WATER X-MAS A-THON!

Thurs. December 24th

Extended water exercise classes
with your favorite instructors
at Pulaski Indoor Pool

9:00- 10:30am

Holly: Stretch, Legs, Boards
Zack: Kicking, Weights/ Bottles
Brad: Cardio, Abs

10:30- 12:00pm

Holly: Stretch, Legs, Boards
Brad: Kicking, Weights/ Bottles
Zack: Cardio, Abs

Happy Holidays from Milwaukee County PARKS