resume in late summer.

For more specific information about in-person and remote programs, please contact LIFE/Brain Health Director Kalli Reinheimer, kalli.reinheimer@mcfi.net.

MCFI's mission is to partner with people of all abilities to advance their total health. To learn more about MCFI's 80-year legacy of innovation, please visit www.mcfi.net.

ADA INFORMATION ON YOUR SMARTPHONE!

Would you like easy access to the Americans with Disabilities Act Accessibility Guidelines, or ADA Resources, or ADA Checklists, or ADA Enforcement Agencies? If you said yes, you can get all that & more by bookmarking our website on your smartphone.

<https://county.milwaukee.gov/EN/Office-for-Persons-with-Disabilities/ADA>



REPORT AN ACCESSIBILITY ISSUE

The Office for Persons with Disabilities (OPD) has an on-line form where you can submit a report of an accessibility issue within Milwaukee County government (buildings, grounds, employment, etc.). You can [submit a report](#) by going to the OPD [ADA webpage](#).



SAIL AWAY 2020 – CANCELED!

@MCSCSailing

The Summer Sailing 2020 program **HAS BEEN CANCELED** for this summer. For questions please call Tim at 414-278-3930 or email timothy.ochnikowski@milwaukeecountywi.gov.



HAPPENING AT THE ZOO!

@MilwaukeeCoZoo

ALL special events at the Milwaukee County Zoo are **CANCELED** through the end of August. Please visit the Zoo's [special events website](#) for more information.



MILWAUKEE COUNTY HAS JOB OPENINGS

@MKECountyDHR

Would you like to work for Milwaukee County? The County is always looking for good people for the open positions. Click on the link below to see the list of current openings.



[Current Openings DECA Program](#)

MILWAUKEE COUNTY ON SOCIAL MEDIA! #OneCountyMKE

Follow your Milwaukee County government on Social Media (Facebook, Twitter, YouTube, Instagram, Flickr, Pinterest, LinkedIn). [Get the lists here](#).



FREE IEP & SPECIAL EDUCATION WEBINARS

@wifacets

WI FACETS offers several workshops for families of children with disabilities and those who support them. You can access these trainings from any location using your smart phone, laptop, or landline.

Pre-registration is required. Sign up online at www.wifacets.org/events, or call 877-374-0511.

**Requests for reasonable accommodations are needed 2 weeks prior the training.*



BLACK- webinars

BLUE – in person trainings

RED–telephone workshops

PURPLE – mini webinars (30 minutes)

8/12 Early Childhood Special Education Inclusive Practices & Related Services, 12-1 pm

8/19 Wisconsin Promising Practices and Resources, 12-1 pm

POPULAR WEBINAR RECORDINGS:

[Special Education Discipline Requirements](#)

[Understanding & Managing Challenging Behaviors in Young Children](#)

MILWAUKEE COUNTY ZOO APP

@MilwaukeeCoZoo

Did you know that the Milwaukee County Zoo has an official phone app? The app will help you plan your visit, make the best use of your time and navigate through the 190-acre grounds. It's available at the [Google Play store](#) and on [iTunes](#).



OPD OFFICE IS CLOSED UNTIL FURTHER NOTICE!

Due to COVID-19 precautions, the Milwaukee County Office for Persons with Disabilities (OPD) office in the Milwaukee County Courthouse (901 N. 9th Street, Milwaukee) is CLOSED until further notice. **PLEASE NOTE: The OPD staff are working remotely and can be reached using the same phone numbers and email addresses as always. The mailing address remains the same.**



LET MCTS BE YOUR FREEDOM ON WHEELS IN 2020

@RideMCTS

MCTS believes nothing is more important than the health and safety of our customers and employees. As the COVID-19 situation evolves, MCTS policies and service will also adjust. Please continue to follow MCTS on social media and check [RideMCTS.com/coronavirus](https://www.mcts.com/coronavirus) for the most current information.

COVID-19 Update

Effective Saturday, August 1st, masks or face coverings will be required on MCTS buses.

MCTS encourages the public to bring their own mask — as many passengers have already been doing — to help protect themselves and others while riding the bus. In cases where a passenger does not have one, MCTS is making efforts to provide free masks on buses (one per customer), while supplies last.

Individuals exempt from the mask requirement include children two years old or younger; anyone with a disability that makes it difficult to put on, wear, or remove a mask; anyone consistently interacting with a person who is hard of hearing and primarily relies on lip reading; anyone who has been advised by a medical professional not to wear a face mask because of personal health issues; anyone who has difficulty breathing or is incapacitated; or anyone whose religious beliefs prevent them from wearing a face mask.

MCTS has taken many steps to protect its workforce and passengers over the course of the public health emergency. In addition to the new mask requirement, below is a summary of other current policies and procedures:

- To help allow for social distancing, a maximum of 10 passengers are allowed on a bus.
- Passengers are being asked to use staggered seating in order to avoid close contact with others.
- Passengers are encouraged to wash hands, cover coughs and sneezes, stay home when sick and limit conversations and interactions while on board.
- Although cash is still accepted, we recommend using contactless fare payment methods like the M-CARD or Ride MCTS App.
- Please enter the bus through the front door and exit via the rear door (unless you need to use the ramp or kneeling feature of the bus).
- Buses go through an extra daily disinfection process using EPA-approved and CDC-recommended products. That's in addition to the

standard cleaning that vehicles receive on a regular basis.

- Bus drivers are required to wear a mask and they are positioned behind an industry-leading plexiglass shield.
- The MCTS Administration Building is closed to visitors. Our team continues to serve customers remotely and by appointment.

Fixed-Route Service Changes

Effective Sunday, August 30th, the following route changes will take place:

Route 19

- To provide improved transit access and a better driving experience for our bus operators, on the north end of this route, service will be extended north on N. 35th Street to Florist Avenue and east on Florist to a new operator rest break location near Florist & Teutonia Avenue. From there, the new routing will continue south on Teutonia, west on Silver Spring Drive and then back south on N. 35th.
- To improve service efficiency, on the south end of the route, service will be discontinued on S. 20th Street south of College Avenue via Wood Avenue-S. 19th Street-Salem Street. Riders can still access Route 19 at stops in both directions at College & S. 20th.

Route 55

- To provide a better driving experience for our bus operators, on the west end of this route, the operator rest break location will shift from the Hales Corners Park & Ride Lot to a new eastbound bus stop at 10685 W. Layton Avenue, just east of Andy's gas station. Route 55 will still serve the bus stop in the Hales Corners Park & Ride Lot, but it will no longer park in the lot for several minutes at a time. If you ride Route 55 eastbound from the Park & Ride Lot, please be at the stop ready to board when the bus enters the lot.

DNC Service Impacts

The DNC is scheduled for the week of August 17th-20th. MCTS fixed routes may be on detour and Transit Plus rides may be impacted in certain areas due to the security perimeter downtown. Check the MCTS website or contact the Transit Plus office to stay up to date on service impacts.

To learn more about how we can help make you become and independent transit user, give our travel trainer a call @ 414-343-1711. If you see any barriers that need the attention of the Bus Stop Barrier Remover, please contact Chris Fox at 414-937-3256, or cfox@mcts.org.

Webinar/Phone Family Caregiver Education Programs – August



10 Warning Signs of Alzheimer's

This program covers typical age related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis, the diagnostic process, and Alzheimer's Association resources.

Wednesday, August 5, 12:00-1:30 pm | [REGISTER](#) Thursday, August 13, 11:30 am - 1:00 pm | [REGISTER](#)

Wednesday, August 26, 1:00-2:30 pm | [REGISTER](#)

Dementia Conversations

This program will offer tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans.

Monday, August 3, 6:00-7:00 pm | [REGISTER](#) Wednesday, August 19, 10:30-11:30 am | [REGISTER](#)

Effective Communication Strategies

Teaches caregivers to decode verbal and behavioral communication by someone with Alzheimer's and other dementias. Participants leave with strategies for meaningful connection with people in early, middle and late stage dementia.

Tuesday, August 11, 10:00-11:30 am | [REGISTER](#) Friday, August 14, 1:00-2:30 pm | [REGISTER](#)

Thursday, August 20, 1:00-2:30 pm | [REGISTER](#) Thursday, August 27, 9:30-11:00 am | [REGISTER](#)

Healthy Living for Your Brain & Body

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Monday, August 17, 3:00-4:00 pm | [REGISTER](#) Tuesday, August 25, 12:30-2:00 pm | [REGISTER](#)

Living with Alzheimer's – Middle Stage Caregivers

This three-part program will address many topics for caregivers of individuals with moderate Alzheimer's disease, including symptoms and care needs, relationship changes, ways to maximize safety, prepare for emergencies, and access respite care.

Three Consecutive Mondays, August 3, 10, 17, 1:30-3:00 pm | [REGISTER](#)

The Savvy Caregiver

The Kenosha County Aging & Disability Resource Center (ADRC) together with the Alzheimer's Association is offering a professional-level training for the non-professional caregiver. During this 6-week training, participants will gain knowledge to manage daily care of their loved one, skills to assess the abilities of their family member and learn how adjust the approach if needed, plus the confidence to set and achieve caregiving goals.

Six Consecutive Wednesdays beginning August 19 | To Register call Susan, Kenosha ADRC, 262.605.6602

Understanding Alzheimer's & Dementia

Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and Alzheimer's Association resources.

Friday, August 7, 12:00-1:00 pm | [REGISTER](#) Monday, August 17, 1:00-2:00 pm | [REGISTER](#)

Monday, August 31, 6:00-7:00 pm | [REGISTER](#)

Understanding & Responding to Dementia Related Behavior

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

Saturday, August 1, 9:00-10:30 am | [REGISTER](#) Tuesday, August 11, 6:00-7:00 am | [REGISTER](#)

Wednesday, August 12, 10:00 – 11:30 am | [REGISTER](#)

**Register for any of our education programs by calling 800.272.3900 or online at alz.org/crf.
You will receive connection information after you register.**



Peace of Mind.
Independence.
Good health
and well-being.

These are your goals. So, they are our goals too.

The *iCare* Family Care Partnership program (HMO D-SNP) will work with you to achieve your health care goals, and help you live as independently as possible. We want you to remain connected with family, friends and your community.

For more information about the Family Care Partnership Program, please contact your local Resource Center. A few are listed below. More ADRC sites can be found on <https://www.dhs.wisconsin.gov/adrc>.

- » Dane County: 1-855-417-6892
- » Kenosha County: 1-800-472-8008
- » Milwaukee County: 1-414-289-6874
- » Racine County: 1-866-219-1043
- » Sauk County: 1-877-794-2372
- » TTY for all sites: 711



Customer Service 24/7: 1-800-777-4376 (TTY 711)

iCare's office hours are Monday – Friday, 8:30 a.m. – 5:00 p.m.

www.iCareHealthPlan.org

Independent Care Health Plan (*iCare*), which insures *iCare* Family Care Partnership (HMO D-SNP), is an HMO with a Medicare contract and a contract with the State Medicaid program. Enrollment in *iCare* Family Care Partnership depends on *iCare's* contract renewal. This plan is available to anyone who has both medical assistance from the State and Medicare, and is functionally eligible as determined by the State long-term care Functional Screen. For more information about long-term care options available to you contact the Aging & Disability Resource Centers. The Resource Center can also assist you with information about eligibility and enrollment. Independent Care Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, gender identity, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-777-4376 (TTY: 1-800-947-3529). LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-777-4376 (TTY: 1-800-947-3529). H2237_IC2437_M 5/23/2020 BAQO DHS Approved 5/18/2020

MCFI Brain Health program opens August 11

LIFE Day program coming late summer!

MCFI's Brain Health program is excited to announce the re-opening of in-person services Aug. 11!

Be assured that MCFI's response to COVID-19 has been thorough and stringent, and aligned with recommendations from local, state and national health organizations.

To ensure the safety of clients and staff, returning and new clients will be asked to wear face masks or coverings, and social distancing practices will be in place. Upon entering the program at MCFI's Bay View campus, 3333 S. Howell Ave., all clients will have their temperatures taken and complete a wellness check.

Clients will enjoy the same activities they have in the past, including art activities, music therapy, exercise and mindfulness experiences!

While so many are eager to return, we know some are reluctant right now to fully engage with others because of concerns over COVID.

For that reason, MCFI created remote programming to keep clients engaged and active, and is ideal for existing and new clients who have underlying health conditions or prefer to participate in the program at their home.

LIFE Services day programs for people with developmental disabilities is expected to resume in late summer.

For more specific information about in-person and remote programs, please contact LIFE/Brain Health Director Kalli Reinheimer, kalli.reinheimer@mcfi.net.

MCFI's mission is to partner with people of all abilities to advance their total health. To learn more about MCFI's 80-year legacy of innovation, please visit www.mcfi.net.

Wells Street Academy is now enrolling!

Offering education, medical care, and full inclusion

MCFI's Wells Street Academy is now accepting children for the fall school year. A private school, WSA offers children ages 4 to 21 with complex medical needs:

- Nursing care for eight or more hours a day
- A curriculum that integrates instruction and medical interventions
- Full classroom inclusion so children can interact with peers
- Individualized instruction and small classroom sizes, especially critical as COVID-19 persists
- Stringent adherence to local, state and federal guidelines to reduce the risk of transmission of COVID-19 and other infections. All staff wear N95 masks and appropriate PPE.



Additionally, WSA students have easy access to MCFI's medical day program, Pediatric Skilled Nursing (PSN), located in the same building. PSN, accredited by the Joint Commission, is the only skilled nursing center in Wisconsin and provides tracheotomy cares, respiratory therapies, medication management, and monitoring of medical conditions.

If you are interested in learning more, please contact Meghann Redford, principal, at 414-937-3975 or Meghann.Redford@mcfi.net.



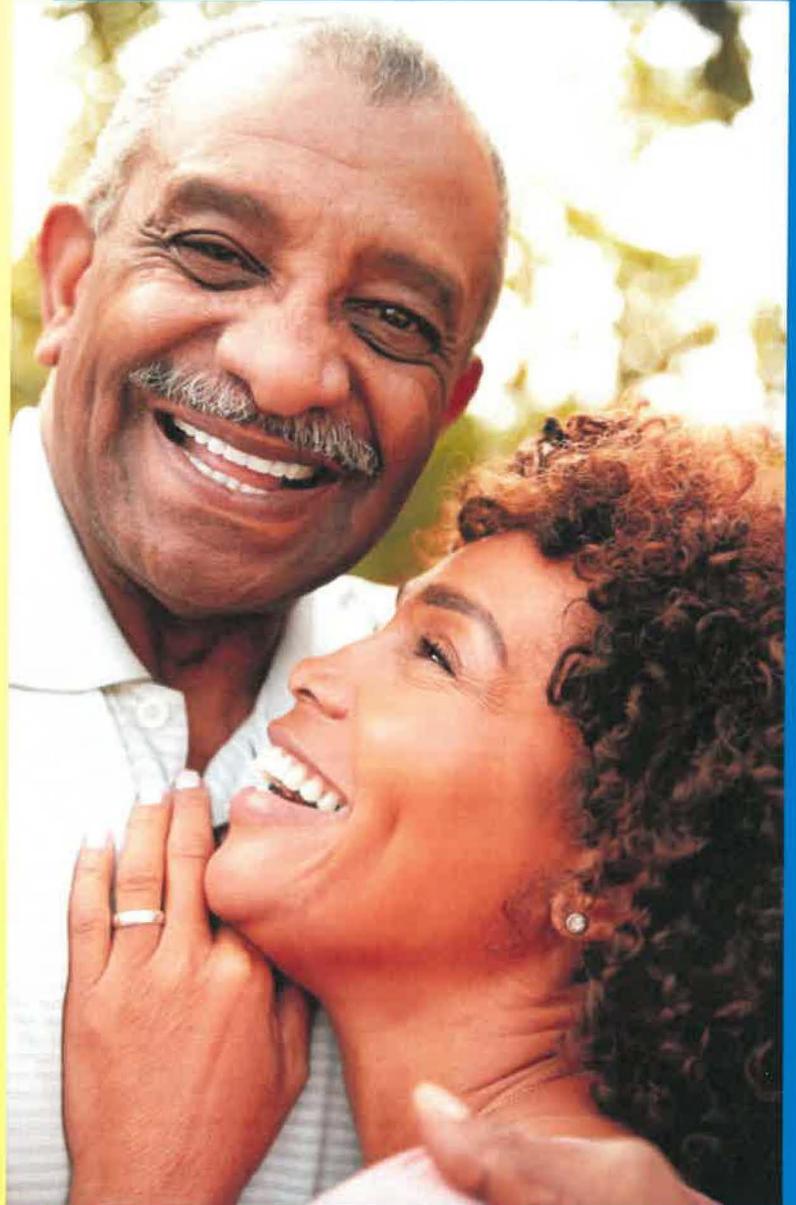
DIABETES EDUCATION STUDY

ARE YOU 65 OR OLDER?

DO YOU HAVE DIABETES AND HIGH SUGAR?

ARE YOU AFRICAN AMERICAN OR LATINO?

MEDICAL COLLEGE OF WISCONSIN IS HOLDING A DIABETES RESEARCH STUDY IN YOUR COMMUNITY



COMPENSATION WILL BE PROVIDED FOR YOUR PARTICIPATION

CALL US AT [414-955-2128](tel:414-955-2128) TO FIND OUT IF YOU ARE ELIGIBLE AND TO RECEIVE MORE INFORMATION ABOUT WHEN CLASSES WILL BEGIN





MEDICAL COLLEGE OF WISCONSIN

RECEIVE COVID-19 TEST AND EDUCATION FOR ELIGIBLE PARTICIPANTS

YOU MAY BE ELIGIBLE IF YOU ARE AFRICAN
AMERICAN 50 YEARS AND OLDER LIVING IN
SENIOR HOUSING, ASSISTED LIVING, NURSING
HOME, OR HOMELESS SHELTER

CONTACT US AT: 414-955-7390

INDIVIDUALS THAT ARE CURRENTLY EXPERIENCING SYMPTOMS
OF COVID (COUGH AND FEVER) SHOULD NOT CALL THIS
NUMBER. PLEASE CALL 211 OR YOUR HEALTH CARE PROVIDER
IMMEDIATELY.





Presents to you

BINGO

Location: 11010 W. Hampton Ave.

Milwaukee, WI 53225

Call 414-988-2503

for upcoming BINGO dates

Free admission

*****Seating is limited*****



Sandy Dotson works as an advocate for MHS Health Wisconsin

High blood pressure is called “the silent killer” because there are no symptoms. To stay healthy:

- Eat 5 fruits and vegetables a day
- Take brisk walks daily
- Take your medication (if prescribed)

- A message from MHS Health Wisconsin

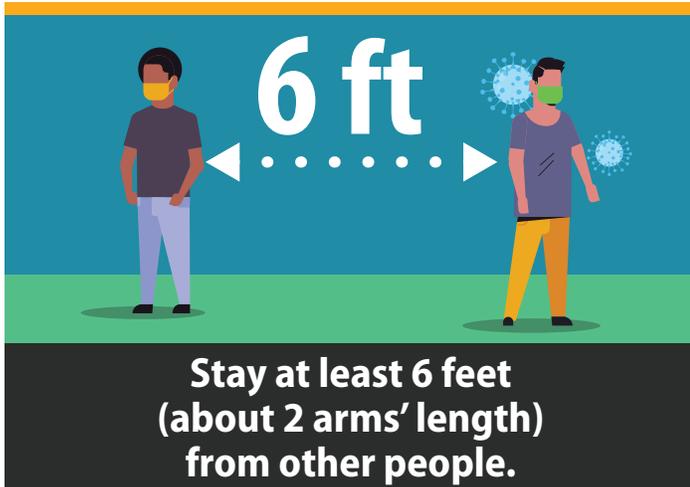


mhs health
wisconsin[™]

www.mhswi.com * (888) 713-6180

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



cdc.gov/coronavirus

HOW TO WEAR A MEDICAL MASK SAFELY

[who.int/epi-win](https://www.who.int/epi-win)

Do's →



Wash your hands before touching the mask



Inspect the mask for tears or holes



Find the top side, where the metal piece or stiff edge is



Ensure the colored-side faces outwards



Place the metal piece or stiff edge over your nose



Cover your mouth, nose, and chin



Adjust the mask to your face without leaving gaps on the sides



Avoid touching the mask



Remove the mask from behind the ears or head



Keep the mask away from you and surfaces while removing it



Discard the mask immediately after use preferably into a closed bin



Wash your hands after discarding the mask

Don'ts →



Do not use a ripped or damp mask



Do not wear the mask only over mouth or nose



Do not wear a loose mask



Do not touch the front of the mask



Do not remove the mask to talk to someone or do other things that would require touching the mask



Do not leave your used mask within the reach of others



Do not re-use the mask

Remember that masks alone cannot protect you from COVID-19. Maintain at least 1 metre distance from others and wash your hands frequently and thoroughly, even while wearing a mask.

Hand-washing technique with soap and water



1
Wet hands
with water



2
Apply enough soap
to cover all
hand surfaces



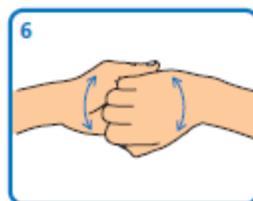
3
Rub hands palm
to palm



4
Rub back of each hand
with palm of other hand
with fingers interlaced



5
Rub palm to palm with
fingers interlaced



6
Rub with back of fingers
to opposing palms with
fingers interlocked



7
Rub each thumb clasped
in opposite hand using a
rotational movement



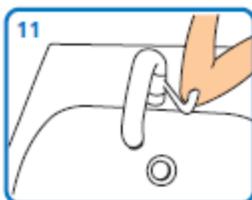
8
Rub tips of fingers in
opposite palm in a
circular motion



9
Rub each wrist with
opposite hand



10
Rinse hands
with water



11
Use elbow to
turn off tap



12
Dry thoroughly with
a single-use towel



13
Hand washing should take
15–30 seconds

2020 Wil-O-Way Key Card

The Wil-O-Way Key Card is a product of the Milwaukee County Office for Persons with Disabilities and the Wil-O-Way Recreation Program. Membership in the Wil-O-Way Key Card program expands recreational opportunities for persons with disabilities at a reduced or no cost.

Yearly Membership runs from January 1st – December 31st

ALL communication by EMAIL ONLY!!!

MILWAUKEE COUNTY RESIDENTS

___ KEY CARD MEMBERSHIP (\$25)

*** AFTER August 1, 2020 *** ___ (\$12)

NON-MILWAUKEE COUNTY RESIDENTS

___ KEY CARD MEMBERSHIP (\$35)

*** AFTER August 1, 2020 *** ___ (\$17)

BENEFITS INCLUDED

- Discounted / free ticket offers to Admirals, Bucks, Brewers, Milkmen, & Wave games
- Wil-O-Way Recreation Program Discounts
- Discounted ticket offers to other local / special events
- Monthly emails regarding additional recreational opportunities

Please Type or Print

EMAIL ADDRESS NEEDED!!!

NAME: _____ **E-MAIL:** _____

ORGANIZATION: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE: _____ EVENING PHONE: _____

DISABILITY: _____

FUNCTIONAL LIMITATIONS (i.e., limited walking, scared of heights, etc.): _____

MOBILITY DEVICES USED: _____ Wheelchair _____ Scooter _____ Walker _____ Cane

_____ Crutches _____ Long Leg Braces _____ Other _____

DOCTOR'S NAME: _____ PHONE: _____

DOCTOR'S ADDRESS: _____

Payment

Checks: Should be made payable to: **Milwaukee County Treasurer**

Credit Cards: (Please circle appropriate card)

MasterCard

VISA

Name on Card: _____

Acct. #: _____

Charge Authorized: \$ _____

Exp. Date: _____

Signature: _____

Sec. Code (3 digits): _____

Mail: Office for Persons with Disabilities, Wil-O-Way Key Card, 901 N. 9th Street, Room 307-B, Milwaukee, WI 53233

Fax: 414-278-3939

Email: michael.bonk@milwaukeecountywi.gov

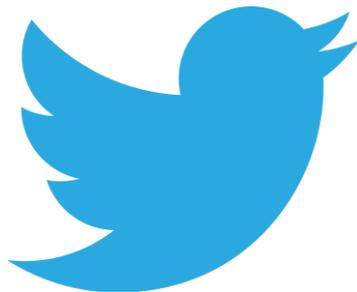
Questions: Call 414-278-3938



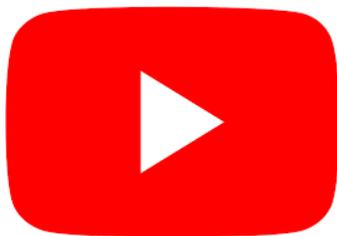
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@MKECoOPD



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