



## **TEENS LIGHT THE WAY** for a lifestyle without substance abuse

**National Drug and Alcohol Fact Week (January 23 – 29, 2017)**

*Prescription drug abuse: using a medication in a different way than how it should be used, including using greater amounts than prescribed. **It is dangerous and illegal!***

**Together, we can prevent substance abuse!**

**Learn the facts:** Do you know the danger of drug and alcohol abuse? Find out! Take our quiz at [www.lightunitered.org](http://www.lightunitered.org) and see how you score.

**Share with your friends:** Follow us online and use #lightunitered

**Get help:** Our community has resources available to help you prevent substance abuse, provide treatment or assist you in your recovery. Talk to a parent, teacher, guidance counselor, or other trusted adult for help. Don't know where to start? **Dial 2-1-1.**

For more information visit [www.lightunitered.org](http://www.lightunitered.org)



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