

Important Information

- If you have seen your primary care physician after October 31, 2013, you may use your biometric results from that visit. This must include total cholesterol and lipid panel with glucose, blood pressure, height, weight and waist measurement. If this applies to you, contact Workforce Health for the required Physician Biometric Request Form.
- At your Health Assessment you will receive a Population Health Risk Score.
 - If you score 60 or above, you will automatically receive the \$50 monthly medical insurance premium reduction for the rest of the year.
 - If you score 59 or below, you will be required to participate in a 15 minute, one-on-one health coaching session every quarter. If you fail to attend these sessions, you will not receive the \$50 monthly medical insurance premium reduction. Health coaching sessions will be primarily conducted telephonically and at a time that is convenient for you.
- Any employee covered by the medical premium rates defined in the **Deputy Sheriff's or Firefighter's contract** is eligible to participate in the wellness program, but will not be eligible for the \$50 monthly medical insurance premium reduction.

Locations

Safety Building	821 W. State St	Milwaukee, WI	53233
Mitchell International Airport	5300 S. Howell Ave	Milwaukee, WI	53207
Milwaukee County Zoo	10001 W. Bluemound Rd	Milwaukee, WI	53226
Mental Health Complex	9201 W. Watertown Plank Rd	Milwaukee, WI	53226
City Campus	2711 W. Wells St	Milwaukee, WI	53208
Sheriff's Training Academy	9225 S. 68th St	Franklin, WI	53132
Marcia P Coggs Building	1220 W. Vliet St	Milwaukee, WI	53233
House of Correction	8885 S. 68th St	Franklin, WI	53132

Please see online schedule for rooms

January 2014

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
Zoo 7:00 a.m.-11:30 a.m.	Zoo 7:00 a.m.-11:30 a.m.	Airport 8:00 a.m.-12:00 p.m. 3rd shift: 10 p.m.-1:00 a.m.	Airport 8:00 a.m.-12:00 p.m. 2nd shift: 2 p.m.-6:00 p.m.	Airport 8:00 a.m.-12:00 p.m.
27	28	29	30	31
Airport 8:00 a.m.-12:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	Coggs Building 7:30 a.m.-12:00 p.m.	Coggs Building 7:30 a.m.-12:00 p.m.	Coggs Building 7:30 a.m.-12:00 p.m.	City Campus 8:00 a.m.-12:00 p.m.

February 2014

Health Assessment Dates, Times and Locations

Monday	Tuesday	Wednesday	Thursday	Friday
3 City Campus 8:00 a.m.-12:00 p.m.	4 City Campus 8:00 a.m.-12:00 p.m.	5 Mental Health Complex 7:30 a.m.-12:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	6 Mental Health Complex 7:30 a.m.-12:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	7 Mental Health Complex 7:30 a.m.-12:00 p.m.
10 Mental Health Complex 7:30 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	11 Mental Health Complex 7:30 a.m.-12:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	12 Mental Health Complex 7:30 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m.	13 Sheriff's Training Academy 8:00 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m. 3rd shift@HOC: 10:00 p.m.-1:00 a.m.	14 Sheriff's Training Academy 8:00 a.m.-12:00 p.m.
17 Sheriff's Training Academy 8:00 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m. 3rd shift@HOC: 10:00 p.m.-1:00 a.m.	18 Safety Building 7:00 a.m.-12:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	19 Safety Building 7:00 a.m.-12:00 p.m.	20 Safety Building 7:00 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m.	21 Safety Building 7:00 a.m.-12:00 p.m.
24 Safety Building 7:00 a.m.-12:00 p.m.	25 Safety Building 7:00 a.m.-12:00 p.m.	26 Safety Building 7:00 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m.	27 Safety Building 7:00 a.m.-12:00 p.m.	28 Safety Building 7:00 a.m.-12:00 p.m.

March 2014

Monday	Tuesday	Wednesday	Thursday	Friday
3 Safety Building 7:00 a.m.-12:00 p.m.	4 Safety Building 7:00 a.m.-12:00 p.m. 2nd shift: 2:00 p.m.-6:00 p.m.	5 Safety Building 7:00 a.m.-12:00 p.m.	6 Safety Building 7:00 a.m.-12:00 p.m. 3rd shift: 10:00 p.m.-1:00 a.m.	7 Safety Building 7:00 a.m.-12:00 p.m.
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

