



NAR-ANON FAMILY GROUPS

Are you in contact with families and friends affected by someone else's addiction?

We are reaching out to you in an effort to increase awareness of Nar-Anon Family Groups - a Twelve Step fellowship that offers a recovery program for those affected by someone's addiction. The disease of addiction can affect family members and friends of addicts physically, emotionally, and spiritually. In our group meetings we share our experience, strength, and hope to help each other and ourselves. Nar-Anon meetings can provide support and hope to those affected by a relative or friend's addiction.

Nar-Anon is based on a set of spiritual principles and has no affiliation with any particular religion. There are no dues or fees. The only requirement for membership is a problem of addiction in a relative or friend. We carry the message of hope as we bring awareness of our program into the community. Cooperative efforts could include community and professional awareness meetings or presentations, health fair or conference Outreach tables or workshops, PSA's, information lines, meeting lists, and informational meetings for family or friends of addicts at recovery centers.

The Nar-Anon program has brought renewed hope and confidence to thousands of people whose lives have been adversely impacted by another's addiction. Since you may have contact with friends and families of addicts, we would like to be a resource for them and appreciate you making information about Nar-Anon available to them.

Nar-Anon cooperates, but is not affiliated with, Narcotics Anonymous.

Enclosed you will find literature that can be shared. Please contact us if you have questions or would like additional information. Thank you for your interest and assistance in sharing this information with family members and friends of addicts.

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