

# Milwaukee County Employee 2018 Health Assessments



Milwaukee County

**Important deadline:  
March 5, 2018 - Health Assessment completion**

Are you looking for a chance to participate in the 2018 Health Matters wellness program to increase your personal health awareness and earn a monthly medical insurance premium discount? It's EASY...the process can be completed in 3 steps.

## Step 1

Complete an Online Health Questionnaire: It is recommended that you complete the questionnaire before your health assessment session. Instructions can be found in the "Let's Get Started 2018" section of this mailing.

## Step 2

Schedule your 2018 Health Assessment Session Online: View the "Let's Get Started 2018" section of this mailing for scheduling instructions. You may also submit physician results. Contact Workforce Health or your benefits department to obtain the physician results form. Deadline for submission of this form is February 15, 2018.

## Step 3

Attend a 30-minute Health Assessment: During your 30-minute health assessment, you will review the results of your biometric health screening and online questionnaire. Three (3) business days after the completion of the health assessment, you may log back into the wellness portal at [workforcehealth.org/mkecounty](http://workforcehealth.org/mkecounty) to view your Population Health Risk Score (PHRS). Based on this score, you may be asked to schedule and participate in quarterly coaching sessions in order to continue receiving your monthly medical insurance premium reduction. Coaching status is also available in the wellness portal.

Your participation is not mandatory, but will increase your personal health awareness and qualify you for a 30% reduction to your monthly medical insurance premium contributions (up to a maximum reduction of \$50/month). Workforce Health must follow the same laws and regulations as your personal physician and will not share your personal health information with the County, its agencies or any other organization. Workforce Health will only provide the County with aggregate (group) data and general population health reports for future planning purposes. Your individual private health information cannot be determined from the aggregate (group) data.

Feel free to contact **Workforce Health** at **414-777-3446** with any questions after you review the enclosed materials. You may also contact the County's Wellness Coordinator, **Claire Miller**, at **414-278-4938** or [Claire.Miller@milwaukeecountywi.gov](mailto:Claire.Miller@milwaukeecountywi.gov)

Watch for further communication at your workplace.  
We look forward to working with you for better health!

*Workforce Health Team*

*In partnership with*



**Workforce Health**