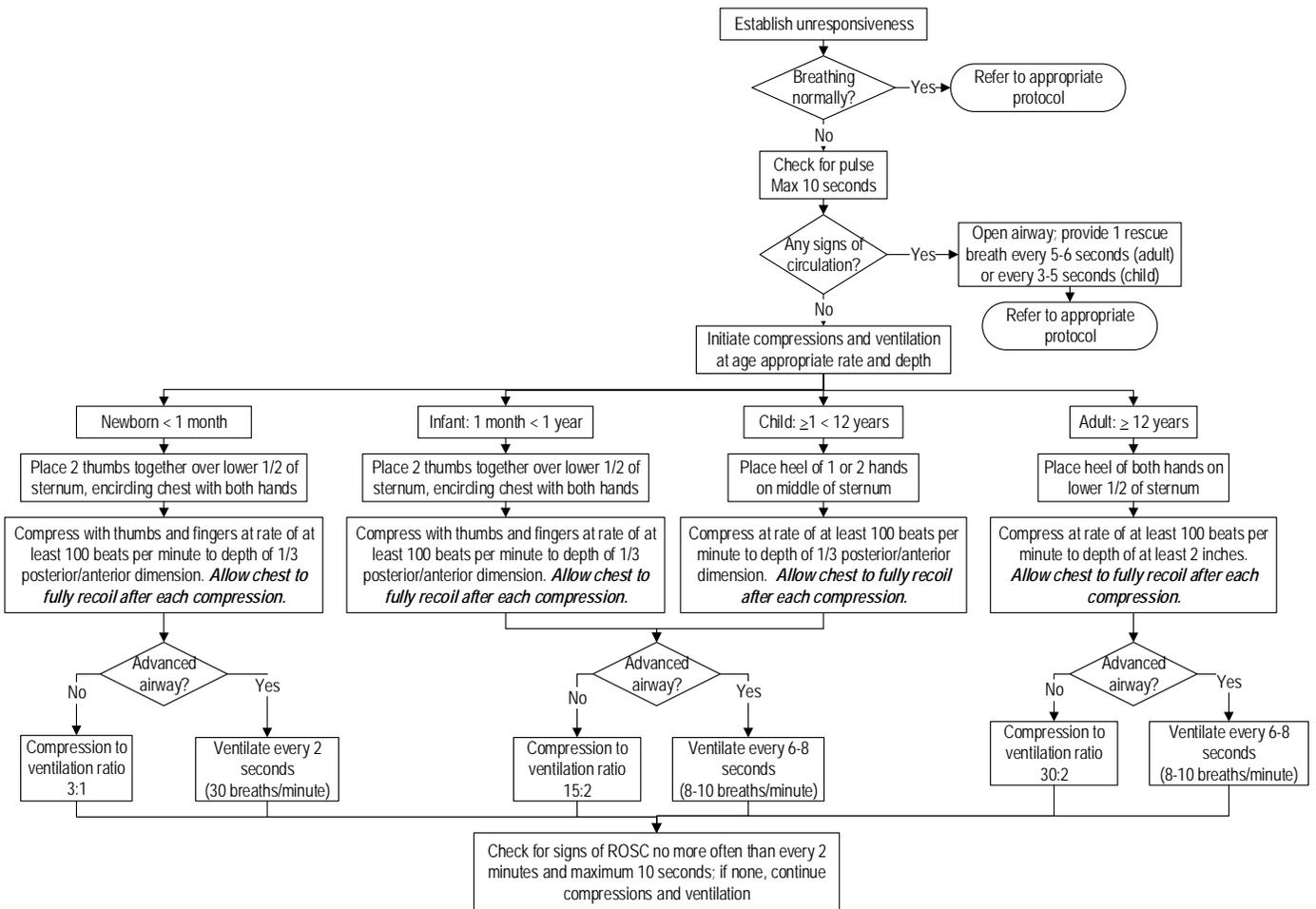


Initial: 12/11/02
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 Revision: 7

MILWAUKEE COUNTY EMS
 PRACTICAL SKILL
CARDIOPULMONARY
RESUSCITATION

Approved by: M. Riccardo Colella, DO, MPH, FACEP
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Purpose: To attempt to establish return of spontaneous circulation and respiration in a patient in cardiorespiratory arrest.		Indications: Patient is in cardiorespiratory arrest.	
Advantages: Provides circulation and respiration during cardiorespiratory arrest	Disadvantages: None	Complications: Possible chest trauma	Contraindications: Patient has pulse and respiration Patient meets any of the following criteria: valid DNR or POLST order, decapitation, rigor mortis, extreme dependent lividity, tissue decomposition, fire victim with full thickness burns to 90% or greater body surface area, or patient meets hypothermia criteria for withholding resuscitative measures



NOTES:

- Placement of an advanced airway should be deferred until 3 cycles of CPR have been administered (approximately 6 minutes).
- The rescuer performing chest compressions should switch at least every 2 minutes.
- All ventilations should be 1 second in duration.
- Chest compressions should be done as follows: **push hard and fast, release completely, minimize interruptions.**
- The system goal is hands on chest more than 90% of time; minimum compression depth of 2 inches in adults 90% of the time.
- The risk and benefit of providing CPR in a moving vehicle must be weighed on a case by case basis.
 - Providing compressions in a moving vehicle exposes the rescuer to potential injury.
 - Chest compressions in a moving vehicle are known to be less effective.