



## Our Purpose

Masana Youth Crisis Stabilization Facility (YCSF) is certified through the State of Wisconsin Department of Health Services (DHS) to provide services for four female youth, ages 13 to 17 years old who are experiencing a mental health crisis. Lad Lake, in partnership with Wraparound Milwaukee, provides short-term crisis stabilization and treatment services so youth can return to the community with new well-being skills and a plan for success.

The YCSF serves as a resource for youth experiencing crisis. It is a link of the continuum of care as an alternative or transition placement for stabilization, instead of a more restrictive setting, such as a hospital or detention center. The amount of time is determined by each individual team based on their individual stabilization needs. The program is designed to be short-term, solution-focused and collaborative – helping the youth discharge safely into the community.

You are **BRAVER**  
than you believe

**STRONGER** than  
you seem

**SMARTER** than  
you think

& **LOVED** more than  
you'll ever know!



# MASANA

## YOUTH CRISIS STABILIZATION FACILITY



### Contact Us

Direct Referral Line  
(414)750-6109

## Our Mission

Provide a safe environment for youth in crisis to prevent, deescalate, and address a mental health crisis to avoid admission to a more restrictive setting. We provide support during a mental health crisis for admitted youth, 24 hours per day, 7 days per week, 365 days per year.



## Our Staff

- ➔ Treat all youth with utmost respect, and dignity
- ➔ Cultivate and promote a positive, healthy and supportive environment
- ➔ Are responsive, cooperative and friendly
- ➔ Maintain confidentiality
- ➔ Provide individualized, trauma-informed services
- ➔ Strive for excellence in daily service to youth

## Admissions

From day one, we make sure you feel safe, comfortable, and at home. Our staff will greet you at the door, give you a tour of the entire space, and help you settle into your own room. Once you're ready, we'll provide a brief overview of the program and conduct a few interviews and surveys to ensure you get the most complete treatment and care possible.

## Education

While here, you'll have access to technology and learning materials so you can participate in educational and pre-vocational activities. When possible, Masana staff will work with your current school's curriculum so you can stay up-to-date academically during your stay here.

## Visits

Everyone at Masana is entitled to visits from immediate family members (age 12+) and treatment team professionals. All visits must be pre-approved for safety and well-being. The length of each visit will be determined based on the nature of the visit and what supports your progress. You also have the right to refuse any visitation request you receive while here.

## Phone Calls

In order to ensure your safety and well-being, phone access will be limited to a pre-approved list of personal contacts.

## Social Engagement

Beyond in-treatment groups, recreation time, and scheduled educational activities, you'll also receive a customized plan helping you gain skills during your healing time here at Masana. This plan will help you develop ways to be healthy and connect well with others.

**Social engagement activities may include:**

- ➔ Mindfulness activities
- ➔ Interactive recreation and physical activity
- ➔ Arts-based therapeutic activities
- ➔ Community-based enrichment activities



*“If one has courage, nothing can dim the light that shines from within.”*

-MAYA ANGELOU

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