



Milwaukee County Senior Dining

UNITED COMMUNITY CENTER

730 W WASHINGTON STREET

NOVEMBER 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
RESERVATIONS REQUIRED PLEASE CALL 649-2807  Para reservar su almuerzo favor de llamar al 649-2807	1 Enchilada Casserole Sour Cream Mexican Corn Mixed Greens/French Dressing Multi-Grain Bread Fresh Fruit	2 Chicken Fajitas Sautéed Vegetables Mexican Rice Refried Beans Salad Flour Tortilla Mixed Fruit	3 Ring Bologna Ketchup & Mustard Twice Baked Potato Casserole Vegetable Blend Fresh Salad Seven Grain Bread Fresh Fruit	4 Soup Virginia Ham Puerto Rican Rice Potato Salad Fresh Salad/ Dressing Wheat Bread Cookie	5 Chicken Tostada Chopped Lettuce & Tomato Shredded Cheese Mexican Rice Salsa Corn Pineapple Tidbits	6 Puerto Rican Steak Brown Rice Vegetables Green Salad Dressing Wheat Bread Diced Pears
7 Steak Ranchero White Rice Vegetables Salad Dinner Roll Diced Peaches	8 Italian Meat Sauce Whole Grain Spaghetti Sicilian Vegetable Blend Romaine Salad Italian Dressing Bread Fresh Fruit	9 Roasted Pork Brown Rice Beans Spinach Salad Dinner Roll Chocolate Pudding	10 BBQ Chicken Leg/Thigh Baked Potato Sour Cream Crinkle Carrots Baking Powder Biscuit Sliced Pears	11 Soup Beef Soft Taco Mexican Rice Beans Lettuce & Tomato Salad Wheat Bread Mixed Fruit	12 Barbacoa Mexican Rice Salad Apple Juice Pineapple Tidbits Cookie	13 Chicken Marsala Baked Potato Sour Cream Italian Vegetable Blend Bread Fruit Cocktail
14 Pork Stew with Carrots Puerto Rican Rice Fresh Salad with Dressing Wheat Bread Fresh Fruit Cookie	15 Soup Smoked Polish Sausage Brat Bun Ketchup & Mustard Hot German Potato Salad Wisconsin Vegetable Blend Sliced Pears	16 Cheese Enchilada Mexican Rice Beans Mixed Greens Diced Peaches Fruited Jell-O	17 Pub Burger Sautéed Onions Whole Grain Hamburger Bun Mashed Potatoes/Bacon Bits Cream-Style Corn Fresh Fruit Cookie	18 Steak Fajitas Mexican Rice Sautéed Vegetables Salad Flour Tortillas Mexican Beans Birthday Cake	19 Sweet & Sour Chicken White Rice Broccoli Cuts Mixed Salad Wheat Bread Diced Pears	20 Glazed Ham Slice Puerto Rican Rice California Vegetable Blend Tossed Vegetable Salad Wheat Roll Fresh Fruit
21 Guisado de Res White Rice Fresh Salad w/Dressing Juice Wheat Bread Fresh Fruit	22 Soup Lasagna Mixed Vegetables Juice Garlic Bread Chilled Peaches	23 Turkey, Stuffing, Gravy Puerto Rican Rice Potato Salad Fresh Salad Whole Grain Bread Mixed Fruit Pumpkin Pie	 24	 25	26 Chicken Fricassée White Rice Vegetables Mixed Salad Whole Grain Bread Pineapple Tidbits	27 Pepper Steak Brown Rice Stir-Fry Vegetables Juice Rye Bread Mixed Fruit
CLOSED						
28 Soup Chicken Salad on Leaf Lettuce Pickle Spear Crinkle Cut Potato Chips Seeded Kaiser Roll Cottage Cheese Peach Slices	29 Cochinita Pibil Mexican Rice Mexican Beans Flour Tortilla Salad w/Dressing Mixed Fruit	30 Grilled Chicken Alfredo w/Spinach Fettuccine Parmesan Cheese California Vegetable Blend Garlic Bread Juice Cookie	<h1>12:00 LUNCH</h1>  <p>Like us on facebook®</p>		Se sugiere \$2.50 de donación por cada comida  <p>\$2.50 Suggested Contribution</p> <p>GUEST: \$7.00</p>	