

Handy-NEWS & NOTES

February 2014

SPRING ELECTION DAY!

February 18, Spring Primary

The polls in Wisconsin open at 7:00am and close at 8:00pm, exercise your rights – **VOTE!**



OLYMPICS!!!

Sochi 2014
February 7-23



Follow all the action here: <http://www.olympic.org/sochi-2014-winter-olympics> or on Twitter here: <https://twitter.com/olympics>

PARALYMPICS!!!

Sochi 2014
March 7-16



Follow all the action here: <http://www.paralympic.org/sochi-2014> or on Twitter here: <https://twitter.com/Paralympic>

NEED AFFORDABLE HEALTH INSURANCE?

Apply NOW!

Go to HealthCare.gov, to learn more, apply, compare your plan options and enroll. **Apply until March 31, 2014!** 1-800-318-2596 or 1-855-889-4325 TTY



MUSIC UNDER GLASS

Mitchell Park Horticultural Conservatory (The Domes)
524 S. Layton Blvd, Milwaukee
414-257-5611



6:30pm – 9:00pm

Feb 6, The R Country Girls, *Good Ol' Country*
Feb 13, Vivo, *featuring Warren Wiegritz, Jazz, Pop*
Feb 20, The BriTins, *Beatles Tribute Band*
Feb 27, The Test 1..2 Band, *Semi-Acoustic*

STRIDE & GLIDE



Feb. 22 get moving at the Milwaukee County Zoo
At Stride & Glide for IndependenceFirst

5K Run/Walk/Wheelchair, 1-Mile Walk, "Zumba at the Zoo" and Kids' Activities
Zoo Admission and Parking Included

Saturday, Feb. 22, 2014

At the Milwaukee County Zoo
10001 W. Bluemound Rd. Milwaukee, WI



Support IndependenceFirst while having a great time getting active with your friends, family and coworkers!

Event schedule

7:00 a.m. Registration Begins
7:50 a.m. 5K Wheelchair
8:00 a.m. 5K Run
8:10 a.m. 5K Walk
8:30 a.m. 1 Mile Walk
9:00 a.m. 5K Awards
9:15 a.m. Zumba Session I
10:15 a.m. Zumba Session II



\$30 for adults (12+) through Feb. 7
\$35 after Feb. 7

\$15 ages 3-11

Kids 2 and under free (strollers welcome except for during 5K run)

Register for this great event today! Visit www.StrideAndGlide.org or call (414) 226-8386 V/Relay. Interested in volunteering for the event? Call Ana Kleppin at (414) 226-8114 V/Relay.

HNN ON TWITTER!

Handy-NEWS & NOTES (HNN)



The HNN [Twitter](https://twitter.com/HandyNewsNotes) account is dedicated to persons with disabilities as well as those without disabilities who are looking for the latest news that may be impacting their lives. **"Follow" us & check in daily!**

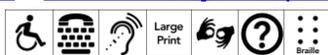
Please use the link below and "follow" us on Twitter.
<http://twitter.com/#!/HandyNewsNotes>

OFFICE FOR PERSONS WITH DISABILITIES (OPD)

414-278-3932 (V); 711 (TRS); 414-278-3939 (FAX)

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ICE FISHING CLINICS FOR CHILDREN

Saturday, February 8, 2014, 9am-3pm

Bring your children, age 15 and under, to a **FREE** ice-fishing clinic in your Milwaukee County Parks. All fishing equipment will be furnished. Children under 5 must be accompanied by an adult. No pre-registration is required for individuals--if you have a group of 20 or more, please call in advance. This program is free and open to the public. For details, call the DNR at **(414) 263-8614**.

Attend a clinic at these locations:

Humboldt Park, 3000 S. Howell Ave.
McCarty Park, 8214 W. Cleveland Ave
McGovern Park, 5400 N. 51st Blvd.
Scout Lake, 5902 W. Loomis Rd. ***
Wilson Park, 1601 W. Howard Ave.
*** **Wheelchair Accessible**

3RD ANNUAL "SPRING FLING" Wil-O-Way Disc Golf!!!

SAVE THE DATE! May 4, 2014
Wil-O-Way Disc Golf, Underwood Course

<http://county.milwaukee.gov/WilOWayDiscGolf>



TEXT &/OR EMAIL ALERTS!!!

Rec On Deck
Handy-NEWS & NOTES

To get the latest recreation news/opportunities and/or general news as they happen, sign up to receive Text and/or Email Alerts from the Milwaukee County Office for Persons with Disabilities (OPD). Please visit: bit.ly/OPDTextAlerts OR:



Recreation Opportunities/News: Text **RECONDECK** to **84483**.

General News: Text **OPDHNN** to **84483**.

Text **HELP** for help. Text **STOP** to cancel alerts at any time. For customer support contact info@rainedout.com.
Message & data rates may apply.

32ND ANNUAL TASTE OF MILWAUKEE®

Thursday, March 20, 2014



United Cerebral Palsy of Southeastern Wisconsin would like to extend an invitation to the 32nd Annual *Taste of Milwaukee*! This is the Milwaukee metro areas' premier culinary extravaganza. Over 20 of the best local restaurants will be present serving their signature entrées, dishes, and desserts. As always, we will have live music entertainment, raffle items, and a fantastic auction. Please mark your calendar for Thursday, March 20, 2014, for the *Taste of Milwaukee*!

NEW VENUE FOR 2014: Potawatomi Bingo Casino Expo Center! Proceeds from *Taste of Milwaukee* benefit the growing need for UCP-SEW's Independent Living, Employment Services, and Respite Care programs. UCP-SEW is a recognized leader in serving this need and creating life without limits for persons with disabilities.

Tickets are on sale now! Purchase online at www.ucpsew.org!

If you have questions or need more information, please feel free to contact Mary Fuller, Special Events Coordinator at 414-329-4507 or mfuller@ucpsew.org. Thank you for your support. See you there!

2014 WIL-O-WAY KEY CARD!!!

Don't forget to renew your Wil-O-Way Key Card membership. The 2014 application is attached.

SUMMER SAILING 2014!

I know it doesn't look like it right now but Summer Sailing 2014 will be here before you know it. Look for dates and reservation deadlines in future issues of Handy-NEWS & NOTES.

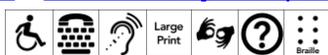


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HAPPENINGS @ BOERNER BOTANICAL GARDENS

February Classes from FBBG
To register - please call 414-525-5656.



Introduction to Herbal Soap Making
Sat, February 8, 2014, 10:00am – 11:30am
\$10 FBBG members/\$15 non-members



Moot's Soaps will demonstrate the steps for making your own cold-pressed soap using vegetable oils and pure, therapeutic essential oils. Participants will receive a cured bar of soap to take home and additional soaps will be available for purchase. *Designed for adults only.*

How To Wine and Cheese Pairings
Thursday February 20, 2014, 6:30pm – 8:00pm
\$10 FBBG members/\$15 non-members

Experts from the Purple Foot and Mia Famiglia Restaurant will share the secrets for bringing together two divine creations - wine and cheese. Learn the steps for making wine at home and discover the cheeses that will best compliment your homemade wine. *Must be 21 or older to attend.*

Pruning Essentials for the Health of Your Trees and Shrubs

Saturday February 22, 2014, 10:00am – 11:30am
\$10 FBBG members/\$15 non-members

A MATC Horticulture Instructor will demonstrate the latest methods for pruning shrubs and trees to help ensure their long-term health and productivity. If weather permits, we will spend time in the garden for an outdoor demonstration using hand pruners and hand saws.

Questions? Contact Jennifer Schmitz at (414) 525-5656 or jschmitz@fbbg.org.

EMPLOYMENT STATISTICS!

In the December Bureau of Labor Statistics report, persons with disabilities working was 18.7% and persons with no disabilities working was 68.3%. See the current report here:
<http://www.bls.gov/news.release/empsit.t06.htm>

REC ON DECK NEWSLETTER!!!

Get access to the latest Rec on Deck newsletter and much more recreation information by clicking on the link:
<http://county.milwaukee.gov/RecRoom>

2014 WISCONSIN EMPLOYMENT FIRST CONFERENCE

The 2014 Wisconsin Employment First Conference will be Thursday, **April 3, 2014** at the Kalahari Resort in Wisconsin Dells. The conference is open to anyone interested in integrated employment for people with disabilities. [Register now](#) or go [here](#) to learn more about the conference.



MILWAUKEE COUNTY IS MOBILE!!!

Did you know that Milwaukee County has three mobile websites? It's true. You can take the Mitchell International Airport, Milwaukee County Transit System and the Office for Persons with Disabilities with you wherever you go.



Take advantage of these three mobile websites. They all offer great information to the benefit of those who have these mobile websites on their smartphone.



Get all three of these today. On your smartphones visit the following to get each mobile website.



Mitchell International Airport:
www.mitchellairport.com

Milwaukee County Transit System:
www.ridemcts.com

Office for Persons with Disabilities (OPD):
www.county.milwaukee.gov/OPD

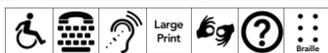


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February 2014

SOCIAL SECURITY UPDATE

By Karyl Richson
Social Security Public Affairs Specialist in Milw



DISABILITY BENEFITS FOR WHAT (SEVERELY) AILS YOU

The month of February is a time to recognize a number of unfortunate ailments that disable and take the lives of too many people.

February is American Heart Month, focusing on heart disease and how to prevent it. Every year more than 700,000 Americans have a heart attack and about 600,000 die from heart disease — making up about a fourth of the nation's deaths. National Wear Red Day, February 7, also focuses on heart disease — the number one killer of women.

February 4 is World Cancer Day, a chance to raise our collective voices in the name of improving knowledge about cancer. February 14 is National Donor Day, encouraging everyone to become an organ donor, giving the ultimate Valentine to someone in need.

These awareness campaigns remind us how critically important Social Security disability benefits are for people with severe disabilities and their families.

Many people do not like to think about disability. However, the onset of disability is unpredictable and can happen to anyone at any age. The unfortunate reality is that one in four 20-year-old workers become disabled before reaching retirement age. When severe illness or injury robs a person of the ability to work and earn a living, Social Security disability benefits can provide a critical source of financial support at a time of need.

When you work and pay Social Security taxes, you earn credits. These credits count toward retirement, survivors, and disability benefits. The number of credits you need to qualify for disability benefits depends on your age, and some of the work must be recent. For example, the younger you are the fewer credits you need to have. For most people, you need to have worked at least a total of 10 years, but if you are younger, you may qualify with as little as a year and a half of work.

You don't need to have had a heart attack, organ transplant, or cancer to qualify for disability benefits.

However, you must have a disability that is severe enough to render you unable to work and that is expected to last a year or longer, or result in death.

If you have such a disability, you should start your application now. That's because it takes time to determine whether you qualify for benefits. It usually takes three to four months for a medical decision from the state agency that evaluates your condition. If your application is approved, your first Social Security disability payment will be made for the sixth full month after the date the state agency determines that you qualify for disability benefits. For example, if the state agency determines you qualify for disability benefits effective January 15, your first disability payment would be paid for the month of July. (Your July payment would be received in August.)

It's in your best interest to do everything you can to help speed the process. The best first step is for you to read our online publication, *Disability Benefits*, at www.socialsecurity.gov/pubs. It will tell you all about the process, including the information you will need to apply for benefits.

Then, take advantage of our online disability starter kits. We have one starter kit for children and one for adults, and both are available in English and Spanish. The starter kit will help you get ready for your disability interview or online application, and provides information about the specific documents and the information that we will request from you. You will find the starter kits on our disability website at www.socialsecurity.gov/disability, under Apply for Benefits.

Once you complete your online disability starter kit and you're ready to apply, the most convenient way to accomplish this is also online. Just visit www.socialsecurity.gov/applyfordisability to begin.

IDEA
Innovator of Disability
Equipment &
Adaptations



To find some unique and valuable equipment for people with disabilities, visit: www.ideamobility.com or call 262-691-4248, fax 262-923-4700.

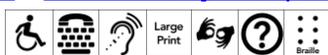


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OPD (& MORE) ON THE GO!!!

Get the Office for Persons with Disabilities (OPD) & more on your mobile device TODAY!

Get access to: **Accessibility** (Building Accessibility Guides, Sign Language Interpreting, Assistive Listening Device, ADA Standards & Guidelines), **Employment** (DECA Program, Job Accommodation, Job Opportunities), **Facility Rentals** (Wil-O-Way's), **General Information, Handy-NEWS & NOTES, Recreation** (Festivals & Events, Rec Room, Rec Room Calendar, Rec on Deck Newsletter, Tap the Potential, WOW Disc Golf, WOW Recreation Programs, WOW Summer Camp), **Social Media** (Twitter & Facebook), **Transportation** (Milw County Transit System, Transit Plus, WI DOT, Airport, Dept. on Aging), and **Other County Departments**.



Share all this information via Email, Facebook, Google+, LinkedIn and Twitter.

In order to get OPD on the go, simply visit county.milwaukee.gov/OPD on your mobile device or scan the QR code.



POWERFUL TOOLS FOR CAREGIVERS!

Just start caregiving? Or have you been at it for a while? Has caregiving got you stressed? Do you like it? Looking for ways to interact with family members? Do you have some tough caregiving situations? Looking for local resources and help?

Taking Care of You: Powerful Tools for Caregivers is a popular six part educational support program designed to help family caregivers meet the challenges involved with caregiving. Interfaith Older Adult Programs – Family Caregiver Support Network will offer a Tuesday, 1-4pm *Powerful Tools* session, starting April 22nd and run through May 27th, 2014. It will be held at St. Ann's Center for Intergenerational Care, 2801 E Morgan Ave, Milwaukee (immediately east of Thomas Moore High). **Call FCSN at 414-220-8600** for class information, registration or help to arrange care for your loved one in order to attend. The class costs only \$25 for the book and scholarships are available.

MILWAUKEE COUNTY ON TWITTER



Follow your Milwaukee County government on Twitter.

County Executive Abele @ChrisAbeleMKE
@MkeCoExecPress

County Board @MKECountyBoard

County Supervisor Alexander @CntySupDeanna

County Supervisor Bowen @DavidFBowen

County Supervisor Dimitrijevic @supervisormd
@BoardChairwoman

County Supervisor Haas @TheFighting14th

County Supervisor Lipscomb @SupLipscomb

County Supervisor Rainey @Khalif_Rainey

County Supervisor Romo West @sup_dist12

County Supervisor Stamper II @SupvStamper

County Supervisor Taylor @SteveFTaylor

County Supervisor Weishan @johnweishan

Airport @mitchellairport

Bradford Beach @BradfordBeach

Economic Development @MilwcntyED

Health & Human Services @MkeCoDHHS

Human Resources @MilwCo_HRDept

Milwaukee County Sustainability @MKECoSustain

Office for Persons with Disabilities - Handy-NEWS & NOTES @HandyNewsNotes

Parks Department @CountyParks

Public Museum @MKEPublicMuseum

Sheriff @MCSOSheriff

Transit System @RideMCTS

Wehr Nature Center @WehrNature

Zoo @MilwaukeeCoZoo

Please let us know if we missed anyone. Contact Tim at tim.ochnikowski@milwcnty.com

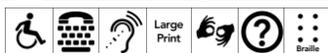


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Handy-NEWS & NOTES

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LOOKING FOR A HALL?

Are you looking for a hall for your next function? Would you like to rent a beautiful hall in a woody setting near you? If you answered yes, please use the link below (or call the Office for Persons with Disabilities @ 414-278-3932) to check out the [Wil-O-Way Grant](#) and [Wil-O-Way Underwood](#) facilities. They may be just what you're looking for. But hurry, the 2014 calendar is filling up fast. **You can check the Rental Calendar, get directions to the facilities and more on your mobile device by downloading our mobile website at county.milwaukee.gov/OPD.**



[Wil-O-Way Grant](#) (South Milwaukee)



[Wil-O-Way Underwood](#) (Wauwatosa)



FYI – Optional **Catering Services** are available! Contact [LilyWorks Catering](#).



<http://www.county.milwaukee.gov/FacilityRentals>

OTHER RENTAL FACILITIES – COUNTY PARKS

For your special family gathering, community-group event, or business function, you'll find a Milwaukee County Parks site to complement your event.

<http://county.milwaukee.gov/Rentals9013.htm>

OPPORTUNITIES FROM OPD

Did you know that the Office for Persons with Disabilities offers numerous services for you to get great information as well as access to opportunities to participate in fun activities? Please feel free to take advantage of all these services.

Handy-NEWS & NOTES (HNN):
<http://county.milwaukee.gov/HNN>

HNN – SIGN UP HERE:
<http://county.milwaukee.gov/OPD/ENotify>

FACEBOOK:
<https://www.facebook.com/MilwaukeeCountyOPD>

TWITTER: <https://twitter.com/#!/HandyNewsNotes>

MOBILE WEBSITE: <http://county.milwaukee.gov/OPD>
(visit this on your smartphone & save to your home screen)

REC ROOM: <http://county.milwaukee.gov/RecRoom>

REC ROOM CALENDAR:
<http://county.milwaukee.gov/RecRoomCalendar>

REC ON DECK – SIGN UP HERE:
<http://bit.ly/RecOnDeckSignup>

TEXT ALERTS (NEW/Breaking "Recreation" News/Etc.): Text RECONDECK to 84483.

TEXT ALERTS (NEW/Breaking "General" News/Etc.): Text OPDHNN to 84483.

If you have any questions, feel free to contact the office at 414-278-3932.

OPD ON FACEBOOK

Office for Persons with Disabilities (OPD)



The OPD [Facebook](#) page is dedicated to persons with disabilities as well as those without disabilities who are looking for the latest news that may be impacting their lives. **"Like" us and check in daily!**

Please feel free to use the link below and "like" us on Facebook. <http://on.fb.me/iPo0tO>

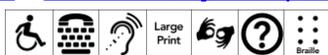


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LINKING PEOPLE TO SERVICES

The Milwaukee County Department of Health and Human Services, Disabilities Services Division is available to assist individuals with disabilities and their families.

The Disability Resource Center (DRC) of Milwaukee County serves adults with disabilities ages 17 years 6 months through age 59. The phone number is 414-289-6660.

The DRC can provide the following services to adults with disabilities and their support network:

- **Information and Assistance** on Long Term Services and connections to resources that may be available in the community
- **Enrollment Counseling** for publicly funded long term care services
- **Youth Transition Services** for students who are transitioning from school to the adult service system
- **Disability Benefits Counseling** to help people access public and private benefits
- **Link to Abuse and Neglect Referral services for "At Risk" adults with disabilities** (Ages 18-59)

The Children's Services Bureau can provide support and linkages for individuals with disabilities and their families until adulthood. The phone number is 414-289-6799.

Children's Services includes the following programs:

- **Information and Referral** for Children's Services
- **Birth to Three Program** provides early intervention services for a child who has a suspected developmental delay, diagnosed condition or developmental disability.
- **Children's Long Term Services** provides funding for support services for individuals with significant developmental, physical and/or behavioral challenges.
 - **Family Support Program** ~ Short term, one time funding based on the child's disability, eligibility to age 21.
 - **Children's Long Term Support Waiver** ~ Long term, ongoing funding based on the child's needs and disability, eligibility through age 21. Also offers an intensive autism program.

Please contact us if with any questions or concerns.

Access to information is available from 8am to 4:30 pm Monday through Friday and voice messages can be left 24 hours per day.

Disability Resource Center
(414) 289-6660

Children's Services Bureau
(414) 289-6799

ADAPTIVE SPORTS AND RECREATION EXPO

"Adaptive Sports and Recreation" is the theme for an Expo planned by the Medical College of Wisconsin Department of Physical Medicine and Rehabilitation (PM&R). With the theme of "exercise as medicine", the Department of PM&R is excited to reach out to our community and showcase resources and programs which make this a reality. The goal of the Expo is to bring together persons and families impacted by disability and connect them to many community organizations providing services and recreational opportunities. It is our hope that the Expo will create exposure, partnerships, collaborations, awareness and engagement. Milwaukee VA SCI Center and GLASA will be helping out this event. More information will be forthcoming.

Save the Date
Saturday, July 26, 2014

Medical College of Wisconsin
will be hosting the
1st Milwaukee
Adaptive Sports and Recreation Expo

Building a Collaborative
Community-Academic Partnership for
Adaptive Sports and Recreation

For more info, contact: Moriah Iverson: miverson@mcw.edu
Ken Lee, MD: kenneth.lee@va.gov

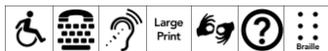


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Milwaukee County, the Commission for Persons with Disabilities and Handy-NEWS & NOTES neither endorses nor supports these businesses or products or services offered

2014 MILWAUKEE BREWERS



-SPRING TRAINING- FEBRUARY/MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
				Feb 27 @oak Phoenix	28 @sf Scottsdale	Mar 1 LA 1:05pm @ari 1:05pm
2 @col Talking Stick	3 CHC Maryvale	4 @oak Phoenix	5 OAK Maryvale	6 COL Maryvale	7 SD Maryvale	8 KC Maryvale
9 @chc/@cle Mass/Goodyear	10 CWS Maryvale	11	12 @laa Tempe	13 @sd Peoria	14 ARI Maryvale	15 CIN Maryvale
16 @ari Talking Stick	17 CWS Maryvale	18 TEX Maryvale	19 @sea Peoria	20 Talking Stick	21 @tex Surprise	22 LAA Maryvale
23 @cin Goodyear	24	25 SF Maryvale	26 @cle Goodyear	27 CIN Maryvale	28 KC (7:10) Miller Park	29 KC Miller Park

All games Feb 27-Mar 8 at 2:05 CT; Mar 9-Mar 27 at 3:05 CT
MVI-Maryvale TS-Talking Stick

SUN	MON	TUE	WED	THU	FRI	SAT
Mar 28/29 Exhibition KC 7:10p-1:10	ATL 7:10	ATL 7:10	ATL 12:10	3 @bos()	4 @bos()	
5 @bos()	6 @phi	7	8 @phi	9 @phi	10 PIT 7:10	11 PIT 6:10
12 PIT 1:10	13 STL 7:10	14 STL 7:10	15 STL 12:10	16 @pit	17 @pit	18 @pit
19 @pit	20 SD 7:10	21 SD 7:10	22 SD 7:10	23	24 CHI 7:10	25 CHI 6:10
26 CHI 1:10	27 @stl	28 @stl	29 @stl	APRIL		

SUN	MON	TUE	WED	THU	FRI	SAT
1 CHI 1:10	2 MIN() 7:10	3 MIN() 7:10	4 @min()	5 @min()	6 @pit	7 @pit
8 @pit	9	10 @nym	11 @nym	12 @nym	13 CIN 7:10	14 CIN TBD
15 CIN 1:10	16 @ari	17 @ari	18 @ari	19 @ari	20 @col	21 @col
22 @col	23 WSH 7:10	24 WSH 7:10	25 WSH 1:10	26 COL 7:10	27 COL 7:10	28 COL TBD
29 COL 1:10	30	JUNE				

SUN	MON	TUE	WED	THU	FRI	SAT
AUGUST						7 @stl
8 @stl	9	10 SF 7:10	11 SF 7:10	12 SF 1:10	13 LAD 7:10	14 LAD 6:10
15 LAD 1:10	16 @chi	17 @chi	18 @chi	19 @chi	20 @lad	21 @lad
22 @lad	23 TOR 7:10	24 TOR 7:10	25 TOR 1:10	26 PIT 7:10	27 PIT 6:10	28
29 PIT 1:10	30 @sd	31 @sd	1 @sd	2 @sf	3 @sf	4
SEPTEMBER						7 STL 7:10
8 STL 1:10	9 MIA 7:10	10 MIA 7:10	11 MIA 7:10	12 MIA 7:10	13 CIN 7:10	14 CIN TBD
15 CIN 1:10	16 @stl	17 @stl	18 @stl	19 @pit	20 @pit	21
22 @pit	23 @cin	24 @cin	25 @cin	26 CHI 7:10	27 CHI TBD	28
29 CHI 1:10	30 COL 1:10	SEPTEMBER				

HOME AWAY EXHIBITION (I) Interleague game All games CST. Times subject to change.

For 2014 season ticket information, contact the
Brewers Season Ticket Department at (414) 902-4400.
brewers.com



Milwaukee County
Transit System

You asked for it.
We're making it happen.

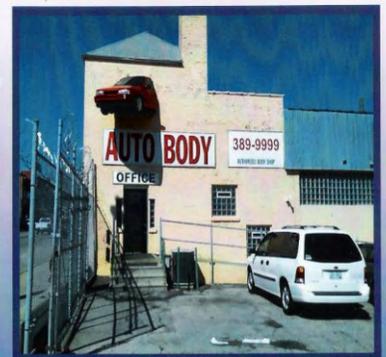
- Real-Time Information
- Automated Bus Stop Annunciator
- Electronic Fare System and MCTS M•CARD

Get going at RideMCTS.com
414-344-6711

MOBILITY VEHICLE SPECIALISTS

OUR REFERENCES SAY IT ALL...

- CITY OF MILWAUKEE
- NATIONAL ALAMO
- FEDERAL GOVERNMENT
- MILWAUKEE COUNTY
- AAA INSURANCE
- STATE FARM INSURANCE
- CONCOURS MOTORS, INC.
- LEXUS OF NORTH SHORE



WE ARE A FULL SERVICE
AUTO COLLISION & REPAIR
FACILITY WITH STATE OF
THE ART EQUIPMENT

VCA AUTO BODY

938 W. NATIONAL AVE.

Ph: (414) 389-9999 Fax: (414) 389-9940



OFFICE FOR PERSONS WITH DISABILITIES (OPD)

414-278-3932 (V); 711 (TRS); 414-278-3939 (FAX)

901 N. 9TH STREET, ROOM 307-B • MILWAUKEE, WI 53233

<http://twitter.com/HandyNewsNotes> tim.ochnikowski@milwcnty.com www.county.milwaukee.gov



2014 Wil-O-Way Key Card

The Wil-O-Way Key Card is a product of the Milwaukee County Office for Persons with Disabilities and the Wil-O-Way Recreation Program. Membership in the Wil-O-Way Key Card program expands recreational opportunities for persons with disabilities at a reduced or no cost. *Benefits:* * Access to the Milwaukee County ticket distribution program. * Invitation to Milwaukee County recreation and culture special events. * Information about other low or no cost community recreation events. * Access to Wil-O-Way programming (Individual members only!). **ALL communication by EMAIL ONLY!!!**

MILWAUKEE COUNTY RESIDENTS

_____ Individual (\$25) _____ Organization (\$125) – Up to 5 Cards - _____ Number Requested

***** AFTER August 1, 2014 *****

_____ Individual (\$12) _____ Organization (\$62) – Up to 5 Cards - _____ Number Requested

NON-MILWAUKEE COUNTY RESIDENTS

_____ Individual (\$35) _____ Organization (\$175) – Up to 5 Cards - _____ Number Requested

***** AFTER August 1, 2014 *****

_____ Individual (\$17) _____ Organization (\$87) – Up to 5 Cards - _____ Number Requested

Please Type or Print

EMAIL ADDRESS NEEDED!!!

NAME: _____ **E-MAIL:** _____

ORGANIZATION: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE: _____ EVENING PHONE: _____

DISABILITY: _____

FUNCTIONAL LIMITATIONS (i.e., limited walking, scared of heights, etc.): _____

MOBILITY DEVICES USED: _____ Wheelchair _____ Scooter _____ Walker _____ Cane

_____ Crutches _____ Long Leg Braces _____ Other _____

DOCTOR'S NAME: _____ PHONE: _____

DOCTOR'S ADDRESS: _____

Payment

Checks: Should be made payable to: **Milwaukee County Treasurer**

Credit Cards: (Please circle appropriate card)

MasterCard

VISA

Name on Card: _____

Acct. #: _____

Charge Authorized: \$ _____

Exp. Date: _____

Signature: _____

Sec. Code (3 digits): _____

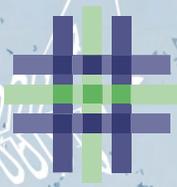
Mail: Office for Persons with Disabilities, Wil-O-Way Key Card, 901 N. 9th Street, Room 307-B, Milwaukee, WI 53233

Fax: 414-278-3939

Email: tim.ochnikowski@milwcnty.com

Questions: Call 414-278-3930





Interfaith

OLDER ADULT PROGRAMS

NO ONE CAN DO IT ALONE

Good Neighbor Project

414-220-8648

msteinke@interfaithmilw.org

The Good Neighbor Project helps to create a neighborly community by matching volunteers with older adults that need help with seasonal outdoor chores - SNOW SHOVELERS ARE NEEDED THROUGHOUT MILWAUKEE COUNTY.

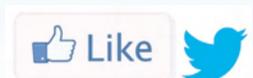
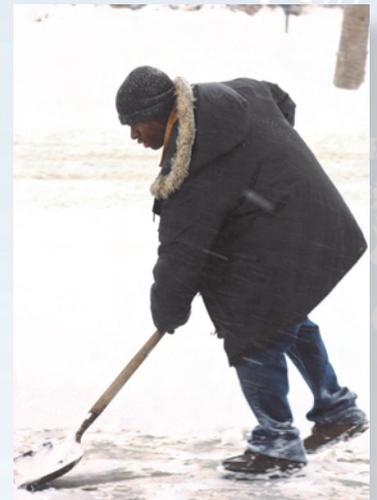
This assistance is often an essential factor in helping an older adult remain living in his or her home.

Groups & Individuals Are Needed Today!

Commercial Residential Snow Removers Are Also Needed for Our Resource Directory.



Volunteer Today,
Call 414-220-8648
Help an Older Neighbor.



**23rd
Annual**

Kids' *Ice Fishing Clinics*

**Saturday, February 8, 2014
9 a.m. to 3 p.m.**

- * **Free ice fishing instruction** including ice safety, knot tying, proper equipment and techniques.
- * For children 15 years and younger; small children must be accompanied by an adult.
- * Taught by members of local fishing clubs.
- * Clinics will begin every hour starting at 9 a.m., with the last session starting at 2 p.m.
- * All fishing equipment provided. Instructions given regardless of weather.
- * **No pre-registration required**, for more information, or groups of 20+, call 414-263-8614.



Dress warmly and meet at one of the following park lagoons:

Milwaukee County

Humboldt Park, 3000 S. Howell Ave.

(Hosted by Great Lakes Sport Fishermen & Milwaukee Casting Club)

McCarty Park, 8214 W. Cleveland

(Hosted by Southside Sportsmen Club)

McGovern Park, 5400 N. 51st St.

(Hosted by Okauchee Fishing Club)

Scout Lake, 5902 W. Loomis Rd. - wheelchair accessible

(Hosted by Walleyes Unlimited)

Wilson Park, 1601 W. Howard Ave.

(Hosted by Wisconsin Fishing Club)

Waukesha County

Menomonee Park/Lannon Quarry, Townline Rd

(1/2 mile north of Good Hope Rd, Menomonee Falls)

(Hosted by Badger Fishermen's League)



Sponsored in cooperation with the Wisconsin Council of Sport Fishing Organizations, Hunger Task Force Fish Hatchery, Milwaukee and Waukesha County Parks, and the Wisconsin Department of Natural Resources.



Milwaukee County Senior Meal Program
Senior Dining Sites Menu **CONGREGATE**
FEBRUARY **2014**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3/14	2/4/14	2/5/14	2/6/14	2/7/14
Super Bowl Winner Party Grilled Bratwurst Calico Beans Mexican Corn Nachos with Cheese Brat Bun Choc Chip Peanutbutter Cookie D- Chilled Fruit Catsup and Mustard	Chinese New Years A. Teriyaki Chicken leg/thigh B. Breast/wing Chinese Fried Rice Sugar Snap Peas Parker House Roll Fortune Cookie Mandarin Oranges	Beef Barley Soup w/ crax Boneless Pork Loin w/ lite gravy AuGratin Potatoes Wisconsin Blend Vegt Multi Grain Bread Fruited Yogurt	Chicken Chili w/ oyster crax Mini Caesar Salad w/ dressing Garlic Bread Stick Warm Cinnamon Apple Slices Ice Cream Grated Cheese	Stuffed Cabbage Roll in Tomato Sauce Whipped Potatoes Wax Beans Hearty Rye Bread Banana Cream Pudding D-Banana
2/10/14	2/11/14	2/12/14	2/13/14	2/14/14
Grape Juice Veal Parmesan Penne Pasta w/ Garlic Butter Sauce Sicilian Vegetables Italian Bread Rice Krispie Treat D-Sliced Pears	Brunch for Lunch Fresh Naval Orange Omelet w/ broccoli cheese sauce Sausage Patty American Fried Potatoes Cinnamon Streusel Coffee Cake D- Raisin Bread	Glazed Ham Slice Baked Fresh Sweet Potato Brussels Sprouts Rye Dinner Roll Pineapple Tidbits	Meat Loaf w/ onion gravy Mini Bakers Swiss Spinach Carrot Raisin Salad Whole Grain Bread Snickerdoodle Cookie	HAPPY VALENTINE'S DAY Bring a Friend ! Tomato Bisque with croutons Chicken Cordon Bleu Mashed Sweet Potatoes Green Beans Almandine Whole Grain Dinner Roll Pink Iced Devil's Food Cake D- Heart Healthy Red Apple
02/17/14	02/18/14	02/19/14	02/20/14	02/21/14
Presidents Day Yankee Pot Roast w/ celery and onions Parslied Quartered Potatoes Crinkle Carrots Corn Muffin Cherry Pie D- Canned Cherries	Mushroom Soup w/ crackers Ring Bologna Double Baked Potato Casserole Caraway Kraut Marble Rye Bread Chocolate Iced Brownie D- Sliced Peaches Catsup and Mustard	Stuffed Salmon w/cream sauce with peas Baked Potato Green Beans Crusty Dinner Roll Hawaiian Fruit Fluff D- Fruit Cocktail Sour Cream	Beef Chop Suey Seasoned Brown Rice Peas and Carrots Spinach Salad with raspberry dressing Multigrain Bread Mandarin Oranges	A. Herb Chicken leg/ thigh B. Herb Chicken breast/ wing Sour Cream Potatoes California Blended Vegt Dinner Roll Frozen Yogurt
02/24/14	02/25/14	02/26/14	02/27/14	02/28/14
Sliced Roast Pork w/ gravy Herb Stuffing 1/2 c Mashed Potatoes 1/2 cu Baby Peas No bread Cinnamon Applesauce	A. Beef Liver w/sauteed onions B. Salisbury Steak w/ sauteed onions Garlic Mashed Potatoes w/ bacon bit garnish Mixed Vegetables Whole Grain Bread Mixed Fruit Cup	Chicken a la King Brown Rice Stewed Tomatoes Baking Powder Biscuit Mixed Greens w/ dressing Lemon Pudding D- Reduced cal lemon pudding	A. Meat Lasagna B. Vegetarian Lasagna Seasoned Green Beans Whole Kernel Corn Garlic Toast Assorted Fresh Fruit	Chicken Orzo Soup w/ crax Turkey Cheese Burger Baked Beans Creamy Coleslaw Sliced Tomato and Onion Whole Grain Hamb Bum Sliced Peaches catsup and mustard
				SUGGESTED DONATION \$2.50

Wisconsin

Advantage Kids



SPECIAL NEEDS TENNIS

2014 WHEELCHAIR TENNIS CAMP

4 Week Camp

Cost: \$45 (pro-rate if necessary)

Children: 3:00 p.m. - 4:00 p.m.
(18 & under)

Adults: 4:00 p.m. - 5:00 p.m.

Saturdays:
Feb. 22, Mar. 1, Mar. 8 & Mar. 15

Sign up by January 31, 2014

at

Bluemound Elite
600 N. Barker Road
Brookfield, WI

(Learn how to play or improve)



- Professional instruction to anyone with mobility impairments
- Sponsored by the Wisconsin Tennis Association
- Racquets provided - scholarships may be available
- Given by the USPTA Tennis Professionals

Reserve your spot by calling Jackie Egelhoff at 262-242-5634 or email: jegelhoff@msn.com

**Detach and mail your checks by Jan. 31, to:
WTA Wheelchair Tennis
3314 W. Mequon Road
Mequon, WI 53092**

Name: _____

Child Age _____

Address: _____

Adult Age _____

City: _____ State: _____ Zip: _____

Phone: _____

Experience _____

Email: _____

Disability _____



Milwaukee County



DAS - Office for Persons with Disabilities (OPD)



OPD Facebook

Get Access To The Following:

- * County Government News
- * Health / Wellness News
- * Upcoming Activities / Events
- * Rec Room Calendar
- * Community News
- * Photos
- * And Much More!!!



www.facebook.com/MilwaukeeCountyOPD



OPD Mobile Website

- * Accessibility
- * Employment
- * Facility Rentals
- * Recreation
- * Rec Room Calendar
- * Social Media
- * Transportation
- * Other County Departments
- * And Much More!!!



www.county.milwaukee/OPD



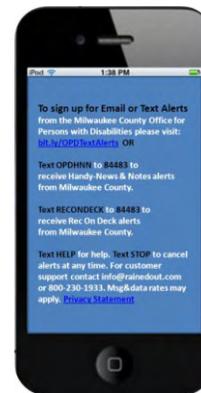
Handy-NEWS & NOTES

Stay Connected With The Latest:

- * County Government News
- * Health / Wellness News
- * Recreation Opportunities
- * Research
- * Equipment Sales
- * Community News
- * And Much More!!!



www.twitter.com/HandyNewsNotes



Text Alerts & Email Alerts

Get Breaking "Recreation" News / Info

- * Text **RECONDECK** to 84483

Get Breaking "General" News / Info

- * Text **OPDHNN** to 84483



<http://bit.ly/OPDTextAlerts>

2005 Chrysler Town & Country



Contact Information

Contact:
[Email seller](#)
 Phone: (414) 645-7000
Details

Type of Vehicle

Year 2005
 Make Chrysler
 Model Town & Country
 Body Style Ext Minivan

Vehicle Location

Milwaukee, Wisconsin 53215

Vehicle Information

Price \$21,250.00

Mileage 83,005
 Engine Type 6 Cylinder
 Drive Train 2 Wheel Drive
 Transmission Automatic
 Door Style Five Door
 Fuel Type Gasoline
 Exterior Color Gold
 Interior Color tan

\$19,250

SALE PRICE!

Or Best Offer!

Vehicle Description

Stock Number z564

About the Vehicle
 ETE MOTOR SALES 414-645-7000 2005 Chrysler Town and Country Touring Edition AMS Mobility Conversion Van. Features include: 10" lowered floor with twin power sliding doors and power folding ramp. Removable passenger seat allow for ease of access and plenty of headroom. Loaded with standard features! This van features the standard AMS Vans side entry conversion which passed all crash test standards

according to the new stringent 2010 standards. Non-slip polyurethane coating, matching ground effects, and a remounted rear seat, this conversion looks just like a normal van. The ramp comes with remote entry, inside controls, or magnets on the outside of the van. The front seats are reinstalled on pedestals to maintain the normal height with the passenger seat removable in order to roll the wheelchair up front. The floor has multiple tie down securement strips. Call ETE Motors Today 414-645-7000 2727 S. 27th St. Milwaukee, WI 53215

Features

Accessibility

- Side Ramp
- Wheelchair Tie Down
- Lowered Floor
- Lowered Door
- Power Ramp
- Outside Entry
- Removable Passenger
- Rubber Floor Section
- Wheelchair Straps
- Remote Control Ramp

Safety

- Driver Air Bag
- Passenger Air Bag
- Anti-Lock Brakes

Comfort

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel
- Keyless Entry

Seats

- Bucket Seats

Windows

- Power Windows
- Rear Window Defrost
- Rear Window Wiper
- Tinted Glass

Entertainment

- AM/FM Radio
- Compact Disc Player

Other

- Alloy Wheels
- Power Door Locks
- Power Mirrors
- Third Row Seats

“Wisconsin’s AMS Van Dealer”

Lowest Priced Mobility Vans

“ETE Will Beat Any Dealers Price, Guaranteed!!!”

ENGINE & TRANSMISSION EXCH.
 COMPLETE AUTOMOTIVE REPAIRS



VINCE FERRERA
 Vice President Sales

2727 S. 27th Street
 Milwaukee, WI 53215
 414-645-7000

vf@enginetrans.com



2007 Chevrolet Uplander



Contact Information

Contact: [Email seller](#)
Phone: (414) 645-7000

Details

Type of Vehicle

Year 2007
Make Chevrolet
Model Uplander
Body Style Ext Minivan

Vehicle Location

Milwaukee , Wisconsin 53215

Vehicle Information

Price \$21,500.00

Mileage 62,844
Engine Type 6 Cylinder
Drive Train 2 Wheel Drive
Transmission Automatic
Door Style Five Door
Fuel Type Gasoline
Exterior Color Beige
Interior Color tan

\$19,000

**Valentine's
Special!**

Vehicle Description

Stock Number 586

About the Vehicle

ETE MOTOR SALES 414-645-7000 2727 S. 27TH ST MILWAUKEE IS NEVER BEAT ON PRICE OR SERVICE. 2007 CHEVY UPLANDER BRAUN ENTERVAN Getting in and out of the Chevy Uplander is as easy as pressing a button. The vehicles easy-to-use keychain remote controls all of the accessible functions such as the sliding door and van ramp. As the automatic door opens, the rear suspension kneels to reduce the slope of the ramp even further, and the lightweight aluminum ramp extends to allow easy access to the lowered floor interior. The accessible functions are controlled by the remote and several interior switches placed for your convenience. From the firewall to the rear axle, the wheelchair van floor is 10" lower than conventional minivans. With a choice of seating positions, wheelchair users can choose to ride in their chair and enjoy the view. For those who wish to ride up front or even drive from their wheelchair, BraunAbility makes it easy: simply unlock the seat base and roll the entire

seat out of the handicap van. The seats can be reinstalled into the Entervan just as easily when needed. Each wheelchair van includes a standard floor-track and belt system that secures the wheelchair for transit. This van is loaded with standard features also: ETE MOTOR SALES 414-645-7000 2727 S. 27TH ST MILWAUKEE IS NEVER BEAT ON PRICE OR SERVICE.

Features

Accessibility

- Power Kneel system
- Side Ramp
- Wheelchair Tie Down
- Lowered Floor
- Lowered Door
- Power Ramp
- Outside Entry
- Removable Passenger
- Wheelchair Straps
- Remote Control Ramp
- Power Driver Seat

Safety

- Driver Air Bag
- Passenger Air Bag
- Side Air Bag
- Anti-Lock Brakes

Comfort

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel
- Keyless Entry

Seats

- Bucket Seats

Windows

- Power Windows
- Rear Window Defrost
- Rear Window Wiper
- Tinted Glass

Entertainment

- AM/FM Radio
- Compact Disc Player

Other

- Alloy Wheels
- Power Door Locks
- Power Mirrors
- Third Row Seats

**“Wisconsin’s AMS
Van Dealer”**

**Lowest Priced
Mobility Vans**

**“ETE Will Beat Any
Dealers Price,
Guaranteed!!!”**

ENGINE & TRANSMISSION EXCH.
COMPLETE AUTOMOTIVE REPAIRS

VINCE FERRERA
Vice President Sales

2727 S. 27th Street
Milwaukee, WI 53215
414-645-7000

vf@enginetrans.com



2007 Chevrolet Uplander



Contact Information

Contact:
[Email seller](#)
 Phone: (414) 645-7000

Details

Type of Vehicle
 Year 2007
 Make Chevrolet
 Model Uplander
 Body Style Ext Minivan

Vehicle Location
 Milwaukee , Wisconsin 53215

Vehicle Information

Price \$21,000.00
 Mileage 90,300
 Engine Type 6 Cylinder
 Drive Train 2 Wheel Drive
 Transmission Automatic
 Door Style Five Door
 Fuel Type Gasoline
 Exterior Color
 Interior Color Gray

\$17,950
SALE PRICE!
414.645.7000

Vehicle Description

Stock Number 583
 About the Vehicle

This 2007 Chevy Uplander Eldorado National Conversion is ready for personal or business use. ADA Approved, Features include: 12" Lowered Floor From Firewall to Rear Axle Manual Sliding Ramp Door and Ramp EZ Out Front Passenger Seat, Optional Drop Down Center Seat for extra Passengers. Multi-Position Wheelchair Tiedowns One Set of Tiedown Belts, Stylized Lower Body Panels Insulated & Commercial Grade Floor CHASSIS FEATURES: Chevy Uplander LS 3.9L V6

Engine 4 Speed Automatic Transmission Cruise Control Daytime Running Lamps Tilt Steering Wheel Variable Int. Wipers Power Windows Power Door Locks Power Exterior Mirrors Rear Wiper/Washer/Defroster Rear Air and Heat AM/FM/CD Stereo, 17" Alloy Wheels Sunscreen Glass. ETE Motor Sales is never beat on Price call today. 2727 S. 27th ST. Milwaukee, WI 53215 414-759-1356

Features

Accessibility

- Side Ramp
- Wheelchair Tie Down
- Lowered Floor
- Lowered Door
- Removable Passenger
- Wheelchair Straps

Safety

- Driver Air Bag
- Passenger Air Bag
- Anti-Lock Brakes

Comfort

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel

Seats

- Bucket Seats

Windows

- Power Windows
- Rear Window Defrost
- Rear Window Wiper
- Tinted Glass

Entertainment

- AM/FM Radio
- Compact Disc Player

Other

- Alloy Wheels
- Power Door Locks
- Power Mirrors
- Third Row Seats

“Wisconsin’s AMS Van Dealer”

Lowest Priced Mobility Vans

“ETE Will Beat Any Dealers Price, Guaranteed!!!”

ENGINE & TRANSMISSION EXCH.
 COMPLETE AUTOMOTIVE REPAIRS
VINCE FERRERA
 Vice President Sales



2727 S. 27th Street
 Milwaukee, WI 53215
 414-645-7000
vf@enginetrans.com



A&J MOBILITY

2008 Dodge Grand Caravan SXT

Vin	2D8HN54P98R809265
Miles	39871
Stock	8R809265
Engine	3.8L V6
Warranty	
E. Color	Inferno Red Crystal Pearl
I. Color	Medium Slate Gray/Light Shale Cloth Interior
Status	available
Trans.	Automatic
Drive	Front Wheel Drive
Body	MINIVAN
Price:	\$29,995



Options:

- | | | | |
|--|-----------------------------------|--------------------------------------|------------------------------------|
| ✓ Child Safety Door Locks | ✓ Power Door Locks | ✓ Vehicle Anti-Theft | ✓ ABS Brakes |
| ✓ Electronic Brake Assistance | ✓ Traction Control | ✓ Vehicle Stability Control System | ✓ Driver Airbag |
| ✓ Passenger Airbag | ✓ Side Head Curtain Airbag | ✓ Keyless Entry | ✓ Air Conditioning |
| ✓ Separate Driver/Front Passenger Climat | ✓ Cruise Control | ✓ Tachometer | ✓ Tilt Steering |
| ✓ Leather Steering Wheel | ✓ Steering Wheel Mounted Controls | ✓ Tire Pressure Monitor | ✓ Trip Computer |
| ✓ Am/FM Radio | ✓ CD Player | ✓ Driver Multi-Adjustable Power Seat | ✓ Cargo Area Tiedowns |
| ✓ Automatic Headlights | ✓ Fog Lights | ✓ Front Air Dam | ✓ Power Sliding Side Van Door |
| ✓ Alloy Wheels | ✓ Power Windows | ✓ Heated Exterior Mirror | ✓ Power Adjustable Exterior Mirror |
| ✓ Deep Tinted Glass | ✓ Interval Wipers | ✓ Rear Window Defogger | ✓ Rear Wiper |

BraunAbility Entervan Options:

- | | | |
|---|--|---|
| ✓ Emergency Backup For Entry & Exit | ✓ Fully Automatic Power Ramp | ✓ Lowered Floor From Firewall To Rear Axle |
| ✓ Multiple Wheelchair Tiedown Locations | ✓ Original Remote Control To Operate Door And Ramp | ✓ Original Switches Used Throughout Vehicle |
| ✓ Tie Downs For 1 Wheelchair | | |

Description:

Great low mileage price leader. New tires. Extensive inspection on chassis and mobility features. No accidents/damage reported on CARFAX report. Clean Vehicle!

Vehicle Location

Contact A&J Mobility
Phone: 262-623-6236

Address:

3058 Helsan Drive
Richfield, WI 53076
<http://www.aandjmobility.com>

About Location

Just 20 minutes from downtown Milwaukee.

Sales Hours:

Monday	8:00am	To: 5:30pm
Tuesday	8:00am	To: 5:30pm
Wednesday	8:00am	To: 5:30pm
Thursday	8:00am	To: 5:30pm
Friday	8:00am	To: 5:00pm
Saturday	By	To: Appt.
Sunday	Closed	To:

About Us:

A&J Mobility is Wisconsin's largest provider of wheelchair accessible vehicles and automotive adaptive equipment. We offer five locations throughout the state of Wisconsin: Richfield, Valders, Madison, Green Bay and Eau Claire. Give us a call today!

[Find Out More!](#)

A&J MOBILITY

2012 Dodge Grand Caravan SXT

Vin	2C4RDGCG2CR284707
Miles	33223
Stock	CR284707
Engine	3.6L V6 DOHC 24V
Warranty	
E. Color	Stone White
I. Color	Dark Gray
Status	available
Trans.	6-Speed Automatic
Drive	FWD
Body	SPORTS VAN
Price:	\$37,995



Options:

✓ Child Safety Door Locks	✓ Power Door Locks	✓ Vehicle Anti-Theft	✓ ABS Brakes
✓ Electronic Brake Assistance	✓ Traction Control	✓ Vehicle Stability Control System	✓ Driver Airbag
✓ Front Side Airbag	✓ Passenger Airbag	✓ Side Head Curtain Airbag	✓ Keyless Entry
✓ Air Conditioning	✓ Separate Driver/Front Passenger Climat	✓ Cruise Control	✓ Tachometer
✓ Tilt Steering	✓ Steering Wheel Mounted Controls	✓ Telescopic Steering Column	✓ Tire Pressure Monitor
✓ Am/FM Radio	✓ CD Player	✓ Automatic Headlights	✓ Front Air Dam
✓ Alloy Wheels	✓ Power Windows	✓ Heated Exterior Mirror	✓ Power Adjustable Exterior Mirror
✓ Deep Tinted Glass	✓ Interval Wipers	✓ Rear Window Defogger	✓ Rear Wiper
✓ Back Up Camera	✓ Navigation System		

VMI Northstar (Infloor) Options:

✓ Easy out driver and passenger seat that's on wheels	✓ Emergency Backup System	✓ Factory carpeting throughout the van
✓ Ground Clearance: 6 inches	✓ Ground effect lower body panels (color matched)	✓ Kneeling rear suspension system
✓ Low ramp angle	✓ Lowered Floor	✓ Magnetic Entry System
✓ No Skid Ramp	✓ Multiple Wheelchair Tie down Points (belts included)	

Description:

Great newer model accessible van! Brand new tires. Lower Miles. Extensive inspection on chassis and mobility features. No accident or damage reported on CARFAX report. Clean vehicle!!

Vehicle Location

Contact A&J Mobility
Phone: 262-623-6236
Address:
3058 Helsan Drive
Richfield, WI 53076
<http://www.aandjmobility.com>

About Location

Just 20 minutes from downtown Milwaukee.

Sales Hours:

Monday	8:00am	To: 5:30pm
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Wednesday	8:00am	To: 5:30pm
Thursday	8:00am	To: 5:30pm
Friday	8:00am	To: 5:00pm
Saturday	By	To: Appt.
Sunday	Closed	To:

About Us:

A&J Mobility is Wisconsin's largest provider of wheelchair accessible vehicles and automotive adaptive equipment. We offer five locations throughout the state of Wisconsin: Richfield, Valders, Madison, Green Bay and Eau Claire. Give us a call today!

[Find Out More!](#)

A&J MOBILITY

2013 Honda Odyssey EX

Vin	5FNRL5H43DB061286
Miles	339
Stock	DB061286
Engine	3.5L V6 SOHC 24V
Warranty	
E. Color	Smoky Topaz Metallic
I. Color	Gray Cloth
Status	available
Trans.	5-Speed Automatic
Drive	FWD
Body	SPORTS VAN
Price:	Please Call



Options:

✓ Child Safety Door Locks	✓ Power Door Locks	✓ Vehicle Anti-Theft	✓ ABS Brakes
✓ Electronic Brake Assistance	✓ Traction Control	✓ Vehicle Stability Control System	✓ Driver Airbag
✓ Front Side Airbag	✓ Passenger Airbag	✓ Side Head Curtain Airbag	✓ Electronic Parking Aid
✓ Keyless Entry	✓ Air Conditioning	✓ Separate Driver/Front Passenger Climat	✓ Cruise Control
✓ Tachometer	✓ Tilt Steering	✓ Steering Wheel Mounted Controls	✓ Telescopic Steering Column
✓ Tire Pressure Monitor	✓ Trip Computer	✓ Am/FM Radio	✓ CD Player
✓ Subwoofer	✓ Driver Multi-Adjustable Power Seat	✓ Front Power Lumbar Support	✓ Cargo Area Tiedowns
✓ Automatic Headlights	✓ Daytime Running Lights	✓ Front Air Dam	✓ Rear Spoiler
✓ Power Sliding Side Van Door	✓ Alloy Wheels	✓ Power Windows	✓ Heated Exterior Mirror
✓ Power Adjustable Exterior Mirror	✓ Deep Tinted Glass	✓ Interval Wipers	✓ Rear Window Defogger
✓ Rear Wiper	✓ Power Steering		

BraunAbility Honda Entervan Options:

✓ Flip Down Foot Rest For Rear Bench	✓ Full Rear Cargo Area With Hidden Spare Tire	✓ Lowered Floor From Firewall To Rear Axle
✓ Ground Effects To Match Vehicle	✓ Fully Automatic Power Door	✓ Fully Automatic Folding Ramp
✓ Simple One Touch Operation	✓ Step & Roll Removable Seating	

Description:

Great NEW accessible van for sale. Warranty on both chassis and mobility features. Stop in today for a test drive!

Vehicle Location

Contact A&J Mobility

Phone: 262-623-6236

Address:

3058 Helsan Drive

Richfield, WI 53076

<http://www.aandjmobility.com>

About Location

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Friday	8:00am	To: 5:00pm
Saturday	By	To: Appt.
Sunday	Closed	To:

About Us:

A&J Mobility is Wisconsin's largest provider of wheelchair accessible vehicles and automotive adaptive equipment. We offer five locations throughout the state of Wisconsin: Richfield, Valders, Madison, Green Bay and Eau Claire. Give us a call today!

[Find Out More!](#)



Equipment Connection

February 2013

Milwaukee Area

414.988.5333
 3720 North 124th
 Street, Unit F
 Wauwatosa, WI 53222

Madison

608.243.1785
 2554 Advance Road
 Madison, WI 53718



like us on
Facebook



follow us on
Pinterest



visit our website



check out
our online catalog



email our
Milwaukee Area
office



email our
Madison office



Invacare Pediatric Chairs

2 pieces, manual Orbit and power Tiger. Includes harness, abductors, and more.

[Click here](#) for details!

Item #: 13232

Our Price: \$505

Retail Price: \$2065



Carrie Potty Seat

Small size adult, user height 58-68", weight 100-150#, includes tray and foot plate.

[Click here](#) for details!

Item #: 14795

Our Price: \$350

Retail Price: \$1650

National Competitive Bidding



If you need Medicare covered equipment or supplies make sure you understand the new competitive bidding program. You may not be able to get equipment or supplies from the same supplier starting July 1st. To find out more [click here.](#)

Contribute Now

Click here to see the full version of our most recent Equipment Connection!

\$10 Off* (\$50 or more purchase)

* \$5 savings for past customers and \$10 savings for new customers. Please present coupon with purchase. Limit one per customer. Coupon is transferable. Can be used only on refurbished equipment purchase. Discount good only on sales paid in full at time of sale. For catalog of equipment, visit www.ifmobility.org. Expires 3/31/2014. Code: SOCME5



2014 CALENDAR

Dear Colleague:

We are pleased to announce our tentative training calendar for 2014.

- Spring 2014: Fire Safety and First Aid Training. Although geared especially for those staff working in residential settings, this information has implications for all of us in our daily lives.
- May 15, 2014 9-11:30. Trends in the Field and Ethics and Decision-Making. Presented by David Morstad, Executive Director of the Bethesda Institute. Seminar location to be determined.
- July 2014. Environmental impact on people with sensory sensitivities. Presented by Claudia Meyer, OTR and Dan Drury, Program Supervisor with Options for Community Growth.
- Fall 2014. Staff retention issues.
- Fall 2014; full-day seminar. Community Supports for people with compromised mental health and those who are dually diagnosed as mentally ill and developmentally disabled.

If you would like to receive our flyers via e-mail, or you would like to be removed from this mailing list, please send your request to mschinkowitch@ucpsew.org.

Watch our website for updated information and to sign up for trainings once they are posted @ www.sewti.org.

Sincerely,

Ellen R Poplawski, Chairperson

Board Members: Tony Arsiniega, Lisa Bailey, Teri Bromberek, Linda Draayers, Bob Eisenbart, Ellen Hierl, Connie Horn, Amy Mlot, Perry Mueller, Crystal Phillips, Daniel Rathmann, John Rathmann, Mary Schinkowitch (ex officio), Colleen Teeters, Connie Titter

For over a decade, SWTI, a non-profit group, has provided affordable training and informational seminars to caregivers and professionals on issues that affect persons with disabilities.

Scholarships available

Discount Purchase Opportunity for Employees, Families, and Friends!

Marcus Center - Uihlein Hall
February 4-9, 2014



EWITA

Instructions for ordering:

- 1) Go to www.marcuscenter.org/mcaccess
- 2) Create your Login using your Group Code:
countyix
- 3) Order your tickets!

Please contact Keri Hough at:
414-273-7121 ext. 213 or
khough@marcuscenter.org
for more information.

*Ticket locations may be substituted due to high demand.
Specific seat locations are not given, it is not a live sale.
Tickets are assigned on a best available basis.
Not valid on previously purchased tickets.
No exchanges or refunds.
Please specify any special needs or requests in the additional
comments box at the bottom of the order page.



Discount Purchase Opportunity for Employees, Families, and Friends!

Marcus Center - Uihlein Hall

July 23 - August 3, 2014

THE PHANTOM OF THE OPERA



Instructions for ordering:

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comments box at the bottom of the order page.



Caregiver Circle

FAMILY CAREGIVER
SUPPORT NETWORK



Newsletter For Family Members and Friends Who Help or Care For Older Adults Volume 12 Issue 4 2013

Overcoming Communication Challenges

By Stacy Barnes, Marquette University



Communication is vital to maintaining relationships. It is how we express our emotions, thoughts, needs, and desires, and it is the means by which we connect to other people.

Diseases such as dementia and Alzheimer's cause changes in the brain which impair a person's ability to communicate. Older adults with dementia may experience difficulty organizing their thoughts, finding the right word, following a conversation, or verbally expressing themselves. Memory impairments associated with the disease may also lead to repeated questions or comments, as well as a failure to recognize familiar people or objects. Feelings of confusion, anxiety, frustration, and anger are common. As the disease progresses and damages a greater portion of the brain, persons with the disease may completely lose their ability to verbally communicate. For the caregiver, these communication breakdowns can be very challenging. More time may be required to complete daily tasks and the nature of the relationship between the caregiver and care recipient will probably change dramatically.

This past year Marquette University partnered with the Family Caregiver Support Network of Interfaith Older Adult Programs to investigate communication patterns between family caregivers and other family members who have Alzheimer's disease or any

other type of late-life dementia. At the time of this newsletter publication, a total of 249 caregivers completed the mail survey. Most respondents were caring for a parent with dementia (68.2%) and most caregivers interacted with their loved one on a daily basis (62.8%).

As part of the survey, family caregivers were asked to rate thirty-two communication behaviors according to how frequently their loved one with dementia displayed the behavior and how frustrating the behavior is to the caregiver whenever it occurs. **The five communication problems caregivers reported as being the most frustrating were:** failure to retain instructions; repeating the same questions and comments; failure in comprehension; failure to remember family, friends, or events – discussed in conversation; and repeatedly initiating the same topic.

Caregivers also rated nineteen communication strategies according to how helpful each one is in overcoming dementia-related communication problems. **The top ten strategies caregivers found to be the most helpful are:**

- 1 Pay close attention; actively listen to the person

- 2 Give only 1 instruction or ask only 1 question at a time
- 3 Use short, simple sentences
- 4 Use a relaxed, calm tone of voice
- 5 Speak slowly and clearly
- 6 Allow plenty of time for the person to respond
- 7 Establish and maintain eye contact
- 8 Call the person by name
- 9 Use closed-ended questions
- 10 Watch for nonverbal cues

When interacting with a person who has dementia, caregivers found it helpful to slow down and pay close attention to the person. Turn off the tv or radio in the room and attract the person's attention before you begin speaking to them. Also try addressing the person by their name rather than their relationship to you (e.g., "John" rather than "dad"), this may engage the person's long-term memory. Use a relaxed, calm tone of voice. Speak slowly and clearly and make certain you are facing the person when you speak, rather than turning your back to them or talking over your shoulder. Use short, simple sentences and avoid asking multiple questions at one time. Caregivers found it most helpful to give the person a small

Continued >



Wishing everyone a wonderful holiday

*The FCSN Staff
Pat, Kathy, Joyce, Angela & Jean*

Call the Family Caregiver Support Network at (414) 220-8600 or (800) 449-4481, a free resource center offering family caregiver support & older adult care information for family caregivers and professionals who assist them. Visit us online at www.caregiversupportnetwork.org and www.living-options.org



Family Caregiver Support Network
600 W. Virginia, Suite 300
Milwaukee, WI 53204-1551

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OLDER ADULT PROGRAMS

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Overcoming Communication Challenges Continued

number of choices using a close-ended question like “would you like coffee or tea?” and they suggested avoiding giving the person too many options at one time. Remember it will take a person with dementia longer to respond to a question or comment, so be patient and give them time to respond rather than rushing on. Also pay close attention to what the person is trying to communicate by watching the person’s body language, gestures, grunts, and tone of voice. Even if the person’s words don’t make sense to you, he or she is still *communicating* and trying to express thoughts and feelings.

In addition to these communication strategies, many communication aids are now available for purchase or can be made with little or no cost at home. Low-tech options such as reminder cards, memo boards, planners, and memory wallets are useful for prompting conversation, answering common questions, and daily reminders. For information about these and other communication aids, check out a new book published this month entitled, “*Memory & Communication Aids for People with Dementia*” by Michelle Bourgeois.

SAVE THE DATE

Taking care of you: powerful tools for caregivers

Starting
Late
Winter

Feeling confused, burnt out or loosing your stripes like “Z”?

Looking for support or ways to interact with your family or the person you care for? Looking for more resources? The Family Caregiver Support Network (FCSN) will again be offering this popular 6 week educational support program, in the afternoon, starting in late winter. Call FCSN at 414-220-8600 for upcoming class information and or to arrange for respite care if needed to attend.

The 28th Annual caregiver’s spiritual retreat

Saturday
April
12th

Will be held on Saturday April 12th from 8:30am - 1:45pm at San Camillo; 10200 W. Bluemound Rd. Wauwatosa, WI 53226. Participation is just \$15 and includes continental breakfast and lunch. The retreat will host author/columnist Philip Chard as well as the comedic relief of Comedy Sportz. Please mark your calendars for this day of fellowship and discussion for family caregivers! Respite care will be available through St. Camillus Home Care and Interfaith’s Family Caregiver Support Program. Call FCSN for more information 414-220-8600. Registration starting soon!

NEWS YOU CAN USE

New!

The Alzheimer’s Association now offers Cuidando con Respeto

A culturally appropriate psycho educational Spanish language training program for Latino family caregivers of persons with Alzheimer’s disease. It takes a family centered approach, incorporating interactive learning activities by which caregivers can exchange experiences and learn strategies for interaction with family members with Alzheimer’s disease. **To find out more or to register call Virginia Zerpa on the Spanish line 414-431-8811.**

Are you handling the finances?

Millions of Americans are managing money for someone who is unable to pay bills or make financial decisions. For these fiduciaries – agents under powers of attorney, guardians, Social Security representative payees, Veterans Affairs fiduciaries, and trustees – the task can be overwhelming. But it’s also critically important to the people who can’t handle their own finances. In October, the Consumer Financial Protection Bureau (cfpb) released four guides to help financial caregivers carry out their duties. You can download these free guides from their website. Read the blog and view the guides: consumerfinance.gov/managing-someone-elses-money



TAKE A WINTER BREAK!

Enjoy a warm-water indoor pool designed for older adults or adults with disabilities (wheelchair accessible); featuring open swim, aerobics, warm water movement, Arthritis Foundation Aquatic Program. Only \$5/session. Caregivers can join in. Call St Ann’s Center Aquatic Program 414-977-5015 for times and dates, or visit www.stanncenter.org/AquaticCenter.



The Interfaith - Family Caregiver Support Network is primarily funded through the Milwaukee County Department on Aging with additional funding through United Way of Greater Milwaukee. **Donations to the program are gratefully appreciated.**

It is tough juggling holidays, work, family and caring for loved ones. We are here to help.

Call us for Support and Free Assistance.



414-220-8600

Visit us on the Web

Family Caregiver Support Network
www.CaregiverSupportNetwork.org

Living Options Service
www.Living-Options.org

Interfaith Older Adult Programs
www.InterfaithMilw.org

 /InterfaithMilw

 @LINKaCOMMUNITY

Wisconsin Caregiver
www.WisconsinCaregiver.org

Greater Milwaukee Area Caregiver Support Groups

Sandwich Generation Support Group at Alexian Village
9255 N 76th St, 2nd Tues, of the month, 6:30 pm. Contact: Chaplain Jessi Smedal at 357-5105 x5524. Free lite sandwich supper available. (You do not need to be in the sandwich generation to attend.)

St. Matthews Lutheran Church
1615 Wauwatosa Ave. Upper room
2nd and 4th Monday of the month,
1:00 pm Contact Sharon 414-427-8628

Wheaton St. Francis Caregiver’s Support Group
3237 S. 16th St., 1st Saturday of the month, 10:30 am.
Contact Louise at 414-645-9095.

For Family Caregivers throughout Wisconsin

Wisconsin Family Caregiver Call-In
Call in from the comfort of your home

Alternates monthly between call in chat and speaker talking on topic chosen by the group. 2nd Tuesday of the month, 1:00 - 2:30 pm.

Group size is limited. To register call Kathy Ford, Kenosha County ADRC at 262-605-6646 or 1- 800-472-8088

FREE RESOURCE LIBRARY –
Call 414-220-8600 DVDs, Videos, Books and much more. We mail the materials to you free of charge.

BOOK YOUR NEXT GREAT ADVENTURE TODAY!

Join us for one or more MCFI Adventures for L.I.F.E. escorted trips in 2014. Come home with memories to last a lifetime! Register online at

<http://tinyurl.com/mcfitravel>



DOG SLEDDING EXPERIENCE

January 31-February 4
(12:30 Friday – TBA Tuesday)
Grand Marais, Minnesota

Fee: \$200

Don't miss this amazing adventure in the north woods with our friends at Wilderness Inquiry. Friendly guides will fill our days with exciting activities like dog sledding, snowshoeing, cross-country skiing, sledding and maybe sculpture building and snowball encounters! Everyone will have the opportunity to help care for the dogs and mush their own dog sled with help of guides. We will relax at night by a warm fire and enjoy stories and hot chocolate in comfortable lodges.

This trip is made possible by generous donations and grants to our program.



Madison Getaway

Fiddler on the Roof
& UW Marching Band

April 25-27
(9 a.m. Friday – 5 p.m. Sunday)
Madison, Wisconsin

Fee: \$400

We're headed west for dinner and a show at the Fireside Theater in Fort Atkinson – you'll love this performance of "Fiddler on the Roof," one of the world's favorite musicals. You won't want to miss the UW-Madison Marching Band performing in concert. We will also be visiting our State Capitol building and enjoying the many shops and sites in the area. On our way home, we'll stop at the Johnson Creek Outlet Mall.



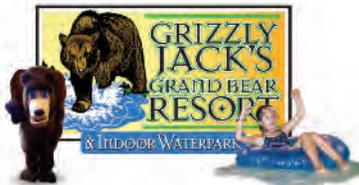
GRIZZLY JACK'S GRAND BEAR RESORT

Waterpark and Amusement
Park Retreat

March 22-23
(9 a.m. Saturday- 5 p.m. Sunday)
Utica, Illinois

Fee: \$300

Join us for a wild weekend of fun at Grizzly Jack's! Make a splash at the 24,000-square-foot indoor waterpark equipped with a lazy river, tube and body slides, wave pool and hot tubs! Grizzly Jack's Enchanted Forest indoor amusement park will keep you busy for hours with activities such as mini-golf, arcade games, a ropes course, laser tag and rides! Sign up today and get ready to play!



Girls Relaxation Weekend at Sundara Spa Resort

May 16-17
(12:30 p.m. Friday – 5 p.m. Saturday)
Wisconsin Dells

Fee: \$275
(Open to women travelers 18 and above)

Energize your body and mind at the Top 10 destination spa in the World for 2013. Sundara Spa offers relief from stress and a beautiful place to unwind with friends. Don't miss Sundara's Tranquility Garden, spa and salon, aroma steam, cooling rainfall shower, hot pool, cool plunge pool and relaxation lounge. Sorry guys, this getaway is just for the ladies!



Sundara Inn & Spa

MINNESOTA MAGIC

Mall of America, Zoo and
Comedy Club

June 6-8
(9 a.m. Friday – 5 p.m. Sunday)
Twin Cities, Minnesota

Fee: \$400

Enjoy a fun-filled weekend in the exciting Twin Cities of Minneapolis and St. Paul. Our trip includes a full day at the Mall of America visiting the many stores and shops and enjoying Nickelodeon Universe and Sea Life Aquarium. We'll also visit the Minnesota Zoo, home to more than 4,100 animals, and enjoy a night of laughs at a comedy dinner-theater, plus other Minnesota fun!



Put-in Bay Island Retreat & Cedar Point

September 11-14
(9 a.m. Thursday – 5 p.m. Sunday)
Put-in-Bay, Ohio

Fee: \$600

Our trip begins with a ferry ride, taking us to our cabin lodging on South Bass Island, Ohio. Enjoy rock climbing, fishing, mini-golf, golf cart rentals, laser tag and amusement centers on the island. We'll visit local museums, monuments, crystal caves, light houses and state parks and we will also spend a day at Cedar Point Amusement Park, known for the best collection of roller coasters on Earth! You'll love the live entertainment, family rides and Dinosaurs Alive, which will make you feel like you're seeing and hear real dinosaurs. Don't miss this action-packed adventure!



Dancing Horses Dinner Theatre & Horseback Riding

October 11-12
(9 a.m. Saturday – 5 p.m. Sunday)
Lake Geneva, Wisconsin

Fee: \$325

Be a part of an amazing weekend and experience the live show, "The Power of a Dream." It's a dazzling spectacle with an array of horse breeds performing alongside their trainers in show you will never forget. The lineup includes performers who have worked for The Kings Horses, Ringling Bros., Universal Orlando and Walt Disney World! We will also be visiting downtown Lake Geneva's boutiques and shops as well as experiencing the beautiful fall colors at Dan Patch Stables on our private horseback trail ride.

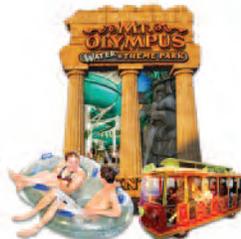


Winter Dells & Escape Mt. Olympus Resort

November 15-16 (9 a.m. Saturday to 5 p.m. Sunday)
Wisconsin Dells, WI

Fee: \$275

Relax your weekend away in the Dells with us. We will be staying at one of Wisconsin Dells most popular waterpark hotels, Mt. Olympus! Medusa's indoor waterpark will keep you entertained for hours on end with a raging river, mystical tower tube slides, whirlpools, hot tubs and waterfalls. Sign up today and get ready to kick back and splash your cold days away with some waterslide fun!



About Adventures for L.I.F.E.* Travel

Registration

Reserve your spot and register online at:

<http://tinyurl.com/mcfitravel>

Please fill out online information form. The online information form must be completed for all travelers prior to final acceptance. Fifty percent payment is required to be registered. If third party funded, payment is still required and reimbursement can be requested from funder.

Itinerary

Upon acceptance of the registration, a final itinerary will be mailed to the traveler. This will include specific travel information, emergency contact information, list of items to pack and suggestions for using spending money.

Who are we?

Adventures for L.I.F.E.* Travel provides opportunities for teens and adults with special needs to enjoy a variety of traveling adventures in a safe, supportive environment. Typical staff to traveler ratio is 1:3 or 1:4. If you need more assistance or supervision, we must be informed of this need for support ahead of time. There will be an additional charge for 1:2 or 1:1 supervision. If we request that travelers provide their own caregiver, special "caregiver rates" will be arranged.

Our travelers

Our travelers are people ages 14 and up who may require support and supervision while traveling. Travelers should like to be on the go, be physically able to participate in most activities with minimal assistance and treat themselves, others and property in a respectful manner.

Our focus

Adventures for L.I.F.E. Travel builds social relationships and focuses on transferring home skills to the community. Our travelers have the opportunity to build life skills such as money management, reading, responsibility for self and others, social interaction and community access. Travelers adjust to new environments, learn about personal safety in various settings and practice using many forms of transportation. Most importantly travelers build lasting friendships.

What's included

Trip fees include staff supervision, transportation from pick-up and drop-off points, admission fees, lodging, group photo and most meals. It is expected that full payment is received prior to each trip. Arrangements for payment plans can be made.

Accommodations

Overnight accommodations are at well-known hotel chains with an indoor pool. Unless otherwise requested, travelers will share a room with two or three other people. Single rooms may be available at an additional cost. Staff may sleep in travelers' rooms or adjacent rooms. If a traveler requires 24-hour supervision, this request must be made in advance.

Smoking policy

Smoking is permitted during scheduled breaks while traveling. Smoking is not permitted in hotel rooms or vehicles.

Cancellation policy

There are no monetary refunds. If cancellation occurs 30 or more days prior to trip an Adventures for LIFE program credit will be given for future camp/travel (credit must be used within 24 months). No credit will be awarded if cancelling trip within 30 days prior to trip. Special circumstances may be discussed on an individual basis with program director.

Questions?

Please call Deon Schmalholz
at (414) 937-2100.

2020 West Wells Street, Milwaukee, WI 53233
(414) 937-2020 www.mcfi.net

Adventures for L.I.F.E.*
is sponsored by



*Leisure, Inclusion, Fun and Experiences