

Handy-NEWS & NOTES

January 2016

 @HandyNewsNotes

2016 ELECTIONS

Please mark your calendars with the 2016 election schedule. Plan to exercise your right and vote.



February 16 – **Spring Primary**
April 5 – **Spring Election, Presidential Preference**
August 9 – **Partisan Primary**
November 8 – **Fall General Election**

FREE DAYS!

Milwaukee Art Museum @MilwaukeeArt
January 7, 10am-8pm
Milwaukee Public Museum @MKEPublicMuseum
January 7, 9am-8pm
Mitchell Park Domes @CountyParks
January 4, 11, 18 & 25, 9am-12pm
Milwaukee County Zoo @MilwaukeeCoZoo
January 9, 9:30am-2:30pm

<http://county.milwaukee.gov/MilwCoFreeDays>

MILWAUKEE BUCKS TicketPASS PROGRAM & OPD!

@Bucks

The Milwaukee County Office for Persons with Disabilities (OPD) has joined the Milwaukee Bucks TicketPASS program! TicketPASS allows employees, friends and family of OPD to purchase single game Bucks tickets at exclusive Friends & Family prices using a unique link and promo code. To access our TicketPASS page, please visit BUCKS.COM/TICKETPASS and [enter promo code MCOPD](#).



To see the [current ticket offer](#), [click here](#).

If you have any questions about TicketPASS or anything Bucks related, please contact our personal TicketPASS representative with the Bucks, Rachel Toman. She can be reached at RToman@Bucks.com or over the phone at 414.227.2875

SUMMER SAILING 2016!

I know it doesn't look like it right now but Summer Sailing 2016 will be here before you know it. Look for dates and reservation deadlines in future issues of Handy-NEWS & NOTES.



ICE FISHING CLINICS FOR CHILDREN

Saturday, February. 13, 2016, 9am-3pm

Bring your children, age 15 and under, to a **FREE** ice-fishing clinic in your Milwaukee County Parks. All fishing equipment will be furnished. Children under 5 must be accompanied by an adult. No pre-registration is required for individuals--if you have a group of 20 or more, please call in advance. This program is free and open to the public. For details, call the DNR at **(414) 263-8614**.

Attend a clinic at these locations:

Brown Deer, 7835 N. Green Bay Rd.
Dineen, 6901 W. Vienna Ave.
Humboldt Park, 3000 S. Howell Ave.
McCarty Park, 8214 W. Cleveland Ave
Scout Lake, 5902 W. Loomis Rd. ***
*** **Wheelchair Accessible**

WINTER SPORTS!

@CountyParks

Your Milwaukee County Parks are available year round for your enjoyment! Enjoy Cross-Country Skiing, Dog-Sled Rides, Snowboarding, Snowtubing, Ice Fishing, Ice Hockey, Ice Skating, Sledding & More! Get details here:

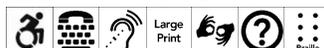


<http://county.milwaukee.gov/WinterSports12360.htm>



OFFICE FOR PERSONS WITH DISABILITIES (OPD)

901 N. 9TH STREET, ROOM 307-B, MILWAUKEE, WI 53233 * 414-278-3932 (V); 711 (TRS); 414-278-3939 (FAX)
timothy.ochnikowski@milwaukeecountywi.gov <http://county.milwaukee.gov>



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SNOW SHOVELERS NEEDED!!!

@LINKaCOMMUNITY

Snow shovelers are needed throughout Milwaukee County for Interfaith's "Good Neighbor Project!" Please sign-up and help if you are able (see the flyer attached to this issue)!



EMPLOYMENT STATS!

@BLS_gov

The November Bureau of Labor Statistics report:



- * Persons with disabilities working was **16.8%**
- * Persons with no disabilities working was **65.2%**

See the current report here:

<http://www.bls.gov/news.release/empsit.t06.htm>

LIFE NAVIGATORS @LifeNavOrg

Winter Celebration

Join us and Mount Mary University's Social Work Department for dinner and a movie! You are invited to a special showing of Disney Pixar's *Inside Out* (rated PG). This newly released film is fun for all ages! Enjoy an evening at the movies filled with dinner and raffle prizes.



Date & Time: Thursday, January 7, 2016, 4:30pm-7pm

Location: Mount Mary University, Helfaer Hall (Enter through Haggerty Library), 2900 Menomonee River Pkwy, Milwaukee, WI 53222

Parking: Enter Mount Mary's campus from the Menomonee Valley Parkway. Visitor parking is available along the one-way drive and in Parking Lot C.

RSVP: By December 30 to Megan at 414-774-6255 or [megan@lifnavigators.org](mailto:megan@lif navigators.org).

New to the group? Please bring a parent or caregiver with you to your first Life Navigators event.

More Information: Visit LifeNavigators.org

MUSIC UNDER GLASS

Mitchell Park Horticultural Conservatory (The Domes)
524 S. Layton Blvd, Milwaukee
414-257-5611



6:30pm – 9:00pm

- Jan 14, Liam Ford Band, Johnny Cash Tribute Band
- Jan 21, Jeff Winard Polka Party
- Jan 28, Tweed Funk, Blues, Funk

<http://county.milwaukee.gov/FloralShowampEventSc10360/MusicUnderGlass.htm>

PLEASE JOIN THE MILWAUKEE (AREA) TIME EXCHANGE AT OUR MONTHLY POTLUCK EVENT!

@mketimeexchange

When: Wednesday, January 27th, 5:30-7:30pm

Where: The Brand New Tippecanoe Library!
Community Room
3912 S Howell Ave, Milwaukee, WI 53207

Earn two time credits for simply attending and bringing a dish to share. We are a network of over 1,000 people excited to share our time and talents with each other for "time credits"-an alternative form of currency that can be used to purchase items and services. The monthly potluck event is a chance to meet other members, get any questions or concerns answered through a group orientation format, and register to become a member! Become a part of the shared economy and support your local time bank!

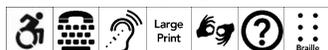
Contact Marty Hagedorn for more details at 262-804-0299 or marty@mketimeexchange.org
www.mketimeexchange.org
<https://www.facebook.com/Milwaukee-Area-Time-Exchange-175307214686/timeline/>

2016 WIL-O-WAY KEY CARD!!!

Don't forget to renew your Wil-O-Way Key Card membership. The 2016 application is attached.

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STOMP YOUR WAY INTO 2016!

Join us for the 36th Running of the Samson Stomp & Romp Sponsored by Amica Insurance @MilwaukeeCoZoo

Sunday, January 17, 2016

On your mark, get set, STOMP! Runners and walkers are invited to join us for the traditional running of the January special event, the Samson Stomp & Romp! This popular race honors one of the most famous Zoo residents, Samson, the silverback gorilla (1950-1981). Money raised from the event supports all of the animals in the Zoo's collection.



CHOOSE FROM FOUR RACES:

Click on the races below to view the route maps.

- [5K Competitive Run](#)
- [2-Mile Fun Run/Walk](#)
- [1-Mile Romp for Children](#)
- [¼-Mile Mini-Romp for Children](#)

PRE-REGISTRATION FEES:

- 5K / 2-Mile - \$25 per runner
- Children's Races - \$10 per runner
- Teams with 5 or More - \$20 per runner

RACE DAY REGISTRATION FEES (8-9am, Sunday, January 17): \$30 per runner
Only cash or check accepted on race day.

The 5K race is limited to 1,500 participants, so be sure to register early to ensure a spot in this popular event! Those registering on race day may need to pick-up their T-shirt at a later date. For more information or to register visit: <http://www.milwaukeezoo.org/events/samson.php>

SAVE THE DATE!!!

Stride & Glide for Independence First 5K and family friendly fitness event
February 27, 2016
At the Milwaukee County Zoo
<https://www.independencefirst.org/special-pages/strideandglide>



REPORT AN ACCESSIBILITY ISSUE

The Office for Persons with Disabilities (OPD) has created an on-line form where you can submit a report of an accessibility issue within Milwaukee County government (buildings, grounds, employment, etc.). You can submit a report by going to the OPD ADA page on the website and/or by using the OPD mobile site on your smartphone. <http://county.milwaukee.gov/ADA>



TEXT ALERTS!!! Recreation!!!

To get the latest recreation news, opportunities and reminders right on your phone by signing up to receive Text Alerts from the Milwaukee County Office for Persons with Disabilities (OPD). Please **text RECONDECK to 84483** OR visit: https://www.rainedout.net/team_page.php?a=66df52fee2d4517c4611



TOMMY LIFT FOR SALE / DONATE

Newer Tommy Lift needs a home. Lift information: Attaches to a Pro master Van. Serial # 00565360 CVLAE - 1330S54EF5233CS



Style (Cantilever). This is a unique situation. This lift is 1.5 years old. I will sell very cheap. If the situation is right I may be willing to donate. **Contact: Dave 920-427-2330**

TECHNOLOGY THAT ENABLES

@ea11y

The eSSential Accessibility app is free assistive technology that helps people who have trouble typing, moving a mouse or reading a screen, navigate the web hands free and more. Get more information here: <http://www.essentialaccessibility.com/app>



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SNOW REMOVAL - DID YOU KNOW?

Okay, we don't want to think about it, right? Unless you're one of those people who like a snowy Wisconsin winter, this can be a frustrating time to get around. Here's some information to keep in mind.



Did you know that it is illegal to plow snow into an "accessible parking" stall? Wisconsin law calls for fine of up to \$40.00 for the first offense and up to \$100.00 for the second and subsequent offenses.

WI statute 346.503 Parking spaces for vehicles displaying special registration plates or special identification cards.

(2e) The owner or lessee subject to the requirements of sub. (1m) shall keep the parking spaces reserved for vehicles designated under sub. (1m) or (2m) clear of snow and ice in a timely manner and make other reasonable efforts to ensure that the spaces are available for use by a motor vehicle used by a physically disabled person.

346.56 Penalty for violating sections 346.503 to 346.55. (1g) Any person violating s.346.503 (2e) shall forfeit not less than \$20.00 nor more than \$40.00 for the first offense. For a 2nd or subsequent conviction within 3 years, person shall forfeit not less than \$50.00 nor more than \$100.00.

REC ON DECK NEWSLETTER, REC ROOM CALENDAR & MORE!!!

Get access to the latest Rec on Deck newsletter, Rec Room Calendar and much more recreation information by clicking on the link:

<http://county.milwaukee.gov/RecRoom>

IDEA Innovator of Disability Equipment & Adaptations



To find some unique and valuable equipment for people with disabilities, visit: www.ideamobility.com or call 262-691-4248, fax 262-923-4700. <https://www.facebook.com/ideamobility>

SAFELINK WIRELESS

Do you use Lifeline or are you receiving food stamps or Medicaid? Are you eligible for those programs? There may be a cell phone plan for you.



If you are found to be eligible, you can receive a FREE cell phone, FREE cellular service, and FREE minutes each month.

To find out more call 800-723-3546 or visit: www.safelinkwireless.com/enrollmentpublic/home.aspx

MILWAUKEE AREA FESTIVALS & EVENTS ON YOUR SMARTPHONE!

Did you know that you get more than just the Office for Persons with Disabilities (OPD) when you get the OPD mobile site on your smartphone? That's right, you get access to Milwaukee area Festivals & Events on your smartphone.



If you're looking for something to do, somewhere to go, something to see, look no further. The OPD mobile site offers so many opportunities to stay busy it has a "Recreation" page featuring Milwaukee area Festivals & Events, a Rec Room Calendar, a Rec on Deck newsletter, and much more. All of this is available to you by getting the OPD mobile site.



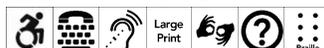
To access Festivals & Events on your smartphone, download the OPD mobile site (on your smartphone visit <http://county.milwaukee.gov/OPD> , save it to your home screen) and go to "Recreation" on the drop-down list.

MILW COUNTY UNCLAIMED FUNDS

<http://county.milwaukee.gov/CountyTreasurer7712/UnclaimedFunds.htm>

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SOCIAL SECURITY UPDATE

@SocialSecurity

By Bob Trotter

Social Security Public Affairs Specialist in Milw



MANY HAPPY RETURNS TO SOCIAL SECURITY

Everyone enjoys presents, but loved ones don't always know exactly what you want. That sweater that your relative gave you might be a little too festive for your taste. Or someone got you an appliance you already own. That's when those happy returns begin. With gift receipt in hand, you go to the store or online to exchange that item for one you really want.

Now that the holidays are winding down, you're also probably happy to return to your calmer routine. And part of that routine is planning for retirement. That's where Social Security comes in.

Your secure *my Social Security* account allows you to do a number of important things throughout the year, at your convenience:

- Keep track of your earnings and verify them every year;
- Get an estimate of your future benefits if you are still working;
- Get a letter with proof of your benefits if you currently receive them; and
- Manage your benefits:
 - Change your address;
 - Start or change your direct deposit;
 - Get a replacement Medicare card; and
 - Get a replacement SSA-1099 or SSA-1042S for tax season.

Signing up for *my Social Security* at www.socialsecurity.gov/myaccount is quick, easy, and secure.

We also have another invaluable tool at www.socialsecurity.gov that you can use over and over. The *Retirement Estimator* allows you to calculate your potential future Social Security benefits by changing variables such as retirement dates and future earnings. You may discover that you'd rather wait another year or two before you retire to earn a higher benefit. Or, you might learn that you are ready to retire now — which you also can do online and often in less than 15 minutes. To get instant, personalized estimates of your future benefits, go to www.socialsecurity.gov/estimator.

It's exciting to see the happy returns you'll be getting when you retire, and returning to *my Social Security* on a regular basis will ensure you get the right amount at the right time. Give yourself the gift of a secure future at www.socialsecurity.gov/myaccount. No ugly sweaters here.

THE FORCE IS STRONG WITH SOCIAL SECURITY'S ONLINE SERVICES

"There's been an awakening. Have you felt it?"

This winter, Americans of all generations are awakening to the newest film in the Star Wars franchise, *Star Wars: The Force Awakens*. Many readers probably remember seeing the first Star Wars film in theaters in 1977. Audiences watched with fascination at the advanced technology used by the Jedi and Sith in a galaxy far, far away.

We still don't have interstellar travel, personal robots, or holographic communication, but we now use technology in our daily lives that would have seemed like science fiction in 1977. At that time, it would still be years until the modern Internet and smart phones would be part of our lives. Now, many of us can't imagine life without such technology.

Many people who need to do business with Social Security are finding an awakening of sorts in how easy it is to use our online services. We continually expand our online services to reflect changing customer needs, and to provide you with world-class service that would even have interplanetary traveler Han Solo saying, "Chewie, we're home." Our online services are convenient and secure, and allow you to conduct much of your business with us from the comfort of your home, office, or space freighter. (Not all services are available in all galaxies).

For instance, you can use our website at www.socialsecurity.gov to apply for retirement, spouse's, or disability benefits online. You can also apply for Medicare and *Extra Help* with your Medicare prescription drug costs on our website. We also have online benefit planners to help you estimate your future retirement, disability, and survivors benefits.

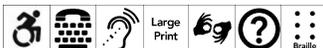
You can open a free personal online *my Social Security* account, where you can keep track of your annual earnings and verify them. Why is that important? Because your future benefits are based on your annual earnings. With your account, you can also get an estimate of your future benefits if you are still working; or, if you currently receive benefits, you can use your account to manage your benefits, and get an instant letter with proof of your benefits. You can also request a Medicare card replacement.

"The force is calling to you. Just let it in." This winter, check out our online services and join the millions of other Americans who have already awakened their own personal *my Social Security* accounts. A *my Social Security* account is a force to be reckoned with. And you don't need to be a Jedi to have one.

Learn more at www.socialsecurity.gov. Once you go online, this force will be with you ... always.

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MILW COUNTY ON TWITTER



Follow your Milwaukee County government on Twitter.

County Executive Abele @ChrisAbeleMKE
County Executive Press Office @MkeCoExecPress
County Board @MKECountyBoard
Supervisor Alexander @CntySupDeanna
Supervisor Dimitrijevic @supervisormd
Supervisor Haas @TheFighting14th
Supervisor Lipscomb @SupLipscomb
Supervisor Moore Omokunde @PremeMO414
Supervisor Rainey @Khalif_Rainey
Supervisor Romo West @sup_dist12
Supervisor Taylor @SteveFTaylor
Supervisor Weddle @MartinWeddle
Supervisor Weishan @johnweishan
Aging @MKECoAging
Airport @mitchellairport
Bradford Beach MKE @Bradford_MKE
Domes Gift Shop @DomesGiftShop
Economic Development @MilwcntyED
Emergency Medical Services (EMS) @MilwCntyEMS
Fiscal Affairs, Perfor., Strat. & Budgets @MilCoPSB
Government Affairs @MKE_GovAffairs
Handy-NEWS & NOTES (OPD) @HandyNewsNotes
Health & Human Services @MkeCoDHHS
Historical Society @MKEhistory
Human Resources @MilwCo_HRDept
Justice Center @MKEJusticeCtr
Museum @MKEPublicMuseum
My Choice Family Care @MyChoiceFC
Parks Department @CountyParks
Sheriff @MCSOSheriff
Sustainability @MKECoSustain
Transit System @RideMCTS
UW-Extension @UWEXCoopExt
War Memorial Center @WarMemorialCntr
Wehr Nature Center @WehrNature
Zoo @MilwaukeeCoZoo



Please let us know if we missed anyone. Contact Tim at timothy.ochnikowski@milwaukeecountywi.gov



LOOKING FOR A HALL?

Are you looking for a hall for your next function? Would you like to rent a beautiful hall in a woody setting near you? If you answered yes, please use the link below (or call the Office for Persons with Disabilities @ 414-278-3932) to check out the [Wil-O-Way Grant](#) and [Wil-O-Way Underwood](#) facilities. They may be just what you're looking for. **You can check the Rental Calendar, get directions to the facilities and more on your smartphone by downloading our mobile website at county.milwaukee.gov/OPD.**



[Wil-O-Way Grant](#) (South Milwaukee)



[Wil-O-Way Underwood](#) (Wauwatosa)



FYI – Optional Catering Services are available! Contact [LilyWorks Catering](#).



<http://www.county.milwaukee.gov/FacilityRentals>

OTHER RENTAL FACILITIES – COUNTY PARKS

For your special family gathering, community-group event, or business function, you'll find a Milwaukee County Parks site to complement your event.

<http://county.milwaukee.gov/Rentals9013.htm>

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WI FACETS WORKSHOPS

@wifacets

WI FACETS' workshops are FREE for families of children and youth with disabilities and those who support them. Registration is required: www.wifacets.org/events, or 414-374-4645.



Key: BLACK= webinars; PURPLE= in-person support groups; RED=phone workshops. Requests for accommodations are needed 2 weeks prior.

January 2016

- 1/6 PBIS and Families, 12-1 pm
- 1/8 Introduction to Special Education, 12-1 pm
- 1/11 WSEMS: Dispute Resolution Options, 12-1 pm
- 1/12 IEP Part 1, 12-1 pm
- 1/13 Rtl & Family Engagement, 12-1 pm
- 1/14 IEP Part 2, 12-1 pm
- 1/15 **Introducción a la Educación Especial, 12-1 pm**
- 1/20 Specially Designed Physical Education for Students with Disabilities, 12-1 pm
- 1/21 Serving on Groups That Make Decisions (Section 1), 12-1 pm
- 1/23 **Grupo de Autismo: Jugando con Palabras y Frases de IDEA ,10 am-12 pm, Oficina de WI FACETS en Milwaukee**
- 1/27 Special Education Discipline Requirements, 12-1 pm
- 1/28 Serving on Groups that Make Decisions (Section 3), 12-1 pm
- 1/29 **Programa de Educación Individualizado (IEP) Parte I, 12-1 pm**

February 2016

- 2/3 Evaluation and Assessment of American Indian Students, 12-1 pm
- 2/4 Serving on Groups That Make Decisions (Section 4 & 5), 12-1 pm
- 2/8 WSEMS: Facilitated IEPs, 12-1 pm
- 2/9 Section 504, 12-1 pm
- 2/10 Parent's Guide to the Post-Secondary Transition Plan (PTP), 12-1 pm
- 2/11 Serving on Groups That Make Decisions (Section 6), 12-1 pm
- 2/12 **Programa de Educación Individualizado (IEP) Parte II, 12-1 pm**

- 2/17 WI Promise Services for Youth SSI Recipients and Their Families, 12-1 pm
- 2/18 Serving on Groups That Make Decisions (Section 7 & 8), 12-1 pm
- 2/18/19 WI Transition Conference, Kalahari Resort, WI
- 2/26 **Opciones para Solucionar Desacuerdos sobre Educación Especial, 12-1 pm**
- 2/27 **Grupo de Autismo: Servicios Escolares de Verano para Niños en Educación Especial 10 am-12 pm, Oficina de WI FACETS en Milwaukee**

DEMENTIA GENERALIST TRAINING ONLINE FOR FAMILY AND FRIENDS

Helping to make Wisconsin "Dementia-Capable," The Center for Career Development at UW-Oshkosh and the Wisconsin Department of Health Services have partnered to develop a new online training to help friends and family of someone living with Alzheimer's or dementia. This training was designed to give a basic understanding of the disease, what to expect from the person with the disease and ways to interact with the person. The format and content of the training is excellent – easy to understand and very helpful to anyone who interacts with a person who has dementia or Alzheimer's disease. The cost of the training is \$25, and those successfully completing the course will receive a certificate of completion and can also apply for CEUs.

There is also a 20-minute course for Community Members as well as new trainings for people who work in crisis response and as a healthcare provider. Go to <https://wss.ccdet.uwosh.edu/stc/dhsdementia> to learn more or to register for a class.

OPD IS ON FACEBOOK!

Office for Persons with Disabilities (OPD)



The OPD [Facebook](#) account is dedicated to persons with disabilities as well as those without disabilities who are looking for the latest news that may be impacting their lives. **"Like" us & check in daily!**

<http://facebook.com/MilwaukeeCountyOPD>

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HAPPENINGS @ BOERNER BOTANICAL GARDENS

@FBBG



Tree-Pruning Essentials for Your Woody Plants

Saturday, Jan. 30, 2016, 9:30am – Noon
\$10 members / \$15 general public

Proper and timely pruning is essential for the health of your trees. With expert guidance, you will learn theory and practical application for pruning your trees. The class will cover plant varieties from deciduous (shed leaves annually) to conifer (evergreen). Weather permitting, we will spend time in the Gardens/arboretum for demonstration and on-site instruction.



Come dressed to spend time outdoors!

Watch For It!

FBBG's 2nd Annual Valentine's Day Hop!

Saturday, February 14, 2016, 7:30pm – 11:00pm
\$40 couples tickets / \$25 individual ticket

Join us for our 2nd Annual Valentine's Day Hop with Beatles tribute band, *Liverpool '64* and 60's tribute band *Close Enuf*. Cash bar and apps for purchase by Zilli



Hospitality Group, fun raffles, Beatles memorabilia, dancing and much more! **Buy tickets now for a wonderful Valentine's Day gift!**

Visit www.liverpool64.com to learn more about the band.

For questions or to purchase tickets, contact (414) 525-5653.

ALZHEIMER'S ASSOCIATION TO OFFER PROGRAM FOR FAMILY CAREGIVERS

Program to offer tools and insight on Alzheimer's and related dementia-

@AlzheimersSEWI

The Alzheimer's Association will offer a three-part

alzheimer's association®

workshop called "Understanding Dementia: An Education Program for Family Caregivers" on consecutive Tuesdays starting **Tuesday, January 5, 2016 from 1:00 to 3:00 p.m. at the Alzheimer's Association, 620 S. 76th Street, Suite 160, in Milwaukee.**

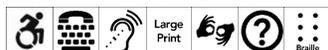
This three-session workshop is designed for those with a family member or friend recently diagnosed with Alzheimer's disease or a related dementia. The program will include an overview of dementia, communication strategies, behavior changes, safety issues, community resources and personal care for the caregiver. There will also be an opportunity to exchange ideas and experiences with others who are coping with similar situations.

This program is being provided by the Alzheimer's Association at no charge, and is open to family caregivers. Registration is required; to register, please contact Deborah Klement at 414-479-8800 or dklement@alz.org

The Alzheimer's Association is the leading voluntary health organization in Alzheimer care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's. For more information about Alzheimer's disease and local services visit www.alz.org/sewi or call the Alzheimer's Association 24/7 Helpline at 800.272.3900.

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Milwaukee County, the Commission for Persons with Disabilities and Handy-NEWS & NOTES neither endorses nor supports these businesses or products or services offered



M This winter, gift wrap summertime. Gift wrap a tailgate party. Take that sweet aroma of charcoal wafting through the parking lots, that sound of bratwurst sizzling over the grill, that warmth of the sun shining on your skin...

Take that feeling, package it up, put a bow on it, and give it to someone you love.

S Starting at just \$60 and featuring tickets to four of the season's most popular games - including Free-Shirt Fridays, All-Fan Sundays and rivalry games against the Cubs, Cardinals and Twins - Brewers Holiday 4-Packs are more attractive than ever before! Choose from four outstanding set plans or build your own 4-Pack with the flexible Fan's Choice Plan. Plus, if you're giving this as a gift, you can even allow your recipient to pick their own games at a later date.

As if that wasn't enough, every pair of 4-Packs also comes with a free Barrelman ornament!

For more information on 2016 season tickets, visit brewers.com or call 414-902-4400.

brewers.com



Milwaukee County Transit System

Schedules are changing on Sunday, Dec. 6, 2015.

Routes: 6, 12, 19, 21, 23, 27, 40, 43, 46, 54, 57, 60, 61, 67, 143, Green, Blue, and Purple

414-344-6711
RideMCTS.com

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Accessibility

Facility Rentals

General OPD Information

Recreation Programs

Transportation



Employment

Festivals & Events

Handy-NEWS & NOTES

Recreation Calendar

Other County Departments

OFFICE FOR PERSONS WITH DISABILITIES (OPD)

414-278-3932 (V); 711 (TRS); 414-278-3939 (FAX)

901 N. 9TH STREET, ROOM 307-B • MILWAUKEE, WI 53233

timothy.ochnikowski@milwaukeecountywi.gov www.county.milwaukee.gov





MILWAUKEE BUCKS TICKETPASS



Through your organization's participation in the Bucks TicketPASS program, tickets for the 2015-16 season are now available to you at special prices with no fees!

FRI, JAN 8TH

VS

RODNEY ATKINS 



Tip-Off at 7:30pm
COUNTRY NIGHT feat. post-game concert by Rodney Atkins!

FRI., JAN 29TH

VS




MIAMI HEAT

Tip-Off at 7:30pm
Bango Knit Hat presented by Pick 'n Save/Pepperidge Farm for first 5000 kids 14 and under

THU. FEB 11TH

VS




WASHINGTON WIZARDS

Tip-Off at 7:30pm
Pitcher and Cup Set presented by Pick 'n Save/Pepsi for first 5000 adults

MON. FEB 22ND

VS



LOS ANGELES LAKERS

Tip-Off at 7:00pm
KOBE'S FINAL GAME IN MILWAUKEE!

TicketPASS features savings up to 26% off the single game value!

**ADDITIONAL GAMES AVAILABLE!
BULLS – HAWKS – SPURS – PISTONS – ROCKETS – AND MORE!**

Order Online at:

WWW.BUCKS.COM/TICKETPASS

Enter promo code **MCOPD** in the "Access an Offer" box

ADDITIONAL GAMES AND SEATING OPTIONS MAY BE AVAILABLE ONLINE!

		# \$88 Lower Side Court	# \$28 400-Level Side Court	# \$21 400-Level Baseline	TOTAL
HEAT	1/29				\$
		# \$74 Lower Side Court	# \$28 400-Level Side Court	# \$21 400-Level Corner	TOTAL
MAVERICKS	1/8				\$
WIZARDS	2/11				\$
		# \$106 Lower Side Court	# \$42 400-Level Side Court	# \$30 400-Level Corner	TOTAL
LAKERS	2/22				\$
TOTAL					\$

ORDER FORMS MUST BE RECEIVED AT LEAST TWO BUSINESS DAYS IN ADVANCE OF SELECTED GAME(S)

Contact Name _____

Address (required) _____

City _____ State _____ Zip _____

Cell Phone (required) _____

E-Mail (required) _____

Payment Method (circle one):

VISA MASTERCARD AMEX DISCOVER CHECK PAYABLE TO MILWAUKEE BUCKS

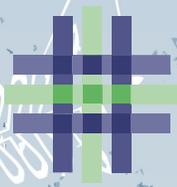
Card # _____ Exp. _____

Signature _____

MAIL ORDERS TO: MILWAUKEE BUCKS, RACHEL TOMAN
1543 North 2nd St., 6th Floor MILWAUKEE, WI 53212

SCAN + EMAIL TO: RTOMAN@BUCKS.COM

OTHER GAMES ARE AVAILABLE. FOR INFORMATION CONTACT RACHEL TOMAN AT 414.227.2875 OR RTOMAN@BUCKS.COM
All persons two and older require their own ticket. No exchanges or refunds. Orders are subject to availability. Tickets may not be resold.



Interfaith

OLDER ADULT PROGRAMS

NO ONE CAN DO IT ALONE

Good Neighbor Project

414-220-8648

msteinke@interfaithmilw.org

The Good Neighbor Project helps to create a neighborly community by matching volunteers with older adults that need help with seasonal outdoor chores - SNOW SHOVELERS ARE NEEDED THROUGHOUT MILWAUKEE COUNTY.

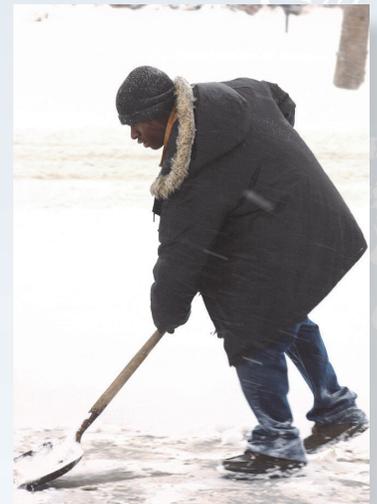
This assistance is often an essential factor in helping an older adult remain living in his or her home.

Groups & Individuals Are Needed Today!

Commercial Residential Snow Removers Are Also Needed for Our Resource Directory.



Volunteer Today,
Call 414-220-8648
Help an Older Neighbor.



A&J MOBILITY

2013 Honda Odyssey EX



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Locations

WI

Eau Claire

Green Bay

Valders

McFarland

Richfield

STOCK #:	DB011710
MILEAGE:	28,343
EXT. COLOR:	Modern Steel
INT. COLOR:	Tan Cloth
ENGINE:	3.5L V6 Automatic
CONVERSION:	VMI Northstar
PRICE:	\$43,995

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Q'STRAIT

www.aandjmobility.com



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P: 888-775-7750
P: 920-775-9333

Madison

4125 Terminal Drive
McFarland, WI 53558
P: 888-223-9731
P: 608-579-1500

Eau Claire

2650 Prospect Drive
Eau Claire, WI 54703
P: 877-833-9830
P: 715-874-6630

Richfield

3058 Helsan Drive
Richfield, WI 53076
P: 800-517-1024
P: 262-623-6236

Green Bay

1330 Mid Valley Drive
De Pere, WI 54115
P: 877-830-1330
P: 920-632-4882

A&J MOBILITY

2013 Toyota Sienna



**FINANCING
AVAILABLE**

Locations

WI

Eau Claire

Green Bay **NEW**

Valders

McFarland

Richfield

STOCK #:	DS321872
MILEAGE:	27,144
EXT. COLOR:	Silver Sky
INT. COLOR:	Grey Cloth
ENGINE:	3.5L V6 Automatic
CONVERSION:	VMI 360 Access
PRICE:	\$44,995



www.aandjmobility.com



Valders	Madison	Eau Claire	Richfield	Green Bay
333 W. Washington St. Valders, WI 54245 P: 888-775-7750 P: 920-775-9333	4125 Terminal Drive McFarland, WI 53558 P: 888-223-9731 P: 608-579-1500	2650 Prospect Drive Eau Claire, WI 54703 P: 877-833-9830 P: 715-874-6630	3058 Helsan Drive Richfield, WI 53076 P: 800-517-1024 P: 262-623-6236	1330 Mid Valley Drive De Pere, WI 54115 P: 877-830-1330 P: 920-632-4882



**FINANCING
AVAILABLE**



STOCK #:	FS600271
MILEAGE:	7
EXT. COLOR:	Crème Brulee
INT. COLOR:	Grey Cloth
ENGINE:	3.5L V6 Automatic
CONVERSION:	BraunAbility Rampvan XT
PRICE:	Call for Price



www.aandjmobility.com



Valders	Madison	Eau Claire	Richfield	Green Bay
333 W. Washington St. Valders, WI 54245 P: 888-775-7750 P: 920-775-9333	4125 Terminal Drive McFarland, WI 53558 P: 888-223-9731 P: 608-579-1500	2650 Prospect Drive Eau Claire, WI 54703 P: 877-833-9830 P: 715-874-6630	3058 Helsan Drive Richfield, WI 53076 P: 800-517-1024 P: 262-623-6236	1330 Mid Valley Drive De Pere, WI 54115 P: 877-830-1330 P: 920-632-4882

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CORPORATE: 1995 E. Norse Avenue, Cudahy, WI 53110
Toll-free: (800) 454-3828 **Local:** (414) 486-6249

MILWAUKEE: 4404 W Oklahoma Ave., Milwaukee, WI 53219
Phone: (414) 543-1114 **Fax:** (414) 543-8389

Glendale: 6260 N. Port Washington Rd. Glendale, WI 53217
Phone: (414) 906-0000 **Fax:** (414) 906-1650

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NEW YEAR~NEW IDEAS

CHOOSE YOUR TOOLS

Pick 4 sessions to supercharge your job search in 2016

JANUARY 9, 2016 ~ 9:00AM – 12:00PM

Registration Begins 8:30AM

St. Dominic's Church, Marcy Center

18255 West Capitol Dr.,
Brookfield, WI 53045

Turn south onto Mountain Drive, use the parking lot behind the church, enter in doors under the overhang, lower level. Dress warm or in layers.



“Accept yourself, your strengths, your weaknesses, your truths, and know what tools you have to fulfill your purpose.”

— Steve Maraboli, *Life, the Truth, and Being Free*

This will be a morning to fill your job search tool box with new ideas. Choose from:



Forward Facing Focus: Construct your story with your strengths and successes with quality materials to help land interviews and the next role in your career.

Cindy Larson, Executive Recruiter, The Lawler Group, 40Plus Board Member



S.M.A.R.T C.A.R. Stories: Stand out in your interviews. Incorporate SMART CAR stories in your menagerie of job search tools.

Amy Whittenberger, Human Resource Mechanic / Instructor, 40Plus Board Member



Master Accomplishment List: Learn about the building bricks of building your master accomplishment list which becomes your plug and play resource for customizing your resume.

Carol Shoberg, HR professional, Connector, Career Coach, Purveyor of Positivity



Your Resume Fixup: Online Applications, ATS, & Keywords: Will your resume get past the Applicant Tracking System and stay in the “IN” pile?

Ellie Mixter-Keller, Transition Coach, Community Builder, 40Plus Board Member



Building Your Community - A Blueprint for Success: Networking IS relationship building from your introduction to your follow-up. We'll talk about it all.

Sue Gresham, LinkedIn Lady & Networking Guru, 40Plus Board Member



Essential Job Interview Tips: How to prepare to ace your next job interview

Dave Koskinen, Seasoned Sales Professional and speaker, 40Plus Board Member

ONLINE RSVP: by January 8, 2016, 5:00PM

Use our FREE Eventbrite registration at <http://40plusworkshopjan9.eventbrite.com>

QUESTIONS: Ellie Mixter-Keller e-mix-keller@sbcglobal.net ~ or Robert Bachman robertbachman5@gmail.com

Presented by 40Plus of Southeastern Wisconsin www.40pluswi.org

Welcome to this week's Equipment Connection!

Quality Devices - Low Prices

Too often Medicare, Medicaid and private insurances won't purchase the equipment you may need.

The **IndependenceFirst Mobility Store** is your **low cost** alternative for **stylish and safe** durable medical equipment.

- Refurbished and new equipment
- Priced much lower than retail - on average 70% off!
- Adult, pediatric, and bariatric equipment
- Canes, walkers, rollators, manual and power wheelchairs
- Bath items, hospital beds, lift chairs, grab bars...much more!

Our #1 priority is meeting your unique needs - we're more than a store, *it's our mission!* The IndependenceFirst Mobility Store is a **non-profit program** assisting the elderly and disabled community for over 27 years. Our staff assess your needs, working 1:1 to be sure you get the right equipment to help you live independently.

[Contribute Now](#)



Walking Cane w/Sport Seat

Manufacturer: Sport Seat Int.
 This portable, lightweight seat is also a folding walking stick/cane.

Item: **16631**
[Click here](#) for details!
Our Price: \$10
Retail Price: \$30



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Milwaukee Area

414.988.5333

3720 N. 124th St.
 Unit F, Wauwatosa, WI

Madison

608.243.1785

2554 Advance Rd.
 Madison, WI



Power Wheelchair

Manufacturer: Permobil
Model: C300
Width: 14" Depth: 16"

This power wheelchair features a tilt in space seat with a head rest and is height adjustable.

Item: **18527**
[Click here](#) for details!

Our Price: \$1,069
Retail Price: \$8,261



Transport Wheelchair

Manufacturer: Drive Medical
Model: HXS 9JP
Width: 19" Depth: 16"

This foldable wheelchair features a seatbelt and the back folds down.

Item: **18564**
[Click here](#) for details!

Our Price: \$135
Retail Price: \$245

Staying Stress-Free During the Holidays

We are sharing this article from the Huffington Post, contributed by Dr. Carmen Harra, a best-selling author and clinical psychologist.

The holidays are a time for tradition and family, giving thanks and grand meals. But for many of us, these ideal notions are eclipsed by the absolute frenzy that accompanies the holiday season. This season can conjure some very stressful scenarios: How will I afford to buy everyone gifts on such a tight budget? How can I enjoy the holidays going through this divorce? Some of us dread the added stress of the holidays so much that we choose to spend this special time of the year alone rather than with our loved ones.

[Click here](#) to learn more about staying positive and stress-free this season.

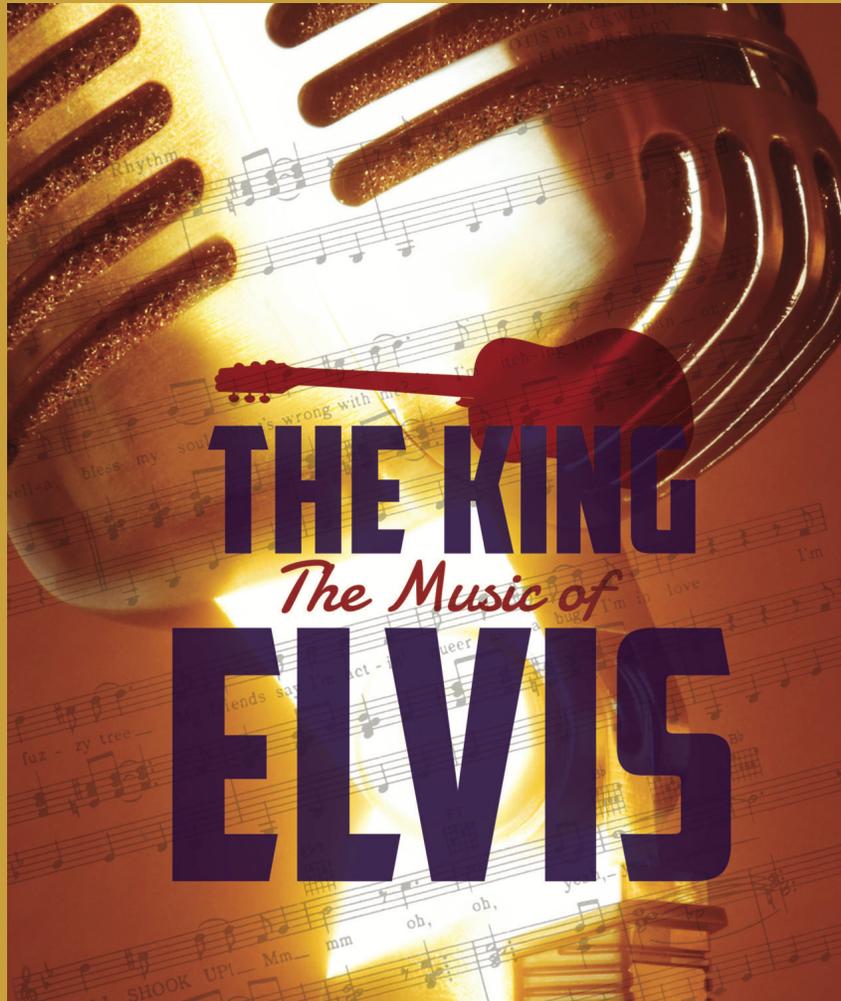


\$5 Off a Standard Walker*
or
\$10 Off a Commode*



*Please present coupon with your purchase. Limit one per customer. Coupon is transferable. For catalog of equipment, visit ifmobility.org. Expires: 1/31/16 Code: HN

Save on MC Presents tickets with this Priority Purchase Opportunity for Employees, Families, and Friends!



January 15 - 16, 2016

Instructions for ordering:

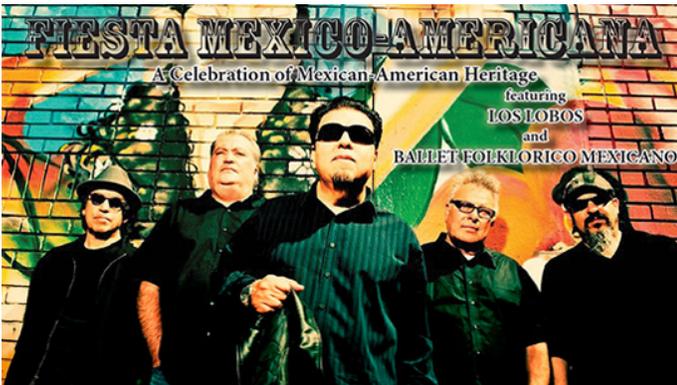
- 1) Go to: www.marcuscenter.org/mcaccess
- 2) Create your Login using your Group Code:
countytix
- 3) Order your tickets at substantial discounts!



*Ticket locations may be substituted due to high demand.
Specific seat locations are not given, it is not a live sale.
Tickets are assigned on a best available basis.
Not valid on previously purchased tickets.
No exchanges or refunds.
Please specify any special needs or requests in the additional comments box at the bottom of the order page.

Please contact Keri Hough at:
414-273-7121 ext. 213 or
khough@marcuscenter.org
for more information.

Save on Off Broadway tickets with this Priority Purchase Opportunity for Employees, Families, and Friends!



Fiesta Mexico-Americana
February 20, 2016

PostSecret: The Show
February 25-26, 2016



Pro Arte Quartet
February 28, 2016

Instructions for ordering:

- 1) Go to: www.marcuscenter.org/mcaccess
- 2) Create your Login using your Group Code:
countytx
- 3) Order your tickets at substantial discounts!



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Specific seat locations are not given, it is not a live sale.
Tickets are assigned on a best available basis.
Not valid on previously purchased tickets.
No exchanges or refunds.
Please specify any special needs or requests in the additional comments box at the bottom of the order page.

Please contact Keri Hough at:
414-273-7121 ext. 213 or
khough@marcuscenter.org
for more information.

**Save on tickets with this Priority
Purchase Opportunity for
Employees, Families, and Friends!**

February 23 - 28, 2016
Marcus Center - Uihlein Hall



Instructions for ordering:

- 1) Go to www.marcuscenter.org/mcaccess
- 2) Create your Login using your Group Code:
countytix
- 3) Order your tickets!

Please contact Keri Hough at:
414-273-7121 ext. 213 or
khough@marcuscenter.org
for more information



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ABOUT ACCESS ELEVATOR

We are an organization recognized throughout the state of Wisconsin, Illinois and Indiana for quality and reliability in our product line and services.

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If you have an accessibility situation and aren't sure what to do, give us a call. We have years of experience and a strong reputation for quality service to provide you with the best home elevator, wheelchair lift or stairlift to meet your needs. Speak to one of our accessibility experts to create the best overall plan to make your home an easier place to live today.

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Toll-free: (800) 454-3828 Local: (414) 727-2524

ILLINOIS: 1000 Industrial Drive, Suite 2C, Bensenville, IL 60106
Toll-free: (800) 454-3828 Local: (630) 616-6249



IndependenceFirst

The Resource For People With Disabilities

Stride & Glide family-friendly 5K on Feb. 27 supports IndependenceFirst

By Melanie Hupfer, IndependenceFirst Fund Development and PR/Marketing Coordinator

What is Stride & Glide?

Whether you have been keeping active this winter or could use a jump start to your routine, Stride & Glide for IndependenceFirst is a great way to get moving while supporting a great cause. This family-friendly indoor/outdoor 5K event takes place on Saturday, February 27, at the Milwaukee County Zoo, 10001 W. Blue Mound Road in Milwaukee, and benefits IndependenceFirst's services enabling people with disabilities to live independently in our community.

Stride & Glide includes a variety of activities for all ages, and attendees can participate in as many of the activities as they would like (or choose to participate in our new Zumbathon Only category) before capping off the day by further exploring the zoo.

Indoor and Outdoor Activities

Activities include an outdoor 5K Run, Wheelchair or Walk (5K Run and Wheelchair races are chip timed with awards for the top male and female winners overall and medals for the top male and female in each 10-year age group); 1-Mile Family-Friendly Scavenger Hunt Walk; Indoor "Zumba at the Zoo" Zumbathon and Kids' Activities. There's also an award for the wackiest outfit, so get out that fun hat, colorful pair of pants, wig or whatever else you can dream up to add to the fun (and maybe go home with a prize).

Participation

You can participate as an individual or with a team. Participants have the option to pay a registration fee or fundraise the fee to support IndependenceFirst. All participants (except those in the Zumbathon Only category) will receive a commemorative long-sleeved t-shirt. Zoo admission and parking are included.

Registration Fees

Registration fee: \$30 for adults/youth (ages 12+) before February 12, 2016 (\$35 after February 12) or \$15 for youth (ages 3-11). Zumbathon Only Category (does not include event t-shirt): \$20 before February 12, \$25 after. Kids two and under are free, and strollers are welcome except on the 5K course. You can also pay for your corporate or family team of 10 or more in one payment (\$275 for a team of up to 10, \$400 for a team of up to 15 or \$650 for a team of up to 25).

Saturday, February 27, 2016 Stride & Glide Schedule

7:30 a.m.	Registration Begins (Register no later than 15 minutes before your first activity)
8:20 a.m.	5K Wheelchair – Chip Timed
8:30 a.m.	5K Run – Chip Timed
	5K Walk – Walkers line up behind runners
8:30 – 11:00 a.m.	Kids' Activities
9:00 a.m.	Post 5K Yoga

9:30 a.m. Family-friendly 1-Mile Walk with Scavenger Hunt
5K Awards
10:00 a.m. – noon “Zumba at the Zoo” Zumbathon

Registration

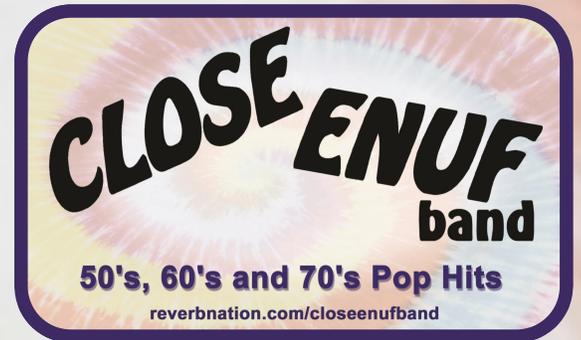
Register online by visiting www.StrideAndGlide.org and clicking on “Register.” To register by phone or e-mail, please call (414) 226-8386 V/Relay or e-mail mhupfer@independencefirst.org. Please register by February 12, 2016. We hope you will join us for this great event!

FBBG's 2nd Annual Valentine's Day Hop



FEATURING...

WITH SPECIAL GUESTS...



SATURDAY, FEBRUARY 13, 2016 | 7PM—11PM

CLOSE ENUF FROM 7PM—8:30PM
LIVERPOOL '64 FROM 9PM—11PM

FEATURING ALL OF YOUR FAVORITE SONGS FROM THE BEATLES...

PLUS TONS OF POP HITS FROM THE 50s, 60s & 70s!

DON'T MISS OUT ON THIS FUN NIGHT OUT!

Live Music • Dance Floor • Apps for purchase from Zilli Hospitality Group •
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\$40 PER COUPLE / \$25 PER INDIVIDUAL

CONTACT JEANNA @ (414) 525-5661 FOR MORE INFO!



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MILWAUKEE COUNTY
PARKS

2016 Wil-O-Way Key Card

The Wil-O-Way Key Card is a product of the Milwaukee County Office for Persons with Disabilities and the Wil-O-Way Recreation Program. Membership in the Wil-O-Way Key Card program expands recreational opportunities for persons with disabilities at a reduced or no cost. *Benefits:* * Access to the Milwaukee County ticket distribution program. * Invitation to Milwaukee County recreation and culture special events. * Information about other low or no cost community recreation events. * Access to Wil-O-Way programming (Individual members only!). **ALL communication by EMAIL ONLY!!!**

MILWAUKEE COUNTY RESIDENTS

_____ Individual (\$25) _____ Organization (\$125) – Up to 5 Cards - _____ Number Requested

***** AFTER August 1, 2016 *****

_____ Individual (\$12) _____ Organization (\$62) – Up to 5 Cards - _____ Number Requested

NON-MILWAUKEE COUNTY RESIDENTS

_____ Individual (\$35) _____ Organization (\$175) – Up to 5 Cards - _____ Number Requested

***** AFTER August 1, 2016 *****

_____ Individual (\$17) _____ Organization (\$87) – Up to 5 Cards - _____ Number Requested

Please Type or Print

EMAIL ADDRESS NEEDED!!!

NAME: _____ **E-MAIL:** _____

ORGANIZATION: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE: _____ EVENING PHONE: _____

DISABILITY: _____

FUNCTIONAL LIMITATIONS (i.e., limited walking, scared of heights, etc.): _____

MOBILITY DEVICES USED: _____ Wheelchair _____ Scooter _____ Walker _____ Cane

_____ Crutches _____ Long Leg Braces _____ Other _____

DOCTOR'S NAME: _____ PHONE: _____

DOCTOR'S ADDRESS: _____

Payment

Checks: Should be made payable to: **Milwaukee County Treasurer**

Credit Cards: (Please circle appropriate card)

MasterCard **VISA**

Name on Card: _____

Acct. #: _____

Charge Authorized: \$ _____

Exp. Date: _____

Signature: _____

Sec. Code (3 digits): _____

Mail: Office for Persons with Disabilities, Wil-O-Way Key Card, 901 N. 9th Street, Room 307-B, Milwaukee, WI 53233

Fax: 414-278-3939

Email: timothy.ochnikowski@milwaukeecountywi.gov

Questions: Call 414-278-3930



About Adventures for L.I.F.E.* Travel

Registration and payment

Reserve your spot and register online at:

<http://www.mcfi.net/travel.htm>

Please fill out online information form. The online information form must be completed for all travelers prior to final acceptance, and 50% payment is required to hold your travel reservation. If third-party funded, 50% deposit is still required. Final payment is due 30 days prior to the trip.

Itinerary

Upon acceptance of the registration, a final itinerary will be e-mailed to the traveler. This will include specific travel information, emergency contact information, list of items to pack and suggestions for using spending money.

Who are we?

Adventures for L.I.F.E.* Travel provides opportunities for teens and adults with special needs to enjoy a variety of traveling adventures in a safe, supportive environment. Typical staff to traveler ratio is 1:3 or 1:4. If you need more assistance or supervision, please contact us ahead of time for details. There will be an additional charge for 1:2 or 1:1 supervision. If we request that travelers provide their own caregiver, special "caregiver rates" will be arranged.

Our travelers

Our travelers are people ages 14 and up who may require support and supervision while traveling. Travelers should like to be on the go, be physically able to participate in most activities with minimal assistance and treat themselves, others and property in a respectful manner.

Our focus

Adventures for L.I.F.E. Travel builds social relationships and focuses on transferring home skills to the community. Our travelers have the opportunity to build life skills such as money management, reading, responsibility for self and others, social interaction and community access. Travelers adjust to new environments, learn about personal safety in various settings and practice using many forms of transportation.

What's included

Trip fees include staff supervision, transportation from pick-up and drop-off points, admission fees, lodging, group photo and most meals. Also included are new friendships and great experiences for everyone!

Accommodations

Overnight accommodations are at well-known hotel chains with an indoor pool. Unless otherwise requested, travelers will share a room with two or three other people. Single rooms may be available at an additional cost. Staff may sleep in travelers' rooms or adjacent rooms. If a traveler requires 24-hour supervision, this request must be made in advance.

Smoking policy

Smoking is permitted during scheduled breaks while traveling. Smoking, including e-cigarettes, is not permitted in hotel rooms or vehicles.

Cancellation policy

There are no monetary refunds. If cancellation occurs 30 or more days prior to trip an Adventures for LIFE program credit will be given for future camp/travel (credit must be used within 24 months). No credit will be awarded if cancelling trip within 30 days prior to trip. Special circumstances may be discussed on an individual basis with program director. Get ready for your next big adventure!

Questions?

Please call or email

Deon Franschczak

Ph: (414) 937-2100

Email: deon.franschczak@mcfi.net

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Dog Sledding Experience

February 17-20
(1 p.m. Wednesday to TBA Saturday)

Bayfield, Wisconsin

Fee: \$675

Come with us to Bayfield, Wisconsin where you'll enjoy an exciting day of dog sledding with Wolfsong Adventures in Mushing. You'll never forget what it's like to mush a dog sled! We'll also hike to the breathtaking Frozen Ice Caves of Apostle Islands (weather permitting) and participate in winter sports during our visit. Sign up today and hurry, spots fill up fast!



Dubuque Iowa Getaway

May 21-22
(8 a.m. Saturday to 5 p.m. Sunday)

Fee: \$325

Don't miss the Mighty Mississippi as we travel to Dubuque, Iowa for a weekend adventure. We'll start with a steam boat tour on the big river, then visit the 2-million-year-old Crystal Lake Cave! We will also stop to explore the National Mississippi River Museum and Aquarium. Enjoy a shopping stop in Galena, Illinois on the way home. Sign up now for all the fun!



Woodside Ranch

September 9-11
(9 a.m. Friday to 5 p.m. Saturday)

Mauston, Wisconsin

Fee: \$550

Back by popular demand! Enjoy three fun-filled days on this classic Dude Ranch. We'll spend the weekend horseback riding along 1,400 acres of trails and eating home-cooked meals made just for us! We'll ride in old-fashioned covered wagons and stay in a cozy log cabin. Activities may also include fishing on Lake Woodside, nature hikes, movie theater and campfires. Register now, this trip always fills up fast!



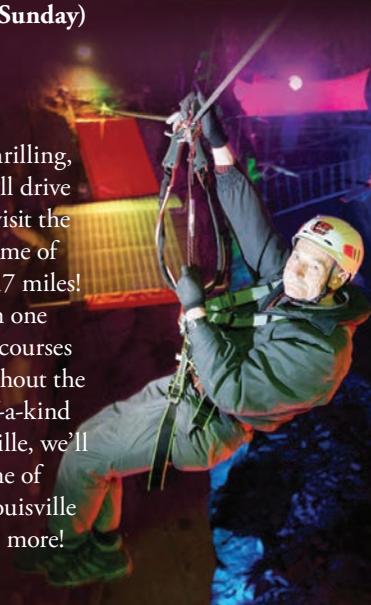
Underground Zip Line Caves

October 13-16
(8 a.m. Thursday - 5 p.m. Sunday)

Louisville, Kentucky

Fee: \$600

Get ready to experience a thrilling, exhilarating adventure! We'll drive to Louisville, Kentucky to visit the Louisville Mega Cavern, home of man-made cave stretching 17 miles! We'll challenge ourselves on one of six underground zip line courses and take a tram ride throughout the cave to see all of this one-of-a-kind attraction. While in Louisville, we'll visit Churchill Downs, home of the Kentucky Derby, the Louisville Slugger Museum and much more!



Ladies Spa Retreat

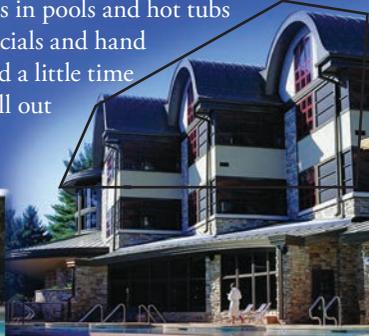
Sundara Spa

April 15-16
(12:30 p.m. Friday - 5 p.m. Saturday)

Wisconsin Dells

Fee: \$325

Join us for girlfriends' getaway at the luxurious Sundara Spa. We'll pamper ourselves in pools and hot tubs while getting manicures, facials and hand massages. We may even find a little time to shop! Our spa retreats sell out quickly, so sign up now.



White Water Rafting Trip

June 9-12 (1 p.m. Thursday - 5 p.m. Sunday)

Niagra, Wisconsin

Fee: \$650

Ready for a heart-pumping adventure? Join us for white water rafting vacation with Wildman Adventure Rafting Trips. We'll spend two days rafting on the Menominee River and learning important skills to keep us afloat. We will also challenge ourselves on the high ropes course and paintball pursuit! Your adventure is ready – sign up today!

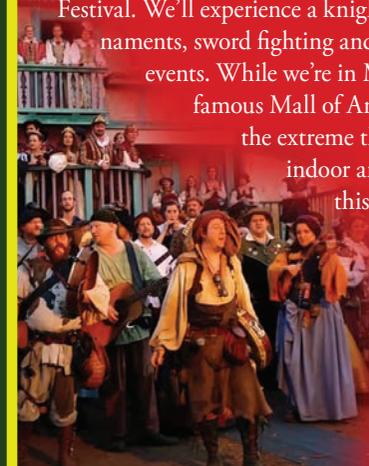


Minnesota Renaissance Festival & Mall of America

September 23-25
(9 a.m. Friday - 5 p.m. Sunday)

Fee: \$425

Take a leap back in time as we visit the Minnesota Renaissance Festival. We'll experience a knighting ceremony, jousting tournaments, sword fighting and many more fantastic festival events. While we're in Minnesota, we'll stop at the famous Mall of America for shopping and riding the extreme theme park rides at the mall's indoor amusement park. Don't miss this exciting weekend adventure!



Great Wolf Lodge

November 5-6
(9 a.m. Saturday - 5 p.m. Sunday)

Wisconsin Dells

Fee: \$300

Warm up for the weekend at the Great Wolf Lodge in Wisconsin Dells. Take a wild ride on the Howlin' Tornado raft slide that drops you into a 6-story funnel! Race a friend on Mountain Edge Raceway slides, or enjoy Crooked Creek – a 132,000 gallon winding lazy river! You'll be busy all weekend and come home with great stories to tell. Sign up for this adventure today!



JOIN US FOR THE TIME OF YOUR LIFE!

WINTER 2016



Register online at our website,
<http://www.mcfi.net/Express-LIFE.htm>

<p>Hot Chocolate Craze <i>How many different kinds can we make?!</i> 6-7:30pm, Tuesday January 5 MCFI Main west entrance 2020 W. Wells St. Cost: \$17 (snack included)</p>		<p>MOVIE NIGHT </p>	<p>Movie Night <i>Lights, camera, food and friends!</i> 6 to 8 p.m. Wednesday, January 27 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>	<p>Homemade Fudge Workshop <i>Make a delicious homemade treat!</i> 6-7:30pm, Monday February 15 MCFI Main west entrance 2020 W. Wells St. Cost: \$18</p>		<p>MOVIE NIGHT </p>	<p>Movie Night <i>Sit back and relax an evening away!</i> 6 to 8 p.m. Wednesday, March 9 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>
<p>Groovin <i>Warm up this winter with Groovin!</i> 6 to 7:30 p.m. Wednesdays, January 6, 13, 20, 27 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$30 (for all four sessions)</p>		<p>Cinnamon Spice & Everything Nice! <i>Make some delicious cinnamon treats!</i> 6pm-7:30pm, Thursday January 28 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>	<p>Chili Cook Off <i>Help your team win!</i> 5pm-7pm, Thursday February 18 MCFI Main West Entrance 2020 West Wells St. Cost: \$20</p>		<p>Ani's Cooking Class <i>Learn to make a new dish & dessert!</i> 5pm-7pm, Thursday March 10 MCFI Main West Entrance 2020 West Wells St. Cost: \$20 (this will be dinner)</p>		<p>Ani's Cooking Class <i>Learn to make a new dish & dessert!</i> 5pm-7pm, Thursday March 10 MCFI Main West Entrance 2020 West Wells St. Cost: \$20 (this will be dinner)</p>
<p>Popcorn Fun <i>Caramel, cheese, chocolate yum!</i> 6pm to 7:30pm, Thursday January 7 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>		<p>Great Lakes Pet Expo @ State Fair Ground <i>Experience an animal filled afternoon!</i> 11am-2pm, Saturday January 30 MCFI Main west entrance 2020 West Wells St Cost: \$25 (lunch included)</p>	<p>Winter Farmers Market <i>Experience summer indoors!</i> 9:30am-11am, Saturday February 20 Meet at the domes 524 S. Layton Blvd Cost: \$18</p>		<p>St. Patty's Dance <i>Dress in all your green!</i> 6pm-8pm, Friday March 11 Meet at Vision Forward 912 N. Hawley Rd. Cost: \$11</p>		<p>St. Patty's Dance <i>Dress in all your green!</i> 6pm-8pm, Friday March 11 Meet at Vision Forward 912 N. Hawley Rd. Cost: \$11</p>
<p>How to Comfort Food <i>Home cooked meals are the best!</i> 11:30am-1pm, Saturday January 9 MCFI west entrance 2020 W. Wells St. Cost: \$20 (this will be lunch)</p>		<p>Chinese New Year's Celebration <i>Celebrate this tradition at the Domes!</i> 9:30am-11am, Sunday January 31 Meet at the Domes 524 S. Layton Blvd Cost: \$18</p>	<p>Bowling at AMF Lanes <i>Find that game winning strike!</i> Noon to 2 p.m., Sunday, February 21 Meet at AMF Lanes 7505 W. Oklahoma Ave. Cost: \$17</p>		<p>Rummage-A-Rama <i>Let's find something unique!</i> 10am-1pm, Saturday March 12 Meet at MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$25 (lunch included, please bring own spending money)</p>		<p>Rummage-A-Rama <i>Let's find something unique!</i> 10am-1pm, Saturday March 12 Meet at MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$25 (lunch included, please bring own spending money)</p>
<p>Country Springs <i>Warm up this winter with friends!</i> 3:15pm to 6:30pm, Monday January 11 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>		<p>Game Day Snacks <i>Prep and try new food ideas for Super Bowl Sunday!</i> 6-7:30pm, Thursday February 1 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17 (bring recipes home too!)</p>	<p>Country Springs <i>Inside fun with slides and friends!</i> 3:15pm to 6:30pm, Monday February 22 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>		<p>Irish Celebration <i>Corned beef yes please!</i> 5pm-7pm, Monday March 14 MCFI Main West Entrance 2020 West Wells St. Cost: \$20 (traditional meal included)</p>		<p>Irish Celebration <i>Corned beef yes please!</i> 5pm-7pm, Monday March 14 MCFI Main West Entrance 2020 West Wells St. Cost: \$20 (traditional meal included)</p>
<p>Silhouette Paintings <i>Find your best side and paint a self-portrait!</i> 6-7:30pm, Tuesday January 12 MCFI Main west entrance 2020 W. Wells St. Cost: \$17</p>		<p>Chinese Fan Fun <i>Design and decorate your own Chinese Fan!</i> 6-7:30pm, Tuesday February 2 MCFI Main west entrance 2020 W. Wells St. Cost: \$17</p>	<p>Flash Back Movie Night <i>Star Wars!</i> 6 to 8 p.m. Wednesday, February 24 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>		<p>Kitchen Herb Gardens <i>Cooking ingredients will be at your fingertips!</i> 6pm-7:30pm, Tuesday March 15 MCFI Main West Entrance 2020 West Wells St. Cost: \$17</p>		<p>Kitchen Herb Gardens <i>Cooking ingredients will be at your fingertips!</i> 6pm-7:30pm, Tuesday March 15 MCFI Main West Entrance 2020 West Wells St. Cost: \$17</p>
<p>Winter Warm Up Movie Night <i>Snow Dogs!</i> 6 to 8 p.m. Wednesday, January 13 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>		<p>Nia Dance Class <i>Get up and active!</i> 6pm to 7 pm Wednesdays, February 3, 10 & 17 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$25 (for all 3 sessions)</p>	<p>Academy Award Songs <i>Spend a night experiencing famous music!</i> 6pm-7:30pm, Thursday February 25 MCFI Main West Entrance 2020 West Wells St. Cost: \$17</p>		<p>Songs from Emerald Isle <i>Celebrate Irish heritage for St. Patrick's Day!</i> 6pm-7:30pm, Wednesday March 16 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$11</p>		<p>Songs from Emerald Isle <i>Celebrate Irish heritage for St. Patrick's Day!</i> 6pm-7:30pm, Wednesday March 16 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$11</p>
<p>Martin Luther King Celebration <i>Be inspired by songs from this moment in history!</i> 6-7:30pm, Thursday January 14 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>		<p>Handmade Valentine's <i>Create unique Valentines for the special people in your life!</i> 6-7:30pm, Thursday February 4 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>	<p>Stone Fire Game Night! <i>Pizza buffet and games!</i> 5pm-8pm, Friday February 26 Meet at MCFI Main West Entrance 2020 West Wells St Cost: \$35 (dinner & game card included)</p>		<p>Musical experimentation workshop <i>Learn to play instruments and write songs!</i> 6pm-7:30pm, Thursday March 17 MCFI Main West Entrance 2020 West Wells St. Cost: \$11</p>		<p>Musical experimentation workshop <i>Learn to play instruments and write songs!</i> 6pm-7:30pm, Thursday March 17 MCFI Main West Entrance 2020 West Wells St. Cost: \$11</p>
<p>UWM Women's Basketball Game <i>Cheer on the UWM women!</i> 1:30pm-4pm, Saturday January 16 Meet at MCFI Main west entrance 2020 West Wells St. Cost: \$30 (game snack included)</p>		<p>Country Springs <i>Ride slides & lounge in the lazy river!</i> 3:15pm to 6:30pm, Monday February 8 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>	<p>Personalize your own pillowcase <i>What design will you create?!</i> 6pm-7:30pm, Tuesday March 1 MCFI Main West Entrance 2020 West Wells St. Cost: \$17</p>		<p>Easter Basket Creations <i>Prep for Easter the right way!</i> 1pm-3pm, Saturday March 19 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$18</p>		<p>Easter Basket Creations <i>Prep for Easter the right way!</i> 1pm-3pm, Saturday March 19 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$18</p>
<p>Snowflake Prints <i>Enjoy a night of winter art!</i> 6pm-7:30pm, Tuesday January 19 MCFI Main west entrance 2020 W. Wells St. Cost: \$17</p>		<p>Valentine's Edible Art <i>How creative will your treat be?!</i> 6-7:30pm, Tuesday February 9 MCFI Main west entrance 2020 W. Wells St. Cost: \$18</p>	<p>Groovin <i>Bring in spring with some new moves!</i> 6 to 7:30 p.m. Wednesdays, March 2, 9, 16 & 23 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$30 (for all 4 sessions)</p>		<p>Country Springs <i>An evening of waterpark fun!</i> 3:15pm to 6:30pm, Monday March 21 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>		<p>Country Springs <i>An evening of waterpark fun!</i> 3:15pm to 6:30pm, Monday March 21 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>
<p>Bird Feeder Creations <i>Make gifts for our feathered friends!</i> 6pm-7:30pm, Thursday January 21 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>		<p>Movie Night <i>Enjoy a night of food and entertainment!</i> 6 to 8 p.m. Wednesday, February 10 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>	<p>Therapy Pet Games <i>Spend a night playing games with therapy pets!</i> 6pm-7:30pm, Thursday March 3 MCFI Main West Entrance 2020 West Wells St. Cost: \$18</p>		<p>Textured Mosaic Art <i>Bring out your creativity!</i> 6pm-7:30pm, Tuesday March 22 MCFI Main West Entrance 2020 West Wells St. Cost: \$17</p>		<p>Textured Mosaic Art <i>Bring out your creativity!</i> 6pm-7:30pm, Tuesday March 22 MCFI Main West Entrance 2020 West Wells St. Cost: \$17</p>
<p>Bowling at AMF Lanes <i>Aim for that high score with friends!</i> Noon to 2 p.m., Sunday, January 24 Meet at AMF Lanes 7505 W. Oklahoma Ave. Cost: \$17</p>		<p>V-Day Tunes <i>Sing love songs and write a song for your Valentine!</i> 6-7:30pm, Thursday February 11 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$18</p>	<p>Stuffed French Toast <i>What will you stuff yours with?!</i> 9am-11am, Saturday March 5 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$20</p>		<p>Movie Night <i>Lights, camera and delicious food!</i> 6 to 8 p.m. Wednesday, March 23 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>		<p>Movie Night <i>Lights, camera and delicious food!</i> 6 to 8 p.m. Wednesday, March 23 MCFI East Entrance 801 N. 20th St. Cost: \$14 (dinner included)</p>
<p>Country Springs <i>Slip and slide away the afternoon!</i> 3:15pm to 6:30pm, Monday January 25 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>		<p>Valentine's Day Dance <i>Dance away an evening with friends!</i> 6pm-8pm, Friday February 12 Meet at Vision Forward 912 N. Hawley Rd. Cost: \$11</p>	<p>Milwaukee Zoo <i>Let's see the animals enjoy the warmer weather!</i> 11am to 3pm, Sunday March 6 Meet at MCFI Main West Entrance 2020 West Wells St Cost: \$30 (lunch included)</p>		<p>Easter Decorations <i>Make some unique holiday decor!</i> 6pm-7:30pm, Thursday March 24 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>		<p>Easter Decorations <i>Make some unique holiday decor!</i> 6pm-7:30pm, Thursday March 24 MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$17</p>
<p>Therapeutic Techniques <i>Hosted by Darlene from Positive Touch Therapy!</i> 6pm-7:30pm, Tuesday January 26 MCFI Main west entrance 2020 W. Wells St. Cost: \$18</p>		<p>Snow Tubing <i>Race friends downhill!</i> 9:30am-1pm, Saturday February 13 Meet at MCFI Bay View Campus, Door #2 3333 S. Howell Ave. Cost: \$30 (lunch included) (Sorry no wheelchair accessibility)</p>	<p>Country Springs <i>A wet and wild time!</i> 3:15pm to 6:30pm, Monday March 7 Meet at MCFI west entrance 2020 W. Wells St. Cost: \$18</p>				

Questions? Contact Deon at 414.937.2100 or deon.franszczak@mcfi.net
 Full payment must be received one week prior to the event in order to be registered. NO EXCEPTIONS (Email confirmation will be sent upon receipt of payment.) If an activity is cancelled, you will be notified. Unless noted, transportation is "on your own." Any person who needs personal care support needs to have a caregiver with them. Doors open 30 minutes prior to the event - please do not arrive sooner. Look for the big orange sign on the door!

Register Online
<http://www.mcfi.net/Express-LIFE.htm>
 and reserve your spot today!



COMING JUNE, 2017



Cruise Alaska with Us!

Many Adventures for LIFE travelers have requested this as their “dream trip,” and we know it will be an amazing adventure! We’ll be traveling in June, 2017 and costs will be just over \$2,000 per traveler. Our tentative plan is to fly to Seattle, Washington and take a 7-night, 8-day cruise before flying back to Milwaukee.

Call Deon today at (414) 937-2100 if you’d like to be included in our first-ever cruise vacation! We will need to have travelers confirmed before making flight and cruise reservations.

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