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For Immediate Release:

DIY Spa Night at Wehr Nature Center

Learn to create natural spa products, Try them with friends, Take home a sample

Milwaukee, WI (Jan. 5, 2015) – “DIY Spa Night” will demonstrate ways to turn common pantry ingredients into natural spa products for the skin, Thursday, Jan. 8, from 6-8 p.m. at Wehr Nature Center. The Nature Center is located at 9701 W. College Ave., in Whitnall Park.

“I wanted to create a fun Girls-Night-Out-type-program,” said Emily Brown, Wehr Naturalist. “We’ll learn about low-cost, non-toxic skin care, get some hands-on experience making our own products, and enjoy warming winter drinks with friends, old and new. This is a great program to rejuvenate your body and soul.”

Oatmeal, sugar, honey, and other common ingredients will be combined with essential oils and transformed into spa products for the attendees to test.

Several stations will be set up. Laura Schild, an aesthetician, will focus on skin type and the associated proper treatment. Additional stations will demonstrate cleaners, exfoliators, masques, and other products, with recipe cards available for each product. All attending may select one of the products to make and take home.

“Stations will be arranged so that those attending can test the products for themselves or give their friends mini-treatments—so it’ll be fun to bring a friend,” said Brown.

The winter cocktails—black and orange old fashioned and Irish coffees— will be available as adult beverages and as non-alcoholic versions.

Registration is suggested to guarantee a seat at the program. Walk-ins are welcomed, as space allows. The admission fee of \$25 (\$20 for Friends of Wehr Members) includes parking, all supplies, the make-and-take product, and refreshments.

To register or for more information, call Wehr at (414) 425-8550.

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