

# Handy-NEWS & NOTES



January 2013

## SAVE THE DATES!

IndependenceFirst has announced two dates for you to save on your calendar.



### 4<sup>th</sup> Annual Stride & Glide for IndependenceFirst

Sunday, March 3, 2013  
Milwaukee County Zoo  
The family-friendly event will feature a 5K (run and wheelchair), walk, indoor "Zumba at the Zoo," indoor kids activities, and zoo admission and parking. Participate in one or many of the day's activities, and enjoy a day at the zoo afterwards!



All proceeds from the event support IndependenceFirst's programs and services for people with disabilities.

For more information visit [www.StrideAndGlide.org](http://www.StrideAndGlide.org).

### A Night for Independence

(formerly the POWER DINNER)

Wednesday, May 22, 2013

Potawatomi Bingo Casino

Featuring Angela Rockwood and Tiphany Adams from the Sundance Channel's "Push Girls"

For information about sponsoring the event, contact Jim Moore at 414-226-8318 V/Relay.

## SAFELINK WIRELESS

Do you use Lifeline or are you receiving food stamps or Medicaid? Are you eligible for those programs? There may be a cell phone plan for you.



If you are found to be eligible, you can receive a FREE cell phone, FREE cellular service, and FREE minutes each month.

To find out more call 800-977-3768 or visit:  
[www.safelinkwireless.com/enrollmentpublic/home.aspx](http://www.safelinkwireless.com/enrollmentpublic/home.aspx)

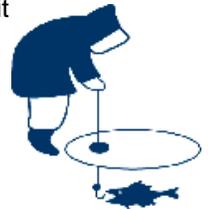
## SUMMER SAILING 2013!

I know it doesn't look like it right now but the Summer Sailing 2013 will be here before you know it. Look for dates and reservation deadlines in future issues of Handy-NEWS & NOTES.



## ICE FISHING IN THE PARKS!!!

Challenging ice-fishing opportunities await you in the following park lagoons when weather conditions permit. **Ice on lagoons must be 6 inches thick in order to be open for ice fishing. Pay attention to "Thin Ice" signs posted at the lagoons.**



**Brown Deer**, 7835 N. Green Bay Rd. \*\*

**Greenfield**, 2028 S. 124 St.

**Humboldt**, 3000 S. Howell Ave. \*\*

**McCarty**, 2567 S. 79 St.

**McGovern**, 5400 N. 51 St.

**Scout Lake**, 5902 W. Loomis Rd.

**Washington**, 1859 N. 40 St.

**Wilson**, 1601 W. Howard Ave.

**\*\* Do not fish in areas designated for skating**

## ICE FISHING CLINICS FOR CHILDREN

**Saturday, February. 9, 2013, 9am-3pm**

Bring your children, age 15 and under, to a **FREE** ice-fishing clinic in your Milwaukee County Parks. All fishing equipment will be furnished. Children under 5 must be accompanied by an adult. No pre-registration is required for individuals--if you have a group of 20 or more, please call in advance. This program is free and open to the public. For details, call the DNR at **(414) 263-8614**.

**Attend a clinic at these locations:**

**Humboldt Park**, 3000 S. Howell Ave.

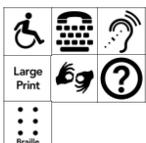
**McCarty Park**, 8214 W. Cleveland Ave

**McGovern Park**, 5400 N. 51st Blvd. \*\*\*

**Scout Lake**, 5902 W. Loomis Rd. \*\*

**Wilson Park**, 1601 W. Howard Ave.

**\*\*\* Wheelchair Accessible**



**MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES**

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES



January 2013

## MILWAUKEE REPERTORY THEATER Access Performances

To accommodate patrons who are deaf or hard-of-hearing



**Captioned Theater Performances** involve lines from the script running concurrently with the actors' lines are projected on the house left wall of the theater. When ordering your ticket, please alert the Ticket Office that you would like to sit in the Captioned section. This is perfect for those with a slight to a profound hearing loss.

### Quadracci Powerhouse Theater

*Sense and Sensibility*, Sunday, January 6, 2:00pm

**ASL Interpreted Performances.** One performance of each Quadracci Powerhouse Theater and Stiemke Theater production is interpreted in American Sign Language. Order your tickets by calling The Rep Ticket Office at (414) 224-9490 and inform them that you need to sit in the interpreted section.

### Quadracci Powerhouse Theater

*Sense and Sensibility*, Thursday, January 3, 7:30pm

**Audio Description Performances** are a concise narration of the key visual elements of a theatrical performance. Descriptions are woven in between lines of dialogue enabling people who are blind or have a low vision to follow the action. Using a headset attached to a small hand-held receiver, patrons hear a live, real-time description of the action on stage. Call Erin Burgess at (414) 290- 5346 to reserve your receiver.

### Stackner Cabaret

*Mind Over Milwaukee*, Sunday, January 6, 7:00pm

### Stiemke Studio

*How the World Began*, Thursday, January 31, 7:30pm

Throughout the run of any Milwaukee Repertory Theater production, general Access Programs offered include: written script synopsis, audio script synopsis, large print programs, infrared listening system, and wheelchair accessibility.

For more information on any of these programs, please call Erin Burgess at 414-290-5346 or email her at [eburgess@milwaukeeerep.com](mailto:eburgess@milwaukeeerep.com) . For more information about our 2011-2012 season, please visit [www.milwaukeeerep.com](http://www.milwaukeeerep.com) .

This and additional information is available at The Rep's Access Services webpage

[www.milwaukeeerep.com/planvisit/accessservices.htm](http://www.milwaukeeerep.com/planvisit/accessservices.htm)

## MUSIC UNDER GLASS

Mitchell Park Horticultural Conservatory (The Domes)  
524 S. Layton Blvd, Milwaukee  
414-257-5611



6:30pm – 9:00pm

Jan 3, U2 Zoo, *U2 Tribute Band*

Jan 10, The Happy Dutchmen, *German Polka*

Jan 17, Stone-Cohen Blues Band, *Vintage Blues & Jazz*

Jan 24, The Jerry Grillo Orchestra, *Big Band*

Jan 31, The Barrettes, *Indie, Pop Punk, Rock*

## 2<sup>ND</sup> ANNUAL "SPRING FLING" Wil-O-Way Disc Golf!!!

SAVE THE DATE! May 5, 2013

Wil-O-Way Disc Golf, Underwood Course

<http://county.milwaukee.gov/WilOWayDiscGolf>

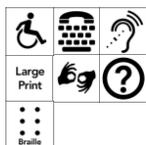


## IDEA

Innovator of Disability  
Equipment &  
Adaptations



To find some unique and valuable equipment for people with disabilities, visit: [www.ideamobility.com](http://www.ideamobility.com) or call 262-691-4248, fax 262-923-4700.



## MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES



January 2013

## HAPPENINGS @ BOERNER BOTANICAL GARDENS

### Family Workshop

Winter Bird Feeders - Saturday,  
January 19

Come learn how to make great  
homemade bird feeders and  
watch them enjoying the feast  
from your window



### For all Family Workshops: 10am - Noon

Families: \$20 members/\$25 non-members (*limit 5  
people per family*)

Individuals: \$10 members/\$12 non-members

**All materials included. To register call: 414-525-5659**

### Classes & Programs

Energy Boosting Botanicals –

Saturday, January 19, 10am – Noon

Discover energizing botanicals that will help keep your  
spirits up during our cold Wisconsin winter. Make your  
own energizing bath salts and aromatherapy oils.

\$10 member / \$15 non-member

**Register at 414-525-5659**

Beer Making - Botany of a Homebrew –

Thursday, January 24, 6:30pm - 8:30pm

So many beers, so little time! Learn more about the  
botanical connection, process and production behind all  
of those ales and lagers. Join beer enthusiasts to learn  
about the history and production of beer. Seasonal  
samples available. Must be 21 years or older to register.

\$10 member / \$15 non-member

**Register at 414-525-5659**

### Winter Wilderness Walk

Saturday, January 12, 10am – 11:30am

Enjoy a winter hike with the Friends of Boerner Educator  
and Outdoor Enthusiast Blake Compton. Come  
experience a winter morning in the outdoors, exploring a  
unique part of the Garden. Learn about plants and  
animals that live at Boerner. Refreshments provided.

Families: \$20 members/\$25 non-members (Limit 5  
people per family)

Individuals: \$10 members/\$12 non-members

**To register call: 414-525-5659**

## POWER WHEELCHAIR FOR SALE!

Pride Mobility, heavy duty & excellent  
condition! Comes with batteries and built  
in battery charger, seat beat, head rest  
and optional leg supports.



Specifications: Drive Wheels-14in solid,  
Rear Caster Wheels-6in solid, rear  
articulating, Anti Tip Wheels-6in solid,  
front mounted, Maximum Speed-Up to 4.5 mph, Brakes-  
"Intelligent Braking" electronic regenerative, disc park  
brake, Ground Clearance-3ins, Turning Radius-19.5in,  
Overall Size-Length 38in, Width 24.5in, Drivetrain-Two  
motor, mid wheel, Batteries-NF-22 batteries, Range-Up  
to 25 miles, Weight capacity-350 lbs, Component  
Weight-Base 97.5 lbs, Seat 36.5 lbs, Batteries 38lbs  
each. **Asking \$500.**

Contact [pvolkman@aol.com](mailto:pvolkman@aol.com)

## INVACARE PRONTO M91 ELECTRIC WHEELCHAIR

**For Sale:** The new and improved Pronto  
M91. Call 414-241-9948 for additional  
information.



## FACEBOOK & TWITTER!

**Office for Persons with Disabilities (OPD)  
Handy-NEWS & NOTES (HNN)**

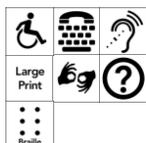


The OPD [Facebook](#) page and HNN [Twitter](#)  
accounts are dedicated to persons with  
disabilities as well as those without disabilities  
who are looking for the latest news that may be  
impacting their lives. These accounts are very active and  
have many postings daily. **"Like" us, "Follow" us and  
check in daily!**



Please feel free to use the link below and "like" us on  
Facebook. <http://on.fb.me/iPo0tO>

Please use the link below and "follow" us on Twitter.  
<http://twitter.com/#!/HandyNewsNotes>



**MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES**

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES



January 2013

## SOCIAL SECURITY UPDATES

By Karyl Richson  
Social Security Public Affairs Specialist in Milw

### A "RAISE" FOR PEOPLE WHO GET SOCIAL SECURITY

As we ring in a new year, we can expect to see a number of changes. Social Security is no exception: in 2013, people who receive Social Security or Supplemental Security Income (SSI) payments will see their benefits increase.



Beginning in 2013, a 1.7 percent cost-of-living adjustment (COLA) was applied to all Social Security and SSI payments. The average monthly Social Security benefit for a retired worker in 2013 is \$1,261 (up from \$1,240 in 2012) and the average monthly Social Security benefit for a disabled worker in 2013 is \$1,132 (up from \$1,113 in 2012). These changes were reflected in SSI payments dated December 31, 2012 and Social Security payments dated in January 2013.

For people who receive SSI, the maximum federal payment amount has risen to \$710 (up from \$698).

Other Social Security changes in 2013 are worth noting. For example, a worker now pays Social Security tax on up to \$113,700 of annual income (up from \$110,100 in 2012). A worker earns one credit after paying taxes on \$1,160 in earnings in 2013 (up from \$1,130). As always, a worker may earn a maximum of four credits each year and a person generally needs forty credits (or ten years of work) to be eligible for retirement benefits.

To learn more about these and other changes for 2013, visit the Social Security website at [www.socialsecurity.gov](http://www.socialsecurity.gov), and read our fact sheet about the changes at [www.socialsecurity.gov/pressoffice/factsheets/colafacts2013.htm](http://www.socialsecurity.gov/pressoffice/factsheets/colafacts2013.htm).

### FINANCIAL WELLNESS CAN BE YOURS IN 2013

January is Financial Wellness Month — a great time to think about your own financial future. It also happens to be at this time that many people make resolutions for the New Year. Why not combine the two and make your own financial wellness a resolution for 2013?

Here are our suggested resolutions for your financial wellness.

**Start your financial plan with your Social Security Statement.** The online *Statement* is simple, easy to use, and provides estimates you should consider in planning for your

retirement. It provides estimates for disability and survivors benefits, making the *Statement* an important financial planning tool. Your *Statement* allows you to review and ensure that your earnings are accurately posted to your Social Security record. This feature is important because Social Security benefits are based on average earnings over your lifetime. If the information is incorrect, or you have earnings missing from your record, you may not receive all the benefits to which you are entitled in the future. [www.socialsecurity.gov/mystatement](http://www.socialsecurity.gov/mystatement)

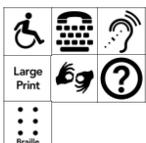
**Work the numbers.** Once you get your online *Statement*, you can use the other free resources provided by Social Security. Use our *Retirement Estimator*, where you can get a personalized, instant estimate of your future retirement benefits using different retirement ages and scenarios. Visit the *Retirement Estimator* at [www.socialsecurity.gov/estimator](http://www.socialsecurity.gov/estimator)

**Once you are in the know, choose to save.** The earlier you begin your financial planning, the better off you will be. Social Security replaces about 40 percent of the average worker's pre-retirement earnings. Most financial advisors say that you will need 70 percent or more of pre-retirement earnings to live comfortably. You also will need other savings, investments, pensions or retirement accounts to make sure you have enough money to live comfortably when you retire. Visit the Ballpark Estimator for tips to help you save. [www.choosetosave.org/ballpark](http://www.choosetosave.org/ballpark)

**Do some light reading.** Learn more about Social Security, the benefit programs, and what they mean to you and your family, by browsing through our online library of publications. In particular, our publication entitled "When To Start Receiving Retirement Benefits" provides helpful information regarding the things you should consider when making a decision on when to collect retirement benefits. Many of our publications also are available in audio format and other formats. Our library at [www.socialsecurity.gov/pubs](http://www.socialsecurity.gov/pubs) is always open.

**Help someone you love.** Sometimes we get the most satisfaction out of helping someone else. If you have a grandparent, parent, relative, or friend who could benefit from Social Security, share our website and the features of our online services with them. You can even help a loved one apply for Social Security benefits in as little as 15 minutes — or for *Extra Help* with Medicare prescription drug costs. Whether you forward a publication or sit down to help someone apply for Social Security, the place to go is [www.socialsecurity.gov](http://www.socialsecurity.gov).

There are a number of ways you can celebrate Financial Wellness Month, so start off the New Year by looking out for your own financial wellness at [www.socialsecurity.gov](http://www.socialsecurity.gov).



**MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES**

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES



January 2013

## OFFICE FOR PERSONS WITH DISABILITIES IS *MOBILE!!!*

You can now have the Office for Persons with Disabilities (OPD) and more on your mobile device.



In addition to access to OPD and all our information (Rec Room Calendar, Handy-NEWS & NOTES, Transportation, Facility Rentals / Calendar & more), you can also access all other county departments as well as get the ADA Accessibility Guidelines. In addition to the above you have the ability to share all this information via Email, Facebook, Google+, LinkedIn and Twitter.

In order to get OPD on the go, simply visit [county.milwaukee.gov/OPD](http://county.milwaukee.gov/OPD) on your mobile device or scan the QR code.



## REC ROOM – *REC ROOM CALENDAR*

Are you looking for accessible recreation opportunities or something to do in an accessible location? Check out the Rec Room and the Rec Room Calendar!



The Rec Room and Rec Room Calendar are services offered to citizens with and without disabilities and are designed to be a one-stop shop as to what's going on.

**Carry the Rec Room and Rec Room Calendar with you at all times on your mobile device (see above)** or check in on the Internet by visiting:  
<http://county.milwaukee.gov/RecRoom> and/or  
<http://county.milwaukee.gov/RecRoomCalendar>

## EMPLOYMENT STATISTICS!

In the November report, people with disabilities working was 18.1% and people with no disability working was 64.2%. See the current report here:  
<http://www.bls.gov/news.release/empsit.t06.htm>

## LOOKING FOR A HALL?

Are you looking for a hall for your next function? Would you like to rent a beautiful hall in a woody setting near you? If you answered yes, please use the link below (or call the Office for Persons with Disabilities @ 414-278-3932) to check out the [Wil-O-Way Grant](#) and [Wil-O-Way Underwood](#) facilities. They may be just what you're looking for. But hurry, the 2013 calendar is filling up fast. **You can check the Rental Calendar on you mobile device by downloading our mobile website at [county.milwaukee.gov/OPD](http://county.milwaukee.gov/OPD).**

### [Wil-O-Way Grant](#) (South Milwaukee)



### [Wil-O-Way Underwood](#) (Wauwatosa)



**FYI – Catering Services are available!** Contact Tom at 262-953-2210 or <http://bit.ly/aV2Zfm>

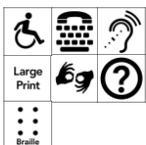
<http://www.county.milwaukee.gov/FacilityRentals>



## SPRING PROGRAMMING Wil-O-Way



To see the latest Wil-O-Way spring-time programming provided by Easter Seals visit  
<http://www.county.milwaukee.gov/WilOWayRecProgram>



**MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES**

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES



January 2013

## ALZHEIMER'S ASSOCIATION PRESENTS IN-DEPTH TRAINING FOR FAMILY CAREGIVERS

*Six Week Course Offers Education on Caring for an  
Older Adult with Dementia*

The Alzheimer's Association will offer a six-week program designed to provide clinical level education and training for family caregivers. "The  **association® Savy Caregiver**"

**will be held on consecutive Tuesdays beginning January 8, from 1:00 to 3:00 p.m. The series will conclude on February 12.** The program will be held at the Alzheimer's Association, 620 S. 76<sup>th</sup> Street, Suite 160 in Milwaukee. This workshop is open to family members who are providing care for a loved one with Alzheimer's disease or a related dementia.

The Savy Caregiver training program is a unique approach to family caregiver education. The central concept is the notion of strategy. Throughout the program caregivers are urged to learn, develop and modify strategies to accomplish the goal for their particular caregiving situation. Participants will "graduate" with increased personal knowledge, skills to assess abilities of a loved one with dementia, confidence to set and alter caregiving goals, strategies to manage activities of daily living, and perspective on the course of Alzheimer's and other related dementias.

Advance registration is required. The cost to attend is \$30, which includes a caregiver manual and CD. To register, please contact Krista Scheel at 800.272.3900 or [kscheel@alz.org](mailto:kscheel@alz.org)

## ALZHEIMER'S ASSOCIATION TO OFFER PROGRAM GEARED TO IDENTIFYING MEMORY CHANGES WITH MEMBERS OF YOUR FAITH COMMUNITY

The Alzheimer's Association will present a program called "Recognizing Memory Changes in the Members of Your Congregation". **The program will be held on**

**Sunday, January 13<sup>th</sup> from 2:00 – 4:00 p.m. at Central United Methodist Church, 639 N. 25<sup>th</sup> Street, in Milwaukee.**

This program is designed to help those in the faith community understand and support other members of their congregation who may struggle with dementia or who may be caring for someone with dementia. Topics that will be discussed are: What is Alzheimer's disease and dementia, warning signs and what to watch for, and how to become a strong and understanding support system for those within your own congregation.

There is no charge to attend but registration is required. To register, please contact Central United Methodist Church at 414-377-1600.

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research whose mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. For more information about Alzheimer's disease and local services visit [www.alz.org/sewi](http://www.alz.org/sewi) or call the Alzheimer's Association 24/7 Helpline at 800-272-3900.

## WINTER SPORTS IN THE PARKS!

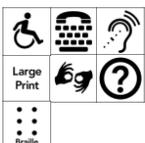
Looking for something to do in the wintertime? Check out these winter sports activities in the Milwaukee County Parks!



- [Cross-Country Skiing](#)
- [Downhill Skiing & Snowboarding](#)
- [Ice Fishing](#)
- [Ice Hockey](#)
- [Ice Skating](#)
- [Sledding & Tobogganing](#)
- [Snowshoeing](#)

Ice conditions on the lagoons, creeks, and other waterways can change rapidly. Be aware of thin ice. Safety first!

Visit the Parks to enjoy a [dog-sled ride!](#)



**MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES**

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES



\* Advertisements \*

January 2013

Milwaukee County, the Commission for Persons with Disabilities and Handy-NEWS & NOTES neither endorses nor supports these businesses or products or services offered.



## 2013 MILWAUKEE BREWERS

MARCH/APRIL						
sun	mon	tue	wed	thu	fri	sat
					29 CWS(i) 7:10	30 CWS(i) 1:10
31	1 COL 1:10	2 COL 7:10	3 COL 7:10	4	5 ARI 7:10	6 ARI TBD
7 ARI 1:10	8 @chc	9 @chc	10 @chc	11	12 @stl	13 @stl
14 @stl	15	16 SF 7:10	17 SF 7:10	18 SF 12:10	19 CHC 7:10	20 CHC TBD
21 CHC 1:10	22 @sd	23 @sd	24 @sd	25	26 @lad	27 @lad
28 @lad	29 PIT 7:10	30 PIT 7:10				

MAY						
sun	mon	tue	wed	thu	fri	sat
			1 PIT 12:10	2 STL 7:10	3 STL 7:10	4 STL TBD
5 STL 1:10	6 @pit	7 TEX(i) 7:10	8 TEX(i) 7:10	9 @cin	10 @cin	11
12 @cin	13 @pit	14 @pit	15 @pit	16 @pit	17 @stl	18 @stl
19 @stl	20 LAD 7:10	21 LAD 7:10	22 LAD 12:10	23	24 PIT 7:10	25 PIT TBD
26 PIT 1:10	27 MIN(i) 1:10	28 MIN(i) 7:10	29 @min(i)	30 @min(i)	31 @phi	

JUNE						
sun	mon	tue	wed	thu	fri	sat
						1 @phi
2 @phi	3 OAK(i) 7:10	4 OAK(i) 7:10	5 OAK(i) 1:10	6 PHI 7:10	7 PHI 7:10	8 PHI TBD
9 PHI 1:10	10 @mia	11 @mia	12 @mia	13	14 @cin	15 @cin
16 @cin	17 @hou(i)	18 @hou(i)	19 @hou(i)	20 @hou(i)	21 ATL 7:10	22 ATL TBD
23 ATL 1:10	24 @pit	25 CHC 7:10	26 CHC 7:10	27 CHC 1:10	28 @pit	29 @pit

JULY						
sun	mon	tue	wed	thu	fri	sat
	1 @wsh	2 @wsh	3 @wsh	4 @wsh	5 NYM 7:10	6 NYM TBD
7 NYM 1:10	8 CIN 7:10	9 CIN 7:10	10 CIN 1:10	11 @ari	12 @ari	13 @ari
14 @ari	15	16 all-star break @New York Mets	17	18	19 MIA 7:10	20 MIA TBD
21 MIA 1:10	22 SD 7:10	23 SD 7:10	24 SD 7:10	25 SD 1:10	26 @col	27 @col
28 @col	29 @chc	30 @chc	31 @chc			

AUGUST						
sun	mon	tue	wed	thu	fri	sat
					1	2 WSH 7:10
4 WSH 1:10	5 @sf	6 @sf	7 @sf	8 @sf	9 @sea(i)	10 @sea(i)
11 @sea(i)	12	13 @tex(i)	14 @tex(i)	15 CIN 7:10	16 CIN 7:10	17 CIN TBD
18 CIN 1:10	19 CIN 7:10	20 STL 7:10	21 STL 1:10	22	23 @cin	24 @cin
25 @cin	26	27 @pit	28 @pit	29 @pit	30 LAA(i) 7:10	31 LAA(i) TBD

SEPTEMBER						
sun	mon	tue	wed	thu	fri	sat
1 LAA(i) 1:10	2 PIT 1:10	3 PIT 7:10	4 PIT 7:10	5	6 @chc	7 @chc
8 @chc	9	10 @stl	11 @stl	12 @stl	13 CIN 7:10	14 CIN TBD
15 CIN 1:10	16 CHC 7:10	17 CHC 7:10	18 CHC 7:10	19 CHC 1:10	20 STL 7:10	21 STL TBD
22 STL 1:10	23 @atl	24 @atl	25 @atl	26 @nym	27 @nym	28 @nym
29 @nym	30					

For Tickets or Gift Certificates, call (414) 902-4000.

For 2013 season ticket information, contact the  
Brewers Season Ticket Department at (414) 902-4400.

[brewers.com](http://brewers.com)



Milwaukee County  
Transit System

By popular demand...

Bus Lines passenger  
newsletter is now  
available online!

Visit [RideMCTS.com](http://RideMCTS.com)

Are you using your sick and vacation time to  
care for an older adult?



STRESSED?

We Can Help. Call us for Free Assistance.



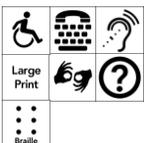
Family Caregiver  
SUPPORT NETWORK

(414) 220-8600

[www.caregiversupportnetwork.org](http://www.caregiversupportnetwork.org)

[www.wisconsinicaregiver.org](http://www.wisconsinicaregiver.org)

[www.living-options.org](http://www.living-options.org)



MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Handy-NEWS & NOTES

\* Advertisements \*



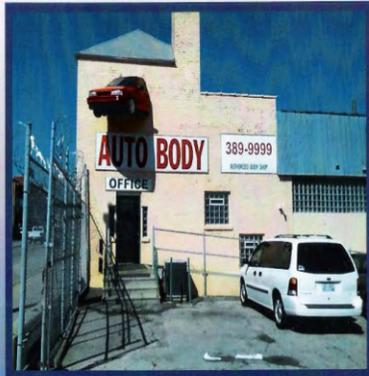
January 2013

Milwaukee County, the Commission for Persons with Disabilities and Handy-NEWS & NOTES neither endorses nor supports these businesses or products or services offered.

## MOBILITY VEHICLE SPECIALISTS

OUR REFERENCES SAY IT ALL...

- CITY OF MILWAUKEE
- NATIONAL ALAMO
- FEDERAL GOVERNMENT
- MILWAUKEE COUNTY
- AAA INSURANCE
- STATE FARM INSURANCE
- CONCOURS MOTORS, INC.
- LEXUS OF NORTH SHORE



WE ARE A FULL SERVICE  
AUTO COLLISION & REPAIR  
FACILITY WITH STATE OF  
THE ART EQUIPMENT

**VCA AUTO BODY**  
938 W. NATIONAL AVE.

Ph: (414) 389-9999 Fax: (414) 389-9940

**A&J**  
MOBILITY

- Adaptive Driving Aids
- Automotive Mobility Equipment
- Wheelchair Accessible Vehicles
- Vehicle Accessories

SERVING SOUTHEAST WI

262-623-6236

800-517-1024

3058 Helsan Drive - Richfield

[www.aandjmobility.com](http://www.aandjmobility.com)

*...Independence Day is Every Day*

## ASAP TRANSPORTATION

"Service you expect, care you deserve"

MEDICAL TRANSPORTATION

FOR ELDERLY AND DISABLED INDIVIDUALS



WE ACCEPT:

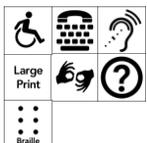
T-19, FAMILY CARE, PRIVATE PAY

PHONE: (414) 350-8741

(414) 699-2303

FAX: (262) 236-4005

[ASAPTRANSPORTATION@HOTMAIL.COM](mailto:ASAPTRANSPORTATION@HOTMAIL.COM)



MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES

Telephone: 414-278-3932 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233



<http://twitter.com/HandyNewsNotes>

[tim.ochnikowski@milwcnty.com](mailto:tim.ochnikowski@milwcnty.com)

[www.county.milwaukee.gov](http://www.county.milwaukee.gov)

# Rec on Deck

A product of the Milwaukee County Rec Room

January, 2013

## OFFICE FOR PERSONS WITH DISABILITIES MOBILE WEBSITE

OPD now has a mobile website! In order to get the OPD mobile website, simply visit [county.milwaukee.gov/OPD](http://county.milwaukee.gov/OPD) on your mobile device or scan the QR code. Included on our new site are the ADA guidelines, all of our office information, and great recreational opportunities all on the go of your mobile device!



## EASTER SEALS

**Saturday, February 2, 11am-4pm**

Wil-O-Way Underwood Recreation Center (10602 Underwood Parkway, Wauwatosa, WI)

Cost: **FREE!!!**

Join us for our [36th Annual Snowmobile Festival](#) Sponsored by the Rolling Dice Riders Snowmobile Club of Franklin



## BOERNER BOTANICAL GARDENS

[Boerner Botanical Gardens](#) will be offering a variety of one day classes including [Winter Bird Feeders](#), [Energy Boosting Botanicals](#), [Beer Making](#), and [more](#). Please visit their [website](#) for more details or call 414-525-5659 to register today!



## SLICE OF THE ICE

[Slice of Ice Now Open](#)

Slice of Ice in Red Arrow Park is open daily. Rent skates or skate for **FREE** when you bring your own!



## VISION FORWARD

**Friday, January 18<sup>th</sup> 6:00-8:00pm**

**FREE Teen Movie Night**

Join us for a movie, snacks, and conversation with several young adults who are visually impaired and can relate to what teens may be experiencing. In addition to the regular dialog, the movie includes a bonus track, which describes action, scenery and other elements. Please bring \$1 to cover the cost of popcorn and other movie concessions.



## MILWAUKEE ART MUSEUM

**FREE Admission** on the first Thursday of every month **Thursday January 3<sup>rd</sup>**



## POLAR PLUNGE

Wisconsin Polar Plungers have helped raise more than \$14 million for Special Olympics. Children and adults with intellectual disabilities who participate in Special Olympics develop improved physical fitness and motor skills, greater self-confidence and a more positive self-image. For upcoming Polar Plunge date please visit their [website](#).



## MUSIC UNDER GLASS

Live Music at The Domes from **6:30-9 p.m.** with light shows at the break and following the concert, food and beverages are available for purchase.

**January 3<sup>rd</sup>** [Celebrating the U2 Concert Experience](#)

**January 10<sup>th</sup>** [Poinsettia Giveaway Night](#)

**January 17<sup>th</sup>** [Stone-Cohen Blues Band](#)

**January 24<sup>th</sup>** [Health Fair Night](#)

**January 31<sup>st</sup>** [Brew City Bruisers Roller Derby Night](#)



## MILWAUKEE PUBLIC MUSEUM

**FREE Admission** on **Monday, January, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>**



## MITCHELL PARK DOMES

**FREE Admission** **January, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> 9am-12pm**



## MILWAUKEE COUNTY ZOO

**January 7<sup>th</sup> Family Free Day at the Zoo** Admission is free, but regular parking, rental and concession rates apply. An additional **FREE** day includes **January 1<sup>st</sup>**.



## THE COOLFOOL KITE FESTIVAL

**New Year's Day, 11am-5pm** in Veterans Park on Milwaukee's Lakefront. This is a **FREE Event**, with plenty of **FREE** parking. We will have **FREE** Hot Chocolate, Coffee, and Snacks, compliments of Caribou Coffee, while supplies last.



## REC ROOM CALENDAR

For additional recreational opportunities check out the [Rec Room Calendar](#). New activities are added daily, and can sync right into your personal calendar!



[Rec Room](#)  
[Email: Mike Bonk](#)  
[Office Website](#)

## PARTNERS



## MILWAUKEE COUNTY OFFICE FOR PERSONS WITH DISABILITIES

Telephone: 414-278-3938 (VOICE); 414-278-3937 (TTY); 414-278-3939 (FAX)

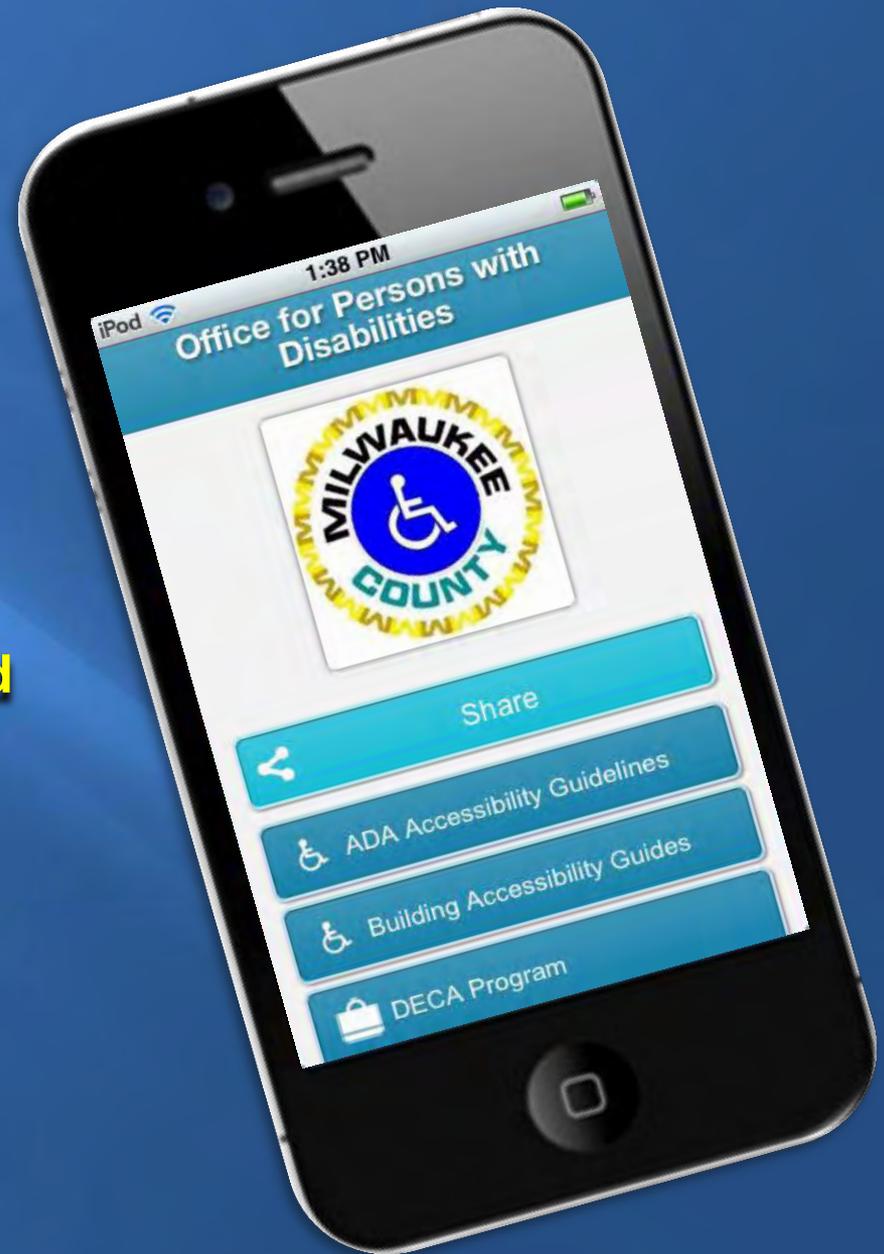
COURTHOUSE, 901 N. 9<sup>TH</sup> STREET, ROOM 307-B • MILWAUKEE, WI 53233

[WWW.COUNTY.MILWAUKEE.GOV/RECROOM](http://WWW.COUNTY.MILWAUKEE.GOV/RECROOM)

# Office for Persons with Disabilities is now MOBILE!!!

**Now, even more mobility!  
Get [county.milwaukee.gov/opd](http://county.milwaukee.gov/opd)  
On your phone.**

Find out more by visiting  
[county.milwaukee.gov/opd](http://county.milwaukee.gov/opd)  
on your mobile device today  
or scan the QR Code



# 1995 Ford Econoline

Body is in excellent condition. Trades Accepted!! ETE Motor Sales 2727 S. 27th St. Milwaukee, WI 53215 414-645-7000



## Features

### Accessibility

- Wheelchair Tie Down
- Lowered Floor
- Wheelchair Straps
- Power Lift
- Scooter Accessible
- Remote Control Lift

### Safety

- Driver Air Bag
- Anti-Lock Brakes

### Comfort

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel

### Seats

- Bucket Seats

### Windows

- Power Windows
- Tinted Glass

### Entertainment

- AM/FM Radio
- Tape Player
- TV
- VCR

### Other

- Power Door Locks
- Power Mirrors
- Third Row Seats

**“Wisconsin’s AMS Van Dealer”**

**Lowest Priced Mobility Vans –**

**“Guaranteed!!!”**

## Contact Information

Contact:  
 Email seller  
 Phone: (414) 645-7000

## Details

### Type of Vehicle

Year 1995  
 Make Ford  
 Model Econoline  
 Body Style Van

### Vehicle Location

Milwaukee , Wisconsin 53215

## Vehicle Information

**Price \$8,500.00**

**Mileage 23,000**

Engine Type 8 Cylinder  
 Drive Train 2 Wheel Drive  
 Transmission Automatic  
 Door Style Five Door  
 Fuel Type Gasoline  
 Exterior Color  
 Interior Color brown

**Sale Priced!**

**\$6,995**

## Vehicle Description

Stock Number 538

### About the Vehicle

This 1 owner, non-smoker van is in GREAT condition. Runs and drives excellent. **SUPER LOW MILES ONLY 23K..** 1995 Ford E-150 Waldock Sierra Conversion with every option. Side entry Ricon Power lift with power side opening cargo doors.

## ENGINE & TRANSMISSION EXCH.

COMPLETE AUTOMOTIVE REPAIRS



**VINCE FERRERA**

Vice President Sales

[vf@enginetrans.com](mailto:vf@enginetrans.com)

2727 S. 27th Street  
 Milwaukee, WI 53215  
 414-645-7000



# 2010 Chrysler Town & Country



Contact Information	
Contact: <a href="#">Email seller</a>	Phone: (414) 645-7000
Type of Vehicle	
Year 2010	
Make Chrysler - Model Town & Country	
Body Style Minivan	
Vehicle Location	
Milwaukee , Wisconsin 53215	
Vehicle Information	

**Price \$31,995.00**

Mileage 39,000  
 Engine Type 6 Cylinder  
 Drive Train 2 Wheel Drive  
 Transmission Automatic  
 Door Style Five Door  
 Fuel Type Gasoline  
 Exterior Color Blue  
 Interior Color Gray

**Sale Priced!**  
**\$29,950**

**Vehicle Description**  
 Stock Number 525 - About the Vehicle  
 Beautiful 2010 Chrysler Town and Country Loaded with Comfort options. Very Low mile one owner conversion. VMI Northstar lowered floor wheelchair accessible conversion. A power in-floor wheelchair ramp offers open, unrestricted entry and exit as well as greater interior maneuverability. **Veigel Hand Controls.** A one-touch remote allows effortless ramp deployment with kneeling system, gives you a lower ramp angle, making access easier. Both front seats are removable. **EZ-<sup>2</sup>Lock securment systems are under both front seats.** Rear Back-up camera. Drive **Master Effortless Steering system w/spinner knob.** Standard in every accessible van with the VMI Northstar Minivan Conversion •Power in-floor ramp with non-skid surface •11" lowered floor •Maximum interior headroom •Power door with easy manual operation

•Complete undercoating and rust proofing •Emergency wheelchair ramp release •The PowerKneel™ System  
 •Removable front seat bases •Manual wheelchair tie-down system •Fully crash tested •Fully carpeted seat bases •Lower ramp angle •Remote control entry This van is in Like New Condition. ETE Motor Sales is never beat on price!!! 2727 S. 27th St., Milwaukee, WI 414-645-7000

**Features - Accessibility**

- Power Kneel system
- Side Ramp
- Wheelchair Tie Down
- Lowered Floor
- Lowered Door
- Power Ramp
- Outside Entry
- Removable Passenger
- Rubber Floor Section
- Wheelchair Straps
- Scooter Accessible
- Remote Control Ramp
- Power Driver Seat
- Hand Controls

**Safety**

- Driver Air Bag
- Passenger Air Bag
- Side Air Bag
- Anti-Lock Brakes
- Fog Lights

**Comfort**

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel
- Keyless Entry

**Seats**

- Bucket Seats
- Power Seats

**Windows**

- Power Windows
- Rear Window Defrost
- Rear Window Wiper
- Tinted Glass

**Entertainment**

- AM/FM Radio
- Compact Disc Changer

**Other**

- Alloy Wheels
- Power Door Locks
- Power Mirrors
- Third Row Seats

**“Wisconsin’s AMS Van Dealer”**

**Lowest Priced Mobility Vans –**

**“Guaranteed!!!”**

**ENGINE & TRANSMISSION EXCH.**  
 COMPLETE AUTOMOTIVE REPAIRS



**VINCE FERRERA**  
 Vice President Sales

2727 S. 27th Street  
 Milwaukee, WI 53215  
 414-645-7000

[vf@enginetrans.com](mailto:vf@enginetrans.com)



# 2010 Dodge Grand Caravan



## Contact Information

Contact:  
[Email seller](#)  
 Phone: (414) 645-7000  
**Details**

## Type of Vehicle

Year 2010  
 Make Dodge  
 Model Grand Caravan  
 Body Style Ext Minivan

## Vehicle Location

Milwaukee , Wisconsin 53215

## Vehicle Information

**Price \$35,980.00**

Mileage 28,863  
 Engine Type 6 Cylinder  
 Drive Train 2 Wheel Drive  
 Transmission Automatic  
 Door Style Five Door  
 Fuel Type Gasoline  
 Exterior Color  
 Interior Color Gray

**Sale Priced!**

**\$34,500**

**No shipping, document or dealer fees!!!**

**Free securement tiedowns included!!!**

## Vehicle Description

Stock Number F0516  
 About the Vehicle

2010 Dodge Grand Caravan SXT Edition AMS Van w/Brand New Side Entry Conversion. What a sweet, sweet looking 2010 touring! Silver Metallic is a beautiful color on this van! \*\* !! Brand New Lowered Floor Side Entry Conversion, With A 5YR/100,000 Drivetrain Warranty!! \*\* NEW 10" lowered floor with power folding ramp and removable passenger seat allow for plenty of headroom and ease of access. Van features include: Satellite-ready radio, CD/Mp3 player, auxiliary input for your portable device(s), cool ambient lighting, dual power sliding doors, adjustable pedals, and more! Safe, stylish, and dependable, you'll love this van for years to come. Call today for more details on how to bring this beauty home! ETE Motors, 2727 S. 27th St. Milwaukee, WI 53215 414-645-7000 WE ARE NEVER BEAT ON PRICE OR SERVICE!!

## Features

### Accessibility

- Side Ramp
- Wheelchair Tie Down
- Lowered Floor
- Lowered Door
- Power Ramp
- Outside Entry
- Removable Passenger
- Rubber Floor Section
- Wheelchair Straps
- Remote Control Ramp
- Power Driver Seat

### Safety

- Driver Air Bag
- Passenger Air Bag
- Side Air Bag
- Anti-Lock Brakes
- Fog Lights

### Comfort

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel
- Keyless Entry

### Seats

- Bucket Seats
- Power Seats

### Windows

- Power Windows
- Rear Window Defrost
- Rear Window Wiper
- Tinted Glass

### Entertainment

- AM/FM Radio
- Compact Disc Changer

### Other

- Alloy Wheels
- Power Door Locks
- Power Mirrors
- Third Row Seats

**“Wisconsin’s AMS Van Dealer”**

**Lowest Priced Mobility Vans –**

**“Guaranteed!!!”**

## ENGINE & TRANSMISSION EXCH.

COMPLETE AUTOMOTIVE REPAIRS



[vf@enginetrans.com](mailto:vf@enginetrans.com)

**VINCE FERRERA**

Vice President Sales

2727 S. 27th Street  
 Milwaukee, WI 53215  
 414-645-7000



# 2011 Chrysler Town & Country



## Contact Information

Contact: [Email seller](#)  
Phone: (414) 645-7000

## Type of Vehicle

Year 2011  
Make Chrysler  
Model Town & Country  
Body Style Minivan

## Vehicle Location

Milwaukee , Wisconsin 53215

## Vehicle Information

**Price \$34,995.00**

Mileage 40,004  
Engine Type 6 Cylinder  
Drive Train 2 Wheel Drive  
Transmission Automatic  
Door Style Five Door  
Fuel Type Gasoline  
Exterior Color Interior Color Tan

**Sale Priced!**

**\$33,950**

## Vehicle Description

Stock Number 542

## About the Vehicle

AMS 2011 Chrysler Town & Country Touring Edition Handicap Van Travel safely, comfortably, and among friends and family in a modern handicap van with a brand new conversion! Featuring a folding ramp and lowered floor, spacious room for your wheelchair and passengers, with a 125-pt inspection performed, plus our hard-to-beat warranty, this is the mobility vehicle you've been looking for. We knew you'd find it with us! Call now and we can help you bring your mobility dreams home today. Dual Factory Power Doors; Power Rear Vents; Steering Wheel Mounted Audio Controls; Home Link System, Tilt Steering Wheel; Power Windows; Rear Window Defroster;

Power Driver Seat, Driver Lumbar Support, Windows Tinted, Auxiliary Audio Input, Electronic Tri-Zone Climate Control, Overhead Neon Lights, Factory Power Lift Gate, Side Airbags, Power Mirrors, Cruise, Backup Camera, Fog Lights, Overhead Storage Bins, Auto Stick, AM FM CD MP3 Satellite Radio, Traction Control, Power Rear Windows, 16" Alloy Wheels, Power Door Locks, Remote Locking & Unlocking, Adjustable Gas & Brake Pedals Lowest Prices Guaranteed!! ETE Motor Sales, 2727 S. 27th St. Milwaukee, WI 414-645-7000

## Features

### Accessibility

- Rear Ramp
- Wheelchair Tie Down
- Lowered Floor
- Lowered Door
- Outside Entry
- Rubber Floor Section
- Wheelchair Straps
- Scooter Accessible
- Power Driver Seat

### Safety

- Driver Air Bag
- Passenger Air Bag
- Side Air Bag
- Anti-Lock Brakes
- Fog Lights
- Alarm

### Comfort

- A/C Front
- A/C Rear
- Power Steering
- Cruise Control
- Tilt Wheel
- Keyless Entry

### Seats

- Bucket Seats
- Power Seats

### Windows

- Power Windows
- Rear Window Defrost
- Rear Window Wiper
- Tinted Glass

### Entertainment

- AM/FM Radio
- Compact Disc Player

### Other

- Alloy Wheels
- Power Door Locks
- Power Mirrors
- Third Row Seats

**“Wisconsin’s AMS  
Van Dealer”**

**Lowest Priced  
Mobility Vans**

**“ETE Will Beat Any  
Dealers Price,  
Guaranteed!!!”**

**ENGINE & TRANSMISSION EXCH.**  
COMPLETE AUTOMOTIVE REPAIRS

**VINCE FERRERA**  
Vice President Sales

2727 S. 27th Street  
Milwaukee, WI 53215  
414-645-7000

[vf@enginetrans.com](mailto:vf@enginetrans.com)



# FOR SALE!

## 2011 Toyota Avalon Limited



Less than 4,000 miles; factory warranty.  
Professionally installed Braun wheelchair topper  
Classic 3500 Hand Controls

**\$32,000**

### **A brand new Manual wheelchair: Tilite 2GX SW 16x17**

Original cost: \$5,319 - **For Sale at \$3,500**

### **5 year old Electric wheelchair: 3G Storm Series (Invacare)**

Original cost: \$28,000 - **For Sale at \$10,000**

### **Handcrank Bicycle:**

New: \$2,500 - **For Sale at \$500**

**CONTACT: 608-285-4225**



### Valders

333 Washington Street

Valders, WI 54245

**888-775-7750**

### Eau Claire

2650 Prospect Drive

Eau Claire, WI 54703

**877-833-9830**

### Madison

4125 Terminal Drive

McFarland, WI 53558

**888-223-9731**

### Richfield

3058 Helsan Drive

Richfield, WI 53076

**800-517-1024**

**HAPPY NEW YEAR!**

[www.aandjmobility.com](http://www.aandjmobility.com)

## 2004 Toyota Sienna



VIN:	5TDZA23C64S124864
Stock:	4S124864
Mileage:	35,901
Exterior Color:	Grey
Interior Color:	Gray Cloth
Transmission:	Automatic
Conversion:	IMS Rampvan
Price:	<b>\$24,995</b>



### Valders

333 Washington Street

Valders, WI 54245

**888-775-7750**

### Eau Claire

2650 Prospect Drive

Eau Claire, WI 54703

**877-833-9830**

### Madison

4125 Terminal Drive

McFarland, WI 53558

**888-223-9731**

### Richfield

3058 Helsan Drive

Richfield, WI 53076

**800-517-1024**

**HAPPY NEW YEAR!**

[www.aandjmobility.com](http://www.aandjmobility.com)

## 2007 Chevy Uplander



VIN:	1GBDV13167D116324
Stock:	7D116324
Mileage:	45,208
Exterior Color:	Blue Granite
Interior Color:	Gray Cloth
Transmission:	Automatic
Conversion:	Braunability Entervan
Price:	<b>\$27,995</b>



### Valders

333 Washington Street  
Valders, WI 54245

**888-775-7750**

### Eau Claire

2650 Prospect Drive  
Eau Claire, WI 54703

**877-833-9830**

### Madison

4125 Terminal Drive  
McFarland, WI 53558

**888-223-9731**

### Richfield

3058 Helsan Drive  
Richfield, WI 53076

**800-517-1024**

**HAPPY NEW YEAR!**

[www.aandjmobility.com](http://www.aandjmobility.com)

## 2011 Chrysler T&C Limited



VIN:	2A4RR6DG1BR617112
Stock:	BR617112
Mileage:	50,697
Exterior Color:	True Blue Metallic
Interior Color:	Tan Leather
Transmission:	Automatic
Conversion:	ROLLX
Price:	<b>\$35,495</b>

**::EQUIPMENT CONNECTION::**

**Click to see complete Equipment Connection**



Item #11135

**CLEARANCE!!!**

**Madison Area**  
 2554 Advance Road  
 Madison, WI 53718  
 608-243-1785 (Phone)  
 608-243-1787 (Fax)

[Click for Interactive Map](#)

**Hours**

M	9:30 - 4:30
T	9:00 - 4:30
W	9:30 - 4:30
Th	10:00 - 6:00
F	9:30 - 5:00

**Greater Milwaukee Area**

12040 West Ferick St  
 Unit N  
 Wauwatosa, WI 53222  
 414-988-5333 (Phone)  
 414-988-5330 (Fax)

[Click for Interactive Map](#)

**Hours**

M-Th	9:30 - 4:00
Friday	CLOSED

**FEATURES OF THE WEEK**



Special Tomato Multi Position Seat  
 small, seatbelt, comes with small tray, headrest, lateral headrest,  
 booster seat and extended seat  
 #15569  
 Our Price: \$935  
 List Price: \$4,059

**Quick Links**

**CLEARANCE**  
Products

Like us on Facebook 

**SAVE ON OTHER ITEMS, TOO!**

Bath Chairs \$27  
 Wheelchair Cushions \$30 - \$70  
 Commodes \$53  
 Hemi Walkers \$27  
 Hospital Beds \$275 - \$350  
 C-Paps & Bi-Paps \$130  
 Nebulizers \$20 - \$45  
 and  
**MANY, MANY, MORE!**

\*\*\*The Mobility Store is an EEO/LEP Employer\*\*\*

# Caregiver Circle

FAMILY CAREGIVER  
SUPPORT NETWORK



Newsletter For Family Members and Friends Who Help or Care For Older Adults Volume 11 Issue 4 2012

## THROUGH THE TINSEL AND THE TEARS

By Lori Stahl, Family Care Case Manager - Interfaith Interfaith Older Adult Programs, Grief Management Specialist - Mueller Funeral Home

**Whether you are newly bereaved, or remembering the death of a loved one during this time of the year, the following tips may be helpful to you.**

Whether we want to believe it or not, the Holidays are coming! For the past few months, the stores have already begun to inundate us with cards, lights, tinsel and trees. But when our hearts are heavy and filled with the deepest of sorrow, does it really matter knowing how many more days there are to the holidays? For the parents whose dreams are shattered as their child will not be unwrapping their presents, for the widow whose bed is empty, for the widower who is trying to learn how to cook and for the family who is learning how to live with the empty chair at the table, I offer you some gifts this season.

**Patience:** Patience for yourself and for others. Slow down and take a deep breath. No matter how much you may be dreading this time of year, you are going to get through it. Remember no one is perfect and your emotions are raw. Try to scale down on the cooking, baking and decorating. Know that your energy level is not going to be the same as it previously was. Do what you feel you have the energy to do and allow that to be enough.

**Time:** This gift understands that grief is like an emotional roller with highs and lows. As you begin to live through the memories of your loved ones, slowly the intensity and depth of your feelings change. The painful memories begin to fade and are slowly replaced with memories of one's smile, of your days together versus apart, of the life you shared and the fact that your loved one LIVED.... not just that he died. It's not the fact of how long grief takes, but what you do with your time that makes the difference. Talk, cry, scream, play, pray and laugh are ways of healing the hurts through time.

**Touch:** Touch someone with your presence this season. You may want to have your family volunteer at a food pantry, deliver meals or visit in a nursing home. Include your loved one in all of your gatherings by lighting a special candle and sharing stories. You can set the table with paper placements and have everyone write a special message or share a funny story.

**Tears:** Tears are healthy and not a sign of weakness. We cry because we loved. Tears are a necessary part of the grieving process. It's nature way of healing the mind and heart from the greatest injury of all. Allow yourself the privilege of limping till your wounds have healed and you can run again.

**Gentleness:** Forgive yourself for surviving after the death of your loved one. Take time to be gentle to yourself physically, emotionally and spiritually. Allow yourself breathing space and expect fluctuations in your mood and perspective. Bereavement work is time consuming and exhausting. Remember to pace yourself.

**Gift of Memories:** Give yourself the gift of saying your loved one's name out loud, invite others to do the same and the stories and memories will flow. If you send out X-mas cards or letters, cherish your loved one's memory by writing their name in the card and then drawing a heart around their name. Memories are our bridge that connect the past to the present and to our future.

**The last gift** I would like to share is the gift of Peace and Love. I want to give you the peace that is within yourself, that perhaps you are struggling to find again. I hope you can find the courage to allow peace and love in your hearts again. The love you have for your loved one will never change nor go away. May your holidays be filled with the many gifts this season has to offer. May you all find inner peace and moments of warm memories of your loved ones.

Call the Family Caregiver Support Network at (414) 220-8600 or (800) 449-4481, a free resource center offering family caregiver support & older adult care information for family caregivers and professionals who assist them. Visit us online at [www.caregiversupportnetwork.org](http://www.caregiversupportnetwork.org) and [www.living-options.org](http://www.living-options.org)



ADDRESS SERVICE REQUESTED

NON PROFIT ORG  
U.S. POSTAGE  
PAID  
MILWAUKEE, WI  
PERMIT NO. 4400

Family Caregiver Support Network  
Interfaith Older Adult Programs, Inc.  
600 W. Virginia, Suite 300  
Milwaukee, WI 53204-1551



## We Remember Them

At the rising of the sun and at it's going down, *we remember them.*

At the blowing of the wind and in the chill of winter, *we remember them.*

At the opening of the buds and in the rebirth of spring, *we remember them.*

At the shining of the sun and in the warmth of summer, *we remember them.*

At the rustling of the leaves and in the beauty of autumn, *we remember them.*

When we are weary and in need of strength, *we remember them.*

When we are lost and sick at heart, *we remember them.*

When we have achievements that are based on theirs *we remember them.*

As long as we live, they too will live; for they are now a part of us, *we remember them.*

## Is it tough juggling holidays, work, family and caring for..

- an older adult
- a loved one with dementia
- a grandchild
- a relative with a disability?



## We Can Help.

**Call us for Free Assistance**

**(414) 220-8600**

## Visit us on the Web

**Family Caregiver Support Network**  
[www.caregiversupportnetwork.org](http://www.caregiversupportnetwork.org)

**Living Options Service**  
[www.living-options.org](http://www.living-options.org)

**Interfaith Older Adult Programs**  
[www.interfaithmilw.org](http://www.interfaithmilw.org)



**Wisconsin Caregiver**  
[www.wisconsincaregiver.org](http://www.wisconsincaregiver.org)

## Greater Milwaukee Area Caregiver Support Groups

**Sandwich Generation Support Group at Alexian Village**  
9255 N. 76th St., 2nd Tues. of the month, 6:30 PM; Contact Chaplain Jessi Smedal at 357-5105 x 5851. Free lite sandwich supper available. *(You do not need to be in the sandwich generation to attend.)*

### General caregiver support groups

**St. Matthew's Lutheran Church**  
1615 Wauwatosa Ave., Upper Room, 2nd and 4th Mon. of the month, 1:00 PM; Contact Sharon 414-427-8628.

**Wheaton St. Francis Caregiver's Support Group**  
3237 S. 16th St., first Sat., 10:30 AM; Contact Louise at 414-645-9095.

**Catholic Charities — NEW LOCATION**  
1919 N. 60th St., Milwaukee. 3rd Wed. of the month, 3-4:30 PM. Free respite care Contact: Susan Yee, 414-771-2881 x160

**Cedarburg – Ozaukee Co.**  
N69 W5289 Columbia Rd., Harris Bank, 3rd Tues., 6:30 PM. Contact Jan, 262-238-8120 or 262-284-8120.

### Specific support groups

The *Caregiver Contacts* column has only a sample of places to seek help. Contact FCSN for complete information at 414-220-8600.

## Caregiver Resource Library

Free resource library – Call 414-220-8600; 100+ Videos, DVDs and Books. We mail the materials to you free of charge.

## NEWS YOU CAN USE

### UPCOMING EVENTS — MARK YOUR CALENDAR FOR:

## Annual Caregiver Spirituality Retreat

**Saturday, April 13th**

**San Camillo, 10100 W. Bluemound Rd., Wauwatosa, WI**

**8:30 am** Registration & Continental Breakfast • **9:00-12:30** Program

**Cost:** \$10.00 • Free In-home respite care • **More information** in our next newsletter



The **BenefitsCheckUP**, a program of the National Council on Aging has helped **3,419,577** people find over **\$12.6 billion** worth of benefits. Check out [www.benefitscheckup.org](http://www.benefitscheckup.org) for answers to some questions, to find benefit programs that can help you pay for medications, health care, food, utilities and more. This program is free and private.

For people who do not want to be reminded to take their medications but are forgetting to take them check out the **talking medication alarm system** for only \$69 at [Dynamic-Living.com](http://Dynamic-Living.com). For other excellent assistive technology resources call Cindi Pichler at IndependenceFirst 414-226-8385.



Home Instead Senior Care understands the need for ongoing training to professional and family caregivers. They invite you to attend **monthly online education sessions** to help with caregiving responsibilities. The next four sessions are at 12 PM Central time: **January 25th** – The 50/50 Rule: Managing Sibling Dynamics; **February 22nd** – Senior Nutrition and Mealtime; **March 21** – Living at Home with Arthritis; and **April 25th** – How to help your Senior Manage Medications. Register or find previous sessions by going to: [caregiverstress.com/familyeducation/](http://caregiverstress.com/familyeducation/)

### The Alzheimer's Association, Southeastern Wisconsin Chapter

**The Savvy Caregiver Training Program**  
will be held six Tuesdays, **January 8th through February 12th, 2013**, 1-3 p.m.

**"Legal and Financial Planning for Alzheimer's Disease"**  
education program will be held two consecutive Thursdays,  
**January 24 & 31, 2013**, 1 -3 p.m.

**Both programs held at the Alzheimer's Association, 620 S. 76th St., Milwaukee**  
For information or to register call 414-479-8800 or visit [www.alz.org](http://www.alz.org)

**The Family Caregiver Support Network** is a program of Interfaith Older Adult Programs and is primarily funded through the Milwaukee County Department on Aging with additional funding through United Way of Greater Milwaukee.  
**Donations are greatly appreciated.**

If you have a change of address or wish to be removed from the mailing list please call us at 414-220-8600. Thank you!



## **Education and Enrichment at Vision Forward Association**

The Education and Enrichment program offers classes, workshops and seminars to people with vision loss that foster independence, build confidence, and teach new skills. **For more information or to register, please contact Rose Visser, OTR, Education and Enrichment Manager, at [rvisser@vision-forward.org](mailto:rvisser@vision-forward.org) or 414-615-0115.**

### **Young Adults Group**

**1<sup>st</sup> Saturday of each month; 10:00 – 11:30 am**

Learn and share with other young adults with vision loss in this ongoing, informal group for adults ages 18 to 40. Discuss a variety of topics, such as finances, relationships, job-seeking, and more in a casual, relaxed setting. Group meets at various locations. **For more information or to register, email [sarah.shallbetter@gmail.com](mailto:sarah.shallbetter@gmail.com) or call 414-615-0115.**

---

### **Living With: Glaucoma**

**Tuesday, January 29; 10:30 am – 12:00 pm**

**Vision Forward**

**Free!**

Join us for this ongoing series providing helpful information on various eye conditions and tips for adapting to vision loss.

January is Glaucoma Awareness Month. Dr. Heather Hinson, optometrist at Vision Forward, will offer information and recommendations that can help you adapt to and live successfully with Glaucoma. *Family members and friends welcome!* **Register by Tuesday, January 22**

---

### **Guided Running**

Are you interested in exploring running with a guide? Or are you interested in volunteering as a sighted running guide? Let us know of your interest and then join our running club this Spring! Contact Rose Visser for more information.



**Our Sibshops have gained popularity. Please get your registration in as soon as possible. If the deadline has passed, and you would like to sign up your child, please contact Lindsey Kirschbaum at the above listed phone number to see if spaces are still available. If you do not register before the deadline and/or made arrangements with Lindsey Kirschbaum prior to the first day of the Sibshop session, your child will NOT BE ACCEPTED on the first day. This is so we have a set number for lunch and staff ratio.**

Any questions, please contact Lindsey Kirschbaum at, 414-550-2475.

Sincerely,

*Lindsey Kirschbaum*

Lindsey Kirschbaum, MS, CTRS

Respite Coordinator

Easter Seals Southeast Wisconsin



## Sibshop Registration Form

Date: \_\_\_\_\_

*There is a limit of 15 children for this trial session of Sibshop. Sign up today!*

**Child's Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Gender:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

Heritage:  African American  Asian  Caucasian  Hispanic  Native American  Other

Household Income: *Please check appropriate family annual income. This will assist our agency in providing feedback to our funding sources.*  \$0—\$11,999  \$12,000—\$14,999

\$15,000—\$24,999  \$25,000—\$49,999  \$50,000—\$74,999  More than \$75,000

Does this child receive any special services (e.g., counseling, speech-language therapy, special education)? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Parent(s) name (s): \_\_\_\_\_

Home Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Name of brother or sister with special needs: \_\_\_\_\_

---

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Nature of disability or illness: \_\_\_\_\_

\_\_\_\_\_

School: \_\_\_\_\_

What kind of related special education services (e.g., speech, occupational, or physical therapy, counseling) does this child receive? \_\_\_\_\_

\_\_\_\_\_

#### Other siblings

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What are your reasons for enrolling your child in the Sibshop program? \_\_\_\_\_

\_\_\_\_\_

Do you have any concerns about enrolling your child in the Sibshops? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any particular topics that you would like addressed during Sibshop? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does your child have any food allergies or restrictions? \_\_\_\_\_

\_\_\_\_\_



# Discount Purchase Opportunity for Employees, Families, and Friends!



January 8 - 13, 2013

Uihlein Hall  
Marcus Center  
Downtown  
Milwaukee

See website for  
available dates and times

Deadline to Order:  
January 11, 2013

Instructions for ordering:

- 1) Go to [www.marcuscenter.org/mcaccess](http://www.marcuscenter.org/mcaccess)
- 2) Create your Login using your company code:  
countytx
- 3) Order your tickets!

Please contact Keri Hough at:  
414-273-7121 ext. 213 or  
[khough@marcuscenter.org](mailto:khough@marcuscenter.org)  
for more information.



\*Ticket locations may be substituted due to high demand.  
Specific seat locations are not given, it is not a live sale.  
Tickets are assigned on a best available basis.  
Not valid on previously purchased tickets.  
No exchanges or refunds.  
Please specify any special needs or requests in the additional  
comments box at the bottom of the order page.



# 2013 Wil-O-Way Key Card

The Wil-O-Way Key Card is a product of the Milwaukee County Office for Persons with Disabilities and the Wil-O-Way Recreation Program. Membership in the Wil-O-Way Key Card program expands recreational opportunities for persons with disabilities at a reduced or no cost.

*Benefits: \* Access to the Milwaukee County ticket distribution program. \* Receipt of Handy-NEWS & NOTES hard copy. \* Invitation to Milwaukee County recreation and culture special events. \* Information about other low or no cost community recreation events. \* Access to Wil-O-Way programming (Individual members only!).*

## MILWAUKEE COUNTY RESIDENTS

\_\_\_\_\_ Individual (\$23)      \_\_\_\_\_ Organization (\$115) – Up to 5 Cards - \_\_\_\_\_ Number Requested

**\*\*\* AFTER August 1, 2013 \*\*\***

\_\_\_\_\_ Individual (\$10)      \_\_\_\_\_ Organization (\$55) – Up to 5 Cards - \_\_\_\_\_ Number Requested

## NON-MILWAUKEE COUNTY RESIDENTS

\_\_\_\_\_ Individual (\$30)      \_\_\_\_\_ Organization (\$140) – Up to 5 Cards - \_\_\_\_\_ Number Requested

**\*\*\* AFTER August 1, 2013 \*\*\***

\_\_\_\_\_ Individual (\$15)      \_\_\_\_\_ Organization (\$70) – Up to 5 Cards - \_\_\_\_\_ Number Requested

*Please Type or Print*

NAME: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ EVENING PHONE: \_\_\_\_\_

DISABILITY: \_\_\_\_\_

FUNCTIONAL LIMITATIONS (i.e., limited walking, scared of heights, etc.): \_\_\_\_\_

MOBILITY DEVICES USED: \_\_\_\_\_ Wheelchair      \_\_\_\_\_ Scooter      \_\_\_\_\_ Walker      \_\_\_\_\_ Cane

\_\_\_\_\_ Crutches      \_\_\_\_\_ Long Leg Braces      \_\_\_\_\_ Other \_\_\_\_\_

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

DOCTOR'S ADDRESS: \_\_\_\_\_

Please make check payable to **Milwaukee County Treasurer.**

Please return this application with proper payment to

Wil-O-Way Key Card  
Office for Persons with Disabilities  
901 N. 9<sup>th</sup> Street, Room 307-B  
Milwaukee WI 53233

