



# Recognizing First-Episode Psychosis In Youth and Young Adults

As youth enter their teenage years and early adulthood, changes in mood, attitude and even energy level can be expected as their minds and bodies develop.

The following, however, are early warning signs that youth or young adults (ages 12-23) may be experiencing symptoms of first-episode psychosis:

- Delusions
- Disorganized thinking or speech
- Disruption or decline in self-care
- Extreme uneasiness with others
- Fixation on false beliefs
- Hallucinations
- Lack of emotions
- Strong and inappropriate emotions
- Suspiciousness
- Trouble concentrating
- Unusual thoughts or perceptions
- Withdrawal

The sooner the youth or young adult is properly screened and diagnosed with first-episode psychosis and receives treatment, the sooner they can return to a healthy, positive, more productive life.

## GETTING HELP AT THE FIRST ONSET

If a youth or young adult you know is showing signs of first-episode psychosis, **call the CORE program at 414-257-7607 for more information and to schedule a screening.**

Once eligibility for the CORE program is determined, qualifying youth and young adults are connected with life-changing support, education and care—at no cost to participants—to help get their lives back on track.

## ABOUT THE CORE PROGRAM

The Milwaukee County Behavioral Health Division and Wraparound Milwaukee provide the Coordinated Opportunities for Recovery and Empowerment (CORE) program to help youth and young adults experiencing first-episode psychosis get connect with community-based service that can help encourage a positive quality of life, now and in the future.



**BHD** | Behavioral Health Division

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