



Trauma Response Team

For more information or to speak with a team member, please call the Trauma Response Team at 414-257-7680.

TraumaResponseTeam@MilwaukeeCountyWI.gov



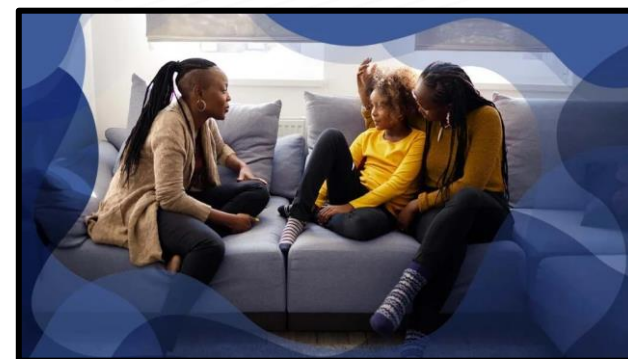
“Trauma is a fact of life. It does not, however, have to be a life sentence.”

- Peter A. Levine, PhD

414-257-7680



Trauma Response Team



A crisis team providing early intervention for youth who recently experienced psychological trauma.

TRT

The **Trauma Response Team (TRT)** is a joint venture between the City of Milwaukee, Milwaukee Police Department and Children's Community Mental Health Services to respond to **youth** between the **ages of 6-17 years-old** in the **Milwaukee County area** that have been exposed to trauma or stressful experiences. If your child has been exposed to a potentially traumatic event, we would like to meet with you to help provide support. A member of the TRT will contact you and set up a time to meet that works with your schedule. We can help you understand your children's reactions to the stressful experience and share ideas that can help identify and manage behaviors after the experience.



There is no cost or insurance needed to use this service.

Experiences

When children have been exposed to stressful situations, they often react in ways that impact their daily life that can last well after the event has ended.

Some types of experiences that may be traumatic may include:

- Community violence
- Domestic violence
- Abuse or neglect
- Loss of a loved one
- Bullying/Cyber Bullying
- Serious illness or injury
- Victim of a crime



Traumatic Symptoms Include:

- Changes in behaviors
- Poor sleep or nightmares
- Withdrawal or lack of responsiveness
- Often worries or feels helpless
- Excessive crying, depressed
- Difficulty in school
- Poor focus



Healing

How can I help a child heal?

- **Be Patient.** Children respond differently to traumatic events. Some recover quickly while others who have experienced layers of challenges may need more time. There is no timetable for healing.
- **Explain to the child that they are not responsible for what occurred.** Children often blame themselves even for things completely out of their control.
- **Maintain a safe environment.** Protect the child, provide reassurances, and discuss steps taken to ensure safety. If a child feels unsafe, they may display challenging behaviors.
- **Provide routines, structure, and choices** in the home.

