More than just a meal!

MENU

Lunches are fully balanced meals, including entree, sides, dessert and beverage. Low-fat and chocolate milk and heart healthy desserts are available.

Menus available by the week
- Wednesdays Journal Sentinel Food Section
- Community newspapers
- On the internet at jsonline.com

Menus available by the month
- The Milwaukee County Dept. on Aging website: www.county.milwaukee.gov/Aging
- All senior dining program sites

NUTRITION

- Lunches average 685 calories, or more
- Meals provide approx. 1/3 of the recommended daily intake (RDI) of Vitamins A and C, Calcium, fiber 8g or more, and sodium - 1200mg or less.

Milwaukee County’s Senior Dining Program is funded by Older Americans Act, State of Wisconsin Bureau on Aging and Donations.

For more information call the Senior Dining Program
414-289-6995
or the Aging Resource Center of Milwaukee County:
414-289-6874
www.county.milwaukee.gov/aging
TRS 711
Toll Free: 866-229-9695

A great place for good food and to make good friends.
LUNCH IS SERVED AT 11:30

REGISTRATION AND COST

How to get a diner’s card
- Everyone needs a diner’s card
- You may register at the senior dining program site of your choice between the hours of 9:30 - 11:15 a.m.
- You will need to provide your name, address, proof of age 60+, and answer some nutrition related questions
- For questions on registration please call 414-289-6995

How to make a reservation
- Use your diner’s card to make a reservation at any senior dining program site
- Reserve your meal one day in advance. Reservations should be made by phone or at the senior dining program site before 12:00 p.m.
- If you do not register in advance, a meal may be available for you only if another diner cancels

What does it cost
- A suggested contribution of $3.00 is accepted and appreciated to offset the cost of the senior dining program. No eligible senior shall be denied participation because of inability to contribute.

LOCATIONS

- Stock Box Site
- Transportation Available

- Arlington Court
  1633 N. Arlington Place • 286-0736

- Asian American
  120 N. 73rd Street • 258-2410
  (Tue, Thur, occasional Fri. Not wheelchair accessible)

- Beulah Brinton
  2555 S. Bay Street • 750-7273

- Clinton Rose Senior Center
  3045 N. Martin Luther King Dr. • 263-2255

- College Court
  3334 W. Highland Boulevard • 286-8872

- Convent Hill
  455 E. Ogden Avenue • 788-8236

- Elks Lodge #46
  5555 W. Good Hope Road • 760-3195

- Fernwood Court
  6700 W. Appleton Avenue • 449-9900

- Franklin City Hall
  9229 W. Loomis Road Franklin • 427-7696

- Hart Park Senior Center
  7300 Chestnut St., Wauwatosa • 257-3534

- Indian Council of the Elderly
  3232 W. Kilbourn Avenue • 933-1401
  (Open Mon., Thu., Fri., 1st Fri. of each month meal served at 5PM only)

- Kelly Senior Center
  6100 S. Lake Drive, Cudahy • 483-3532

- Lapham Park
  1901 N. 6th Street • 286-2015

- McGovern Park Senior Center
  4500 W. Custer Avenue • 527-0990

- Milwaukee Christian Center
  807 S. 14th Street • 382-7432 (SE Asian Meals)

- OASIS
  2414 W. Mitchell Street • 647-6061

- St. Aloysius Gonzaga Hall
  1435 S. 92nd Street • 840-1704

- South Milwaukee Senior Center
  2424 15th Avenue, South Milw. • 768-5722

- Tom Dolan Community Center
  4355 W. Bradley Rd., Brown Deer • 357-7002

- United Community Center
  730 W. Washington Street • 649-2807
  (Hispanic Meals at Noon, Open 7 days a week)

- Washington Park Senior Center
  4420 W. Vliet Street • 933-2332

- West Allis Senior Center
  7001 W. National Avenue • 302-8703

- Wilson Park Senior Center
  2601 W. Howard Avenue • 282-3284

Transportation Available