

Staff on the ATU will ensure the following professional standards are met:

- **Assessment**
- **Diagnosis**
- **Outcomes Identification**
- **Planning**
- **Implementation**
- **Coordination of Care**
- **Health Teaching and Health Promotion**
- **Milieu Therapy: Maintaining a safe and therapeutic environment through early identification and use of de-escalation strategies**
- **Pharmacological, Biological, and Integrative Therapies**
- **Evaluation**
- **Quality of Practice**
- **Education**
- **Professional Practice Evaluation**
- **Collegiality**
- **Collaboration with patients, families, colleagues and others**
- **Professional, ethical relationships**
- **Best Evidence Research**
- **Resource Utilization**
- **Leadership**
- **Customer Service & Commitment to Quality**

Your ATU Medical Staff Leaders include the following:

**Dr. Joanne Bloomstein
Dr. Douglas Hardy
Dr. Abdul M. Khazi
Dr. Myron Minko
Dr. Keyur Parikh**

**ATU programming curriculum identified in this brochure is to be further developed by ATU teams and is subject to change.*

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**Milwaukee County
Behavioral Health
Division**

**Acute Treatment Units
(ATU)**

Providing an environment that provides individualized supportive treatment to maximize the quality of life after discharge for all of our patients.

Acute Treatment Units (ATU)

The Acute Treatment Units provide inpatient care to adult men and women recovering from complex and co-occurring disorders who require safe, secure, short-term or occasionally extended psychiatric hospitalization.

The ATUs utilize a multi-disciplinary approach of psychiatry, psychology, nursing, social service and rehabilitation therapy to provide assessment and treatment designed to stabilize an acute psychiatric need.

**Recovery, Resilience,
Hope, Empowerment**

Patients on the Acute Treatment Units can expect the following Therapeutic Services:

- **Assessment, Diagnosis**
- **Individualized Recovery Plans**
- **Pharmacotherapy**
- **Safe, Healing Environment**
- **Caring, Welcoming Treatment Team**
- **Structured Programming***
- **Patient Education**
- **Family and Support System Participation**
- **Consultative Services**
- **Comprehensive Discharge Planning**

Peer Specialists are active members of the Team.

Personal Responsibility in the development of Recovery goals and continued wellness is expected.

Patients can expect to participate in unit community meetings, medication and symptom management groups, community resource groups, Music and Occupational Therapy, Recovery Planning sessions, spirituality groups and contacts, medication therapy and receive education in the management of other medical conditions.