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For Immediate Release:

Ditch the workout and join the AquaZumba® Pool Party *At Milwaukee County Parks' Pulaski Pool*

Milwaukee, WI (January 4th, 2013) – Get out and get healthy in the new year by joining the AquaZumba® Pool Party on Friday, January 11th, 2013 from 6:00 p.m. to 7:15 p.m. at Pulaski Indoor Pool, located at 2701 S. 16th Street. There will be three certified instructors teaching an extended-length class. This will be a great opportunity to experience AquaZumba® for the first time and see how it gives a new meaning to working out. The Zumba® Party is only \$3.00 per participant.

AquaZumba® classes are offered throughout the year at both Pulaski and Noyes Indoor Pools. AquaZumba® brings together traditional aqua fitness disciplines with the Zumba® formula and philosophy—using a party-like atmosphere for an exhilarating workout with exotic rhythms set to Latin and international beats. Splashing, stretching, twisting, and shouting are all part of the workout!

- Noyes Pool, 8235 W. Good Hope Road
Offered on Mondays at 6:00 p.m.
- Pulaski Pool, 2701 S. 16th Street
Offered on Mondays and Wednesdays at 5:30 p.m.
- Summer courses will be offered at Wilson Pool two nights a week

Take advantage of open swim and other ways to stay fit with lap swimming and water aerobics. Pass options are available. For additional pool information you may call the Aquatics Hotline 414-257-8098 or visit countyparks.com.

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