



TEENS LIGHT THE WAY for a lifestyle without substance abuse

National Drug and Alcohol Fact Week (January 23 – 29, 2017)

Prescription drug abuse: using a medication in a different way than how it should be used, including using greater amounts than prescribed. It is dangerous and illegal!

Together, we can prevent substance abuse!

Learn the facts: Do you know the danger of drug and alcohol abuse? Find out! Take our quiz at www.lightunitered.org and see how you score.

Share with your friends: Follow us online and use #lightunitered

Get help: Our community has resources available to help you prevent substance abuse, provide treatment or assist you in your recovery. Talk to a parent, teacher, guidance counselor, or other trusted adult for help. Don't know where to start? **Dial 2-1-1.**

For more information visit www.lightunitered.org



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