



To All Milwaukee County Employees

COMPLETE THIS YEAR'S ANNUAL HEALTH ASSESSMENT AND YOU COULD WIN!

Are you looking for a chance to participate in the 2015 Health Matters wellness program to increase your personal health awareness and earn a monthly medical insurance premium discount? It's EASY and by completing all the assessment steps you have a chance to WIN! You will be entered into a raffle to win one of 10 \$25 Target gift cards sponsored by Workforce Health! You will be automatically entered to win once you have completed all health assessment steps.

Health Assessment sessions will be conducted by Workforce Health.

The enclosed information has instructions to complete your health assessment. All steps must be completed to be eligible for the medical insurance premium reduction and the raffle. The health assessment steps are:

- (1) Schedule your 2015 Health Assessment Session Online:** You are able to schedule your 30-minute health assessment session online! Scheduling instructions can be found in the "Let's Get Started 2015" section of this mailing. If you cannot attend a health assessment session, you may contact Workforce Health regarding the process for submitting physician results.
- (2) Complete an Online Health Questionnaire:** You are required to complete the online health questionnaire **before** your health assessment session. Instructions can be found in the "Let's Get Started" section of this mailing.
- (3) Attend a 30-minute Health Assessment:** During your 30-minute health assessment you will review the results of your Health Risk Score. A letter confirming your Health Risk Score will be mailed to you before the end of March, 2015. Based on this score, you may be required to schedule and participate in quarterly coaching sessions in order to continue receiving your monthly medical insurance premium reduction.

Your participation is not mandatory, but will increase your personal health awareness and qualify you for a 30% reduction to your monthly medical insurance premium contributions (up to a maximum reduction of \$50/month). Workforce Health must follow the same laws and regulations as your personal physician and will not share your personal health information with the County, its agencies or any other organization. Workforce Health will only provide the County with aggregate (group) data and general population health reports for future planning purposes. Your individual private health information cannot be determined from the aggregate (group) data.

Feel free to contact Workforce Health at 414-777-3446 with any questions after you review the enclosed materials. You may also contact the County's Wellness Coordinator, Claire Schuenke, at 414-278-4938 or Claire.Schuenke@milwaukeecountywi.gov.

Watch for further communication at your workplace and at the December 2014 open enrollment sessions. We look forward to working with you for better health!

Froedtert & The Medical College of Wisconsin Workforce Health



Workforce Health

