



John White

John worked for MPS for over 30 years as a teacher, coach, counselor, director of athletics and administrator. Retired, he continues to uphold all of these roles through his dedication to health and wellness for older adults, volunteering 30-40 hours per week. For the past eight years, John has served on the Board of the Wisconsin Senior Olympics (WSO), and the past four he has served as Board President. His clear vision has led to growth throughout the state and has increased the diversity of participants in the areas of age, gender and ethnicity.

John has also devoted countless hours to Badgerland Striders, Wisconsin's largest non-profit running/walking club. For nine years, John directed the Superun 5k race, the premier 5k for the Striders. Under his leadership, the registration fee for runners over the age of 60 was reduced and the result was a dramatic increase in older adult participation.

Physical activity has been proven to be the "best medicine" for older adults. Through the years he has taken part in many athletic events himself such as Horseshoes, Shuffleboard, Cycling, Swimming, Golf, Track and Field and Running. In September of 2013, he was inducted into the Wisconsin Senior Olympic Hall of Fame as well as the USA Triathlon Century Club for competing in over 100 triathlons!

John is a shining example of someone who lives out his mission of promoting health and wellness for the senior population. He has led by example and has served to make our community a healthier one.

**2016 Milwaukee County
Senior Citizen Hall of Fame**