



# Milwaukee County Senior Meal Program

## Senior Dining Sites Menu

## CONGREGATE

MAY

2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		5/1/13	5/2/13	5/3/13
<b>SUGGESTED DONATION \$2.50</b> 	 UNLEASH THE POWER OF AGE OLDER AMERICANS MONTH 2013	BBQ Country Style Pork Rib Yukon Smashed Potatoes Whole Baby Carrots Marble Rye Bread Sliced Pears	Italian Meatsauce Spaghetti Italian Blended Vegt Romaine Salad with creamy Italian dressing Garlic Bread Grated Parmesan Cheese Orange Sherbet D. Fresh Orange	<b>Cinco de Mayo Celebration</b> A. Chicken Mole B. Seasoned Chicken Breast Pinto Beans and Rice Mexicorn Cornbread Muffin Mixed Fresh Fruit Cup Sour Cream
5/6/13	5/7/13	5/8/13	5/9/13	5/10/13
Honey Baked Ham Au Gratin Potatoes Asparagus cuts and tips Rye Bread Pineapple with Mandarin Oranges	Cranberry Meatballs Oven Roasted Red Potatoes California Blended Vegt Multi Grain Bread Snickerdoodle Cookie D. Chilled Peaches	A. Chicken Tahitian Leg/Thigh B. Chicken Tahitian Breast / Wing Butter and Herb Rice Riviera Blended Vegt Spinach Salad with Raspberry Dressing Dinner Roll Banana	Orange Juice Beef Stroganoff Buttered Wide Noodles Harvard Beets Sourdough Bread Molasses Cookie D. Fresh Apple	<b>Mother's Day Celebration</b> Pineapple Juice Roast Pork with mushroom sauce Cranberry Apple Stuffing Whole Green Beans Vienna Dinner Roll Strawberry Topped Cheesecake D. Fresh Strawberries
05/13/13	05/14/13	05/15/13	05/16/13	05/17/13
Salisbury Steak Quartered Red Potatoes with Dill Stewed Tomatoes with green peppers & onions Rye Bread Tropical Fruit Cup	Ring Bologna Doubled Baked Potato Casserole Diced Carrots with Peas Whole Grain Bread Peanut Butter Cookie D. Red Delicious Apple Catsup and Mustard	Sweet Sour Pork Brown Rice Baby Peas Parmesan Breadstick Soy Sauce Mandarin Oranges	A. Baked Chicken Leg/Thigh B. Baked Chicken Breast / Wing Fresh Sweet Potato Creamed Spinach Baking Powder Biscuit Melon Wedge	Mediterranean Baked Cod Garden Vegt Rice Pilaf Broccoli Cuts with Cheese Sauce Coleslaw Rye Roll Chocolate Pudding D. Reduced Cal Pudding
05/20/13	05/21/13	05/22/13	05/23/13	05/24/13
Smoked Polish Sausage with Kraut Hot German Potato Salad Green Beans Brat Bun Pistachio Fruit Fluff D. Fresh Orange Catsup and Mustard	Stuffed Salmon Boat with Dill Sauce Baked Potato Prince Charles Vegetables Mixed Greens w/Fr Dressing Whole Grain Bread Cranberry Oatmeal Raisin Cookie D. Fresh Pear Sour Cream	Stuffed Cabbage Roll Tomato Sauce Mashed Potatoes Wisc Blended Vegetables Cornbread Muffin Chocolate Sundae Cup D. Mandarin Oranges	Rosemary Roast Pork Sweet Potato Casserole Country Blend Vegetables Pumpernickel Rye Bread Dutch Apple Pie D. Apple Sauce	Mushroom Swiss Beef Burger All American Potato Salad Calico Baked Beans Whole Wheat Dinner Roll Chocolate Iced Brownie D. Grapes Catsup and Mustard
5/27/13	5/28/13	5/29/13	5/30/13	5/31/13
<b>MEMORIAL DAY HOLIDAY</b> 	Fruit Punch BBQ Riblet Macaroni and Cheese Baby Peas with Onions Hoagie Style Bun Cinnamon Apple Slices	Meatloaf with Onion Gravy Scalloped Potatoes Brussels Sprouts Marble Rye Bread Watermelon	Chicken Alfredo with broccoli & peas Linguine in cream sauce Crinkle Cut Carrots Whole Grain Bread Chocolate Iced Rice Krispie Treat D. Tropical Fruit Cup	Italian Bomber Sandwich with Green Peppers and Red Sauce Brat Bun Penne Pasta w/Red Sauce Capri Blend Vegetables Grapes